



Tour Programme

Silver Spirit 5907 / 11 Days

March-04-2019 / March-15-2019
 Fort Lauderdale, USA / San Juan, Puerto Rico



Date	Arrive	Depart
4 Fort Lauderdale, USA		6:00 PM
5 Day at sea		
6 Grand Turk, Turks and Caicos Islands	8:00 AM	6:00 PM
7 Day at sea		
8 Spanish Town, British Virgin Islands	8:00 AM	10:00 PM
9 Philipsburg, Netherlands Antilles	8:00 AM	5:00 PM
10 Pointe-a-Pitre, French West Indies, Guadeloupe, French West Indies	7:00 AM	4:00 PM
11 St George's, Grenada	9:00 AM	11:00 PM
12 Bequia, St Vincent and Grenadines	8:00 AM	5:00 PM
13 St. John's, Antigua and Barbuda	10:00 AM	7:00 PM
14 Gustavia, St Barthelemy, Guadeloupe, French West Indies	8:00 AM	6:00 PM
15 San Juan, Puerto Rico	8:00 AM	

General Information

ORGANISED SHORE EXCURSIONS

Booking Direct with Silversea gives you peace of mind. Our local tour operators are fully insured and have been comprehensively vetted. In the unlikely event of issues with a Silversea tour, we assume responsibility and the ship will wait for our delayed shore excursion. These are important factors when comparing value. Looking for a special program with your travelling companions? In a nod to our Italian heritage, let us reserve for you our Silver Shore "Privato" service - a private vehicle with driver and/or guide. Create your own itinerary or leave it to us. This service is available in most ports which you can reserve on MySilversea (my.silversea.com) or at the Shore Concierge desk onboard for a truly tailor-made arrangement. Please bear in mind as we traverse many far reaching destinations, the local infrastructure varies and is beyond our control. Road conditions and vehicles available locally may not be up to standards we are accustomed to. Guides and drivers may speak with a heavy accent at times depending on the port of call. Be assured however that at Silversea, we contract only the best tours and best operators available at each destination. Please Note: Silversea reserves the right to make any changes or modify a tour in case of unforeseen circumstances and/or to ensure the safety and comfort of our guests.

BOOKING & CANCELLATION DEADLINES

Shore excursions must be purchased on or before the booking deadline for each port of call. Tours are available on a first-come, first-served basis; some tours are very popular with guests often ending up being wait-listed: in order to avoid disappointment, it is therefore suggested to book in advance via my.silversea.com from 120 days until 48 hours prior to sailing. Last-minute requests to participate on excursions are subject to space availability, which in some cases may not be determined until departure time pier-side. Please note that certain shore excursions may have different reservation deadlines and may incur cancellation fees if cancelled after the deadline. Unless otherwise indicated in the tour description for a particular shore excursion a 100% cancellation fee will be charged for shore excursions cancelled within 48 hours of the scheduled start time. If changes or cancellations are required once onboard, tickets must be returned to the Shore Concierge desk within the cancellation deadline period.

ONLINE ADVANCE RESERVATION OF SHORE EXCURSIONS

For those of you that are not aware, at Silversea you can pre-reserve your excursions at leisure prior to your journey on the internet, log on to MySilversea (my.silversea.com) until 48 hours prior to sailing. If you have pre-reserved your excursions on line, your tickets will be delivered to your suite upon embarkation and all charges will be billed to your shipboard account.

ON BOARD RESERVATIONS

Once on board, you may also reserve and purchase your shore excursions. You will find a consolidated tour booking form in your suite and at the Shore Concierge desk. Select the tours in which you wish to participate, then leave the completed and signed form at the Shore Concierge desk prior to the booking deadline indicated. Tour tickets will be delivered to your suite and your selected excursions charged to your shipboard account. Overland and exclusive excursions must be pre-paid by credit card through your reservation agents. If still available they may also be purchased on board. Shore excursions require a minimum number of participants in order to operate as described. If this minimum number is not met, Silversea reserves the right to offer the programme at a different rate or to cancel the specific departure.

SHORE EXCURSION PRICING

Prices are generally quoted per person, per tour, with the exception of Silver Shore Privato or group-designated excursions. Prices are subject to change without notice. Please visit MySilversea (my.silversea.com) for the most up-to-date information. Discounts for children under 12 years of age are available on some, but not all tours. Prices for children, if available, will be adjusted onboard. Please meet with the Shore Concierge team prior to your excursion to discuss the availability of children's pricing.

ON-TIME TOUR DEPARTURES

As a courtesy to fellow guests, tour departures generally will not be announced unless there is an unforeseen change. Departure times from the ship are published in the ships daily newspaper, the Silversea Chronicle. Guests are kindly requested to proceed ashore at least ten minutes prior to the tour departure time. The Shore Concierge team will be pier-side to direct you to the appropriate transportation. When the ship is at anchor, guests must allow additional time to tender ashore.

Silversea Cruises reserves the right to adjust itineraries and tour departures as local conditions dictate. Please note that pier departure times are also listed in MySilversea (my.silversea.com)

TOUR SUITABILITY

At Silversea we offer a broad range of activities for our guests of all physical capabilities. Some excursions are decidedly only for the physically fit and active guest. Each excursion offered is clearly identified with an activity level to assist you. For your safety and enjoyment and that of your fellow guests, please be certain you're selecting excursions that meet your physical capability. We therefore encourage guests to review the tour description carefully including the PLEASE NOTE section which includes useful information and attend the port talks onboard. If you still have any questions or concerns regarding this, please contact Shore Concierge (shoreconciierge@silversea.com) prior to your cruise or visit the Shore Concierge desk for more detailed information once onboard.

ON LAND SILVER SHORE CONCIERGE SERVICES

Let Silversea Cruises customise a special event or excursion exclusively for you. Expert Shore Excursion professionals are available to assist with knowledgeable suggestions, personalised planning and coordination of all private, independent touring including area highlights, flightseeing, water sports and more. To take advantage of this service, requests should be submitted no later than 30 days prior to sailing and guests must have a deposited or fully paid cruise booking. Strict cancellation policies apply to your confirmed, exclusive programme. When calling or emailing, please have your booking number available. There is a service fee of \$100 per port to secure your arrangements, however this fee will be applied to your confirmed programme in that port. Call +1.800.968.9518 or e-mail: shoreconcierge@silversea.com The Shore Concierge may be contacted by phone, to arrange tailor-made tours, Monday through Friday from 8:30 a.m. to 5:00 p.m. (East Coast time U.S.) You may leave a detailed message when calling outside of these hours. You may also e-mail your request for your personalised programme.

ONBOARD SHORE CONCIERGE TEAM

Whether you wish to participate in an organised shore excursion or bespoke tailor-made tour, Silversea's experienced Shore Concierge team are happy to assist you in ensuring your shore-side experiences are nothing less than a memory that lasts forever.

The Shore Concierge team is available onboard on sea days from 9:00 a.m. to 12:00 noon and from 3:00 p.m. to 7:00 p.m. Office opening hours in port may vary whilst staff is shore-side assisting you on tour. Please refer to the Silversea Chronicle for daily office opening hours.

When contemplating a tailor-made program onboard, please contact the Shore Concierge team as early as possible at the beginning of your cruise, as time may be a factor in reaching local contacts. Please be aware that once arrangements have been confirmed, 100% cancellation fee will be applied. Unfortunately, we are unable to change or cancel airline tickets, car rental, hotel or any other reservations you made previously with your travel agent or on your own. In many ports of call there may be a local hospitality representative on board to provide additional information, for two hours after the ship's arrival. In some ports, local information may be found in the tourist information centre ashore.

PORT TALKS

Throughout your cruise we'll be offering Port & Shore Excursion information given by our Shore Concierge Manager and Destination Consultant prior to arrival in each port of call. Our aim is to give you a travel experience that goes beyond the ordinary and many of your questions about our ports of call will be answered in these briefings, giving you more time to enjoy and immerse yourself in each port. The information is presented in the theater or is pre-recorded and played on your in-suite entertainment system.

SILVERSEA SHUTTLE SERVICE

Complimentary transportation may be provided by Silversea when the local town is beyond a reasonable walking distance from the port. This service may not be possible in ports where a strong taxi union exists, preventing Silversea from providing a complimentary shuttle. The availability and schedule for this service will be announced onboard and listed in the Silversea Chronicle. We are not able to advise this in advance. Operationally, intervals between shuttle bus departures could be affected by local traffic. Silversea is not liable for any unforeseen delays. There will be a break in service for driver meal times. Shuttle service is offered during the day only. The shuttle service is designed to augment local transportation; guests requiring more flexibility may prefer not to wait for a shuttle and secure a taxi at their own expense.

CHILDREN ON TOUR

To ensure the safety of our younger guests, participation by children in certain shore excursions may be restricted. To ensure the safety of our younger guests, children up to the age of 8 years old are only permitted to participate in suitable Silver Shore Excursions and the shuttle service, if the vehicles are equipped with the correct safety harness and seating equipment, to accommodate a child. Such harnesses' and secure seating cannot be guaranteed. Alternately guests may use their own approved safety seat, booster seat or harness as long as they are compatible with the local touring vehicle and can properly secure the young guest. Silversea reserves the right to refuse children under the age of 8 years old on any tour on the basis of safety.

GRATUITIES

Gratuities for local guides and drivers are not included in the excursion price. It is customary to tip tour guides and drivers. Such gratuities if extended, should be done so on a voluntary, individual basis.

MOBILE TELEPHONES

As a courtesy to fellow guests, kindly refrain from using mobile telephones while on tour so as not to interfere with the guide's explanation. Most tours make frequent stops, allowing time for guests to use their mobile telephones. We appreciate your understanding in this matter.

SMOKING

For reasons of safety and comfort, smoking is not permitted on any tour vehicles used by Silversea. Your understanding in this matter is appreciated.

VIDEO/PHOTOGRAPHY CHARGES

At some museums, sites and monuments, photography and/or the use of video cameras may not be allowed or may incur a charge. These charges are not included in the tour price and are at guests' own expense.

SHOPPING STOPS

While our organised excursions are not generally geared to the serious shopper, some tours allow for short shopping stops as indicated in the tour description. In the interest of all tour participants, guests should adhere to the allotted time and return to the tour vehicle promptly as advised by the tour guide or ship's escort. Please Note: The selection of shops is generally left to the discretion of the tour operator. Silversea does require that establishments be reputable, of general interest to our guests and offer quality goods. However, all purchases are the responsibility of the individual.

ADDITIONAL TERMS & CONDITIONS

Silversea Cruises Ltd. and its associated or affiliated companies act solely as agents for airlines, motorcoach companies, railroads and other service providers. The provisions in the cruise ticket contract govern Silversea Cruises Ltd.'s responsibility to guests and Silversea Cruises Ltd. shall not be liable in any manner, for any reason, with respect to other services provided. Silversea Cruises Ltd. cannot be held responsible for conditions prevalent ashore at ports of call. Some of these conditions might preclude individuals with disabilities from safe or practical participation in organised shore excursions. Silversea Cruises Ltd. cannot accept responsibility for losses or additional expenses due to delay in rail, plane, vessel or other services, sickness, weather, strikes, war, quarantine or other causes. These tour descriptions are a general overview of the programme and are subject to change. Our local operator reserves the right to substitute other sites if local situations, including holidays, closures, weather, delays, congestion, etc. require. Silversea Cruises Ltd. reserves the right to adjust shore excursion pricing.

INSURANCE

The extent of insurance coverage in foreign countries varies widely and depends on their laws and customs. It is suggested that guests consider short-term health and accident policies from their own insurance company prior to leaving home. Silversea Cruises, Ltd. cannot assume liability for baggage or other personal effects lost or damaged while those items are in the custody of an airline, hotel or other service provider. Baggage is always 'at owner's expense' at all times.

Activity Level and Icon Definition



Minimal Activity

Excursions are easily paced without the need for excessive walking or physical activities. Being able to board motor coaches and negotiate steps can be encountered.



Moderate Activity

Full participation may include a limited number of steps, uneven surfaces and/or periods of standing.



Extensive Activity

Full participation requires being in good physical condition and may involve inclines, steps, uneven surfaces and/or extended periods of standing.



Adventure Tour – Physically fit

Active excursions are recommended only for those guests in good physical health, with considerable amounts of physical activity.



Wheelchair and disabled-friendly tours

Guests in a standard wheelchair must be accompanied by their own helper and be able to board a motor coach, van or boat. Once on tour you will be unattended. We kindly ask you to inform the Shore Concierge staff promptly at embarkation when using a wheelchair. For guests with serious mobility issues please contact the Shore Concierge staff promptly so they can help make arrangements. In certain ports wheelchair accessible vehicles are available at an extra charge and advanced reservation.



Evening Excursion

The excursion is taking place in the evening.



Meal Included

A meal is included in the excursion.



New Excursion

This shore excursion is brand new to Silversea.



Privato

Silversea Privato excursions include private use of a local driver and car. Please see the Shore Concierge for more information and reservation.



Limited Space Available

Please be aware that there is only limited space available on this tour. Places are delivered on a first come first served basis.



Promo

The shore excursion is offered on a complimentary basis as part of a free shore excursion promotion (the "Promotion"). Please check your booking terms and condition or up to 7 days MySilversea to determine whether your booking qualifies for the Promotion. If your booking does not qualify for the Promotion there will be a cost associated with this shore excursion.

March 06 2019, Wednesday

Grand Turk - Turks and Caicos Islands

GTK-A / HORSEBACK RIDE & SWIM

DIFFICULTY



 Price:\$99; Duration:2.00 hrs

This unforgettable excursion allows you to explore Grand Turk's natural beauty on horseback - both on land and in the water. Depart the pier for the scenic twenty-minute bus ride along the coast and across to the other side of the island. The trip bypasses Governor's Beach, the local airport and one of Grand Turk's natural salinas which recently re-opened to show visitors how salt is obtained in its natural form. Drive past Cockburn Town, the administrative and political capital of the Turks & Caicos Islands before reaching the Grand Turk Indigenous Horse Shelter where your tour on horseback begins.

Once mounted on your horse, proceed with a leisurely walk along the beach whilst enjoying views of the ocean. The guides unsaddle your mounts and prepare them for the swim. Remounting your horse with a halter, enter into the water. Following this great experience, get back to the base and prepare for the transfer back to the ship.

Please note: Bring sun block, aqua shoes, towel, swim wear, comfortable clothing and camera. Tour is suitable for guests who are physically fit. Pregnant women cannot participate to this excursion. A signed disclaimer is required to participate in this tour. Maximum weight for participants is 220 pounds (100 kilograms) and the minimum age is 6 years. Participants under the age of 18 must be accompanied by an adult.

GTK-C / COAST TO COAST – GRAND TURK SAFARI

DIFFICULTY



 Price:\$59; Duration:2.00 hrs

Travel by open island style, off-road vehicle while being taken on an adventure that covers Grand Turk from North to South and East to West. At the pier, board your open-air island style vehicle and your journey of Grand Turk begins. Explore the southern off roads and old Salinas. From here, head along the west coast and historic Duke Street and Front Street famous for the old Bermudian-style architecture, historic churches and old cannons.

Your guide will point out the famous 7,000 foot drop-off creating the Grand Turk 'Wall' which is famous to divers from all over the world. Next, head north to 'Little Bluff' and 'North Creek' for a leisurely stroll along the beach and through the mangroves, which are an important part of Grand Turk's ecosystem.

Another stop on the northern end of Grand Turk is the historic light house. Be sure to bring your camera, the elevated views from the lighthouse ground of the Atlantic are spectacular. Continue your adventure along the east coast for more dramatic views of the coastline and picture perfect views of Gibbs Cay. The final leg of the adventure takes you right through the centre of Grand Turk and the town Salinas, which are a rich part of Grand Turk's history from the Salt trading years.

On your return south to the ship you have the opportunity to view the Friendship Capsule, a replica of the original space capsule carrying astronaut Lieutenant Colonel John Glenn that splashed down off the coast of Grand Turk in 1962.

Please note: This tour involves minimal walking and is suitable for guests with limited mobility; however it is not wheelchair accessible. Guests must be able to climb a short ladder (4 steps) to get onto the Safari truck. Guests should dress in seasonal clothing and wear flat, walking shoes and sun protection.

GTK-E / GIBBS CAY BEACH & STINGRAY ENCOUNTER

DIFFICULTY



 Price:\$69; Duration:2.00 hrs

Join us for a fun and unique island experience on our 'Swim with the Stingrays and Gibbs Cay beach tour.' Your adventure begins at the cruise terminal where you are greeted by your friendly crew as you board the boat that will take you to your destination, a pristine, uninhabited island - Gibbs Cay.

Upon arrival your crew will provide you with snorkel equipment as well as a safety briefing and instructions. If you wish, feel free to explore the coral reef about 50 yards from the beach and get up close and personal with a myriad of colourful fish. Your friendly and knowledgeable crew will be happy to answer any questions you may have.

Itinerary, all arrangements, and prices are subject to change without notice. Silversea reserves the right to correct any errors or omissions. Please refer to my.silversea.com for the most current schedules, fares and complete terms and conditions.

During your time in Gibbs Cay, your crew will demonstrate the art of cleaning a conch. Conch is a local tradition and delicacy of all the local restaurants. Explore pretty Gibbs Cay or even go in search of the elusive Osprey or swim from the beach with the Stingrays. Watch as one-by-one these graceful creatures approach the small bay. Your crew will assist you in handling these beautiful sea animals.

