\$SILVERSEATour Programme

Silver Wind 2908 / 7 Days

March-03-2019 / March-10-2019 San Juan, Puerto Rico / Bridgetown, Barbados



Date		Arrive	Depart
3	San Juan, Puerto Rico		7:00 PM
4	Gustavia, St Barthelemy, Guadeloupe, French West Indies	9:00 AM	11:00 PM
5	Charlestown, St Kitts and Nevis	8:00 AM	6:00 PM
6	Roseau, Dominica	8:00 AM	4:00 PM
7	Scarborough, Trinidad and Tobago	12:00 PM	7:00 PM
8	St George's, Grenada	8:00 AM	10:00 PM
9	Castries, St Lucia, West Indies	8:00 AM	10:00 PM
10	Bridgetown, Barbados	8:00 AM	

General Information

ORGANISED SHORE EXCURSIONS

Booking Direct with Silversea gives you peace of mind. Our local tour operators are fully insured and have been comprehensively vetted. In the unlikely event of issues with a Silversea tour, we assume responsibility and the ship will wait for our delayed shore excursion. These are important factors when comparing value. Looking for a special program with your travelling companions? In a nod to our Italian heritage, let us reserve for you our Silver Shore "Privato" service - a private vehicle with driver and/or guide. Create your own itinerary or leave it to us. This service is available in most ports which you can reserve on MySilversea (my.silversea.com) or at the Shore Concierge desk onboard for a truly tailor-made arrangement. Please bear in mind as we traverse many far reaching destinations, the local infrastructure varies and is beyond our control. Road conditions and vehicles available locally may not be up to standards we are accustomed to. Guides and drivers may speak with a heavy accent at times depending on the port of call. Be assured however that at Silversea, we contract only the best tours and best operators available at each destination. Please Note: Silversea reserves the right to make any changes or modify a tour in case of unforeseen circumstances and/or to ensure the safety and comfort of our guests.

BOOKING & CANCELLATION DEADLINES

Shore excursions must be purchased on or before the booking deadline for each port of call. Tours are available on a first-come, first-served basis; some tours are very popular with guests often ending up being wait-listed: in order to avoid disappointment, it is therefore suggested to book in advance via my.silversea.com from 120 days until 48 hours prior to sailing. Last-minute requests to participate on excursions are subject to space availability, which in some cases may not be determined until departure time pier-side. Please note that certain shore excursions may have different reservation deadlines and may incur cancellation fees if cancelled after the deadline. Unless otherwise indicated in the tour description for a particular shore excursion a 100% cancellation fee will be charged for shore excursions cancelled within 48 hours of the scheduled start time. If changes or cancellations are required once onboard, tickets must be returned to the Shore Concierge desk within the cancellation deadline period.

ONLINE ADVANCE RESERVATION OF SHORE EXCURSIONS

For those of you that are not aware, at Silversea you can pre-reserve your excursions at leisure prior to your journey on the internet, log on to MySilversea (my.silversea.com) until 48 hours prior to sailing. If you have pre-reserved your excursions on line, your tickets will be delivered to your suite upon embarkation and all charges will be billed to your shipboard account.

ON BOARD RESERVATIONS

Once on board, you may also reserve and purchase your shore excursions. You will find a consolidated tour booking form in your suite and at the Shore Concierge desk. Select the tours in which you wish to participate, then leave the completed and signed form at the Shore Concierge desk prior to the booking deadline indicated. Tour tickets will be delivered to your suite and your selected excursions charged to your shipboard account. Overland and exclusive excursions must be pre-paid by credit card through your reservation agents. If still available they may also be purchased on board. Shore excursions require a minimum number of participants in order to operate as described. If this minimum number is not met, Silversea reserves the right to offer the programme at a different rate or to cancel the specific departure.

SHORE EXCURSION PRICING

Prices are generally quoted per person, per tour, with the exception of Silver Shore Privato or group-designated excursions. Prices are subject to change without notice. Please visit MySilversea (my.silversea.com) for the most up-to-date information. Discounts for children under 12 years of age are available on some, but not all tours. Prices for children, if available, will be adjusted onboard. Please meet with the Shore Concierge team prior to your excursion to discuss the availability of children's pricing.

ON-TIME TOUR DEPARTURES

As a courtesy to fellow guests, tour departures generally will not be announced unless there is an unforeseen change. Departure times from the ship are published in the ships daily newspaper, the Silversea Chronicle. Guests are kindly requested to proceed ashore at least ten minutes prior to the tour departure time. The Shore Concierge team will be pier-side to direct you to the appropriate transportation. When the ship is at anchor, guests must allow additional time to tender ashore.

Silversea Cruises reserves the right to adjust itineraries and tour departures as local conditions dictate. Please note that pier departure times are also listed in MySilversea (my.silversea.com)

TOUR SUITABILITY

At Silversea we offer a broad range of activities for our guests of all physical capabilities. Some excursions are decidedly only for the physically fit and active guest. Each excursion offered is clearly identified with an activity level to assist you. For your safety and enjoyment and that of your fellow guests, please be certain you're selecting excursions that meet your physical capability. We therefore encourage guests to review the tour description carefully including the PLEASE NOTE section which includes useful information and attend the port talks onboard. If you still have any questions or concerns regarding this, please contact Shore Concierge (shoreconcierge@silversea.com) prior to your cruise or visit the Shore Concierge desk for more detailed information once onboard.

ON LAND SILVER SHORE CONCIERGE SERVICES

Let Silversea Cruises customise a special event or excursion exclusively for you. Expert Shore Excursion professionals are available to assist with knowledgeable suggestions, personalised planning and coordination of all private, independent touring including area highlights, flightseeing, water sports and more. To take advantage of this service, requests should be submitted no later than 30 days prior to sailing and guests must have a deposited or fully paid cruise booking. Strict cancellation policies apply to your confirmed, exclusive programme. When calling or emailing, please have your booking number available. There is a service fee of \$100 per port to secure your arrangements, however this fee will be applied to your confirmed programme in that port. Call +1.800.968.9518 or e-mail: shoreconcierge@silversea.com The Shore Concierge may be contacted by phone, to arrange tailor-made tours, Monday through Friday from 8:30 a.m. to 5:00 p.m. (East Coast time U.S.) You may leave a detailed message when calling outside of these hours. You may also e-mail your request for your personalised programme.

ONBOARD SHORE CONCIERGE TEAM

Whether you wish to participate in an organised shore excursion or bespoke tailor-made tour, Silversea's experienced Shore Concierge team are happy to assist you in ensuring your shore- side experiences are nothing less than a memory that lasts forever.

The Shore Concierge team is available onboard on sea days from 9:00 a.m. to 12:00 noon and from 3:00 p.m. to 7:00 p.m. Office opening hours in port may vary whilst staff is shore-side assisting you on tour. Please refer to the Silversea Chronicle for daily office opening hours. When contemplating a tailor-made program onboard, please contact the Shore Concierge team as early as possible at the beginning of your cruise, as time may be a factor in reaching local contacts. Please be aware that once arrangements have been confirmed, 100% cancellation fee will be applied. Unfortunately, we are unable to change or cancel airline tickets, car rental, hotel or any other reservations you made previously with your travel agent or on your own. In many ports of call there may be a local hospitality representative on board to provide additional information, for two hours after the ship's arrival. In some ports, local information may be found in the tourist information centre ashore.

PORT TALKS

Throughout your cruise we'll be offering Port & Shore Excursion information given by our Shore Concierge Manager and Destination Consultant prior to arrival in each port of call. Our aim is to give you a travel experience that goes beyond the ordinary and many of your questions about our ports of call will be answered in these briefings, giving you more time to enjoy and immerse yourself in each port. The information is presented in the theater or is pre-recorded and played on your in-suite entertainment system.

SILVERSEA SHUTTLE SERVICE

Complimentary transportation may be provided by Silversea when the local town is beyond a reasonable walking distance from the port. This service may not be possible in ports where a strong taxi union exists, preventing Silversea from providing a complimentary shuttle. The availability and schedule for this service will be announced onboard and listed in the Silversea Chronicle. We are not able to advise this in advance. Operationally, intervals between shuttle bus departures could be affected by local traffic. Silversea is not liable for any unforeseen delays. There will be a break in service for driver meal times. Shuttle service is offered during the day only. The shuttle service is designed to augment local transportation; guests requiring more flexibility may prefer not to wait for a shuttle and secure a taxi at their own expense.

CHILDREN ON TOUR

To ensure the safety of our younger guests, participation by children in certain shore excursions may be restricted. To ensure the safety of our younger guests, children up to the age of 8 years old are only permitted to participate in suitable Silver Shore Excursions and the shuttle service, if the vehicles are equipped with the correct safety harness and seating equipment, to accommodate a child. Such harnesses' and secure seating cannot be guaranteed. Alternately guests may use their own approved safety seat, booster seat or harness as long as they are compatible with the local touring vehicle and can properly secure the young guest. Silversea reserves the right to refuse children under the age of 8 years old on any tour on the basis of safety.

