



CONNECT WITH THE EAP EMPLOYEE ASSISTANCE PROGRAM

FREE COACHING AND COUNSELING TO HELP WITH



Life at Sea



Family



Legal Matters



Money



ONLINE

www.workhealthlife.com/AWC

Or download the MyTelus app

Username: **silversea**

Password: **crew**

Connect to crew network to access



CALL

On mobile or offboard:

Dial **1-416-355-5469**

On any shipboard phone:

Dial ****00**

Imagine having a trusted friend with years of counseling experience. This is what you and your family have with **Employee Assistance Program (EAP)**. Just pick up the phone and talk to a **free and confidential** counselor at any time, 24/7. Let's chat!

Scan to
learn more
about EAP

 Wellbeing



PROPELLED BY
people



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