After swimming with the stingrays, you may choose to relax with a complimentary beverage on the white sand. Re-board your boat for the relaxing return to the town dock.

Please note: Guests are requested to wear a swimsuit under a cover-up, sun protection, comfortable footwear you do not mind getting wet and bring a towel from the ship. Participants must be at least five years of age; those under the age of 18 must be accompanied by an adult. Guests must be agile enough to climb a 4 step ladder into and out of the boat. A waiver must be signed to participate in this activity; guests must be in good physical condition and able to swim.

GTK-F / ISLAND SNORKEL AND UNDERWATER SCOOTER

DIFFICULTY



Price:\$89; Duration:2.50 hrs

Explore the turquoise blue waters of the Caribbean Sea during this exhilarating snorkelling and underwater scooter excursion.

Reef System, Snorkelling, Fish and Coral

Depart the pier for the short transfer to the Cruise Centre. Here, embark your boat and ride along the picturesque south end of Grand Turk, then proceed to one of the best reef systems Grand Turk has to offer. Upon arrival, begin your guided snorkelling session in approximately 4 feet-15 feet (about 1.2 metres-4.5 metres) of water. Along the way, see a myriad of colourful fish and intricate coral. Afterward, re-board your boat for a breath-taking ride to the white sands of an idyllic private island.

Private Island, Underwater Scooter, Conch Cleaning

Upon arrival at the private island, you are introduced to your powerful underwater scooter. Glide through the turquoise waters and back channels, and experience an explosion of colours and marine life. Next, your crew dives for live conch and demonstrates the art of cleaning this local delicacy whilst you sink your toes into the warm, silky sands of the private island. Following your visit, embark your boat for the leisurely ride back to the Cruise Centre, and relax with refreshments and the rhythms of Caribbean music en route. Upon arrival at the Cruise Centre, disembark your boat and commence the short transfer back to the pier.

Please note: This tour involves a moderate amount of walking, at times over uneven surfaces, with a few steps to negotiate to get on/off the coach and embark/disembark the boat and boat ladder. Guests must be in good physical condition, and know how to swim, snorkel and wade ashore for wet landings at the island. This tour is not suitable for guests prone to seasickness, guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with boat shoes, and bring sun protection and a towel from the ship. Guests must be at least ten years old to participate on this tour. Guests must weigh less than 250 pounds to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Operation of this tour is subject to weather conditions.

GTK-G / TWO TANKS SCUBA DIVING

DIFFICULTY



Price:\$149; Duration:4.00 hrs

Marvel at the amazing turquoise waters and pristine coral reefs of Grand Turk during this two-tank, half-day scuba diving excursion.

Depart the pier for the short drive to the dive shop. After receiving your equipment and safety briefing, embark a dive boat for the ride to a pristine coral reef. Grand Turk is home to the third-largest barrier reef, and some of the world's best diving. Upon arrival at your first dive site, enter the water for your first guided diving session, a 40-minute dive at approximately 70 feet (about 21.3 metres). Get up-close-and-personal with fascinating marine life and a myriad of colourful fish as you explore the reef, teeming with healthy varieties of coral and sponges.

Next, re-board the boat for a relaxing cruise to the second dive site. Upon arrival, re-enter the water for your second guided diving session, a 45-minute drive at approximately 65 feet (about 19.8 metres). Explore this extraordinary reef system, home to turtles, stingrays, grouper, snapper, trumpet fish, colourful sponges, and soft coral. At the conclusion of your second diving session, return to the dive shop. After disembarking the dive boat, some free time is made available to browse the dive shop. At the conclusion of your visit, re-board your coach and commence the short drive back to the pier.

Please note: This tour involves an extensive amount of activity, with a few steps to negotiate to get on/off the coach and embark/disembark the boat. This tour is recommended for guests in good physical condition, and is not suitable for pregnant guests, guest with neck and/or back problems, guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach shoes, and bring sun protection and a towel from the ship. Current dive certification, a signed PADI waiver and medical questionnaire is required to participate on this tour. Diving equipment is provided on this tour. The dive sites may vary. Operation of this tour is subject to weather conditions. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

GTK-K / SEGWAY GRAND TURK

DIFFICULTY



Price:\$79; Duration:2.00 hrs



Get off the beaten path to see the sites of Grand Turk on the most unique type of personal transportation today - a Segway. Take a short ride from the cruise center to the starting point at the beginning of beautiful historic Grand Turk. Here you'll meet your guide and will be given instructions on how to control your personal Segway. You'll be surprised how quickly you get the hang of it and how fun it is to ride. Once you have mastered the Segway, set out to explore and experience historic Grand Turk.

On your tour, see picturesque Duke and Front Streets, famous for the old Bermudian-style architecture, historic churches, old cannons and buildings made from old ships. Because you are on the Segway, you have the opportunity to venture into some of the smaller middle roads where regular bus tours cannot go to get a sense of the heart and culture of people of Grand Turk.

For an added thrill, you have the opportunity to ride your Segway on the pristine white beaches of Grand Turk and stop to view the turquoise water. Throughout your tour, your guide will educate you with the rich history of the island on several stops during the tour including viewing the salt ponds and learning the history of the salt raking days.

On your return to the cruise centre you can view the Friendship Capsule, a replica of the original space capsule that splashed down off the coast of Grand Turk in 1962. This is truly a unique and fun way to experience Grand Turk.

Please note: This tour involves a moderate amount of activity and is suitable for guests with limited mobility as long as the participant has a good sense of balance. The minimum age to participate in this tour is 12. Guests who have been drinking alcohol prior to the tour will be denied participation. A signed waiver is required to participate in this programme. We suggest guests dress in comfortable seasonal clothing, wear sensible shoes and sun protection.

GTK-L / ISLAND EXPLORATION BY MINI E-HUMMER

DIFFICULTY



Price:\$149; Duration:2.00 hrs

Discover the idyllic island of Grand Turk in a fun-filled and eco-friendly new way during this panoramic sightseeing excursion via electric Hummer.

Grand Turk and Former U.S. Air Force Base

After receiving your safety and driving instructions, board your HXT Electric Hummer and depart the pier caravan-style for a scenic journey through the island of Grand Turk. Every hummer is equipped with Bluetooth technology, so you can learn about the history of the island and tales of the salt trade narrated by your tour guide. Your first stop is the former U.S. Air Force Base. Hear and see our Missile Tracking Station, and learn about the heavy U.S. influence on the island.

West Coast, Colonial Buildings, Downtown Area and Old Jetty

Next, re-board your Hummer and drive to the west coast. As you proceed along the coastline, take in breath-taking panoramic vistas of the magnificent old colonial buildings from the 1600s and 1800s, pristine turquoise water and powdery, white-sand beaches. Afterward, a stop is made downtown to browse a small local handicrafts market, purchase some local cuisine, see the old jetty and a 7,000-foot (about 2,133-metre) drop-off point in the middle of town.

'Circle of Life', Sea Creatures, Salt Ponds and John Glenn Space Capsule

Your tour continues with a drive to the North Creek, and a stop at the 'Circle of Life'. Here, see and touch unique sea creatures such as conch, urchins, star fishes, jelly fishes and sea cucumbers. In addition, learn about the wonders and mysteries of the Bermuda Triangle, view the Lighthouse in the distance and smell the fresh, crisp sea air. Following your visit, drive along the east coast to the salt ponds at Salt Cay Town. En route, learn about the island's salt trade and cultural history, and see birds, donkeys and free-roaming horses. Your last stop is at the John Glenn Space Capsule. During your visit, discover how this famous hero helped put this little pearl island on the map. At the conclusion of your visit, re-board your coach and commence the short drive back to the pier.

Please note: This tour involves a moderate amount of off-road driving and minimal amount of walking, at times over cobblestone surfaces, with eight steps to negotiate to get on/off the Hummer. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear lightweight, comfortable clothing with flat, closed-toe walking shoes, and bring sun protection, a towel and bottled water from the ship. Guests must be at least seven years old to participate on this tour. Guests who wish to drive a E-Hummer must present a valid driver's license. Each E-Hummer accommodates 2 guests and driving responsibilities can be shared. This tour is sold per person. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

GTK-M / CATAMARAN SAILAWAY, BEACH & SNORKEL

DIFFICULTY



Price:\$79; Duration:3.00 hrs



Embrace the idyllic beauty of Grand Turk from above-and-below sea level during this picturesque, half-day beach and snorkelling excursion.

Grand Turk, Catamaran-Ride, Caribbean Sea

Embark your awaiting 78-foot (about 24-metre) catamaran at the pier, meet your friendly crew and begin your catamaran adventure. Set sail along the turquoise waters of the Caribbean Sea during the approximately 30-minute ride to the snorkelling location, the island's famous, approximately 7,000-foot-deep (about 2,133-metre-deep) sea wall. En route, take in breath-taking panoramic views of the coast and sea as the trade winds take you to your destination.

Sea Wall, Snorkelling, Coral, Tropical Fish, Marine Life, Private Beach, Swimming Sunbathing

Upon arrival at the sea wall, begin your guided, approximately 40-minute snorkelling session. Along the way, see a myriad of intricate coral, tropical fish and marine life. Following your snorkelling session, embark the catamaran and sail to a private beach located nearby. Upon arrival, anchor just offshore. Some free time is made available here to swim to the beach and relax on the sugary white sands, or simply enjoy the sun and seascapes on board the catamaran.

Return Sail, Refreshments, Caribbean Music

Following the swimming and snorkelling portion of the tour, relax with a refreshing rum punch or soft drink accompanied by rhythmic island tunes during the short ride back to the pier. Upon arrival, disembark the catamaran and commence the short walk back to the ship.

Please note: This tour involves a minimal amount of walking, with five steps to negotiate to embark/disembark the boat and manoeuvre in/out of the boat. This tour is recommended for guests that are in good physical condition, and can swim in water too deep too stand. This tour is not suitable for pregnant guests, guest with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone to motion sickness, guests with limited mobility, guests who have had recent surgery and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach or water shoes, and bring sun protection and a towel from the ship. Guests must be at least 6 years old to participate on this tour. Snorkelling equipment is provided. There are no changing facilities on board the boat. Waterproof cameras are highly recommended. The weight of each guest may not exceed 250 pounds (about 113 kilograms) to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Guests may not snorkel if they have consumed alcohol. Although frequently encountered on this type of tour, fish and marine life sightings are not guaranteed. A signed waiver is required to participate on this tour. Operation of this tour is subject to weather conditions.

GTK-N / ISLAND VIBES AND PRISTINE BEACH

DIFFICULTY



Price:\$39; Duration:2.00 hrs



Explore the history, culture and environment that helped to shape Grand Turk during this scenic and informative, half-day sightseeing and beach excursion.

Grand Turk, U.S.A.F. Base, Governor's House, Space Capsule, Coverley's House, Cannons

Depart the pier for the short drive past the former U.S. Air Force Base and Missile Tracking Station. Afterward, the island comes to life as you pass by large, roaming donkeys and horses basking in the sun. Continue past the Governor's House for a closer look at the famous John Glenn Space Capsule, then journey west, past the majestic Courthouse and oldest church on the island. A stop is made at the 'haunted' Coverley's House. Hear haunting tales of this storied house, and beware of the one-armed ghost. Re-board your coach and drive past the cannons that stood guarding the island's rich history of colonization, pirateering and conquests. See pieces of the original Front Street, today situated in the middle of the ocean.

Eunice Lodge, Slave Home, Bermuda Triangle, Shipwreck, Lighthouse, Seabirds, Beachcombing

Next, pass by Eunice Lodge, the building where the Proclamation for Emancipation of Slavery was read, then the remnants of the home of the famous former slave Mary Prince; the first slave to be set free in the Caribbean. From here, proceed to the northernmost part of the island, home of the mysterious Bermuda Triangle. Upon arrival, view the famous shipwreck, nearly 200-year-old *Old Herald*. Hear about the haunting tales of the disappearing ships, and see the 21,000-foot (approximately 6,401-metre) drop-off point only footsteps away. Take pictures of the oldest lighthouse in the Caribbean, and discover the original location where John Glenn made his splashdown in 1962. Glimpse at birds standing in the wild as they dance to the songs of the wind, and collect shells as keepsakes during a stroll on the shores of the Bermuda Triangle.

Circle of Life, Marine Life-Viewing and Handling, Governor's Beach, Swimming, Caribbean Sea

A stop is made at the Circle of Life. During your interactive and engaging visit, you can view and touch exotic conch, urchins, sea, cucumbers, starfish, and jellyfish. Your final stop offers a wonderful opportunity to experience the true natural splendour of Grand Turk during about an hour of free time at Governor's Beach, the most popular beach on the island. Relax on a lounge chair, feel the white, powdery sand between your toes, and swim in the inviting, turquoise-blue waters of the Caribbean Sea; cold water and island spice cake is provided. At the conclusion of this fun-filled, family-friendly outing, return to the pier aboard one of the shuttles, which pick-up every 30 minutes.

Please note: This tour involves a moderate amount of walking for approximately 459 yards (about 420 metres), at times over uneven, cobblestone and sandy surfaces, with a few steps to negotiate to get on/off the coach. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with flat, closed-toe walking shoes, and

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bring sun protection, a towel and US Dollars for purchases from the ship. Guests must be at least two years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. A signed waiver is required to participate on this tour. Operation of this tour is subject to weather conditions. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

March 08 2019, Friday

Spanish Town - British Virgin Islands

SPS-A / BATHS TRANSFER

DIFFICULTY



Price:\$39; Duration:4.00 hrs

Discover Virgin Gorda's unique natural terrain during this scenic visit to 'The Baths' at Spring Bay.

After tendering ashore at quaint Spanish Town, board your open-air safari bus for the 15-minute non-narrated transfer through this small village to the Baths parking area.

The Baths

Located just a short distance outside Spanish Town, the arid landscape offers a first glimpse of the characteristic boulders strewn across a hilly area. Begin your descent at the top of the Baths along a narrow, winding path leading between huge rocks down to the beach. Here an extraordinary sight awaits you. The relatively small beach is hemmed in by a jumble of giant boulders. In between you can explore and swim in shady pools and grottoes, some of them requiring you to squeeze through the narrowest of openings. Your escort will show you how to navigate this maze of boulders and to find openings into dimly lit grottos and pools. Enjoy swimming in the crystal-clear water or just laze away the time at the beach taking in this natural phenomenon. This transfer allows 3 hours to enjoy the unique features of The Baths.

After hiking back up the steep pathway to the road, enjoy a complimentary refreshment or browse in the well-stocked souvenir shop before boarding your safari bus for the transfer back to Spanish Town marina where the ship's tender awaits.

Please note: This transfer involves extensive walking over steep, uneven ground. The paths to and within the Baths are quite steep, uneven, slippery and occasionally muddy. Additionally there is no handrailing along the paths. This programme is not suitable for guests with limited mobility or those who utilize a wheelchair. Guests are advised to wear their swimsuit under a cover up, flat comfortable walking shoes, sun protection and bring a towel from the ship.

SPS-B / VIRGIN GORDA OVERVIEW

DIFFICULTY



Price:\$49; Duration:2.50 hrs

Explore the highlights of this beautiful island during this half-day sightseeing excursion on beautiful Virgin Gorda.

Gorda Peak

Tender ashore to Spanish Town and board your open-air safari bus for a scenic drive through the town and towards Gorda Peak. Stop en route to overlook the picturesque white sand beach at Savannah Bay, then continue driving to the viewpoint at Gorda Peak. Around every bend you experience spectacular views of a seascape graced with white sandy coves and numerous islets scattered across azure waters. During the drive, photo stops are made to capture the island's splendid panoramas and amazing scenery.

Copper Mine Point

From the Gorda Point viewpoint the tour continues on to Copper Mine Point. This is the island's main historical monument, the overgrown ruins at the end of a rocky road giving evidence of the 18th-century mining efforts by Spanish settlers who were followed by Cornish miners 150 years later.

The Baths

After a brief visit, continue to the *Mineshaft Café* to explore the grounds and enjoy a refreshing rum or fruit punch. Then proceed with a short drive to the *Top of the Baths* for a look at the characteristic rocks dotting the dry, arid land, indicating the famous Baths below. This property is set amid mammoth boulders and rock formations forming part of the famous Baths area and giving a spectacular view of the historic Sir Francis Drake Channel.

Finally, a short 15-minute drive returns you to the tender pier in Spanish Town.

Please note: Tour involves minimal walking, however guests must be able to embark and disembark the open-air safari bus. This tour is not suitable for guests who utilize a wheelchair. The tour does not include admission to The Baths, which is \$3 U.S. dollars and guests wishing to stay at The Baths may do so and return to the tender pier in Spanish Town at their own expense. The order of sites visited may vary.

SPS-C / VIRGIN GORDA SNORKEL

DIFFICULTY



Price:\$89; Duration:2.50 hrs

Experience the thrill of cruising on the tranquil waters of the British Virgin Islands onboard a motorized vessel, as you motor or sail across the Sir Francis Drake Channel.

The British Virgin Islands are famed for their perfect cruising conditions. Enjoying the tangy salt air and refreshing breezes of this Caribbean paradise before reaching the island cluster of the Dogs.