GRATUITIES

Gratuities for local guides and drivers are not included in the excursion price. It is customary to tip tour guides and drivers. Such gratuities if extended, should be done so on a voluntary, individual basis.

MOBILE TELEPHONES

As a courtesy to fellow guests, kindly refrain from using mobile telephones while on tour so as not to interfere with the guide's explanation. Most tours make frequent stops, allowing time for guests to use their mobile telephones. We appreciate your understanding in this matter.

SMOKING

For reasons of safety and comfort, smoking is not permitted on any tour vehicles used by Silversea. Your understanding in this matter is appreciated.

VIDEO/PHOTOGRAPHY CHARGES

At some museums, sites and monuments, photography and/or the use of video cameras may not be allowed or may incur a charge. These charges are not included in the tour price and are at guests' own expense.

SHOPPING STOPS

While our organised excursions are not generally geared to the serious shopper, some tours allow for short shopping stops as indicated in the tour description. In the interest of all tour participants, guests should adhere to the allotted time and return to the tour vehicle promptly as advised by the tour guide or ship's escort. Please Note: The selection of shops is generally left to the discretion of the tour operator. Silversea does require that establishments be reputable, of general interest to our quests and offer quality goods. However, all purchases are the responsibility of the individual.

ADDITIONAL TERMS & CONDITIONS

Silversea Cruises Ltd. and its associated or affiliated companies act solely as agents for airlines, motorcoach companies, railroads and other service providers. The provisions in the cruise ticket contract govern Silversea Cruises Ltd.'s responsibility to guests and Silversea Cruises Ltd. shall not be liable in any manner, for any reason, with respect to other services provided. Silversea Cruises Ltd. cannot be held responsible for conditions prevalent ashore at ports of call. Some of these conditions might preclude individuals with disabilities from safe or practical participation in organised shore excursions. Silversea Cruises Ltd. cannot accept responsibility for losses or additional expenses due to delay in rail, plane, vessel or other services, sickness, weather, strikes, war, quarantine or other causes. These tour descriptions are a general overview of the programme and are subject to change. Our local operator reserves the right to substitute other sites if local situations, including holidays, closures, weather, delays, congestion, etc. require. Silversea Cruises Ltd. reserves the right to adjust shore excursion pricing.

INSURANCE

The extent of insurance coverage in foreign countries varies widely and depends on their laws and customs. It is suggested that guests consider short-term health and accident policies from their own insurance company prior to leaving home. Silversea Cruises, Ltd. cannot assume liability for baggage or other personal effects lost or damaged while those items are in the custody of an airline, hotel or other service provider. Baggage is always 'at owner's expense' at all times.

Activity Level and Icon Definition



Minimal Activity

Excursions are easily paced without the need for excessive walking or physical activities. Being able to board motor coaches and negotiate steps can be encountered.



Evening Excursion

The excursion is taking place in the evening.



Moderate Activity

Full participation may include a limited number of steps, uneven surfaces and/or periods of standing.



A meal is included in the excursion.



Extensive Activity



New Excursion

This shore excursion is brand new to Silversea.



Full participation requires being in good physical condition and may involve inclines, steps, uneven surfaces and/or extended periods of standing.



Privato

Silversea Privato excursions include private use of a local driver and car. Please see the Shore Concierge for more information and reservation.



Adventure Tour – Physically fit

Active excursions are recommended only for those guests in good physical health, with considerable amounts of physical activity.



Limited Space Available

Please be aware that there is only limited space available on this tour. Places are delivered on a first come first served basis.



Wheelchair and disabled-friendly tours

Guests in a standard wheelchair must be accompanied by their own helper and be able to board a motor coach, van or boat. Once on tour you will be unattended. We kindly ask you to inform the Shore Concierge staff promptly at embarkation when using a wheelchair. For guests with serious mobility issues please contact the Shore Concierge staff promptly so they can help make arrangements. In certain ports wheelchair accessible vehicles are available at an extra charge and advanced reservation.



The shore excursion is offered on a complimentary basis as part of a free shore excursion promotion (the "Promotion"). Please check your booking terms and condition or up to 7 days MySilversea to determine whether your booking qualifies for the Promotion. If your booking does not qualify for the Promotion there will be a cost associated with this shore excursion.

March 03 2019, Sunday

San Juan - Puerto Rico

SJU-E / OLD SAN JUAN WALKING TOUR

DIFFICULTY



Price:\$39; Duration:3.25 hrs

Explore the highlights along cobblestone streets and gain a fascinating guided look at the history of Old San Juan during this walking tour of the old city.

Fort San Cristobal

Upon disembarkation, meet your experienced guide who will lead you through the historical Old City including a visit to Fort San Cristobal, a fortification that successfully defended the old city from attack by the British and Dutch in centuries gone by.

Next, walk into the City through one of the side streets and commence on a stroll through history. Getting just off the beaten track offers some fascinating finds that eludes most visitors that never leave the main streets.

Plaza San Jose

Walk uphill through the cobblestone streets until you reach the Plaza San Jose, with its statue of Juan Ponce de Leon that was made from melted down British cannons. The next stop, the Quincentennial Plaza, is a celebration of the discovery of Puerto Rico.

Casa Blanca

Continue to Casa Blanca, the first fortification ever built in old San Juan and the Ponce de Leon family home. Here you explore the almost Romanesque gardens and fountains.

La Plazoleta de la Rogativa

Exit the gardens of Casa Blanca through a partially hidden access to Calle Sol. After making the tight descending turn downwards, you suddenly find yourself in the most beautiful section of the entire old city - the Plaza of the Procession. Dominating this little park area is a statue commemorating the miraculous saving of the old city from sacking by the British in the 16th century.

This vantage point offers views of the Governor's Mansion, the El Cañuelo fortress across the port entrance and the Bacardi distillery. A short walk down hill through San Juan Gate takes you to the water's edge. As you return through the San Juan gate continue to San Juan Cathedral, retracing the steps of the original conquistadores. Your guide will walk you to the corner of Cristo & Fortaleza Streets; at this point you decide if you wish to have the guide escort you back to the ship or if you wish to stay to explore the many boutiques and shops that line the cobblestone streets of the old city and return to the ship at your leisure.

Please note: This tour involves an extensive amount of walking, lasting approximately 3 hours, over uneven surfaces and steep inclines and is thus recommended for guests in good physical condition. It is not suitable for guests with heart or respiratory conditions, leg, knee, neck, back problems, or limited mobility, or those who utilise a wheelchair. The order of sites visited may vary. If Casa Blanca is closed, a visit to Cuartel Ballaja, the last building the Spanish built in the Americas and now a cultural museum, will be substituted. It is recommended that guests bring bottled water from the ship for this tour.

Silver Shore "Privato"

Explore the surrounding at your leisure during your private tour. Customize your own itinerary or choose to see and overview of the area's highlights. Please note: This tour is non-refundable if cancelled within 48 hours prior to arrival in the port. Actual vehicle type varies depending on availability. Guide is English-speaking. The price, exclusive of meals, entrance fees and gratuities, is per vehicle. Therefore, when making your reservation, please indicate the number of vehicles, not the number of guests. Only one person in the party needs to reserve this program. Please see the Shore Concierge Office on board the ship to arrange your individual itinerary

SJU-X / SILVER SHORE PRIVATO - PRIVATE VAN WITH DRIVER/GUIDE - HALF DAY	DIFFICULTY	0 000
Price:\$649 ; Duration:4.00 hrs ; Capacity:9		≅⊲
SJU-Y / SILVER SHORE PRIVATO - PRIVATE VAN WITH DRIVER/GUIDE - FULL DAY	DIFFICULTY	0 000
Price:\$1339 ; Duration:8.00 hrs ; Capacity:9		₩€

March 04 2019, Monday

Gustavia, St Barthelemy - Guadeloupe, French West Indies

SBH-A / SNORKEL ODYSSEY

DIFFICULTY



Price:\$119; Duration:2.00 hrs

Board your catamaran at the pier and depart for the snorkelling destination. For your comfort, the catamaran offers plenty of shade. On the way the crew distributes snorkelling equipment. Once you arrive at the snorkelling site, the captain or crew provides instruction and guidelines, after which you may jump in the water to enjoy approximately one hour exploring the fascinating underwater marine life. Two crew members are available to provide assistance.

The azure waters surrounding St. Barts provide the perfect environment for a variety of exquisitely coloured fish and corals. Coral reefs act as home and nursery for almost a million fish and other species, and are host to some of the Earth's most diverse living ecosystems.

Back on board the catamaran, enjoy a snack and refreshment before your return to the pier.

Please note: Swimsuits should be worn under beach-type clothing. Please remember to bring your sunscreen, hat and towel. Although minimal walking is required, guests must be able to manoeuvre in and out of the snorkel boat. Waterproof cameras are highly recommended. Guests may not snorkel if they have consumed alcohol. There are no bathroom facilities onboard the boat. Guests will be asked to remove their shoes prior to boarding. The use of a noodle float or a lifejacket while in the water is mandatory.

SBH-E / PANORAMIC ST. BARTS

DIFFICULTY



Price:\$49: Duration:1.00 hrs



Enjoy a panoramic ride around this tiny island and discover the many hidden beauties for which St. Barts has become famous. Minibus 'taxis' with drivers who speak varying degrees of English with a heavy French-West-Indian accent, take you on a drive through St. Barts. The first stop, at Le Col de la Tourmente, overlooks the most popular beach, St. Jean Beach and the island's airport. The taxis then follow take the road to Salines (salt ponds), an industrial area of the island. At one time St. Barts exported salt all over the Caribbean.

After Salines, your driver will go through Petite Salines, the only place on the island where you cannot see the ocean, and continue to Grand Fond. The view is breathtaking, with the road overlooking the green valley and the raging ocean breaking on the shoreline. It is very windy, and the landscape is very different from the rest of the island. Only a few years ago, Grand Fond was the cattle center for St. Barts, home not only to many cows, but also goats and sheep.

Continue on the road along the coast to see the house that belonged to the famous Russian dancer, Rudolf Nureyev. It is located right on the rocks facing the ocean. Pass Petit-Cul de Sac (small salt pond) and Grand Cul de Sac with its large lagoon and many hotels and resorts. It is here that the 24-hour windsurf regatta is held in August each year. Continue to Marigot, famous for its wine shop, La Cave, that has in stock over 300,000 bottles of wine, ranging from the cheapest to the most rare and expensive. Then continue to L'Orient and its two flower-filled cemeteries.

Passing La Vigie and Coupe Gorge, your vehicles return to the St. Jean area before taking the road to Corossol, once famous for its women who wore traditional white bonnets and were known for weaving straw hats and baskets. Please note that this does not exist anymore, despite what is written in the guidebooks. After climbing the last hill, your taxi returns to Gustavia. Depending on traffic conditions, the taxis will either stop in the parking lot next to the pier or in town at the main taxi station.

Please note: This tour involves a minimum amount of walking; however, guests must be able to climb in and out of a minibus taxi. This is not a guided tour; it is an orientation drive of the island. Your driver may speak only rudimentary English. The cost of this tour is based upon 6 guests in each van as opposed to 8 as standard for other cruise lines. The cost of this tour reflects the lower occupancy of the vehicles.

SBH-G / ATV ADVENTURE

DIFFICULTY



Price:\$179; Duration:2.00 hrs



After tendering ashore, a short taxi ride will take you to meet your instructor. Receive your safety instructions and itinerary briefing. After being fitted with your mandatory helmet, board your ATV and follow the guide - in an organized convoy - north along the leeward coast travelling on the island's main road (no off-road riding included in this tour).

Continue to St. Jean via the famous Col de la Tourente and head up Morne Tourtertelle, overlooking the Salines beach area. En route, your quide explains about the areas salt ponds and the island's salt industry, which served as St. Barts primary industry until the mid-1950's.

Proceed along the windward side of the island, savouring the dramatic views of Grand Fond, dominated by the Atlantic Ocean and 938-foot (280-metre)-high Morne Vitet. In Toiny, leave the main road and take the narrow path to Petit Cul de Sac Beach.

A steep climb brings you to the villages of Mariot and Lorient with magnificent panoramas of the countryside.

The ATV tour will end in town, from here take a leisurely stroll around the the harbour to return to the ship, alternatively continue your exploration with a walk to Shell Beach, or go for some shopping.

Please note: This tour involves a moderate amount of activity and is for guests in good physical condition only. There are inherent risks associated with participating in this tour. It is not suitable for pregnant women, guests with heart or respiratory conditions, leg, knee, neck, back problems, or limited mobility, or those who utilise a wheelchair. Guests will be evaluated prior to participation, by the tour leader; if determined not to be in acceptable physical condition to safely operate and maintain control of the ATV on the surfaces you will be encountering, participation will be denied and a 50% fee will be charged. This tour requires the completion of an acknowledgement that a safety briefing has been provided prior to departing on the ATV. Participation will be denied to anyone who does not sign the acknowledgement. This tour is priced per ATV, two guests per vehicle. Only one person in your party need reserve the vehicle and charges may be split between suites on board. When requesting this tour online, please indicate the number of vehicles desired and not the number of guests participating. Maximum weight per ATV is 330 pounds (150 kilograms or 23.5 stone). ATV drivers must bring a valid driver's license and a credit card with their name on for the 2000 Euro deductible in the event of damages to the ATV or property. Minimum age for drivers is 18 year; minimum passenger age is 12 and maximum age to participate is 70 year. Guests are recommended to wear light-weight clothing and must wear flat comfortable closed toe shoes are; flip-flops and sandals are not allowed. At the conclusion of the tour you will be dropped at the far side of the harbour from where a walk of 0.25 miles (410 metres) is required to arrive back to the tender landing point. Taxis are available for those that do not wish to make this walk; please bring cash to pay for these optional taxis.

SBH-H / SEMI-SUB EXPLORATION

DIFFICULTY



Price:\$89; Duration:1.00 hrs

Explore the underwater world surrounding St. Barts from the comfort of a semi-submersible boat. The boat remains on the water's surface, while stairs lead you down into the hull, surrounded with glass viewing windows. Take in the scenes without getting wet on this under-the-sea adventure

Walk from the pier to the awaiting semi-submersible submarine and gather on the main deck for a safety briefing. Cruising out of the main harbour, remain top-side or descend into the hull of the sub. As you reach the entrance of Gustavia's harbour, you may see some of the many green turtles known to reside in the area. Pass over the wreck of the 50-feet (15-metre) island freighter *Marignan*, sunk during the famous hurricane 'Luis' in 1995. On the way to your next stop, the vessel crosses the south-east edge of the St. Barts Marine Park, where the sea is full of colourful coral reefs, gently 'invaded' by troops of striped 'sergeant major' fish.

Returning to the pier along the same route, you can remain below or if you prefer, cruise on the upper deck and watch the beautiful anchored yachts and shores of St. Barts.

Please note: This tour requires a minimal amount of walking; however, guests must be able to walk a short distance to the sub and negotiate steep stairs to enter and exit the sub's hull. This tour is not suitable for guests who utilise a wheelchair. Operation of this tour is subject to a minimum number of participants and favourable weather and sea conditions; the Captain may amend the itinerary dependent upon weather and currents. Vessel may not be exclusive to *Silversea* guests. A minimum number of guests per guide is required for operation of this tour.

SBH-J / SAILING ST. BARTS

DIFFICULTY



Price:\$159; Duration:3.00 hrs

Discover St. Barts by sea as you sail aboard an island catamaran that whisks you away to a secluded bay on this scenic, relaxing outing. Walk along the pier to your awaiting catamaran and climb aboard. As you motor out of the harbour, admire the resident mega yachts and the scenic coastline, before raising the sails.

Head towards Pointe de Colombier and its shelter bay and drop anchor upon arrival. Enjoy your time in the bay, the way you wish. You can swim, sunbathe or just relax with a good book under the shade of the bimini. Sip a cool drink as the friendly crew offer water, soft drinks, and rum punch.

At the appointed time, the catamaran re-traces its course back to the harbour in Gustavia.

Please note: This tour requires a minimal amount of activity, however guests wishing to swim from the boat to the beach must be good physical condition. Guests wishing to swim should wear a swimsuit under a cover-up and bring a towel from the ship. Participants should be in good health and a comfortable swimmer to enter the water. Any swimming is unsupervised and at your own risk. Participation is limited.

The catamaran anchors in a bay and swimming is from the boat. Operation of this tour is subject to favourable weather and sea conditions. Guests will be required to remove their shoes prior to boarding the vessel.

March 05 2019, Tuesday

Charlestown - St Kitts and Nevis

NEV-A / ISLAND TOUR AND BOTANICAL GARDEN

DIFFICULTY



Price:\$89; Duration:3.00 hrs

Tour this charming and beautiful island nick-named the Queen of the Caribbean. A spectacular landscape of historical sites and naturally scenic locations. This tour combines the major historical sites with the uniquely designed Botanical Garden.