Drop anchor and take advantage of the wonderful snorkelling in the sheltered waters among these islands. Snorkelling equipment and refreshments are all included with this delightful snorkelling excursion. You will have plenty of time to swim, snorkel and bask in the sun before enjoying the leisurely and scenic journey back to Spanish Town marina.

Please note: This tour involves moderate activity and guests should be in good physical condition to participate in the snorkelling and swimming activities. The tour is not suitable for guests who may have heart problems, asthma, or other health conditions that may affect their safety in the water. Maximum weight for participants is 250 pounds (113 kilograms). This tour is not suitable for guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover up, rubber-soled shoes, sun protection and bring a towel from the ship. Snorkelling mask, tube and vest are provided. This tour is limited in participation and guests should request tickets well in advance to avoid disappointment. The boat captain reserves the right to change the route and snorkeling site based on current weather and sea conditions. The type of vessel used in the tour will not be determined until 48 hours prior to operation.

SPS-D / VIRGIN GORDA LAND & SEA

DIFFICULTY



Price:\$79; Duration:2.25 hrs

Explore the island of Virgin Gorda by both land and sea on this scenic half-day overview.

Island Drive

Depart the tender pier in your open-air safari truck for the first portion of your journey around this small but dramatic British Virgin Island. Your drive takes you through Spanish Town and onward up to Gorda Peak for dramatic views of the surrounding islands and Gorda Sound where Drake is purported to have kept his ships.

Coastal Cruise

Descending to Gun Creek, disembark the vehicles and board a comfortable motor boat for a cruise through Gorda Sound. During your scenic boat ride, view Sir Richard Branson's Moskito island en route to the Dog islands lying off the coast of Virgin Gorda. Your tour escort narrates stories of the islands as you enjoy a complimentary drink.

Leaving the Dog islands, the boat cruises past the famous Baths beaches before returning to the marina.

Please note: This tour involves minimal walking and is suitable for guests with limited mobility; however it is not suitable for guests who utilise a wheelchair. There are 4 steps to negotiate to embark the boat and guests must be able to negotiate the high step embarking and disembarking the vehicles. There is limited shade on the boat and guests are encouraged to wear plenty of sun protection, lightweight, comfortable clothing and flat-soled walking shoes.

March 09 2019, Saturday

Philipsburg - Netherlands Antilles

PHI-B / SOUALIGA SKY EXPLORER & SCENIC ST. MAARTEN

DIFFICULTY



Price:\$69; Duration:3.50 hrs



Experience the island of St. Maarten in an exciting new way during this panoramic, half-day excursion to the Rockland Estate, and a ride on the new Soualiga Sky Explorer.

Rockland Estate, Plantation House and Museum

Depart the pier for the scenic, approximately 30-minute drive to the Rockland Estate. Upon arrival, take tour of the 17th-century Plantation House. Now a museum, the Plantation House offers a unique insight into the powerful story of Trace Wilson, born into slavery on the estate in 1818, and her descendant, Emilio Wilson. Emilio Wilson purchased the property to educate current and future generations about plantation life, as well as the customs, traditions and history of St. Maarten. Following your visit, proceed to the Soualiga Sky Explorer.

Soualiga Sky Explorer, Sentry Hill, and 360-Degree Island and Offshore Views

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After a brief orientation, board the chairlift and take the approximately 25-minute ride along a 2,997-foot (about 913-metre) span to the top of Sentry Hill. At 1,115 feet (about 340 metres), Sentry Hill is one of St. Maarten's highest elevations. Enjoy breath-taking 360-degree views over St. Maarten, and out to neighbouring islands such as Saba, St. Eustatius, St. Barth's and Anguilla. When you are ready to descend Sentry Hill, simply board the Soualiga Sky Explorer for the voyage back down the mountain.

At the conclusion of your visit, enjoy a complimentary soft drink and some free time before re-boarding your coach and commence the approximately 30-minute drive back to the pier.

Please note: This tour involves a minimal amount of walking for approximately 100 yards (about 91 metres), with a few steps to negotiate to get on/off the coach and 20 steps at the sites visited (bus with ramp can be arranged with prior notice and is subject to availability, lifts are available at the sites visited). Walking at the Rockland Estate is at the discretion of each guest. This tour is suitable for guests with limited mobility and guests who utilise a wheelchair, it is not suitable for guests with a fear of heights. Lightweight, comfortable clothing with flat, closed-toe walking shoes or sneakers and sun protection are recommended. Guests must be at least eight years old to participate on this tour. Photos are available for purchase at the gift shop for 15.00USD.

PHI-C / AMERICA'S CUP REGATTA

DIFFICULTY 

Price:\$149; Duration:2.50 hrs

Embrace your spirit of adventure during this unforgettable regatta aboard an America's Cup yacht. Meet your representative on the pier for the short walk to the water taxi pier. Upon arrival, receive your safety and racing instructions before tendering to your racing boat.

Dennis Conner's America's Cup-winning Stars & Stripes, and contenders Canada II or True North IV, are yours for this once-in-a-lifetime adventure. After boarding the racing yacht, the expert crew shows you exactly what to do in your 'crew-member' position before sailing from the bay to the racecourse. During the regatta you can grind a winch, trim a sail, punch a stopwatch or just sit back and relax with complimentary refreshments. Prior sailing experience is not necessary.

Following the regatta, sail back to the bay. Upon arrival, tender back to shore, receive your inclusive crew shirt and join the complimentary rum punch victory party. Your tour concludes at a Dock Maarten, where, after browsing the boutique, you can take a leisurely walk back to the cruise ship terminal, or downtown, respectively 5 and 10-minute walking distance.

Please note: This tour involves an extensive amount of activity, including grinding a winch, trimming a sail, and maintaining balance in the open ocean and is thus recommended for guests in good physical condition. A companion capable of assisting the guest on/off the boats must accompany guests with limited mobility. If the companion feels at the point of departure that the experience will prove to be too much for the guest, a full refund is provided. This tour is not recommended for guests prone to seasickness or guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with flat, soft-soled shoes, and bring sun protection and a towel from the ship. There are no restrooms on board the boat; guests are advised to use the restroom beforehand. Prior sailing experience is not necessary to participate on this tour. Visa and MasterCard are accepted at the souvenir shop. Operation of this tour is subject to weather conditions. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

PHI-J / GOLDEN EAGLE CATAMARAN SAIL AND SNORKEL

DIFFICULTY 

Price:\$89; Duration:4.00 hrs

Begin your tour by boarding your awaiting catamaran. Your boat will gently sail down the coastline to a stunning white sand beach. Here, you will have 45 minutes snorkel with an additional 45 minutes to swim and enjoy your pristine surroundings. After re-boarding the catamaran begin your leisurely return trip. Sail past the world famous St Maarten Airport, where planes glide in just feet above beach-goer's heads.

Please note: Although minimal walking is required, guests must be able to manoeuvre in and out of the snorkel boat. Swimsuits should be worn under beach-type clothing. Please remember to bring your sunscreen, hat and towel. Waterproof cameras are highly recommended. Guests may not snorkel if they have consumed alcohol.

PHI-L / E-BIKE ISLAND TOUR

DIFFICULTY 

Price:\$109; Duration:4.00 hrs



Enjoy riding your own electric bicycle while discovering part of the West Coast of Saint Martin island. SXM eBikes are electric Fat Bikes, allowing you to cycle around the island with minimal effort. The guide will lead you through the winding coastal roads and green hills of the French wild north coast.

Start with an approximately 20-minute transfer by van to the start of the course close to Philipsburg, on the Dutch side of the island. After a briefing and orientation, board your bike and make your way up to stunning lookout points, traverse off road trails, and cruise through beaches and tiny villages, using as much or as little electric assistance as you choose. Enjoy a complimentary beverage at a local restaurant to refresh yourself and take in the views before hopping back onto your ride. This is the eco-friendly and fun way to explore this angle of paradise.

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At the end of your e-bike tour, your transfer awaits to take you back to pier.

Please note: This tour is recommended only for guests in good physical condition and who can comfortably can ride scooters or small motorbikes. . It is not suitable for guests with limited mobility or those who utilise a wheelchair. All riders are required to wear a provided helmet and wear closed-toe shoes. It is recommended to bring a bottle of water from the ship (available at the gangway). Guests must sign a waiver and be below 300lb (136Kg) of weight. The minimum participation age is 16 years and maximum is 65. Please note the SXM eBikes are requiring more complex control and coordination as a regular bicycle. The bikes weight 32Kg/70.5lbs and the recommended cruising speed is of 25km/h/15mph.

March 10 2019, Sunday

Pointe-a-Pitre, French West Indies - Guadeloupe, French West Indies

PTP-A / DISCOVER GUADELOUPE

DIFFICULTY



Price:\$69; Duration:4.25 hrs

Enjoy nature and the beautiful scenery of Guadeloupe's west island during this half-day excursion.

Mountainous Basse-Terre is considered by many to be the most scenic part of Guadeloupe with its lush vegetation, exotic plants, mountains and waterfalls. Besides stops at natural highlights, the tour will also include a visit to a typical island rum distillery and a sampling of Guadeloupe's unique brand of rum.

Domaine de Valombreuse Floral Park

From the pier, drive through Pointe-à-Pitre and then out into the countryside, crossing the Salée River that separates Basse-Terre from Grande-Terre. Near the small town of Petit Bourg, stop to visit the Domaine de Valombreuse. Here, enjoy a wonderful array of cultivated and wild orchids, a garden full of tropical plants and an aviary. Refresh yourself with a fruit drink before crossing the national park of Guadeloupe and its dense tropical forest. A stop will be made at the Cascade aux Ecrevisses (Crayfish Waterfall) before continuing on to LonguetEAU Estate.

LonguetEAU Estate and Distillery

Drive to Capesterre through sugarcane plantations and reach LonguetEAU, a genuine colonial family estate with a rustic distillery. Guadeloupe's economy depends largely on sugar and its by-products, including rum. Learn about the complete process of rum production and taste the rewarded Caribbean's best "rum agricole". At the end of your visit rejoin your coach for the drive back to Pointe-à-Pitre.

Please note: This tour involves a moderate amount of walking, some on uneven ground with steps to encounter. This tour is not suggested for guests with limited mobility or those who utilise a wheelchair. Lightweight comfortable clothing, sun protection, insect repellent and comfortable shoes are recommended. Guides may speak with a heavy accent and vehicles may fall below western standards; they are the best available. The tour may operate in different sequence.

PTP-B / BOTANICAL GARDEN AND BEACH BREAK

DIFFICULTY



Price:\$69; Duration:5.00 hrs

Embrace the inland and coastal splendour of Guadeloupe during this picturesque, half-day island excursion.

Grande Anse

Depart the pier for the scenic, approximately 45-minute drive to the panoramic Grande Anse, which offers splendid vistas overlooking one of the longest beaches of the archipelago. Drive along picturesque roads winding through sugar cane plantations en route to the fertile northern part of Basse-Terre Island.

Jardin Botanique de Deshaies

Upon arrival in Deshaies, proceed for a visit to the renowned Jardin Botanique de Deshaies. During your guided visit to this beautiful botanical garden, view a spectacular collection of flower and plant species, multi-coloured bougainvilleas, a lorry aviary, and languid flamingos in the pond.

Fort Royal Resort

Proceed to the beachfront Fort Royal Resort, where you will have one hour of free time to enjoy a complementary welcome drink, relax on your reserved sunbed on the caramel-sand beach and swim in the crystal-clear water. WiFi connection is available. At the conclusion of your visit, re-board your coach and commence the approximately 45-minute drive back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 765 yards (about 700 metres), at times over uneven surfaces, with a few steps to negotiate to get on/off the coach and at the sites visited. This tour is not suitable for guests with limited mobility and

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guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach or water shoes, and bring sun protection and a towel from the ship. Guests must be at least four years old to participate on this tour.

PTP-D / COUSTEAU RESERVE AND NATURE WALK

DIFFICULTY



 Price:\$69; Duration:4.00 hrs

Very few islands offer the surprising display of contrasting landscapes inter twining in the vegetal luxuriance of the tropical rain forest, mingling with the bluish warmth of the underwater world and the mineral power volcanic mountains. The Island of Basse-Terre is one of these gem stones. Departing from Pointe-à-Pitre, venture into the island of Basse-Terre, and National Park which unveils its many charms to nature lovers. Your destination is the grey-sanded beach of Malendure and the *Nautilus*, a modern glass-bottom boat.

Pigeon Island

During your boat ride exploring Pigeon Island, your guide will comment on the marine life that colonised the coral reefs. This protected sanctuary is named after Jacques Cousteau, the famous French sailor, oceanographer and film director, whose first movie *The World of Silence*, featured several scenes filmed here.

Swim or Snorkel

The *Nautilus* will stop for an opportunity to swim or snorkel in the clear Caribbean Sea, amongst hundreds of fish. Snorkelling equipment will be provided. Back on board, the crew of the *Nautilus* will offer you complimentary local drinks, before going back to Malendure.

Waterfall Hike

Re-joining your coach, head back towards the National Park and stop by the small, but spectacular, emerald-green Crayfish Waterfalls for a short, though worthwhile hike among exuberant plants and trees.

A short coach ride following your nature walk, returns you to the pier and your awaiting ship.

Please note:This tour involves a moderate to extensive amount of physical activity and is suitable for guests with limited mobility, but is not wheelchair accessible. Guests wishing to swim or snorkel must be in good physical condition and able to swim in water too deep to stand. Guests are advise to wear a swimsuit under a cover-up, sun protection, insect repellent and bring a towel from the ship. This vessel may not be exclusive to *Silversea* guests.

PTP-E / GUADELOUPE HISTORICAL TOUR

DIFFICULTY



 Price:\$59; Duration:4.00 hrs



Explore the history and ancestors of Guadeloupe during this scenic and informative sightseeing excursion.

Fort Fleur d'Epée

Depart the pier for the short drive to the Fort Fleur d'Epée, an 18th-century fortress that was declared an historical monument in 1979. Steeped in history and perched high above Grand Bay, the fort offers spectacular panoramic vistas over the neighbouring islands of Marie Galante, Les Saintes and Basse-Terre.

Le Gosier, Memorial Act

Next, re-board your coach and proceed for a photo stop overlooking the coastal city of Le Gosier. From here, continue on to the Memorial Act, the Caribbean Centre of Expression and Memory of the Slave Trade and Slavery. Inaugurated in May 2015, this unique exhibition compiles viewpoints and disciplines of the island's legacy, ethnology, social anthropology and history of the arts. Your guided visit here is enhanced by the use of interactive audio guides. Following your visit, a complimentary beverage is served before re-boarding your coach and commencing the short drive back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 547 yards (about 500 metres), at times over uneven and natural surfaces, with a few steps to negotiate to get on/off the coach. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Guests are advised to wear lightweight, comfortable clothing with flat, closed-toe walking shoes, and sun protection and bottled water from the ship. Guests must be at least four years old to participate on this tour. The tour sequence may vary.

PTP-F / BEST OF GRANDE-TERRE

DIFFICULTY



 Price:\$99; Duration:6.00 hrs



Discover the scenic splendour and highlights of Grande-Terre during this scenic, full-day sightseeing excursion.

Pointe-à-Pitre, Grande-Terre Island, Morne à L'Eau Cemetery

Depart the pier for the scenic, approximately 30-minute drive to Grande-Terre Island, the smaller of the two butterfly wings that make up Guadeloupe. Although flatter than its lowland twin, it's just as colourful and lovely. Upon arrival, a visit is made to the picturesque checkerboard cemetery at Morne à L'Eau.

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Port Louis, Plage du Souffleur, Free Time, La Porte d'Enfer, Grande Vigie, Limestone Cliffs

Next, re-board your coach and head to Port Louis, where approximately one hour of free time is made available at the Plage du Souffleur beach. Here, you can relax and unwind, soak up the tropical sun, take a stroll on the white-sand beach and/or swim in the inviting waters of the blue Caribbean Sea. Leaving the beach, your tour continues with a visit to La Porte d'Enfer (Gate of Hell) and the limestone cliffs of Grande Vigie, where the powerful Atlantic Ocean meets with the Caribbean Sea.

Ocean and Coastal Views, Hell Door, Le Moule, Saint François, Creole Lunch, Castle Point

After a photo stop here for spectacular panoramic views of the coast and ocean, re-board your coach and drive to St François via Hell Door and Le Moule, the first capital of Guadeloupe. Upon arrival at Saint François, proceed for a Creole lunch at a local restaurant. After lunch, your final stop is at Castle Point. Located in front of La Désirade Island, Castle Point is a wild landscape overlooked by a giant cross. At the conclusion of your visit, re-board your coach and commence the approximately 40-minute drive back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 0.56 miles (about 0.9 kilometres), at times over uneven and sandy surfaces, with a few steps to negotiate to get on/off the coach and 20 steps at the Morne-à-l'Eau Cemetery. Walking at Plage du Souffleur Beach is at the discretion of each guest. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with flat, closed-toe walking shoes, and bring sun protection, a towel, and change of clothing from the ship. The tour sequence may vary. Operation of this tour is subject to weather conditions.

PTP-G / LA SOUFRIERE VOLCANO HIKING TREK

DIFFICULTY



Price: \$159; Duration: 7.75 hrs



Discover the spectacular natural beauty, rainforest and summit of La Soufriere during this unforgettable, full-day hiking excursion up the Lesser Antilles.