Alexander Hamilton Museum, Museum of Nevis History and Scenic Drive

Visit the two island's small museums, Hamilton House, birthplace of Alexander Hamilton, one of the Founding Fathers of the USA and which nowadays houses the Alexander Hamilton Museum, and the Museum of Nevis History which houses the largest collection of Horatio Nelson's memorabilia in the Western Hemisphere. Along the route you will have historical churches pointed out to you such as Fig Tree Church which houses the original marriage certificate of Lord Horatio Nelson and Fanny Nisbet.

Botanical Garden

The Botanical Garden is 8 acres of the most diversified tropical plant landscape to be found in the islands. Collected all around the world, the magnificent plants of the tropics provide serene beauty and education to the visitor.

Please note: This tour involves a moderate amount of walking, with a few steps to negotiate to get on/off the coach and approximately 12 steps at the venues. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear lightweight, comfortable clothing and bring sunscreen, a hat, sunglasses and a camera from the ship.

NEV-C / NEVIS SIGHTSEEING & BEACH BREAK

DIFFICULTY



Price:\$89; Duration:3.75 hrs



Start your tour with a short drive to Charlestown, the Island's capital. Pass through the tranquil town and take a glimpse of the simple but civilized Caribbean lifestyle and architecture.

Museum of Nevis History

Your first stop will be at the small Museum of Nevis History, located in Hamilton House, named for one of Nevis' most famous sons, Alexander Hamilton, First Secretary of the Treasury in the USA.

Nevis Bath Springs, Artisan Village and St. Thomas Anglican Church

Next, it's off to Nevis Bath Springs, a natural hot spring. You will have 15-minutes of time here during which you are free to go for a quick dip. Continue with a short drive to Artisan Village and take a quick walk through. A short short transfer will take you to St. Thomas Anglican Church for a photo stop.

Beach Break

End your day on Pinney's Beach where you'll enjoy a Caribbean lunch and two drinks from a choice of rum punch, local beer or fruit punch at the traditional Caribbean style Lime Beach Bar.

After lunch enjoy the tranquil water of the Caribbean Sea. A beach chair and umbrella awaits you. You will have 1 hour of free time to enjoy the beach and take a swim.

Please note: This tour involves a minimal amount of walking and activity, and is suitable for guests with limited mobility but not for guests who utilize a wheelchair. Guests are advised to wear a swimming suit under lightweight, comfortable clothing and bring sunscreen, a hat, sunglasses and a camera from the ship.

NEV-D / SOURCE TRAIL RAINFOREST HIKE

DIFFICULTY



Price:\$79; Duration:3.00 hrs

A moderately challenging hike through lush rainforest will introduce you to the flora and fauna of Nevis; a variety of plants, trees and shrubs including bamboo, tropical fruit trees and green vervet monkeys.

Hike through the lush canopied rainforest to an ideal spot for panoramic views some 1800 feet above sea level. On a clear day you can observe the volcanic activity on Montserrat as well as spectacular views of neighboring islands such as Antiqua and Redonda.

Admire colorful traditional homes and shops and see how our villagers live as you stroll through picturesque villages. The alluring beauty of the Nevisian countryside will provide a lasting memory.

Please note: This tour is recommended only for those guests who are physically fit and can participate in a moderately challenging hike for approximately 2 hours. Guests should consider their physical fitness level and medical history when determining whether this tour is appropriate. Path hike is unpaved, with grass that can be slippery in areas. Guests should wear comfortable closed toe walking shoes, bring sunglasses, camera, bottled water, hat and sun protection from the ship.

NEV-E / GOLDEN ROCK NATURE TRAIL

DIFFICULTY



Price:\$89; Duration:3.50 hrs

Situated on the extensive ground of the Golden Rock Hotel, this nature trail highlights the flora of Nevis with special focus on its medicinal and local uses.

Enjoy a gentle hike and be fascinated by the spectacular views of Nevis Peak, the surrounding islands of Antigua, Redonda and also Montserrat's active volcano. View our shy green monkeys and multicolored tropical birds. After your hike, enjoy local Nevis treats.

The Golden Rock Hotel, including the converted Sugar Mill Tower has been lovingly restored to its present beauty. End your tour relaxing and unwinding in the intimate surroundings of this unique property at the foot of Mount Nevis.

Please note: this tour involves an extensive amount of walking for approximately 1 mile over flat and partly rocky terrain. This tour is recommended only for those guests who are physically fit and can participate in a moderately challenging hike for approximately 2 hours. Path through the rainforest is unpaved that can be uneven and slippery in areas. Guests should wear comfortable closed toe shoes, bring sunglasses, camera, hat and sun protection.

NEV-F / NEVIS DEEP SEA FISHING ADVENTURE

DIFFICULTY



Price: \$165; Duration: 4.00 hrs



Hop on board your equipped fishing vessels and let the Captain take you to his favorite fishing grounds for an exciting day of fishing in our calm, Caribbean Sea.

Test your skills and feel the thrill of the "screaming lines" or learn the local methods for catching a variety of sporting fish including, Spanish and King Mackerels, Dolphins (Mahi Mahi) Tunas, Barracudas and more.

The experienced captain will offer assistance to anglers to ensure the "Catch of the Day".

Please note: This tour involves a moderate amount of activity, and is not suitable for guests prone to seasickness, guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear lightweight, comfortable clothing with flat, non-slip boat shoes, and bring sun protection from the ship. There in no bathroom onboard the fishing boat. This is catch and release fishing only.

NEV-G / SAIL & SNORKEL ADVENTURE

DIFFICULTY



Price: \$99; Duration: 3.50 hrs

Board a custom-designed maxi-catamaran for a leisurely cruise along the leeward coast of Nevis. After a safety orientation and distribution of snorkeling gear, set sail!

Proceed on a course along Pinney's and other sandy beaches, and on across the Narrows, a two-mile channel that separates the islands of Nevis and St. Kitts. Arrive at the secluded cove of Shittens Bay for snorkeling. Only such an excellent location could justify bringing this pleasant sail to a stop. This calm and pristine location accessible only by sea shelters an abundance of marine life, including several varieties of reef fish and beautiful coral formations. Special supervision is provided to those who have never snorkeled before or who are out of practice.

Following your snorkeling interlude, the sails are hoisted once again for the final leg of your cruise back to the ship in Nevis. Along the way, enjoy an open bar serving ice-cold beer, rum punch and soft drinks.

Please note: This tour involves a moderate amount of walking, witha few steps to negotiate to get on/off the boat and in/out of the water. Swimming and snorkeling is at each guest's discretion. This tour is not suitable for guests prone to seasickness, guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with water or beach shoes, and bring sunscreen, a hat, sunglasses, a towel, and a camera from the ship.

NEV-H / BEACH AND TRAIL ON HORSEBACK

DIFFICULTY



Price: \$129; Duration: 2.00 hrs

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Experience the splendour and beauty of Nevis as you ride along the beach and enjoy the magnificent vistas and historical sites of this paradise.

A short drive through the quaint villages of Nevis takes you to the stables where your adventure begins. Following a brief orientation, mount your horse for the ride through the villages that traverse Barnes Ghaut and Cotton Ground, which derives its name from the cotton grown there in the past.

Your journey continues with a relaxing ride along the beach that offers up scenic views of majestic coconut trees, historical attractions such as the ruins of Fort Ashby and the St. Thomas' Anglican Church, while on the other side the clear crystalline waters of the Caribbean Sea lap gently against the shore with the sister island of St. Kitts in the background.

Please note: Tour is suitable for guests who are physically fit and is not recommended for pregnant women. Guests are recommended to wear long pants and sturdy shoes with heels (1/2 to 3/4 inch), hat and sunblock are recommended. Maximum weight to participate is 240 lbs and minimum age 6 years old.

NEV-L / GOLF AT FOUR SEASON (18-HOLES)

DIFFICULTY



Price:\$339; Duration:5.00 hrs



Enjoy 18 holes of golf at the world-renowned Four Seasons Resort, Nevis playing the lush greens and challenging course designed by Robert Trent Jones II. This championship golf course is considered by some to be the best course in the Caribbean

Please note: this tour involves moderate to extensive activity and includes green fees, shared cart and roundtrip transportation. Club rental is US\$ 85.00 per set. Optional rentals and purchases are not a part of the programme and are to be paid directly to the pro shop. Credit cards are accepted. Golf attire is mandatory; no jeans, tee-shirts or tank tops permitted.

March 06 2019, Wednesday

Roseau - Dominica

ROE-A / ROSEAU HIGHLIGHTS BY TROLLEY TRAIN

DIFFICULTY



Price:\$49; Duration:1.50 hrs

Step aboard this 1.5 hour Trolley Train Tour around the capital of Dominica, the Botanical Gardens, a local church and views of the island. City View Point

Depart the port for a brief train ride to a city view point. Upon arrival, take in splendid views and photo opportunities of the capital of Roseau. Leaving the view point, proceed to the Botanical Gardens.

Botanical Garder

During your stop at the lush Botanical Garden, see the endangered Sissereau and Jaco parrots in protective cages, along with many large trees and exotic flowers. Here we will serve rum punch or fruit juice to sip on as you enjoy your surroundings.

Local Church

En route, see the bustling street life and vendors as the train goes through the most unspoiled and untouched capital of the Caribbean. The conductor will point out buildings and landmarks as you pass by. Take photos of the colonial architecture as you travel through the winding alleys and streets before reaching a small local church for a short visit and take photos.

Re-join your trolley to proceed back to the ship.

Please note: This tour involves minimal walking and is suitable for guests with limited mobility, but is not wheelchair accessible. The trolley train is covered with open sides. We suggest guests wear light-weight comfortable clothing and sun protection.

ROE-B / ACCESSIBLE DOMINICA & RAINFOREST DRIVE

DIFFICULTY



Price:\$59; Duration:3.00 hrs



Discover why Dominica is known as the 'Nature Island of the Caribbean' during this picturesque, half-day sightseeing excursion.

Morne Bruce View Point

Depart the pier for the brief drive to the historic Morne Bruce view point. Upon arrival, take in splendid views and photo opportunities of the town of Roseau, and Dominica's towering cliffs and lush rainforest. Leaving Morne Bruce, re-board your coach and proceed to the Botanical Gardens.

Botanical Gardens and Rainforest Drive

During your stop at the lush Botanical Gardens, see the endangered Sissereau and Jaco parrots in protective cages, along with many large trees, exotic flowers and tropical plants. From here, your drive continues towards the interior of Dominica and a visit to Hibiscus Falls. En route, pass by the tropical rainforest and plantations with mango, banana, avocado and cacao trees.

Hibiscus Falls

Upon arrival at Hibiscus Falls, take an easy, 30-yard (27-metre) stroll to the scenic viewpoint at this waterfall. Here, you can photograph your beautiful surroundings while snacking on local seasonal fruits served with complimentary rum punch or fruit juice. You may also opt to take a short walk down some steps to the pool for a quick dip in the refreshing waterfall. Afterward, drive through the beautiful green valleys en route to the pier.

Please note: This tour involves a minimal amount of walking, and is suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear lightweight, comfortable clothing, and bring sunscreen, a hat and sunglasses from the ship. Guests opting to swim in the pool at Hibiscus Falls should bring a swimsuit and towel from the ship. The road surfaces in Dominica are bumpy in some areas and wind through the hillsides. A minimum number of guests per guide are required for operation of this tour. Be aware that roads in Dominica are narrow and winding and mostly unpaved.

ROE-E / WHALE AND DOLPHIN ADVENTURE SIGHTINGS

DIFFICULTY



Price: \$79; Duration: 4.00 hrs

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Discover some of nature's most amazing mammals from a unique perspective during this boat excursion in search of whales and dolphins. Depart the pier for the brief stroll to your awaiting vessel. Upon arrival, receive your safety and tour instructions before setting out for the open waters. Of the 30 or more species of whales and dolphins found in the Caribbean, more than half can be found in the waters surrounding Dominica. Your captain pauses every three miles (about 4.8 kilometres) or 15 minutes so a hydrophone may be submersed to listen for the 'clicking' of sperm whales and the 'whistling' of dolphins.

During these stops, take in distant island views while your on-board guide offers information about the whales, dolphins, and wildlife. If a spout or a pod is sighted or detected, the captain manoeuvres the vessel so you can see the animals. Since their welfare is of paramount importance, guidelines set up by the International Fund for Animal Welfare are strictly followed. Fruit juice and a rum punch are served during the return ride to the pier.

Please note: This tour involves a minimal amount of walking. Guests must be able to walk and manoeuvre in and out of the boat, and participants with limited mobility may be accommodated. Although marine life can be observed on most outings, sightings cannot be guaranteed. Participation is very limited; we suggest you book in advance to avoid disappointment.

ROE-F / VOLCANIC ADVENTURES

DIFFICULTY



Price:\$59; Duration:4.50 hrs

Embrace the idyllic beauty of Dominica during this scenic and relaxing visit to volcanic mineral pools and baths, and a photo stop at Morne Bruce.

Morne Bruce Gardens

Depart the pier for the brief drive to the historic Morne Bruce Gardens. Upon arrival, take in splendid views and photo opportunities of the town of Roseau, and Dominica's towering cliffs and lush rainforest. Leaving the gardens, re-board your coach and drive through the Roseau Valley, then continue on to Trafalgar for a visit to Trafalgar Falls.

Trafalgar Falls and Wotten Waven

Experience the beauty of Trafalgar Falls, which feature a sulphur spa and waterfalls cascading side-by-side out of the deep gorges they have carved out. During your visit, take a 20-minute walk up the nature trail. Pass by ginger plants and vanilla orchids before arriving at a panoramic viewpoint above the river. Leaving the falls, drive east to the village of Wotten Waven, among the most active volcanic regions on the island, then continue on to the sulphur springs.

Papillote Wellness Resort & Spa and Refreshments

Tucked away in the scenic valley of a lush mountain rainforest, Papillote Wellness Resort & Spa is famous for its abundance of hot sulphur springs, cool freshwater springs and a waterfall. Following a cultural welcome and complimentary fruit juice, you can relax and unwind in one of the hot sulphur tubs filled with hot volcanic sulphur water via pipes made of local bamboo. After refreshments including fresh fruit and rum are served, commence the return drive past Dragon's Cove and back to the pier.

Please note: This tour involves a moderate to extensive amount of walking over surfaces that may be uneven in spots, with 50 steps or more to negotiate in each direction depending upon the trail taken. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up, sun protection and bring a towel from the ship. The paths may be slippery or muddy following periods of rain; guests are advised to use extra caution as there are no handrails. Wear shoes you do not mind getting soiled or muddy on the paths. Be aware that roads in Dominica are narrow and winding and mostly unpaved.

ROE-G / RIVER TUBING ADVENTURE

DIFFICULTY



Price: \$59; Duration: 3.00 hrs

Experience the scenic beauty and excitement of the largest and longest river in Dominica during this memorable river-tubing excursion. Depart the pier for the scenic, approximate 30-minute drive through the Dominican capital of Roseau en route to the lush Layou Valley then proceed to the Layou River Gorge. Upon arrival, receive an orientation and safety briefing, wear your helmet and life-jacket and commence your guided river-tubing adventure.

Layou River Float

As you float down-river, discover Nature Island, which features a lush tropical rainforest, along with magnificent rock formations, wonderful flora and fauna, a spectacular mountain range, and cliffs and valleys. Feel the changing pace of the meandering and twisting Layou River as it descends into calm pools interspersed with the excitement of bubbling rapids.

At the conclusion of your river-tubing adventure, relax with a refreshing drink at the Layou Tourism Facility. Changing rooms are available for you to get back into your dry clothes before transferring back to the pier.

Please note: This tour involves a moderate amount of activity and is recommended for guests that are in good physical condition and know how to swim. This tour is not suitable for pregnant women, guests with back or neck problems, or limited mobility or those who utilise a wheelchair. Participants must hold on to both handles of their tubes at all times and wear the helmet provided. This tour may include a few rapids. Wear a swimsuit under a cover-up and rubber-soled shoes that may get wet and bring a towel and protection from the sun. Operation of this tour is dependent upon river conditions. Commentary is generally not provided during the transfer to-and-from the river. Be aware that roads in Dominica are narrow and winding and mostly unpaved.

ROE-H / BOIS COTLETTE ESTATE: HERITAGE TOUR

DIFFICULTY



Price:\$89; Duration:3.00 hrs

Prepare for an in depth tour of Bois Cotlette during your visit to this working plantation and the oldest surviving estate on Dominica.

Bois Cotlette

Depart the pier for a scenic, approximately 30-minute drive to Bois Cotlette. Dating from the early years of French settlement in the 1720's, Bois Cotlette is the oldest surviving estate on Dominica and the subject of intense research by historians and archaeologists. Enjoy a freshly harvested and prepared drink during the estate orientation as you learn about slave labor, stone terraces, and other features of a Caribbean colonial plantation while preparing to embark on a fact finding mission to date the ruins.

Estate Tour

On the Heritage Tour, you get a chance to enjoy the Estates grounds at a relaxed pace in a pristine and tranquil setting. Uncover clues to the property's origins and learn why expert historians, too, are so enamoured with Bois Cotlette.

As you delve into the plantation history, three themes emerge. First is a story of people. Learn about the social structure of the owner/planter class, as well as life as a slave inhabitant in the late 1700's and turn of the century at Bois Cotlette. The second is a theme of technology. Windmills, aqueducts, and fresh water capture systems demonstrate an anachronistic view of a time period thought to be less advanced. Thirdly, we will focus on the commercial crops (coffee, sugar, cocoa, and citrus), with demonstrations, that define the estates existence.