St. Claude, Yellow Baths, Volcano Hiking Trek

Depart the pier for the scenic, approximately 1-hour drive to St. Claude. At an altitude of 1,739 feet (about 530 metres), St. Claude is the highest city in the Lesser Antilles and offers a fresh perspective on the Caribbean. Upon arrival, transfer via minivan to the Bains Jaunes (Yellow Baths), a naturally-warm mineral bath, then begin your guided hike up the roof of the Lesser Antilles.

Tropical Rainforest, Rocky Mountainside, La Soufriere Volcano, Summit Visit, Panoramic Views

During this vigorous trek, traverse the lush, tropical rainforest, then walk on the rocky mountainside en route to the approximately 4,813-foot (about 1,467-metre) summit of the imposing La Soufriere Volcano. Upon arrival, take in breath-taking panoramic views of your surrounds, and discover an alien environment where the strong smell of sulphur and deep, rumbling sounds remind you that this volcano is an active one.

Yellow Baths, Beausoleil Picnic Area, Creole Lunch

Leaving the summit, walk back down to the Yellow Baths, then transfer to a picnic area at Beausoleil. Upon arrival, proceed for a Creole picnic lunch. After lunch, re-board your minibus for the approximately 1-hour drive back to the pier.

Please note: This tour involves an extensive amount of hiking, walking and standing for approximately 1.24 miles (about two kilometres), at times over uneven and natural surfaces and hills, with a few steps to negotiate to get on/off the bus and 30 steps at the La Soufriere Volcano. This tour is recommended for active guests in good physical condition. This tour is not suitable for pregnant guests, guests with back and/or neck problems, guests with heart and/or respiratory conditions, guests with a fear of heights, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear lightweight, comfortable clothing with flat, closed-toe walking or hiking shoes, and bring sun protection, a waterproof jacket and bottled water from the ship; sandals and flip-flops are not permitted on this tour. This tour is not recommended for children. The tour sequence may vary. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

PTP-H / CANYONING AT BLACK RIVER (LEVEL-2/A)

DIFFICULTY



Price: \$149; Duration: 7.00 hrs



Swim, jump and slide in a lush, tropical paradise during this exhilarating, full-day canyoning excursion to the rainforest of Guadeloupe.

Lesser Antilles, St. Claude, Black River

Depart the pier for the scenic, approximately 1-hour drive to St. Claude. At an altitude of 1,739 feet (about 530 metres), St. Claude is the highest city in the Lesser Antilles and offers a fresh perspective on the Caribbean. Upon arrival at the Black River, meet your mountain guides, receive your safety and tour instructions, and begin your fun-filled and exciting canyoning adventure.

Tropical Rainforest Trek, Riverbed, Rappelling, Waterfall, Crystal-Clear Pool, Jumping, Swimming

A site of an exceptional beauty, the Black River and its surrounds were born from a still-active volcano. Take a short, guided hike to the starting point, then discover one of the most beautiful tropical rainforests in the Caribbean. Descend the riverbed, then rappel down for an exhilarating slide into the crystal-clear pool at the base of a spectacular, approximately 50-foot (about 15-metre) waterfall.

Snack, Return to Starting Point, Pier Transfer

Following your canyoning and swimming fun, change into dry clothing, then recharge with a sandwich, energy snacks and mineral water. After returning on-foot to the starting point, re-board your coach and commence the approximately 1-hour drive back to the pier.

Please note: This tour involves an extensive amount of hiking, jumping and sliding for approximately 1.24 miles (about 2.5 kilometres), at times over uneven and natural surfaces and hills, with a few steps to negotiate to get on/off the bus and 30 steps at the beginning of the tour. This tour is recommended for active guests in good physical condition. This tour is not suitable for pregnant guests, guests with back and/or neck problems, guests with heart and/or respiratory conditions, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with flat, closed-toe walking shoes, and bring sun protection, a towel, change of clothing, an extra pair of socks, and bottled water from the ship; sandals and flip-flops are not permitted on this tour. Watertight drums are provided for guests who wish to bring along a camera. This tour is not recommended for children. A signed waiver is required to participate on this tour. The tour sequence may vary. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

PTP-I / CARBET FALLS TREK AND CRAYFISH WATERFALLS

DIFFICULTY



Price:\$59; Duration:4.50 hrs



Experience some of the most spectacular falls of Guadeloupe in an active new way during this panoramic, half-day rainforest hiking excursion.

Pointe-à-Pitre, Capesterre-Belle-Eau, Guadeloupe National Park, Rainforest Hike, Second Carbet Fall

Depart the pier for the scenic, approximately 1.25-hour drive to Capesterre-Belle-Eau, located in the south-east of Guadeloupe's Basse-Terre Island and home to Guadeloupe National Park. Upon arrival, begin your guided hiking tour through the rainforest en route to the second of the three Carbet Falls. Thanks to the three Carbet Falls, Christopher Columbus landed in Guadeloupe on November 4, 1493, at the time of his second voyage. The Carbet Falls are the most impressive, and tallest, in the Lesser Antilles. Upon arrival at the second Carbet Fall, marvel at the beauty of this spectacular waterfall from a short distance, as the foot of this fall has been restricted since the November 2004 earthquake.

Crayfish Waterfall, Lush Greenery

After returning to Capesterre-Belle-Eau, proceed to Petit-Bourg and take a short, guided stroll along a landscaped path through the rainforest en route to the exquisite Crayfish Waterfall, a natural pond emanating from the Corossol River. The Crayfish Waterfall owes its famous name to the crayfish that used to thrive in these waters. Although the once-abundant crayfish have almost disappeared, this beautiful, approximately 32-foot-high (about 9.75-metre-high) waterfall is nestled amidst lush greenery, and remains an enchanting site for visitors to the middle of this rainforest. At the conclusion of your visit, return on-foot to the starting point of your nature hike, re-board your coach and commence the approximately 40-minute drive back to the pier.

Please note: This tour involves a moderate amount of hiking, walking and standing for approximately 0.77 miles (about 1.25 kilometres), at times over uneven and natural surfaces and hills, with a few steps to negotiate to get on/off the coach and 364 steps at Carbet Falls. This tour is recommended for active guests in good physical condition. This tour is not suitable for pregnant guests, guests with back and/or neck problems, guests with heart and/or respiratory conditions, guests with a fear of heights, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear lightweight, comfortable clothing with flat, closed-toe walking or hiking shoes, and bring sun protection, a waterproof jacket and bottled water from the ship; sandals and flip-flops are not permitted on this tour. Children must be at least ten years old to participate on this tour. The tour sequence may vary. Operation of this tour is subject to weather conditions.

PTP-L / KAYAKING IN THE MANGROVE FOREST

DIFFICULTY



Price:\$119; Duration:4.00 hrs



Discover the exquisite beauty and diverse ecosystems of the Grand Cul-de-Sac Lagoon during this invigorating, half-day kayaking excursion.

Pointe-à-Pitre, Northern Basse-Terre, Sainte-Rose, Grand Cul-de-Sac Lagoon

Depart the pier for the scenic, approximately 45-minute drive to Sainte-Rose, which was named after St. Rose of Lima, the patron saint of the Americas, Philippines, Peru and the city of Lima. Pressed against a mountainside in northern Basse-Terre, the town offers kayaking activity in the Grand Cul-de-Sac Lagoon. Upon arrival at the lagoon, receive your safety and kayaking instructions and equipment, then gear up and begin your guided, approximately two-hour journey aboard a two-seat kayak.

Kayaking, Marine Life, Mango and La Biche Islets

Along the way, discover the mangrove forest and barrier reef, home to diverse ecosystems teeming with tropical fish and seabirds. From here, head to Mango Islet, which is home to herons, frigates and other seabirds. Its shallows are populated with large starfish, sea urchins and sea cucumbers. A final stop is made at La Biche Islet, one of the more beautiful islets of the lagoon and a refuge for expert fishermen spanning several generations.

Beach Break, Sunbathing, Beachcombing, Swimming, Caribbean Sea

Following the your kayaking tour, a beach break is made to relax and unwind, soak up the tropical sun, take a stroll on the white-sand beach and/or swim in the inviting waters of the blue Caribbean Sea. At the conclusion of your tour, re-board your coach and commence the approximately one-hour drive back to the pier.

Itinerary, all arrangements, and prices are subject to change without notice. Silversea reserves the right to correct any errors or omissions. Please refer to my.silversea.com for the most current schedules, fares and complete terms and conditions.

Please note: This tour involves an extensive amount of kayaking and a moderate amount of walking, at times over uneven, natural and sandy surfaces, with a few steps to negotiate to get on/off the coach and embark/disembark the kayak. This tour is recommended for guests who are in good physical condition, know how to swim and can embark/disembark a kayak without assistance. This tour is not suitable for pregnant guests, guests with back and/or neck problems, guests with heart and/or respiratory problems, guests prone to seasickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with flat, non-slip boat shoes, sandals or flip-flops they won't mind getting wet, and bring sun protection, a towel, bottled water and a change of clothing from the ship. Guests must be at least 14 years old to participate on this tour. This kayaking tour operates in two-seat kayaks. Guests weighing over 220 pounds (about 100 kilograms) cannot participate on this tour. Guests taller than 6'2" (about 1.9 metres) cannot participate on this tour. Although frequently encountered on this type of tour, wildlife, fish and marine life sightings are not guaranteed. Two-seat kayaks, paddles and safety vests are provided; safety vests must be worn at all times whilst kayaking. A signed waiver is required to participate on this tour. The tour sequence may vary. Operation of this tour is subject to weather conditions. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

PTP-M / CRAYFISH WATERFALL AND SAINTE ANNE

DIFFICULTY



 Price:\$49; Duration:4.00 hrs


Embrace the exquisite natural beauty and charm of Grand-Terre and Basse-Terre during this picturesque, half-day sightseeing excursion.

Pointe-à-Pitre, Basse-Terre, Rainforest

Depart the pier for the scenic, approximately 30-minute drive to Basse-Terre, separated from Grande-Terre by an arm of the sea, the Salty River. Basse-Terre Island is mountainous, with a luxuriant rainforest, rivers and falls. Upon arrival at Basse-Terre, take a short, guided stroll along a landscaped path through the rainforest en route to the exquisite Crayfish Waterfall, a natural pond emanating from the Corossol River.

Crayfish Waterfall, Lush Greenery

The Crayfish Waterfall owes its famous name to the crayfish that used to thrive in these waters. Although the once-abundant crayfish have almost disappeared, this beautiful, approximately 32-foot-high (about 9.75-metre-high) waterfall is nestled amidst lush greenery, and remains an enchanting site for visitors to the middle of this exquisite rainforest.

Grand-Terre, Sainte-Anne, Craft Village, Local Market, Shopping, Beach, Caribbean Sea, Swimming

Next, re-board your coach and head to Grande-Terre, a flat, limestone island, for a visit at Sainte-Anne. Ideally-situated facing the Caribbean Sea, the city of Sainte-Anne beckons to visitors with its Crafts Village, outdoor fruit, spice and tropical flowers market, and famous beach kissed by calm, emerald-coloured waters. Upon arrival, ample free time is made available to browse the local market and Craft Village, and/or take a refreshing dip in the inviting waters of the southern Caribbean Sea. At the conclusion of your visit, re-board your coach and commence the approximately 30-minute drive back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 383 yards (about 350 metres), at times over uneven and sandy surfaces, with a few steps to negotiate to get on/off the coach. Walking at Sainte Anne is at the discretion of each guest. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Guests are advised to wear a swimsuit under a cover-up with flat, closed-toe walking shoes, and bring sun protection, a towel, change of clothing, and Euros for purchases from the ship. The tour sequence may vary. Operation of this tour is subject to weather conditions.

March 11 2019, Monday

St George's - Grenada

GND-A / AROUND THE ISLE OF SPICE

DIFFICULTY



 Price:\$119; Duration:7.00 hrs


Indulge your senses with the picturesque beauty and enticing aromas of the 'Isle of Spice' during this full-day sightseeing excursion through Grenada.

Dougaldston Estate and Gouyave Nutmeg Factory

Depart the pier for the scenic, approximate 45-minute drive along the picturesque west coast of Grenada en route to the Dougaldston Estate. Upon arrival, receive an introduction to the spices of the island. From here, re-board your coach for the drive to the Gouyave Nutmeg Factory. During your visit, learn about the many uses for nutmeg, and observe how nutmeg and mace are seasoned, processed and sorted.

'Carib Leap' and River Antoine Rum Distillery

Next, drive northward for a magnificent view of the Grenadine Islands and a visit to the 'Carib Leap'. Here, the last fighting Caribs committed suicide in 1651, overwhelmed by the prospect of French rule. Your tour continues with a visit to the River Antoine Rum Distillery. Established in 1785, it is the oldest working distillery in the Caribbean. Despite its age, the River Antoine Rum Distillery is especially well-planned with environmentally-friendly features.

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Belmont Estate and Grand Etang Lake

Following your visit to the distillery, re-board your coach and drive to the *Belmont Estate*. Upon arrival at this plantation house, proceed for a typical Creole lunch accompanied by splendid vistas of the surrounding estate. After lunch, take the rainforest road to Grand Etang for a visit to Grand Etang Lake, which fills the crater of one of the island's extinct volcanoes. The lush rainforest surrounding the lake is home to the Mona monkey, and diverse flora and fauna.

This tour concluded's at the pier.

Please note: This tour involves a minimal amount of walking for approximately 0.2 miles (about 0.3 kilometres), with 20 steps to negotiate at the Gouyave Nutmeg Factory and ten steps to negotiate at the River Antoine Rum Distillery. The Belmont Estate is closed on Saturdays. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Guests are advised to wear lightweight, comfortable clothing and bring sunscreen, a hat and sunglasses from the ship. Photography is not permitted inside the Gouyave Nutmeg Factory. A minimum number of guests per guide is required for operation of this tour.

GND-B / SNORKELLING CHAMPAGNE LOBSTER CRUISE

DIFFICULTY



Price:\$159; Duration:6.00 hrs



Experience the splendid beauty and marine life of Grenada during this snorkelling, champagne and lobster cruise to idyllic Hog Island.

Grenada Underwater Sculpture Park Snorkelling

Depart the pier for the brief transfer to the Shadowfax Jetty, then embark your boat and proceed to snorkel at the Grenada Underwater Sculpture Park, the world's first underwater sculpture gallery. After the bay got damaged by storm surge, the sculptures were designed to assist in the regeneration of the area by providing habitat for marine life and by providing new surfaces for corals to grow upon. Upon arrival at the Underwater Sculpture Park, receive your snorkel gear and safety instructions before commencing your guided, approximate one-hour snorkel tour.

Hog Island and Lobster Lunch

Next, set sail along the scenic southwest Caribbean coast of Grenada towards Point Salines, the southernmost point of Grenada. From here, sail upwind on the Atlantic side of Grenada en route to secluded Hog Island. Take a swim, explore this 'Robinson Crusoe Island' or simply relax and soak up the tropical sun before dining on a lobster lunch served with champagne and wine.

Following your memorable visit to Hog Island, embark your boat for the approximate 1.5-hour sail back to St. George's Harbour. Upon arrival at the Shadowfax Jetty, transfer back to the pier.

Please note: This tour involves a minimal amount of activity. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Guests wishing to enter the water, must be able to swim and in good physical condition, are advised to wear a swimsuit under a cover-up with water shoes, sun protection and bring a towel from the ship. A complimentary open bar with snacks, beach games, and snorkelling gear and instructions are included during this excursion. Alcoholic beverages will only be served to guests over the age of 21 and only after completion of the snorkelling portion of this tour. If guests prefer a dish other than lobster, they may request chicken or fish directly to their guide upon departure from the ship.

GND-C / RUM AND BEACH

DIFFICULTY



Price:\$59; Duration:3.50 hrs

Embrace the scenic beauty and flavours of Grenada during this half-day excursion to the Clark's Court Rum Distillery, and a relaxing visit to Morne Rouge Beach.

Clark's Court Rum Distillery

Depart the pier for the brief drive to St. George's, located in the southern part of the island. Upon arrival, proceed for a visit to the Clark's Court Rum Distillery, founded in 1937 and adjacent to sugarcane fields.

During your guided tour of the factory, learn about the distilling process from sugar cane, syrup and molasses to rum, and also the ageing and blending processes involved in the production of rum. In addition, see old steam engines dating as far back as 1886 that are still in use today. Following your guided tour, sample the distillery's award-winning rums and receive recipes describing different ways to mix and serve rum.

Morne Rouge Beach


Next, your drive continues on to Morne Rouge Beach, a secluded, white-sand beach graced by crystal-clear waters and almond trees offering natural shade. Your two-hour visit includes beach chairs, restroom facilities with changing rooms, showers and two complimentary beverages. You can swim, explore the beach or simply relax with a refreshing drink and soak up the tropical sun. Afterward, re-board your coach for the brief drive back to the pier.

Please note: This tour involves a minimal amount of walking, with 24 steps to negotiate inside the Clark's Court Rum Distillery. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Guests must be at least 21 years old to participate in the tasting's of alcoholic beverages. Guests are advised to wear a swimsuit under a cover-up, sun protection and bring a towel from the ship.

GND-D / TROPICAL BEACH TOUR

DIFFICULTY



 Price:\$46; Duration:3.75 hrs
 

Discover the history and seaside beauty of Grenada during this picturesque, half-day excursion to Fort George, and a relaxing visit to a secluded beach.