Planter's Herb Garden and Refreshments

You will have an opportunity to enjoy authentic creole snacks and refreshments, and to stroll through the Planter's herb garden located just south of the Maison.

Following your visit, re-board your coach and commence the approximately 30-minute drive back to the pier.

Please note: This tour involves minimal to moderate activity and is suitable for guests with limited mobility. Guests who utilise a wheelchair must be capable of transferring from the chair to the bus with 2-3 steps to negotiate and minimal assistance as the restrooms at the plantation are not wheelchair accessible. We suggest guests dress in lightweight seasonal clothing and wear flat, walking shoes and sun protection. Be aware that roads in Dominica are narrow and winding and mostly unpaved.

ROE-I / CHOCOLATE EXPERIENCE AT BOIS COTLETTE

DIFFICULTY



Price: \$79; Duration: 3.00 hrs

Enjoy a taste of Caribbean chocolate in Dominica during this interactive, half-day excursion to Bois Cotlette.

Bois Cotlette

Depart the pier for the scenic, approximately 30-minute drive to Bois Cotlette, the oldest surviving estate on Dominica. With a 290-year history of producing cocoa, coffee and sugar cane, the estate today continues the processing of cocoa from beans into dark chocolate bars and candies. **Estate Tour**

Estate Four

Upon arrival, receive a welcome beverage, then begin your educational and interactive tour with a guided stroll about the estate's ruins and grounds. Along the way, harvest some cocoa pods from a tree and observe and taste the bean as the flavour evolves during the fermenting, drying, roasting and grinding processes.

Chocolate-Making Demonstration and Tasting

Next, we will utilise Bois Cotlette's couverture blocks to temper, pour and mould their special dark chocolate into the estate's signature candies. In addition, chocolate flavour wheels will be used to help you understand and describe the different flavours that you are likely to experience when sampling fine flavour dark chocolate. A tasting of Bois Cotlette chocolates, accompanied by freshly-made Bois Cotlette juices and rum, is included. Following your visit, re-board your coach and commence the approximately 30-minute drive back to the pier.

Please note: This tour involves a minimal amount of walking for approximately 150 yards (about 137 metres), at times over uneven and cobblestone surfaces, with a few steps to negotiate to get on/off the coach. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Lightweight, comfortable clothing with flat, closed-toe walking shoes and sun protection are recommended. Guests must be at least six years old to participate on this tour. Guests must be at least 21 years old to participate in tastings of alcoholic beverages. The tour sequence may vary. Be aware that roads in Dominica are narrow and winding and mostly unpaved.

ROE-K / SEVEN WATERFALLS CANYONING

DIFFICULTY



Price:\$179; Duration:5.00 hrs

Experience the exquisite natural beauty of Dominica in a unique new way during this invigorating, half-day canyoning excursion.

Shawford's Cocoa Cottages and Extreme Dominica

Depart the pier for the short drive to the Extreme Dominica headquarters at Shawford's Cocoa Cottages. Upon arrival, receive your safety and training instructions on how to harness up and rappel down the side of a wall.

Seven Waterfalls Canyoning

Next, board a Jeep and proceed through the rainforest, then hike to the first of seven spectacular, hidden waterfalls that drop through a steep canyon between the Titou Gorge and top of Trafalgar Falls. With your legs braced against the waterfall wall, feel the pure, cold water cascading around you as you slowly make your descent. Soft green light filters down the cliff walls of this hidden gorge to the deep, pristine pool waiting far down in the heart of the river.

Touch down into the first of a series of incredible, crystal-clear pools descending down along the canyon bed. Afterward, canyon down or jump off the edge of six more waterfalls. The seventh and final fall is the magnificent Cathedral Falls, which features vaulted arched walls, a recessed altar alcove and enormous overhead pipe organ root masses. Your tour concludes with a short hike back to the Jeep, followed by a brief transfer back to the pier.

Please note: This tour involves an extensive amount of activity, including repelling, walking or climbing through slippery and uneven surfaces, and jumping into or swimming in deep water, with a few steps to negotiate to get on/off the coach. This tour is recommended for guests in good physical condition. This tour is not suitable for guests who suffer from a fear of heights, guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach or water shoes, and bring sun protection and a towel from the ship. Minimum age to participate is 6 years and minimum weight 45lbs (20 Kg). Space on this tour is very limited; we suggest you book in advance to avoid disappointment. This experience may not be exclusive to *Silversea* guests.

ROE-O / DOMINICA BY LAND AND SEA

DIFFICULTY



Price: \$79; Duration: 4.00 hrs

{NEW}

Embrace the beauty of Dominica in a unique way during this panoramic, half-day hiking, volcano snorkelling and sightseeing excursion. Scott's Head Marine Reserve and Volcano Snorkelling

After an approximate 45minutes drive arrive and hike to the top of Scotts Head for the most spectacular photo opportunity. Snorkel in the marine reserve just below to explore a submerged volcano and coral reefs. On the Soufriere side of the marine reserve, your guide will teach you how to touch a live volcano and feel the sulfur heat escaping from the sea bed. Approximately 1hr 45min will be spent at the Scott's Head Marine Reserve.

Rainforest Drive, Bois Cotlette Estate and Scenic Highlights

Next, drive into the rainforest to the Bois Cotlette estate where snacks, fresh fruit juices, and rum are waiting for you. You will also have the exclusive opportunity to sample their estate made chocolate and witness some of the steps of how cocoa beans are turned into chocolate. During your visit, you can also browse the gift shop for estate chocolates, local beer and coffee, as well as locally-made products. After the visit, re-board the minibus and commence the approximate 45min journey back to Roseau town and to the pier.

Please note: This tour involves a extensive amount of walking/hiking, at times over uneven surfaces and inclines, with a few steps to negotiate to get on/off the coach. This tour is not suitable for pregnant guests, guests with back and/or neck problems, guests with heart and/or respiratory conditions, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with boat or beach shoes and and good walking/hiking shoe, bring sun protection and a towel from the ship. Guests must be at

least six years old to participate on this tour. Snorkelling and safety gear are provided. Photography is permitted at the Bois Cotlette Estate, but videography is not permitted. Guests must be at least 21 years old to purchase alcoholic beverages. Space on this tour is very limited; we suggest you book in advance to avoid disappointment. Be aware that roads in Dominica are narrow and winding and mostly unpaved.

ROE-P / TRAFALGAR FALLS, RAINFOREST & CHOCOLATE

DIFFICULTY



Price:\$89; Duration:5.00 hrs



Discover the splendid beauty and flavours of Dominica during this panoramic, half-day sightseeing excursion.

Roseau, Scotts Head Marine Reserve, Rainforest, Bois Cotlette Estate, Chocolate Factory

Depart the pier for the scenic, approximately thirty-minute drive to the Scotts Head Marine Reserve, located on the southwest coast of Dominica. Upon arrival, take in breath-taking views overlooking the marine reserve and from the isthmus at the water's edge separating the Caribbean from the Atlantic. After a photo stop here, re-board your coach and head up into the exquisite rainforest for a visit to the historic Bois Cotlette Estate, home of Dominica's chocolate factory. Upon arrival, take a guided walking tour. Along the way, learn how chocolate is made in remote Dominica and sample their prized chocolate made from the estate's heirloom cocoa trees. Following your tour and tasting, fresh local fruit juice and spirits are served.

Trafalgar Falls, Botanical Gardens, Morne Bruce, Roseau

Next, re-board your coach and continue driving through the rainforest en route to Trafalgar. Upon arrival, a stop is made to marvel at Trafalgar's spectacular twin waterfalls. Leaving the falls, proceed for a guided stroll through the spectacularly diverse and beautiful Botanical Gardens, then ascend Morne Bruce. From its summit, take in splendid panoramic vistas overlooking the capital city of Roseau. At the conclusion of your visit, reboard your coach and commence the short drive back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 0.5 miles (about 0.8 kilometres), at times over uneven, cobblestone and natural surfaces, with a few steps to negotiate to get on/off the coach. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear comfortable shoes and bring sun protection, insect repellent and a towel from the ship. Guests must be at least eight years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

ROE-Q / EMERALD POOL AND MERO BEACH

DIFFICULTY



Price:\$89; Duration:4.00 hrs



Embrace the spectacular natural beauty of the lush rainforest, Emerald Pool and volcanic-sand beaches of Dominica during this picturesque, half-day sightseeing excursion.

Roseau, Mountain Scenery, Greenery, Local Farms, Morne Trois Piton National Park

Depart the pier for the scenic, approximately 45-minute drive up into the lush rainforest and through the diverse, pristine island of Dominica. Along the way, marvel at the spectacular mountain scenery, lush greenery, and local farm operations that make this drive both unique and memorable. Your first stop is at the beautiful Morne Trois Piton National Park.

Rainforest Walk, Waterfalls, Emerald Pool, Swimming

Upon arrival, proceed for a short, guided walking tour through the rainforest. Proceed along manicured paths en route to the waterfall site and world-renowned Emerald Pool. Upon arrival, marvel at how ferns from the rainforest give the cascading waterfall the emerald hue from which it is named. During your visit, you are invited to take an invigorating swim in the crisp, clean waters that collect in the basin of the falls.

Mero Beach, Volcanic Sand, Caribbean Sea, Swimming, Beachcombing

Next, re-board your coach and head to Mero Beach, Dominica's iconic, volcanic-sand beach. Upon arrival, some free time is made available to relax and unwind amidst your idyllic surrounds, take a leisurely stroll on the beach, and/or swim in the warm, inviting, crystal-clear waters of the Caribbean Sea. At the conclusion of your visit, re-board your coach and commence the approximately 30-minute drive back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 0.5 miles (about 0.8 kilometres), at times over uneven, sandy and slippery surfaces, with a few steps to negotiate to get on/off the coach. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with flat, closed-toe walking shoes, and bring sun protection and a towel from the ship. Guests must be at least eight years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Operation of this tour is subject to weather conditions. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

March 07 2019, Thursday

Scarborough - Trinidad and Tobago

SCA-A / TOBAGO HIGHLIGHTS, TROPICAL GARDEN & NATURE RESERVE

DIFFICULTY



Price:\$69: Duration:3.00 hrs

Enjoy a half-day tour of the southern highlights of this lovely island and a walk in the forest to observe the indigenous birdlife.

Depart the port and begin the tour along the Claude Noel Highway. After a short drive along this road, turn off onto Shirvon Road, passing several residential areas en route to the first stop at Fort James.

Mysterious Tombstone and Fort James

The fort was destroyed several times and the present one was erected in 1800. Another much quoted attraction is the enigmatic tombstone of Betty Stevens. Its puzzling inscription reads, "She was a mother without knowing it, and a wife, without letting her husband know, except by her kind indulgences to him." This epitaph has baffling people for over 230 years. After making your own guesses as to its' meaning continue on to the main event of your trip, The Tropical Garden and Nature Reserve.

Tropical Garden and Nature Reserve

This piece of paradise centers around a bird feeding house. Watch in wonder as mobs of neon humming-birds flit and flutter around the feeding stations. Woodpeckers, parakeets, jacamars and egrets make their regular appearances too; so keep a close lookout.

Following this walk in the forest, re-boarding your coach for the return to the pier.

Please note: This tour involves a moderate amount of activity and walking over uneven ground. Birdwatchers, may wish to bring their binoculars. We suggest guests dress in lightweight tropical attire, flat walking shoes and wear ample sun protection.

SCA-B / ARGYLE WATERFALLS

DIFFICULTY



Price: \$79; Duration: 3.50 hrs

Experience Tobago's rainforest-clad interior and one of its prettiest waterfalls, Argyle Falls, during this half-day outing.

Begin your tour with the scenic 1-hour ride in a coach along the island's dramatic Windward road, passing throught several small villages such as Bacolet, Mt. St. George, Pembroke, Bell Garden and Roxborough, where you enter the Main Ridge Forest Reserve. From here a guided tour takes you on a walk through the Roxborough Rain Forest, the oldest protected Rain Forest in the Western Hemisphere.

After a forest walk of approximately 20 minutes, arrive at the Argyle waterfalls- a series of three tiered cascades reaching up to 175 feet (53 metres) high and crashing into crystal clear pools. Some free time here will allow you to take a swim or just take in nature at its best. After about an hour return to your awaiting transport for the 1-hour return drive to the ship.

Please note: This tour involves moderate activity and walking over uneven ground and rocks, which may become slippery when wet. Extra caution is advised. Guests wishing to swim should wear a swimsuit under a cover-up and bring a towel from the ship. Guests may wish to wear trekking shoes they do not mind getting wet or soiled. Guests are advised to wear light-weight clothing, sun protection and insect repellent. Extra caution must be exercised by guests wishing to enter the water as the rocks may be slippery. There are no lifeguards on duty and swimming will be at guest's own risk. Binoculars are also recommended for bird-watching. The flow of water at the falls is directly impacted by the seasonal rain received.

SCA-D / BUCCOO REEF AND NYLON POOL

DIFFICULTY



Price:\$59; Duration:3.00 hrs

Explore the underwater world without getting wet during this scenic glass-bottom boat tour over the living coral reefs of Tobago, then dive in to explore the reef up close and personal.

Begin the tour with a scenic drive to Pigeon Point Heritage Park. Upon arrival, take off your shoes and wade in approximately 2 feet of water to, board a glass-bottom boat and cruise out to Buccoo Reef, one of the most accessible coral reefs in the Caribbean, just a short distance off Pigeon Point and Store Bay beaches.

En route to Buccoo Reef, your captain will pass over the Coral Gardens, pointing out fascinating underwater sea life along the way. Upon arrival, guests wishing to snorkel or swim will have approximately one hour to enjoy the water before cruising to Nylon Pool, a shallow white-sand area within Buccoo Reef with waters said to rejuvenate anyone lucky enough to swim in it. Dubbed by Princess Margaret as 'Nylon Reef' during her honeymoon in 1962, she commented, "It's so crazy-blue, it looks like nylon."

This entire area, a Tobago national treasure, is designated as the country's only marine protected area under the Marine Areas Preservation and Enhancement Act of 1970 once explored by Jacques Cousteau himself.

Following your visit to the Nylon Pool, your captain will set a course back to the landing at Pigeon Point Beach, where you will board your transportation for your return trip back to the pier.

Please note: This tour involves minimal activity for guests that stay on the boat. Guests wishing to snorkel or swim, must be in good physical condition and able to swim in water too deep to stand. A mask and snorkel is provided or you may wish to bring your own. We recommend guests wear lightweight comfortable clothing over their swimsuit, sun protection and bring a towel from the ship. A ramp is used for boarding the boat; Be prepared to get wet boarding the boat.

SCA-G / TOBAGO COCOA DISCOVERY

DIFFICULTY



Price:\$89; Duration:4.00 hrs



Discover the stages by which cocoa is grown and processed for consumption during this fascinating and flavourful, half-day sightseeing excursion to the Tobago Cocoa Estate.

Scarborough, Windward Coast Rd., Bacolet, Mt. St. George, Pembroke, Belle Garden, Roxborough

Depart the pier for the scenic, approximately one-hour drive along Windward Coast Road and through the villages of Bacolet, Mount St. George, Pembroke, Bell Garden, and Roxborough. From here, turn off the Main Ridge and enter the oldest rainforest reserve in the Western Hemisphere. Upon arrival at the Tobago Cocoa Estate, learn about the history of the cocoa industry and its standing on the island.

Tobago Cocoa Estate, Cocoa Production Process, Rainforest Walk, Cocoa Tasting

During a walking tour of the estate, take an opportunity to view the drying, fermentation and various other stages of cocoa production, visit a mud oven and house where the cocoa is dried, and learn about the many products that are available here. In addition, explore the lush vegetation and abundant plant-life growing in Tobago's Rainforest, and view other local produce growing on the estate. Following your walking tour, proceed for a tasting of chocolates or a refreshing cup of 'cocoa tea', made from raw cocoa. At the conclusion of your visit, re-board your coach and commence the approximately one-hour drive back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 0.6 miles (about one kilometre), at times over uneven and natural surfaces, with a few steps to negotiate to get on/off the coach. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear lightweight, comfortable clothing with flat, closed-toe walking shoes, and bring sun protection and insect repellent from the ship. Guests must be at least seven years old to participate on this tour.

SCA-I / TOBAGO 4X4 ADVENTURE

DIFFICULTY



Price: \$99; Duration: 4.00 hrs



Discover parts of Tobago not commonly seen by most visitors to the island during this panoramic, half-day, off-road excursion.

Scarborough, Tobago, Off-Road Driving, Rivers, Old Plantations, Birdlife, Wildlife

Depart the pier for an exciting, off-road excursion in search of adventure and hidden sights that most visitors to Tobago never get to discover. Drive on dirt roads off the beaten track, and through rivers and old plantations from the Caribbean coast into the heart of the island. Along the way, see a variety of birds, including the colourful motmot, and Tobago's wildlife up-close.