Fort George

Depart the pier for the brief transfer through a labyrinth of roads en route to Fort George. Built in the early-18th century on a volcanic spine 175 feet (53 metres) above St. George's Harbour, Fort George offers spectacular panoramic views of the small capital and the Caribbean Sea. During your guided tour, learn about the history of the fort and Grenada.

Beach Visit

Next, your drive continues on to a secluded, white-sand beach located on the southern point of Grenada. Your two-hour visit includes beach chairs, restroom facilities with changing rooms, showers and a complimentary beverage. You can swim, explore the beach, sunbathe or simply relax with a refreshing drink in the shade of a sea grape tree. Afterward, re-board your coach for the brief drive back to the pier.

Please note: This tour involves a moderate amount of walking, with 30 steps to negotiate at Fort George. This tour is recommended for guests in good physical condition, and is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up, sun protection and bring a towel from the ship.

GND-E / NUTMEG AND WATERFALL

DIFFICULTY



 Price:\$59; Duration:4.00 hrs

Explore the pristine natural beauty and history of Grenada during this half-day sightseeing excursion, and a memorable visit to Concord Falls.

Dougaldston Estate and Gouyave Nutmeg Factory

Depart the pier for the scenic, approximate 45-minute drive along the picturesque west coast of Grenada en route to the Dougaldston Estate. Upon arrival, receive an introduction to the spices of the island. From here, re-board your coach for the drive to the Gouyave Nutmeg Factory. During your visit, learn about the many uses for nutmeg, and observe how nutmeg and mace are seasoned, processed and sorted.

Concord Falls

Next, proceed for a visit to Concord Falls, where nutmeg and cocoa trees grow along the flanks of the hills in the tropical forest. Upon arrival, relax with a complementary drink and take a refreshing swim in the lovely natural waterfall-pool. Following your visit, commence the approximate 45-minute drive back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 150 yards (about 137 metres), with 20 steps to negotiate at the Gouyave Nutmeg Factory and ten steps to negotiate at Concord Falls. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Extra caution must be exercised if the pathways are wet, as they can become quite slippery. Guests are advised to wear a swimsuit under a cover-up, sun protection and bring a towel from the ship. The tour sequence may vary. Photography is not permitted inside the Gouyave Nutmeg Factory.

GND-F / ECO TREK AT BAMBOO FALLS

DIFFICULTY



 Price:\$59; Duration:3.50 hrs

Experience the natural splendour of Grenada on-foot during this hiking excursion at the Bamboo Waterfall.

Grand Etang

Depart the pier for the scenic, approximately 45-minute drive to Grand Etang. Located high up in the mountains of the island's interior, Grand Etang's varied elevations and terrains boast several different ecological subsystems, culminating in the elfin woodlands high up the slopes of the reserve's central mountains. At an altitude of 1,476 feet (450 meters), this small mountainous territory is rooted in sheer rock, with towering mahogany and giant gommier trees of up to 131 feet (40 meters) in height. Grand Etang's flora also includes a multitude of ferns, tropical flowers and other indigenous plants. The lush vegetation provides shelter for a wide variety of animal, reptile and bird species.

Private Plantation and Bamboo Waterfall

Next, begin your guided trek through the heart of the tropical rainforest. Your trek will involve a challenging hike over muddy terrain and river crossing before reaching the idyllic Bamboo Waterfall. En route, pass through a private plantation with cocoa, nutmeg and banana trees. Upon arrival at the Bamboo Waterfall, you may opt to take a relaxing soak. Afterward, your eco-trek concludes with a refreshment stop at Grand Etang before commencing the approximately 40-minute drive back to the pier.

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Please note: This tour involves an extensive amount of walking for approximately 1.5 miles (about 2.4 kilometres), with uneven and muddy surfaces, inclines, and 2 river crossings. This tour is recommended for guests in good physical condition, and is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests must be at least eight years old to participate on this tour. Guests are advised to wear a swimsuit under a cover-up with closed-toe trekking shoes which they don't mind getting wet, and bring sunscreen, a hat, sunglasses, towel and a bottle of water from the ship. A signed waiver is required to participate on this tour. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

GND-G / ACCESSIBLE GRENADA

DIFFICULTY



Price:\$129; Duration:4.00 hrs



This accessible Grenada shore excursion combines the best highlights of the island. Explore the local Spice Market on Market Street in St. George, visit a local nutmeg factory, experience the Dougaldston Spice Processing plant, and enjoy a scenic drive through the beautiful Grand Etang National Park.

Start your day by meeting your friendly guide/driver by the cruise dock and begin short drive to the first stop of the day, in the old parts of the center of St. George's. Here, you will explore the hub of the town, Market Square, where you'll enjoy browsing the colorful local Spice Market. Experience the authentic island atmosphere and smell of nutmeg, cocoa and vanilla, as you stroll through a wide array of island spices, gifts and souvenirs for sale.

The next stop of your day is a local Nutmeg factory. Here, you will see the processing steps of nutmeg and learn about the importance of nutmeg for the island's history and economy. Nearby, you will visit the Douglaston spice depot, where you will enjoy a short presentation of all the spices produced here including cinnamon, pimento, clove, bay leaves, turmeric, ginger, and mace.

The final part of your day will be spent on a scenic drive through the beautiful rain forest. Enjoy views of lush volcanic mountains and tropical flora, and see the many spice, cocoa and banana plantations peppered throughout the landscape. If you are lucky, you may even see some local Mona monkeys! You will arrive to the mesmerizing Grand Etang National Park where you will have a chance to visit the onsite visitor center. Here, you will learn about how the Caribbean Islands were formed, the local weather and plants and how the volcanic Crater Lake was formed. There will also be time to enjoy the spectacular views, purchase snacks and beverages, do some souvenir shopping.

Please Note: This tour is designed to be accessible for all guests. It is suitable for guests on a wheelchair who can transfer to a seat. Full time wheelchair users, are kindly requested to contact shoreconcierge@silversea.com in order to provide further details and determine if the tour is suitable for them. The tour route avoids steps and stairs. Accessible bathrooms with wide doors for wheelchairs are present along the tour route. An accessible vehicle with a wheelchair lift or ramp will be used for transportation. Guides are not allowed to push wheelchairs. The number of accessible vehicles is extremely limited and guests are encouraged to make their accessible shore excursion reservations in advance. A minimum participation of 5 guests is required to operate the excursion at the advertised rate. Cancellation deadline is 4 days prior the date of the excursion.

GND-H / PILOT YOUR OWN BOAT & SNORKEL

DIFFICULTY



Price:\$179; Duration:2.75 hrs



Get ready for some wet and wild fun when you explore the island on E-Sea Riders fast two-person inflatable motorboats.

You're the pilot on an exhilarating adventure that includes a stop for snorkelling. After a brief transfer to the E-Sea Riders base in the lagoon of St George's, you are welcomed by the enthusiastic staff that provides an orientation on boat operation before heading off across the Caribbean side of Grenada.

Follow your guide, passing large yachts in Port Louis Marina and inside the charming Carenage of St George's before entering the Caribbean Sea. After a trip alongside the picturesque and colourful coastline, stop at the Grenada Underwater Sculpture Park, your snorkelling destination. Here you can choose to snorkel on submerged statues by sculptor Jason De Caires Taylor, or swim prior to your return to the base and then to the cruise ship terminal.

Please note: This tour involves extensive activity and is recommended for guests in good physical condition. This tour is sold per boat and can accommodate up to two guests per boat. Please request only one ticket for the boat, and not the number of guests that will be on your boat. All drivers must be at least 18 years old. Supplied safety vest must be worn at all times. Wear a swimsuit under a cover-up and bring a towel and adequate sun protection. Women who are pregnant and guests having back problems may not participate on this tour. Snorkelling equipment is included. The minimum age required to participate is 10 years old. The combined maximum weight limit on an E-Sea Rider Boat is 380 pounds (180 kilograms or 29 stone).

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GND-I / POWERBOAT AND SCULPTURE PARK SNORKELLING

DIFFICULTY



Price:\$79; Duration:2.00 hrs



Climb aboard the Coast Guard-approved RIB (Rigid Inflatable Boat) and onto your jockey seat to enjoy a fun ride on board the fastest tour boat in Grenada.

Departing from the jetty next to the ship's pier, set off on a fast and fun ride over the crystal waters of the Caribbean. After a short safety briefing, head north along Grenada's sheltered western coast. During your tour learn about the Spice Isle; the ecology, wildlife, geography and local history of Grenada.

Grenada Underwater Sculpture Park Snorkelling

The boat stops for approximately 40 minutes so snorkellers may explore one of Grenada's foremost snorkel site: Grenada Underwater Sculpture Park, the world's first underwater sculpture gallery. After the bay got damaged by storm surge, the sculptures were designed to assist in the regeneration of the area by providing habitat for marine life and by providing new surfaces for corals to grow upon.

Receive your snorkel gear and safety instructions before commencing your guided snorkel tour. Non snorkellers are free to stay on board and enjoy a soft drink with your Captain.

After your snorkel, recharge with a soft drink before racing off for another hour of fun exploring and capturing some great photo opportunities.

Your tour visits the historic town of St George's where you cruise the protected inner harbor of one of the prettiest towns in the Caribbean, before one last blast back to the dock to disembark.

Please note: This tour requires an extensive amount of activity. Guests are required to sign a waiver to participate in this tour. Guests must be in good physical condition, able to swim and negotiate a swim ladder to re-board the boat after the snorkelling stop. All necessary snorkelling equipment is provided, along with instructions on its use. It is suggested guests wear a swimsuit under a cover-up, sun protection and bring a towel from the ship. Itinerary and snorkel site are subject to change due to sea and weather conditions. The minimum age to participate is 8 years old. This tour is not recommended for pregnant women. The maximum weight for participants is 275 pounds (125 kilograms or 20 Stone). The boat offers only minimal shade.

GND-J / GOLDEN NUTMEG & DIAMOND CHOCOLATE

DIFFICULTY



Price:\$59; Duration:4.00 hrs

Embrace the splendid beauty and aromatic flavours of Grenada during this memorable, half-day sightseeing excursion.

Gouyave Nutmeg Factory and Processing Station

Depart the pier for the scenic, approximately 50-minute drive to the island's west coast, and a visit to the Gouyave Nutmeg Processing Station.

Upon arrival, enter through the high walls of this historic facility and take a guided walking tour. Along the way, learn about and observe how nutmeg is harvested, processed, and exported utilising traditional methods. Following your tour, re-board your coach and proceed to Diamond Chocolate.

Diamond Chocolate Tour and Tasting

Diamond Chocolate produces 'Jouvay' organic chocolate, which now ranks among the top 10 best chocolates in the world according to *National Geographic*. Upon arrival, take a guided stroll through its delightful Cocoa Tree Garden, home to cocoa, clove, pimiento, nutmeg, flowers, and fruit. Afterward, tour the Diamond Chocolate plant. Learn about the history of the company and the production of chocolate from tree-to-bar, and see the machines involved in the processing and shipping processes. Following your walking tour, proceed for tasting of this unique and delicious chocolate, along with freshly-made organic fruit juice. At the conclusion of your visit, re-board your coach and commence the approximately one-hour drive back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 150 yards (about 137 metres), at times over uneven surfaces, with a few steps to negotiate to get on/off the coach, and 20 steps at the sites visited. This tour is not suitable for guests with limited mobility, guests who utilise a wheelchair and guests with motion sickness. Streets are narrow and curved and the ride is bumpy. Lightweight, comfortable clothing with flat, closed-toe walking shoes and sun protection are recommended. Photography is not permitted inside the Gouyave Nutmeg Processing Station. The tour sequence may vary.

March 12 2019, Tuesday

Bequia - St Vincent and Grenadines

BEQ-A / SCENES OF BEQUIA

DIFFICULTY



Price:\$69; Duration:2.50 hrs

Discover the splendid beauty and heritage of Bequia during this scenic and informative sightseeing excursion.

Mt. Pleasant

Depart the pier for the scenic drive through parts of Port Elizabeth, the island's only town, and up to Mt. Pleasant for marvellous views of your ship, the Caribbean Sea and the surrounding Grenadine Islands.

Old Hegg Turtle Sanctuary

Next, proceed up the Atlantic Coast to the Old Hegg Turtle Sanctuary. En route, take in alternating views of the beautiful ocean and floral scenery along the roadside. Mr. Orton G. King, owner of this Old Hegg Turtle Sanctuary, has spent most of his time tending to his precious and endangered Hawksbill turtles. During your visit, learn about these ancient denizens of the deep and the sanctuary's conservation efforts.

Hamilton Fort and Shopping

Your tour continues with a brief stop at the 18th-century Hamilton Fort, followed by a visit to a local fabric screen printing company. Here, observe the production stages leading up to the finished product. Upon arrival back in Port Elizabeth, browse the colourful vegetable market and souvenir stalls. The rest of the time is at your leisure, as this area is within 100 feet (30 metres) of your ferry tender and departure point.

Please note: This tour involves a moderate amount of walking and riding over bumpy and uneven surfaces, with a few steps to negotiate to get on/off the safari-style, open-air jeep. This tour is not suitable for guests with back and/or neck problems, guests with limited mobility and guests who utilise a wheelchair. Lightweight, comfortable clothing, flat, closed-toe walking shoes and sun protection are recommended. A minimum number of guests per guide is required for operation of this tour.

BEQ-C / BEQUIA BEACH INDULGENCE

DIFFICULTY



Price:\$199; Duration:6.00 hrs



Indulge your senses with the best of Bequia during this memorable island tour, lunch on the beach and a relaxing couples' massage.

Scenic Island Tour

Depart the pier for the approximate one-hour narrated sightseeing tour. Learn about the island's history; see the tiny vegetable and souvenir market in picturesque Port Elizabeth, and the model boats at Hamilton before departing for the Atlantic coast. Take in the fresh sea breeze while passing by palms and colourful roadside flowers. A photo stop is made at Mt. Pleasant for expansive views of your ship, the Caribbean Sea and the surrounding Grenadine Islands.

Lunch on the Beach

Next, proceed to the *Bequia Beach Resort*. Upon arrival, you are greeted with a 'welcome' cocktail before being served lunch. The restaurant is located on the beach; you may be lucky enough to see the fishermen's 'catch-of-the-day' from your seat. Take a picture with a lobster or other fish, or just relax whilst seated at the bar.

Relaxation and Massage

After lunch, stroll along the beach, take a swim, sunbathe on a specially-provided beach chair, or retire with a good book in a lovely, breezy atmosphere. From this point, you can view the island of Petit Nevis, home of the last whaling station in these parts, and take in splendid vistas of Mustique.

Your tour includes a massage which is offered through the day.

Please note: This tour involves a minimal amount of walking, with a few steps required to get on/off the mini-van. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Lightweight, comfortable clothing and sun protection are recommended. Guests wishing to enter the water must be in good physical condition, able to swim and should wear a swimsuit under their clothing and bring a towel from the ship. The tour sequence may vary. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

BEQ-D / SAILING BEQUIA

DIFFICULTY



Price:\$99; Duration:3.00 hrs

Experience the splendour of the Grenadines from a unique perspective during this relaxing, half-day catamaran journey.

Catamaran Tour

Depart the pier aboard a catamaran and commence your sailing excursion. Set sail as the wind picks up after leaving Admiralty Bay. Watch the beautiful white-sand beaches glide by as your guide points out areas of interest along the way.

Moon Hole and Western Cays

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Your first stop is at the 'Moon Hole'. This amazing natural phenomenon with homes built on the hillside offers wonderful photo opportunities. As you sail through the Western Cays, the previously hidden side of Bequia comes into view. In the distance, catch a glimpse of the world-famous hideaways of the rich and famous. The other uninhabited islands of the Northern Grenadines are close by; you may see the historic whaling station on the island of Petit Nevis.

Swimming, Snorkelling and Beach Visit

A stop is made for swimming or snorkelling in the cool, clear water. If you opt to remain on board, you can sunbathe on the nets or simply relax whilst the waves gently lap against your boat. Sail to Princess Margaret Beach. Upon arrival, up to one hour is made available to swim in full view of your ship. Your tour concludes with a complimentary rum punch en route to the tender pier.

Please note: This tour involves a moderate amount of walking and boating. Walking is at the discretion of each guest. This tour is not recommended for guests prone to seasickness, guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach shoes, and bring sun protection and a towel from the ship. Masks and snorkels will be provided to those who wish to snorkel and have previous snorkelling experience (fins are not available). The captain reserves the right to change snorkelling sites visited or cancel the activities based on prevailing weather conditions. The navigation can be operated both using sails and motor depending on weather conditions and timings. Guests must be 21 years of age to consume alcohol on this tour. Guests wishing to enter the water must sign a waiver, be in good physical condition and able to swim. Guests may not enter the water if they have consumed alcoholic beverages prior.

BEQ-F / BEQUIA HIKING ADVENTURE

DIFFICULTY



Price:\$109; Duration:5.00 hrs

Experience the scenic natural splendour of Bequia in an invigorating new way during this panoramic, half-day hiking excursion.

Bequia, Park Beach, Turtle Sanctuary and Hawksbill Turtles

Depart the pier for the short drive to Park Beach. Upon arrival, proceed for a visit to the Turtle Sanctuary. Here, observe and learn about how the young and injured hawksbill turtles are cared for prior to their release back into their natural habitat.

Nature Trek, Crescent Beach Caribbean Sea, and Sugar Reef Restaurant & Bar

Next, begin your guided, approximately 3.5-hour adventure hike through verdant forest trails en route to beautiful Crescent Beach. Along the way, take in stunning panoramic views of your surrounds, marvel at the endemic flora and fauna, and learn about the history and culture of the people and island of Bequia. Upon arrival at Crescent Beach, you are invited to relax on the beach, take a swim in the inviting blue waters of the Caribbean Sea, or stop by the Sugar Reef Restaurant & Bar for a refreshing beverage. At the conclusion of your visit, re-board your coach and commence the short drive back to the pier.

Please note: This tour involves an extensive amount of walking and standing for approximately nine miles (about 14.5 kilometres), at times over uneven surfaces, hills and inclines, with a few steps to negotiate to get on/off the coach. This tour is not suitable for pregnant guests, guests with neck/back problems, guests with heart/respiratory conditions, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear lightweight, comfortable clothing with flat, closed-toe walking shoes, and bring sun protection, a bathing suit and towel from the ship. Guests must be at least ten years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

BEQ-G / MUSTIQUE RETREAT

DIFFICULTY



Price:\$149; Duration:5.50 hrs



Experience a slice of the good life in the Grenadines during this exclusive, half-day, private catamaran excursion to Mustique with lunch.

Bequia, Catamaran-Ride, Northern Grenadines

Depart the pier aboard a spacious and comfortable catamaran, and set sail for the scenic, approximately 30-minute ride to the powdery, white shores of Mustique. Home to the likes of Mick Jagger and frequently visited by Prince William and Kate, Mustique is an exclusive, secluded island located in the Northern Grenadines. This idyllic escape is renowned for its blindingly blue shorelines and celebrity connections, and bursts with adventure.

Mustique, Free Time, Exploring, Shopping, White-Sand Beaches, Swimming, Relaxing

Upon arrival at Mustique, begin your private island getaway, which includes lunch and beverages. Explore the island at your leisure by checking out the local hotspots, browsing the local shops for souvenirs, strolling the white-sand beach, taking a refreshing dip in the blue Caribbean Sea, snorkelling amidst the island's exquisite coral reefs, tropical fish and marine life, and/or sipping a cocktail at a local bar. Whatever your fancy, Mustique is the ideal spot to relax and unwind with all of the jazz, style and pizzazz of a private island setting. Afterward, head for lunch at *The View*, a beautiful hilltop restaurant.

The View Restaurant, Tropical Plants, Mustique Island Views, Lunch, Port Elizabeth, Shopping

As the name of the restaurant suggests, *The View* boasts breath-taking panoramic views overlooking Mustique Island behind a backdrop of tropical plants and lush thickets, thus enhancing this quintessential Caribbean experience. Cruise guests have exclusive use of *The View* on this day; a rare privilege on a private island like Mustique. After lunch, some additional free time is made available on the beach before commencing

the approximately 30-minute sail back to Bequia. Upon arrival, you are dropped off at Port Elizabeth. Located only a minute from the port, this classic Caribbean town is filled with colourful sailboats, schooners and visiting yachts, and the main shopping district in Bequia. You can browse the shops here for handicrafts, souvenirs, food and beverages, then commence the short walk back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 352 yards (about 322 metres), at times over uneven and sandy surfaces, with a few steps to negotiate to embark/disembark the boat and manoeuvre in/out of the boat, and a short walk uphill to access the restaurant. Walking on Mustique Island and at Port Elizabeth is at the discretion of each guest. Transportation from the dock to the restaurant can be arranged on the spot for any guest with significant walking difficulties at no extra charge. This tour is recommended for guests that are in good physical condition, and can swim in water too deep too stand. This tour is not suitable for pregnant guests, guest with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone to seasickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach or water shoes, and bring sun protection, a towel and change of clothing from the ship. Guests must be at least two years old to participate on this tour; minors must be accompanied by a parent or guardian over the age of 18. Snorkelling equipment is provided. Waterproof cameras are highly recommended. Guests must be at least 21 years old to be served alcoholic beverages. Guests may not snorkel if they have consumed alcohol. Although frequently encountered on this type of tour, fish and marine life sightings are not guaranteed. A signed waiver is required to participate on this tour. Operation of this tour is subject to weather conditions.

BEQ-H / SCENIC ST. VINCENT

DIFFICULTY



Price:\$99; Duration:7.00 hrs



Explore the history, culture and highlights of St. Vincent via land and sea during this panoramic, full-day sightseeing excursion with lunch.

Bequia, Boat-Ride, Kingstown, Fort Charlotte

Depart the pier aboard a boat for the scenic, approximately 50-minute ride to Kingstown, the chief port and capital city of St. Vincent and the Grenadines. Upon arrival, board a minibus and head for a visit to Fort Charlotte, an early-19th-century historical fort with cultural and historical significance. Upon arrival, take a guided walking tour of the fort to learn about the history of St. Vincent.

Layout, Layou Petroglyph Park, Amer-Indian Art, Walliabou, Pirates of the Caribbean Film Set

Next, re-board your minibus and head to Layout, a fishing village in St. Vincent. Layout is often described as the 'True Caribbean' due to its distinctive, old Caribbean vibe. Upon arrival, stop by the Layou Petroglyph Park, an UNESCO World Heritage Site dating back to 300 A.D. Here, beautiful, native Amer-Indian art and inscriptions gracefully line the surrounding pavements and stones. Following your visit, re-board your minibus and head westward to Walliabou for a tour of Disney's prestigious *Pirates of the Caribbean* film set. Upon arrival, explore the highlights of the infamous, five-film franchise.

Darvue Waterfalls, Swimming, Snorkelling, Refreshments

Afterward, re-board your minibus and continue on to the gushing Darvue Waterfalls, an approximately 75-foot (about 23-metre) waterfall that cascades down a sheer rock face into a small pool. Upon arrival, you can soak, swim and snorkel at this iconic, breath-taking location, and relax with cold refreshments.

Beachfront Restaurant, Lunch, Kingston, Boat-Ride, Bequia, Port Elisabeth

Leaving the waterfalls, re-board your minibus and proceed for a buffet lunch at the *Beachfront* restaurant. After lunch drive back to port in Kingstown and board the ferry for the 50-minute transfer back to Bequia. Upon arrival, you are dropped off at Port Elizabeth. Located only a minute from the port, this classic Caribbean town is filled with colourful sailboats, schooners and visiting yachts, and the main shopping district in Bequia. You can browse the shops here for handicrafts, souvenirs, food and beverages, then commence the short walk back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 528 yards (about 483 metres), at times over uneven and sandy surfaces, with a few steps to negotiate to embark/disembark the boat and manoeuvre in/out of the boat. Walking at Port Elizabeth is at the discretion of each guest. This tour is recommended for guests that are in good physical condition, and can swim in water too deep too stand. This tour is not suitable for pregnant guests, guest with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone to seasickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach or water shoes, and bring sun protection and a towel from the ship. Waterproof cameras are highly recommended. Guests must be at least 21 years old to be served alcoholic beverages. Guests may not snorkel if they have consumed alcohol. Although frequently encountered on this type of tour, fish and marine life sightings are not guaranteed. A signed waiver is required to participate on this tour. Operation of this tour is subject to weather conditions.

BEQ-I / SCUBA DIVE (1 TANK)

DIFFICULTY



Price:\$119; Duration:2.00 hrs



Swim along schools of colorful Caribbean fish and sea turtles in this unique 1-tank scuba dive experience with refreshments included.

After a refreshing 10 minute's walk along Bequia's stunning blue coastline, you'll arrive at Bequia's main Dive Centre. Here, you'll get kitted up before descending into the stunning turquoise waters off Bequia's coast to explore colourful marine life, beautiful reefs, schools of Frogfish, Porceline and Goldentail Morays. This tour is a dream scuba diving experience suitable for certified divers only.

Please note: This tour is for certified divers only and requires an extensive amount of activity and is for guests in good physical condition. You must present your certification card to participate and complete a required liability waiver. You may wish to bring your own mask and snorkel. The actual dive site will be determined by the captain/dive master based on weather and sea conditions. The dive profile will be determined by the dive master. Participants should wear a swimsuit under a cover-up, sun protection and bring a towel from the ship. All equipment is provided. This is a 1 tank dive.

Silver Shore "Privato"

Explore the surrounding at your leisure during your private tour. Customize your own itinerary or choose to see and overview of the area's highlights. Please note: This tour is non-refundable if cancelled within 48 hours prior to arrival in the port. Actual vehicle type varies depending on availability. Guide is English-speaking. The price, exclusive of meals, entrance fees and gratuities, is per vehicle. Therefore, when making your reservation, please indicate the number of vehicles, not the number of guests. Only one person in the party needs to reserve this program. Please see the Shore Concierge Office on board the ship to arrange your individual itinerary

BEQ-L / BEQUIA HIGHLIGHTS BY PRIVATE JEEP

DIFFICULTY



Price:\$789 ; Duration:4.00 hrs ; Capacity:6



Explore the paradise island of Bequia on this half day adventure onboard your private open-top safari jeep and with personal driver/guide. Lunch and refreshments are included.

Be charmed by the island of Bequia, its stunningly blue shorelines and vibrant culture.

The journey begins onboard an open top safari jeep, bound for Hamilton Fort, an 18th century landmark located on a stunning hilltop. Here explore the ruins of old battle sites & learn about the historical events which shaped modern day Bequia. Next, proceed to Bequia's Turtle Sanctuary, a small enclosure filled with protected sea turtles and baby hatchlings alike. Here, Brother King, famed owner of the Sanctuary will be pre-booked to give guests a personalized tour of the grounds.

After visit Mount Pleasant, the highest accessible point on the island, only accessible by a steep, mountainous road, where you will be able to enjoy panoramic views of neighboring islands while learning about the culture and history of Mount Pleasant, which is mainly inhabited by Irish descendants who emigrated to Bequia in the late 1920's - It's a story which makes Bequia what it is today.

Continue onwards heading down to Lower Bay for lunch where a delicious range of chicken, turkey and fish options will be served. It's a Caribbean feast for the senses.

After lunch head to Port Elizabeth, a bustling Caribbean town located next to the port, where you'll be able to shop for local souvenirs prior to returning to the ship.

Please note: this tour involves a minimum amount of walking for approximately 500 feet (150m) and it is suitable for guests with limited mobility. Venues visited on this tour are suitable for wheelchair users and transportation with ramps can be secured provided that advance notice is given. The price of this tour is for up to 6 guests; only one guest in the party needs to reserve this excursion. Lunch is included.

March 13 2019, Wednesday

St. John's - Antigua and Barbuda

ANU-001 / ANTIGUA HIGHLIGHTS (FOR LIMITED MOBILITY GUESTS)

DIFFICULTY



Price:\$99; Duration:3.50 hrs



Explore the colourful history and scenic splendour of Antigua during this half-day sightseeing excursion that's ideally-suited for guests with special needs.

Antiguan Countryside Drive and English Harbour

Depart the pier for the approximately 30 minutes drive along the west coast to Nelson's Dockyard. En route, travel through Antigua's lush countryside, which is rich in the daily West Indian life, local villages and old churches that exemplify the island's West Indian culture. From here, take in a magnificent view of Falmouth Harbour before arriving at English Harbour, and a visit to Nelson's Dockyard.

Nelson's Dockyard

Built in 1725, Nelson's Dockyard served as the base for the English naval squadron patrolling the West Indies. Upon arrival at this historic park, the world's only working Georgian dockyard, take a guided walking tour. Along the way, see the dockyard's beautifully restored buildings, detailed plaques and many points of interest, and enjoy a complimentary rum or fruit punch. Afterward, some free time is made available to explore the dockyard, museum, art gallery, gift shop, and boutiques at your leisure.

Dow's Hill Interpretation Centre, Shirley Heights Lookout, Rainforest and Beaches

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Following your visit, re-board your van and continue on to the Dow's Hill Interpretation Centre at Shirley Heights. Here, view a short, fascinating multimedia presentation that traces the island's history from prehistoric times to the present day. Your next stop is the former signal station, Shirley Heights Lookout, which offers a spectacular view overlooking Nelson's Dockyard and English Harbour. After re-boarding your van, pass through Fig Tree Drive, Antigua's lush rainforest area along the south coast, and see Antigua's Canopy zip lines in front of you. From here, commence the drive back to the ship via the island's west coast, passing some of its renowned '365' beaches and local villages en route.

Please note: This tour involves a minimal amount of walking. This tour is specially designed for guests with limited mobility and guests who utilise a wheelchair or a scooter. The driver/guide and his assistant will place non-collapsible wheelchairs into the rear of the vehicle, and bring them out at each sightseeing stop, however guides are not allowed to push wheelchairs. Walking at Nelson's Dockyard is at the discretion of each guest. Lightweight, comfortable clothing with flat, closed-toe walking shoes and sun protection are recommended. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

ANU-A / PARADISE REEF SAIL, SNORKEL & BEACH

DIFFICULTY



Price:\$59; Duration:3.00 hrs

Discover some of the finest snorkelling and beaches in Antigua during this picturesque, half-day catamaran excursion.

Catamaran-Ride to Paradise Reef

Join your guide for the short walk to your awaiting, sleek catamaran. Upon embarkation, begin your exhilarating sail along the coast to Paradise Reef. Located just off the northwest coast of Antigua, Paradise Reef is one of Antigua's best snorkelling locales. En route, see Fort James, Runaway Bay, Dickenson Bay, Prickly Pear Island, secluded beaches, 5-star hotels, and exclusive homes.

Swimming and Snorkelling

Upon arrival at Paradise Reef, receive your snorkelling instructions, don your mask, fins and buoyancy belt, and begin your guided snorkelling session. Along the way, explore a wide array of colourful coral, parrotfish, damselfish, grunts, and angelfish, among many others. Alternatively, you may simply opt to take a swim or relax in this idyllic location on board the boat. Either way, the time is yours to enjoy the splendid scenery.

Beach Visit, and Southwest Antiguan Coastline and Beaches

Following the snorkelling portion of your tour, refreshments are served from the open bar on board the catamaran during the ride to one of Antigua's idyllic beaches. Here, you can take a swim, walk the beach or simply relax. At the conclusion of your visit, embark the boat and commence the short ride back to the pier. En route, see the southwest Antiguan coastline and beaches as you plie the crystal-clear Caribbean waters and soak up the warm, tropical sun.

Please note: This tour involves a moderate amount of walking for approximately 200 yards (about 183 metres), with a few steps to negotiate to embark/disembark the catamaran. This tour is recommended for guests who are in good physical condition. This tour is not suitable for pregnant guests, guests with back and/or neck problems, guests with heart and/or respiratory problems, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach shoes, and bring sun protection and a towel from the ship. Snorkelling equipment, including safety buoyancy waistband, mask, snorkel and fins, is provided. Professional instruction and supervision by PADI-trained guides is included. Guests must be at least 21 years old to be served alcoholic beverages. Operation of this tour is subject to weather conditions.

ANU-B / AMAZING ANTIGUA

DIFFICULTY



Price:\$49; Duration:3.00 hrs

Explore Antigua's amazing coast and lush interior during this picturesque, half-day sightseeing excursion.

Scenic Countryside Drive

Depart the pier with your guide for the scenic, approximate 40-minutes narrated drive through the tropical Antiguan countryside. En route, observe the daily West Indian lifestyle whilst passing by local villages with old churches, and take in magnificent vistas of Falmouth Harbour, English Harbour and Nelson's Dockyard.

Nelson's Dockyard

Your first stop is Nelson's Dockyard. Built in 1725, it served as the base for the English naval squadron patrolling the West Indies. As you enter this historic park, the world's only working Georgian dockyard, receive a complimentary bottle of water and take a short, informative walking tour. Along the way, see the dockyard's beautifully restored buildings, detailed plaques and many points of interest. Afterward, some free time is made available to explore the dockyard, museum, art gallery, gift shop, and boutiques at your leisure.

Blockhouse Ruins and Shirley Heights

Next, continue on to the Blockhouse Ruins at Shirley Heights. Here, view the remains of the officer's barracks, gun platforms, cisterns and powder magazine, and take in spectacular panoramic views overlooking the Atlantic Ocean. A stop is made at the former signal station, Shirley Heights Lookout, which also offers commanding views of the Atlantic Ocean, Nelson's Dockyard and English Harbour. Following your visit, re-board your coach and commence the approximately 40-minute drive through countryside villages and rolling hills before arriving back at the pier.

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Please note: This tour involves a minimal amount of walking for approximately 400 yards (365 meters), at times over uneven and cobblestone surfaces, with a few steps to negotiate to get on/off the coach. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Whisper Radio Guide listening devices are provided. Lightweight, comfortable clothing with flat, closed-toe walking shoes and sun protection are recommended. The tour sequence may vary.

ANU-C / ANTIGUA BY LAND & SEA

DIFFICULTY



 Price:\$129; Duration:6.00 hrs
 

Embrace the scenic splendour of Antigua by land and sea during this full-day sightseeing excursion via coach and catamaran.

Scenic Countryside Drive

Depart the pier with your guided for the scenic, approximately 40-minute narrated drive through the tropical Antiguan countryside. En route, observe the daily West Indian lifestyle whilst passing by local villages with old churches, and take in magnificent vistas of rolling hills, Falmouth Harbour, English Harbour and Nelson's Dockyard.

Nelson's Dockyard

Your first stop is at Nelson's Dockyard. Built in 1725, it served as the base for the English naval squadron patrolling the West Indies. As you enter this historic park, the world's only working Georgian dockyard, receive a complimentary bottle of water and take a short, informative walking tour. Along the way, see the dockyard's beautifully restored buildings, detailed plaques and many points of interest. Afterward, some free time is made available to explore the dockyard, museum, art gallery, gift shop, and boutiques at your leisure.

Blockhouse Ruins and Shirley Heights

Next, drive to the Blockhouse Ruins at Shirley Heights. Here, view the remains of the Officer's barracks, gun platforms, cisterns and powder magazine, and take in spectacular panoramic views overlooking the Atlantic Ocean. A stop is made at the former signal station, Shirley Heights Lookout, which also offers commanding views of the Atlantic Ocean, Nelson's Dockyard and English Harbour.

Rainforest, Catamaran Ride and Lunch

After re-boarding your coach, continue on through Fig Tree Drive, Antigua's lush rainforest area along the south coast, then embark a sleek sailing catamaran for a picturesque ride along the exquisite Antiguan coastline. Your route sails along the southwest coast, from Jolly Harbour to St John's. Along the way, see secluded beaches, five-star hotels, exclusive homes, and stop for a swim in Antigua's blue waters. A Caribbean-style lunch with open bar is served on board during the ride back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 1500 yards (about 1.2 Km), at times over uneven and cobblestone surfaces, with a few steps to negotiate to get on/off the coach and embark/disembark the catamaran. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Swimsuit under a cover up with flat, closed-toe walking shoes and sun protection are recommended. Bring a towel from the ship. Guests must be at least 21 years old to consume alcoholic beverages. The tour sequence may vary.

ANU-D / ZIPLINE ADVENTURE

DIFFICULTY



 Price:\$99; Duration:3.50 hrs

Explore the picturesque Antiguan Rainforest in an exciting new way during this half-day zip-line excursion.

Antiguan Rainforest

Depart the pier for the scenic, approximately 35-40-minute drive to the Antiguan Rainforest. Upon arrival at the zip-line location, receive your safety briefing and zip-line instructions, and be outfitted with your zip-line equipment.

Zip-Line Canopy Tour

After a welcome local drink, begin your exhilarating zip-line tour. The Antigua Canopy Tour is a unique, award-winning eco-adventure through Antigua's lush rainforest, where you embark on an unforgettable, 18-element journey through the verdant forest, high above the trees. The excitement starts at the Old Pump House. From the side of the building, walk over a suspension bridge spanning the gorge to the far bank. Once across the bridge, there is a 12-zip-line journey through the forest via aerial zips that criss-cross the gorge.

The geography of the gorge dictates that you are above the treetops for large parts of the run, and enter a corridor in the foliage at either end. In total, there are a series of 12 zip lines from 52 feet (15.8 metres) to 328 feet (100 metres) in length, three aerial walkways, a tree house and two suspension bridges. Your route offers a bird's-eye view of the flora and fauna in the rainforest, the sounds of the numerous bird species that inhabit this area, and a gorge filled with exotic plants and large fruit trees, prominent boulders, a rock pool, and vines, mosses and lichen. Complimentary water on the course and a certificate of bravery upon completion of the tour are provided. Your tour concludes with an approximately 35-minute drive back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 600 yards (about 550 metres) and an extensive amount of activity, with a few steps to negotiate to get on/off the coach and at each zip-line platform. This tour is not suitable for pregnant women,

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guests with heart, back, knee, shoulder, or other existing health problems, guests with limited mobility and guests who utilise a wheelchair. Guests must weigh less than 235 pounds (106.5 kilograms) and stand more than four feet (1.2 metres) tall to participate on this tour. Guests are advised to wear lightweight, comfortable clothing with flat, closed-toe walking shoes, and bring sun protection and an extra shirt from the ship; strapless shoes, sandals and skirts are prohibited. Cameras are not allowed. Safety equipment and water are provided.

ANU-F / HELICOPTER TO MONTSERRAT VOLCANO

DIFFICULTY



 Price:\$399; Duration:1.75 hrs


Experience the island of Montserrat from a unique perspective during this panoramic helicopter flight-seeing excursion.

Helicopter Flight to Montserrat

Depart the pier with your guide for the short drive to the heliport. Upon arrival, board your awaiting helicopter for a truly unique and unforgettable flight-seeing tour of the Montserrat Volcano. During your 45-50-minute, pilot-narrated flight, fly to Montserrat for a tour of its 'Exclusion Zone'. This area covers 30.8 square miles (80 square kilometres) on the south-eastern half of the island, and extends 2.5 miles (four kilometres) offshore along the eastern coast to what is known as the 'Maritime Exclusion Zone'. Since these areas are off-limits to both ground transportation and habitation, a helicopter is the only way to get an up-close look at the Soufriere Hills Volcano.

Soufriere Hills Volcano

During your tour, learn about the volcano's geological origins and history, and view it from safe locations around the island. The volcano rises to 3,000 feet (914 metres) above sea level and frequently emits a combination of ash, smoke and steam. Survey the massive Tar River Gorge and Delta found 1,000 feet (305 metres) below, which has formed as a result of pyroclastic flows. In addition, witness what's left of small villages devastated by past eruptions before touring the charred remains of Plymouth, the country's former capital, now uninhabited and in some places buried under 40 feet (12 metres) of ash.

Helicopter Flight to St. John's

On the seaside, observe the former location of the W.H. Bramble Airport, abandoned after the 1997 eruptions. Portions of this airport, including the runway, were still visible until the partial dome collapse of February 11th, 2010, which buried what was left. Following your visit, return to the heliport with a bird's-eye view of your cruise ship en route, then re-board your coach and commence the short transfer back to the pier.

Please note: This tour involves a minimal amount of walking for approximately 200 yards (about 182 metres), with a few steps to negotiate to get on/off the coach and helicopter. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Lightweight, comfortable clothing with flat, closed-toe walking shoes and sun protection are recommended. Each guest must not exceed 76 inches (193 centimetres) in height to participate on this tour. Each guest must not exceed 230 pounds (104 kilograms) to participate on this tour. The total combined passenger weight must not exceed 1,000 pounds (453.6 kilograms). A signed waiver and valid passport are required to participate on this tour. Actual flying time is approximately 45 to 50 minutes. Space on this tour is very limited; we suggest you book in advance to avoid disappointment. Tour departure times are subject to change at the discretion of the helicopter supplier.

ANU-G / ANTIGUA HORSEBACK RIDE

DIFFICULTY



 Price:\$79; Duration:2.50 hrs

Discover the coastal beauty and history of Antigua in a unique new way during this relaxing, excursion via horseback.

Horseback Ride and Fort James

Depart the pier for the short drive to Fort James Beach. Upon arrival, receive your briefing and be assigned a horse according to your riding ability and size. Your guides then lead you on a ride paralleling the beach en route to historic Fort James. Built in the 18th century, the fort still has its full complement of cannons in place, and offers panoramic vistas of St. John's Harbour, your ship and the lovely Antiguan coastline.

Runaway Beach and Swimming

Next, begin the return ride along the Caribbean white-sand beaches towards Runaway Beach, fringed with coconut trees and the crystal-clear Caribbean Sea. Refreshing mineral water is served whilst your guide unsaddles your horse and prepares for you to take your horse into the Caribbean Sea for a swim.

At the conclusion of your excursion, you can shower and relax with cold refreshing drink. Your tour concludes with a short drive back to the pier.

Please note: This tour involves a minimal amount of walking for approximately 200 yards (about 182 metres) and a moderate amount of activity, with a few steps to negotiate to get on/off the bus. This tour is not suitable for pregnant guests, guests with neck or back problems, guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with flat, closed-toe shoes, and bring sun protection and a towel from the ship; safety helmets and buoyancy belts are required. Guests must weigh less than 250 pounds (113 kilograms) to participate on this tour. Guests must be at least six years old to participate on this tour; children must be accompanied by an adult. A signed waiver is required to participate on this tour. Space on this tour is limited; we suggest you book well in advance to avoid disappointment.

ANU-H / SEGWAY FORT CONQUERORS

DIFFICULTY



Price:\$119; Duration:3.00 hrs



Explore the history of Antigua in a unique new way during this fun-filled, half-day excursion via Segway.

Fort James Beach and Fortress

Depart the pier for the short transfer to nearby Fort James Beach. Upon arrival, receive your safety, orientation and riding instructions, then begin your guided Segway tour. Your first stop is historic Fort James, built by the British in the 18th century to protect against French invasion. Conquer the trail leading to this most impressive defensive structure, built with full Masonic honours. As you pass through the large wooden gates of Fort James, a spectacular vista of the Caribbean Sea awaits.

Island Sights and Beach Break

Afterward, cruise by white-sand beaches, parks, scores of fruit trees, miles of beach, and St. John's Harbour whilst your guides impart interesting facts about the area. At the conclusion of the Segway portion of the tour, proceed to one of the island's most popular beach bars and restaurants for delicious refreshments of sugar cane, fresh fruit and cool drinks, along with breath-taking views of your surroundings. Some free time is then made available to sunbathe, stroll along the beach, swim in the crystal-clear waters or simply relax. At the conclusion of your visit, re-board your coach for the short transfer back to the pier.

Please note: This tour involves a minimal amount of walking for approximately 200 yards (about 182 metres) and a moderate amount of activity, with a few steps to negotiate to get on/off the coach. This tour is not suitable for children under 10 years, guests with limited mobility and guests who utilise a wheelchair. Guests must weigh less than 250 pounds (113 kilograms) to participate on this tour and must be at least 4 feet tall. Guests are advised to wear a swimsuit under a cover-up with flat, closed-toe walking shoes, and bring sun protection and a towel from the ship; safety helmets must be worn whilst riding the Segway. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

ANU-I / REEF RIDERS ADVENTURE

DIFFICULTY



Price:\$219; Duration:3.00 hrs



Explore the spectacular undersea beauty of Antigua in a fun-filled and exciting new way during this invigorating, half-day excursion via Reef Rider.

Antiguan Countryside Drive and Jolly Harbour

Depart the pier for the short drive along the West Coast en route to Jolly Harbour. Travel through Antigua's lush countryside, which is rich in the daily West Indian life, local villages and old churches that exemplify the island's West Indian culture. Upon arrival at Jolly Harbour, receive your safety and tour instructions, and acquaint yourself with the operation of your inflatable, two-seat, Reef Rider boat.

West Coast, Bays and Reefs, and Cades Reef Swimming and Snorkelling

Next, begin your adventure with a ride along the west coast, in-and-out of bays and around reefs before arriving at Cades Reef, Antigua's premier snorkelling locale. After receiving your snorkelling instructions, don your mask, fins and buoyancy belt, then begin your guided snorkelling session. Along the way, explore a wide array of colourful coral, parrotfish, damselfish, grunts, and angelfish, among many others. Alternatively, you may simply opt to take a swim or relax in this idyllic location on board the boat. Either way, the time is yours to enjoy the splendid scenery.

Southwest Antiguan Coastline and Beaches, and Jolly Harbour

Following your visit to Cades Reef, begin the return ride to Jolly Harbour. En route, see dozens of beaches and the southwest coastline as you ride the crystal-clear Caribbean waters and soak up the warm, tropical sun. Upon arrival at Jolly Harbour, re-board your mini-bus and commence the short drive back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 200 yards (about 183 metres), with a few steps to negotiate to get on/off the coach and embark/disembark the Reef Rider. This tour is recommended for guests who are in good physical condition. This tour is not suitable for pregnant guests, guests with back and/or neck problems, guests with heart and/or respiratory problems, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach shoes, and bring sun protection and a towel from the ship. This tour is sold per boat (Reef Rider), and each boat accommodates up to two guests. Therefore, if two guests share a Reef Rider, they need to book only one ticket. The combined weight per Reef Rider must not exceed 400 pounds (about 181 kilograms). Snorkelling equipment, including safety buoyancy waistband, mask, snorkel and fins, is provided. Professional instruction and supervision by PADI-trained guides is included. Guests must be at least 18 years old to drive the Reef Riders. A signed waiver is required to participate on this tour. Operation of this tour is subject to weather conditions. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

ANU-L / EXCLUSIVE BEACH RETREAT AT CURTAIN BLUFF RESORT

DIFFICULTY



Price:\$499; Duration:6.00 hrs



Indulge your senses in the lap of luxury during this full-day, all-inclusive beach excursion to the 5-star Curtain Bluff Resort.

Antiguan Countryside and Curtain Bluff Resort

Depart the pier for the scenic, approximately 40-minute drive through the lush Antiguan countryside en route to the elegant Curtain Bluff Resort, named the '#1 Best Resort in Antigua', '#4 Best Resort in the Caribbean' and one of the 'Top 100 Resorts of the World' by *Conde Nast* magazine, '#2 Best Resort in the Caribbean' and '#63 Best Resort in the World' by *Travel & Leisure* magazine, and 'Top 10 Best Resorts for Romance in the Caribbean' by *TripAdvisor.com*.

Tropical Gardens, White-Sand Beach and Caribbean Sea

This intimate Caribbean hideaway is nestled amidst approximately ten acres of beautiful tropical gardens, and features a beautiful, white-sand beach on the crystal-clear Caribbean Sea. Resort amenities at your disposal include a sun chair, umbrella, towel, inviting swimming pool, refreshing drinks, tennis, and non-motorised water sports (including windsurfing, snorkelling and kayaking). Optional spa services are also available at your own expense.

Resort Amenities and Gourmet Lunch

During your visit, you can recline in the shade of a palm tree, bask in the warm, tropical sunshine by the resort's shimmering pool, take a leisurely stroll along the white-sand beach, participate in an invigorating game of tennis, and swim, windsurf, snorkel and/or kayak in the warm, inviting waters of the Caribbean Sea. Refreshing drinks and a complimentary gourmet lunch at the resort's lovely beachside restaurant are also included. At the conclusion of your visit, re-board your coach and commence the approximately 40-minute drive back to the pier.

Please note: This tour involves a minimal amount of walking for approximately 100 yards (about 91 metres), at times over hills and inclines, with a few steps to negotiate to get on/off the coach. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach shoes, and bring sun protection from the ship. Guests must be at least 21 years old to be served alcoholic beverages. Tennis reservations must be made on the previous day, and are subject to availability. Optional spa facilities are available at the expense of each guest, and not included in the price of this tour. Operation of this tour is subject to weather conditions. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

ANU-M / SWIM WITH STINGRAYS

DIFFICULTY



Price:\$89; Duration:3.00 hrs

Experience a unique opportunity to get up-close and personal with the stingrays of Antigua during this unforgettable, half-day excursion to Stingray City.

Antiguan Countryside Drive, Seatons and Stingray City

Depart the pier for a 30 minute drive to Seatons. En route, travel through Antigua's lush countryside, which is rich in the daily West Indian life, local villages and old churches that exemplify the island's West Indian culture. Upon arrival at Seatons, proceed to Stingray City, and enjoy the company of their monkeys and parrots.

Speedboat Ride and Swimming, Snorkelling and Feeding Stingrays

Next, embark a speedboat for the short ride to a white-sand bottom area surrounded by a beautiful coral reef in the Caribbean Sea. Here, you can stand up, swim and snorkel with, touch, feed, and take pictures with the friendly and gentle stingrays. The rays are wild and not penned in any way, so you have a chance to interact with trues wild creatures in their natural environment Following this unforgettable encounter, embark the speedboat for the short ride back to the land base.

Stingray City, Refreshments and Gift Shop

Upon arrival, rinse off the seawater with a shower on a coconut tree under the bright Caribbean sun. Afterward, relax with a complimentary rum or fruit punch, and browse the gift shop. At the conclusion of your visit, re-board your coach and commence the short drive back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 200 yards (about 183 metres), with a few steps to negotiate to get on/off the coach and embark/disembark the speedboat. This tour is recommended for guests who are in good physical condition. This tour is not suitable for pregnant guests, guests with back and/or neck problems, guests with heart and/or respiratory problems, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach shoes, and bring sun protection and a towel from the ship. Snorkelling equipment is provided. Guests must be at least 21 years old to be served alcoholic beverages. Operation of this tour is subject to weather conditions.

ANU-O / GOLF AT CEDAR VALLEY

DIFFICULTY



Price:\$139; Duration:5.50 hrs



For the golf enthusiast, enjoy a day of play in Antigua at the Cedar Valley Golf course.

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The Cedar Valley Golf course was designed and built by Ralph Aldridge with 9 holes in 1970. The completely constructed 18-hole course was opened to the public in 1977, as Antigua's only course. This beautiful par 70, 6,157 yard course will have you playing among tropical trees and Caribbean Sea vistas. This island course features a hilly terrain with wide, tree-lined fairways that are well bunkered. The greens range from flat to undulating, and there are some that are even triple-tiered. Cedar Valley's signature hole is the par-4 12th hole, which is known for its breathtaking views of St. John's and the Atlantic Ocean.

Depart the pier by van for the approximate 10-minute drive to the course. Upon arrival, check-in with the pro shop and pay directly for any rental equipment or merchandise. Head out to the range or to the first tee and begin a challenging round of Caribbean golf.

Upon completion of your round, check in at the pro shop and your transportation will be immediately summoned, to return you to the ship.

Please note: This tour involves moderate activity and is suitable for guests with limited mobility, but is not wheelchair accessible. Price includes green fees, a shared golf cart and return transportation. Club rental is available at US\$30.00 per set; Club rental is not part of the golf package and the price is subject to change at anytime. Should guests wish to rent clubs, the fee is payable at the golf course only. This tour is unguided and does not include any meals or refreshments. Shoe rental is not available but training/gym shoes can be worn.

ANU-P / SHAKA BUGGY TOUR

DIFFICULTY



Price: \$209; Duration: 3.00 hrs



Take off in an intimate group of maximum 5 buggies with a friendly and informative guide, who will be lead driver and feel like a true explorer in one of our 2-seat off-road Shaka Buggies.

After a short walk from the pier your friendly and knowledgeable Guide will welcome you. After your orientation it's time to take the wheel and heading across the island, you'll visit Antigua's best scenic spots and sights. The customized 4-wheel drive route starts in St John's and heads out of town, through dirt tracks through the rural areas to beautiful Body Ponds, a series of ponds as you'll blaze through the trails of Antigua's one and only tropical rainforest to Fig Tree Drive. Fresh breezes, sounds of the birds chirping and stunning views of lush green gardens, all in peaceful tranquility--you've never taken a buggy tour like this!

Continuing on, your next stop will be at a picturesque and an unspoilt Antiguan beach on the south-west coast. Here you we will have a short stop for a drink while relaxing by the edge of this great beach. Choose to laze or swim, and soak up the sunshine before your adventure winds to an end.

On the way back, the scenery will continue to amaze you as you journey slowly through Fig Tree Drive towards St John's.

Please Note: 4WD excursion is not for children under seven and drivers must be 25 years or older. This tour is sold per buggy, and each buggy accommodates up to two guests. Therefore, if two guests share a buggy, they need to book only one ticket. Maximum combined weight of guests per 2 seater-Shaka Buggy is 450lbs. Actual drive time is approximately 90 minutes. We recommend you wear comfortable clothing including a swimsuit, and bring along sunglasses, sunblock and a towel as well as your valid driver's license. Itinerary and beach location can change due to weather/sea conditions.

ANU-Q / BEACH RETREAT AT BLUE WATERS RESORT

DIFFICULTY



Price: \$299; Duration: 6.00 hrs



Relax and unwind on the beautiful, sun-drenched Caribbean island of Antigua during this full-day, all-inclusive beach excursion to the Blue Waters Resort.

St. John's, Antiguan Countryside, Blue Waters Resort & Spa

Depart the pier with your guide for the short drive through the fascinating Antiguan countryside en route to the Blue Waters Resort & Spa, an intimate Caribbean hideaway set amidst beautiful tropical gardens. Blue Waters is wrapped around Soldier's Bay, ensuring that its three beaches are virtually private. In fact, its beaches are so secluded, they make you feel like you are on your own private island.

Secluded, Family-Friendly and Beachfront Pools, Sun Chairs with Umbrellas

Upon arrival, there are several options from which to choose during your self-guided visit. Relax and unwind at an exclusive, picturesque and secluded adults-only pool set back from the beach, family-friendly pools located by Veronica's Bar or a beachfront pool offering stunning views of the Caribbean Sea.

White-Sand Beach, Caribbean Sea, Swimming, Water Sports, Lunch at the Beachfront Restaurant

During your visit, you can also take a stroll along the white-sand beach, swim in the clear, inviting waters of the Caribbean Sea, lounge by the swimming pool or on the beach, take souvenir photographs, partake in non-motorised water sports, and savour your leisurely day in Antigua. Your beach retreat includes sun chairs, umbrellas, an open bar and lunch at the resort's beachfront restaurant. At the conclusion of your visit, re-board your coach and commence the short drive back to the pier.

Please note: This tour involves a minimal amount of walking for approximately 109 yards (about 100 metres), at times over uneven and sandy surfaces, with a few steps to negotiate to get on/off the coach. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach shoes, and bring sun protection, a towel, and cash or credit cards for additional purchases from the ship. Guests must be at least 16 years old to participate on this tour. Guests must be at least 21 years

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old to be served alcoholic beverages. Operation of this tour is subject to weather conditions. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

March 14 2019, Thursday

Gustavia, St Barthelemy - Guadeloupe, French West Indies

SBH-A / SNORKEL ODYSSEY

DIFFICULTY



Price:\$119; Duration:2.00 hrs

Board your catamaran at the pier and depart for the snorkelling destination. For your comfort, the catamaran offers plenty of shade. On the way the crew distributes snorkelling equipment. Once you arrive at the snorkelling site, the captain or crew provides instruction and guidelines, after which you may jump in the water to enjoy approximately one hour exploring the fascinating underwater marine life. Two crew members are available to provide assistance.

The azure waters surrounding St. Barts provide the perfect environment for a variety of exquisitely coloured fish and corals. Coral reefs act as home and nursery for almost a million fish and other species, and are host to some of the Earth's most diverse living ecosystems.

Back on board the catamaran, enjoy a snack and refreshment before your return to the pier.

Please note: Swimsuits should be worn under beach-type clothing. Please remember to bring your sunscreen, hat and towel. Although minimal walking is required, guests must be able to manoeuvre in and out of the snorkel boat. Waterproof cameras are highly recommended. Guests may not snorkel if they have consumed alcohol. There are no bathroom facilities onboard the boat. Guests will be asked to remove their shoes prior to boarding. The use of a noodle float or a lifejacket while in the water is mandatory.

SBH-D / SCUBA ST. BARTS (1 TANK)

DIFFICULTY



Price:\$159; Duration:2.00 hrs



Take the plunge and scuba in St. Barths. This little paradise is part of the French West Indies and deserves to be known by divers. In fact, for a number of years, St. Barths has had a Marine Reserve where all forms of fishing are prohibited.

Anchoring on the coral reefs is also prohibited, resulting in a spectacular underwater world. An exceptional variety of sea life flourishes in this part of Caribbean. From the smallest colorful reef fish to bigger predators such as nurse sharks, tarpons, and barracudas, all these fishes are friendly; in St-Barth you dive in total safety. Scuba diving in St Barths is for everybody with numerous dive spots (22 different dives in The Marine Reserve alone) from 20 to 99 feet deep; coral reefs, caves, canyons - all in 82/84°F crystal clear water.

Whether you are planning to make your first Caribbean dive or are an experienced diver, St. Barths is an ideal location for diving. The island is situated on a coral plate and the maximum depth available is approximately 90 feet. The dive spots are no more than 5 to 20 minutes from the harbour of Gustavia. There are reefs, caves, canyons and wrecks in the area. Sea turtles, rays, eels, tarpon fish, and baby nurse sharks are very common. The coral is colorful and everything in the water is friendly. In the winter there are whales that you may hear singing. In the summer you may occasionally see dolphins.

Depart the pier in your catamaran and head out to the chosen dive site for the day (selected based on water conditions and experience level of divers on board). On the way to the dive site, you are provided with all your equipment and a thorough pre-dive Briefing. Upon arrival at the site, make your giant stride into the crystal clear waters and meet the friendly marine life that flourishes beneath the surface. Upon completion of the dive, re-board the boat and make the trip back to the tender pier.

Please note: This tour is for certified divers only and requires an extensive amount of activity and is for guests in good physical condition and able to successfully complete a PADI medical questionnaire and liability release. Guests must have been diving within the last year; please bring your dive log. You must present your certification card to participate and be able to complete a required medical questionnaire and liability waiver. You may wish to bring your own mask and snorkel. The actual dive site will be determined by the captain/dive master based on weather and sea conditions. The dive profile will be determined by the dive master. Certified divers who have not dived in 2 years will not be able to participate in this programme. Participants should wear a swimsuit under a cover-up, sun protection and bring a towel from the ship. This is a 1 tank dive. This tour might not be exclusive to Silversea guests and departure time is subject to change. For 2 tank dive please contact shoreconcierge@silversea.com or see the Shore Concierge Desk team onboard.

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SBH-E / PANORAMIC ST. BARTS

DIFFICULTY



Price:\$49; Duration:1.00 hrs



Enjoy a panoramic ride around this tiny island and discover the many hidden beauties for which St. Barts has become famous. Minibus 'taxis' with drivers who speak varying degrees of English with a heavy French-West-Indian accent, take you on a drive through St. Barts. The first stop, at Le Col de la Tourmente, overlooks the most popular beach, St. Jean Beach and the island's airport. The taxis then follow take the road to Salines (salt ponds), an industrial area of the island. At one time St. Barts exported salt all over the Caribbean.

After Salines, your driver will go through Petite Salines, the only place on the island where you cannot see the ocean, and continue to Grand Fond. The view is breathtaking, with the road overlooking the green valley and the raging ocean breaking on the shoreline. It is very windy, and the landscape is very different from the rest of the island. Only a few years ago, Grand Fond was the cattle center for St. Barts, home not only to many cows, but also goats and sheep.

Continue on the road along the coast to see the house that belonged to the famous Russian dancer, Rudolf Nureyev. It is located right on the rocks facing the ocean. Pass Petit-Cul de Sac (small salt pond) and Grand Cul de Sac with its large lagoon and many hotels and resorts. It is here that the 24-hour windsurf regatta is held in August each year. Continue to Marigot, famous for its wine shop, La Cave, that has in stock over 300,000 bottles of wine, ranging from the cheapest to the most rare and expensive. Then continue to L'Orient and its two flower-filled cemeteries.

Passing La Vigie and Coupe Gorge, your vehicles return to the St. Jean area before taking the road to Corossol, once famous for its women who wore traditional white bonnets and were known for weaving straw hats and baskets. Please note that this does not exist anymore, despite what is written in the guidebooks. After climbing the last hill, your taxi returns to Gustavia. Depending on traffic conditions, the taxis will either stop in the parking lot next to the pier or in town at the main taxi station.

Please note: This tour involves a minimum amount of walking; however, guests must be able to climb in and out of a minibus taxi. This is not a guided tour; it is an orientation drive of the island. Your driver may speak only rudimentary English. The cost of this tour is based upon 6 guests in each van as opposed to 8 as standard for other cruise lines. The cost of this tour reflects the lower occupancy of the vehicles.

SBH-G / ATV ADVENTURE

DIFFICULTY



Price:\$179; Duration:2.00 hrs



After tendering ashore, a short taxi ride will take you to meet your instructor. Receive your safety instructions and itinerary briefing. After being fitted with your mandatory helmet, board your ATV and follow the guide - in an organized convoy - north along the leeward coast travelling on the island's main road (no off-road riding included in this tour).

Continue to St. Jean via the famous Col de la Tourente and head up Morne Tourterelle, overlooking the Salines beach area. En route, your guide explains about the areas salt ponds and the island's salt industry, which served as St. Barts primary industry until the mid-1950's.

Proceed along the windward side of the island, savouring the dramatic views of Grand Fond, dominated by the Atlantic Ocean and 938-foot (280-metre)-high Morne Vitet. In Toiny, leave the main road and take the narrow path to Petit Cul de Sac Beach.

A steep climb brings you to the villages of Mariot and Lorient with magnificent panoramas of the countryside.

The ATV tour will end in town, from here take a leisurely stroll around the the harbour to return to the ship, alternatively continue your exploration with a walk to Shell Beach, or go for some shopping.

Please note: This tour involves a moderate amount of activity and is for guests in good physical condition only. There are inherent risks associated with participating in this tour. It is not suitable for pregnant women, guests with heart or respiratory conditions, leg, knee, neck, back problems, or limited mobility, or those who utilise a wheelchair. Guests will be evaluated prior to participation, by the tour leader; if determined not to be in acceptable physical condition to safely operate and maintain control of the ATV on the surfaces you will be encountering, participation will be denied and a 50% fee will be charged. This tour requires the completion of an acknowledgement that a safety briefing has been provided prior to departing on the ATV. Participation will be denied to anyone who does not sign the acknowledgement. This tour is priced per ATV, two guests per vehicle. Only one person in your party need reserve the vehicle and charges may be split between suites on board. When requesting this tour online, please indicate the number of vehicles desired and not the number of guests participating. Maximum weight per ATV is 330 pounds (150 kilograms or 23.5 stone). ATV drivers must bring a valid driver's license and a credit card with their name on for the 2000 Euro deductible in the event of damages to the ATV or property. Minimum age for drivers is 18 year; minimum passenger age is 12 and maximum age to participate is 70 year. Guests are recommended to wear light-weight clothing and must wear flat comfortable closed toe shoes are; flip-flops and sandals are not allowed. At the conclusion of the tour you will be dropped at the far side of the harbour from where a walk of 0.25 miles (410 metres) is required to arrive back to the tender landing point. Taxis are available for those that do not wish to make this walk; please bring cash to pay for these optional taxis.

SBH-H / SEMI-SUB EXPLORATION

DIFFICULTY



Price:\$89; Duration:1.00 hrs

Explore the underwater world surrounding St. Barts from the comfort of a semi-submersible boat. The boat remains on the water's surface, while stairs lead you down into the hull, surrounded with glass viewing windows. Take in the scenes without getting wet on this under-the-sea adventure.

Walk from the pier to the awaiting semi-submersible submarine and gather on the main deck for a safety briefing. Cruising out of the main harbour, remain top-side or descend into the hull of the sub. As you reach the entrance of Gustavia's harbour, you may see some of the many green turtles known to reside in the area. Pass over the wreck of the 50-foot (15-metre) island freighter *Marignan*, sunk during the famous hurricane 'Luis' in 1995. On the way to your next stop, the vessel crosses the south-east edge of the St. Barts Marine Park, where the sea is full of colourful coral reefs, gently 'invaded' by troops of striped 'sergeant major' fish.

Returning to the pier along the same route, you can remain below or if you prefer, cruise on the upper deck and watch the beautiful anchored yachts and shores of St. Barts.

Please note: This tour requires a minimal amount of walking; however, guests must be able to walk a short distance to the sub and negotiate steep stairs to enter and exit the sub's hull. This tour is not suitable for guests who utilise a wheelchair. Operation of this tour is subject to a minimum number of participants and favourable weather and sea conditions; the Captain may amend the itinerary dependent upon weather and currents. Vessel may not be exclusive to *Silversea* guests. A minimum number of guests per guide is required for operation of this tour.

SBH-J / SAILING ST. BARTS

DIFFICULTY



Price:\$159; Duration:3.00 hrs

Discover St. Barts by sea as you sail aboard an island catamaran that whisks you away to a secluded bay on this scenic, relaxing outing.

Walk along the pier to your awaiting catamaran and climb aboard. As you motor out of the harbour, admire the resident mega yachts and the scenic coastline, before raising the sails.

Head towards Pointe de Colombier and its shelter bay and drop anchor upon arrival. Enjoy your time in the bay, the way you wish. You can swim, sunbathe or just relax with a good book under the shade of the bimini. Sip a cool drink as the friendly crew offer water, soft drinks, and rum punch.

At the appointed time, the catamaran re-traces its course back to the harbour in Gustavia.

Please note: This tour requires a minimal amount of activity, however guests wishing to swim from the boat to the beach must be good physical condition. Guests wishing to swim should wear a swimsuit under a cover-up and bring a towel from the ship. Participants should be in good health and a comfortable swimmer to enter the water. Any swimming is unsupervised and at your own risk. Participation is limited. The catamaran anchors in a bay and swimming is from the boat. Operation of this tour is subject to favourable weather and sea conditions. Guests will be required to remove their shoes prior to boarding the vessel.

March 15 2019, Friday

San Juan - Puerto Rico**SJU-F / SAN JUAN CITY TOUR & AIRPORT TRANSFER**

DIFFICULTY



Price:\$99; Duration:3.00 hrs

Enjoy the scenery as you drive through one of the most beautiful old cities in the New World with a short visit to Fort San Cristobal and additional time to explore the city on own before you return home.

New San Juan

See modern San Juan as you drive in air-conditioned comfort through the areas of Isla Verde, Condado, past Fort San Gerónimo and on into Old San Juan, a beautiful city and filming location for big-budget movies starring such luminaries as Will Smith, George Clooney, Johnny Depp and Morgan Freeman.

Fort San Cristobal

Your first stop is for a short visit to Fort San Cristobal, a mainstay of the San Juan fortification system, from which the Spanish successfully defended their city from British and Dutch attacks as well as frequent assaults from various and sundry pirates. Be sure to watch their historical video on the area. In addition, search out the dungeon where there are centuries old graffiti representing images of Spanish galleons drawn on the walls.

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Old San Juan

As you continue your drive through the old city, you'll see the beautiful 17th-century Spanish ironwork on the restored homes and note the blue-black glazed cobblestones that were brought to San Juan as ballast for the Spanish galleons, and were used to surface the narrow streets of the Old City.

In addition, armed with our Map of Old San Juan, you have time to explore some of the many interesting shops, boutiques and art galleries that have made this historic area their home. Following your free time, re-join your coach for the drive to the airport.

Please note: This tour involves moderate walking over cobblestone and uneven surfaces. We suggest guests wear lightweight, comfortable clothing, flat, walking shoes and sun protection. This tour is suitable for guests with flights departing San Juan after 2:00 p.m.