Sugar Factory ruins, Rainforest, Atlantic Coast, Goldsborough Waterfall, Fort Granbee, Hope Village

Following a short stop at the ruins of an old sugar factory, re-board your coach and drive along the southern boundary of the rainforest en route to the Atlantic coast, with a stop at the Goldsborough Waterfall, a lovely hidden waterfall. Afterward, re-board your Jeep and continue along a river where it is easy to spot caymans, then proceed for visits to Fort Granbee and Hope Village. At the conclusion of your tour, re-board your coach and commence the approximately 40-minute drive back to the pier.

Please note: This tour involves a moderate amount of off-road driving over bumpy and uneven natural surfaces and inclines, and a moderate amount of walking, at times over uneven and natural surfaces, with a few steep steps to negotiate to get on/off the 4x4. This tour involves bench-style seating inside and outside of 4x4s modified for this purpose. This tour is not suitable for pregnant guests, guests with neck/back problems, guests with heart/respiratory conditions, guests prone to motion sickness, guests with limited mobility, and guests who utilise a wheelchair; guests must be able to get in/out of the 4x4 without assistance. Guests must follow the safety instructions of their guides at all times, and, for safety reasons, must remain seated with their seatbelts fastened once the vehicle is in motion; the seatbelts are lap belts. Guests are advised to wear lightweight, comfortable clothing with flat, closed-toe walking shoes, and bring sun protection, insect repellent, a bathing suit and towel from the ship. Guests must be at least six years old to participate on this tour. A signed waiver is required to participate on this tour. Although frequently encountered on this type of tour, wildlife sightings are not guaranteed. The tour sequence may vary. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

SCA-L / TOBAGO BON ACCORD SEA KAYAKING

DIFFICULTY



Price:\$119; Duration:3.00 hrs



Embrace the spectacular natural beauty of the Lagoon and the Caribbean Sea from up-close during this invigorating, half-day kayaking excursion.

Scarborough, Bon Accord Lagoon, Mangroves

Depart the pier for the short drive to the Bon Accord Lagoon. Upon arrival, enter the Boardwalk and board the Kayaks. After receiving your safety and kayaking instructions and equipment, gear up and begin your guided, approximately two-hour kayaking journey within the beautiful mangrove lagoon and Caribbean Sea.

Bird Species, Marine Life, Boardwalk, Natural Sanctuary, Wetlands, Buccoo Reef

Along the way, look for turtles, cattle egrets, flamingos, and many other bird species that inhabit this beautiful ecosystem. Stops are also made to stroll along the Banks of the Lagoon and Buccoo Reef, and visit the natural sanctuary and wetlands. At the conclusion of your kayaking tour, return to the Bon Accord Lagoon. Upon arrival, disembark your kayak, re-board your coach and commence the short drive back to the pier.

Please note: This tour involves an extensive amount of paddling for approximately two hours and a moderate amount of walking, at times over uneven, sandy and natural ground, with a few steps to negotiate to get on/off the coach and embark/disembark the kayak. This tour is recommended for guests in good physical condition, and can swim well. This tour is not suitable for pregnant guests, guests with back and/or neck problems, guests with heart and/or respiratory problems, guests prone to seasickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear warm, comfortable sportswear in layers with flat, closed-toe or water shoes you won't mind getting wet, and bring sun protection, a towel, change of clothing and weatherproof jacket from the ship. Although frequently encountered on this type of tour, wildlife and marine life sightings are not guaranteed. Operation of this tour is subject to weather conditions. A signed waiver is required to participate on this tour. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

SCA-M / TOBAGO RAIN FOREST HIKE

DIFFICULTY



Price:\$89; Duration:5.00 hrs



Explore the oldest rainforest in the Western Hemisphere during this panoramic, half-day sightseeing excursion to Roxborough.

Scarborough, Tobago, Mt. St. George, Goodwood, Pembroke, Glamorgan, Bell Garden, Roxborough

Depart the pier for the scenic, approximately one-hour drive through Mount St. George, Goodwood, Pembroke, Glamorgan, and Belle Garden en route to Roxborough. Upon arrival, take a guided, approximately three-hour, eco-lovers' trek through a portion of Tobago's virgin rainforest, protected by law since 1776.

Plant, Tree, Bird and Insect Species

During your hike, see and learn about the plants and trees used for food and medical purposes. In addition, marvel at the abundant bird and insect species here, which are as diverse and fragile as the unique eco-system in which they exist. At the conclusion of your rainforest excursion, re-board your coach and commence the approximately one-hour drive back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 0.6 miles (about one kilometre), at times over uneven and natural surfaces, with a few steps to negotiate to get on/off the coach. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear lightweight, comfortable clothing with flat, closed-toe walking shoes, and bring sun protection and insect repellent from the ship. Guests must be at least seven years old to participate on this tour. Although frequently encountered on this type of tour, wildlife sightings are not quaranteed.

SCA-N / BACOLET BEACH ESCAPE

DIFFICULTY



Price:\$89; Duration:5.00 hrs



Scarborough Town, Bacolet Beach Resort

Depart the pier for the short drive through Scarborough Town en route to idyllic Bacolet, one of Tobago's pristine, privately-owned beach resorts. Upon arrival at the beautifully landscaped Bacolet Beach Resort, you are greeted by a member of our staff, served a welcome drink and escorted to one of the only privately-owned beaches in Tobago.

Sunbathing, Swimming, Beachcombing, Caribbean Sea, Barbecue Lunch

During your visit, you can relax, unwind and soak up the tropical sun in a beach chair, stroll about the white-sand beach and/or take a refreshing swim in the inviting blue waters of the Caribbean Sea. In addition, enjoy splendid views of the surrounding tropical vegetation and gardens, and Scarborough in the distance. A barbecue lunch is served on the beach. After lunch, additional beach-time is provided. At the conclusion of your visit, re-board your coach and commence the short drive back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 219 yards (about 200 metres), with a few steps to negotiate to get on/off the coach and 25 steps to access the beach. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach shoes, and bring sun protection, a towel and change of clothing from the ship. Guests must be at least five years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Operation of this tour is subject to weather conditions.

March 08 2019, Friday

St George's - Grenada

GND-A / AROUND THE ISLE OF SPICE

DIFFICULTY



Price:\$119; Duration:7.00 hrs

Indulge your senses with the picturesque beauty and enticing aromas of the 'Isle of Spice' during this full-day sightseeing excursion through Grenada.

Dougaldston Estate and Gouyave Nutmeg Factory

Depart the pier for the scenic, approximate 45-minute drive along the picturesque west coast of Grenada en route to the Dougaldston Estate. Upon arrival, receive an introduction to the spices of the island. From here, re-board your coach for the drive to the Gouyave Nutmeg Factory. During your visit, learn about the many uses for nutmeg, and observe how nutmeg and mace are seasoned, processed and sorted.

'Carib Leap' and River Antoine Rum Distillery

Next, drive northward for a magnificent view of the Grenadine Islands and a visit to the 'Carib Leap'. Here, the last fighting Caribs committed suicide in 1651, overwhelmed by the prospect of French rule. Your tour continues with a visit to the River Antoine Rum Distillery. Established in 1785, it is the oldest working distillery in the Caribbean. Despite its age, the River Antoine Rum Distillery is especially well-planned with environmentally-friendly features.

Belmont Estate and Grand Etang Lake

Following your visit to the distillery, re-board your coach and drive to the *Belmont Estate*. Upon arrival at this plantation house, proceed for a typical Creole lunch accompanied by splendid vistas of the surrounding estate. After lunch, take the rainforest road to Grand Etang for a visit to Grand Etang Lake, which fills the crater of one of the island's extinct volcanoes. The lush rainforest surrounding the lake is home to the Mona monkey, and diverse flora and fauna.

This tour concluded's at the pier.

Please note: This tour involves a minimal amount of walking for approximately 0.2 miles (about 0.3 kilometres), with 20 steps to negotiate at the Gouyave Nutmeg Factory and ten steps to negotiate at the River Antoine Rum Distillery. The Belmont Estate is closed on Saturdays. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Guests are advised to wear lightweight, comfortable clothing and bring sunscreen, a hat and sunglasses from the ship. Photography is not permitted inside the Gouyave Nutmeg Factory. A minimum number of guests per guide is required for operation of this tour.

GND-B / SNORKELLING CHAMPAGNE LOBSTER CRUISE

DIFFICULTY



Price:\$159; Duration:6.00 hrs

Experience the splendid beauty and marine life of Grenada during this snorkelling, champagne and lobster cruise to idyllic Hog Island. Grenada Underwater Sculpture Park Snorkelling

Depart the pier for the brief transfer to the Shadowfax Jetty, then embark your boat and proceed to snorkel at the Grenada Underwater Sculpture Park, the world's first underwater sculpture gallery. After the bay got damaged by storm surge, the sculptures were designed to assist in the regeneration of the area by providing habitat for marine life and by providing new surfaces for corals to grow upon. Upon arrival at the Underwater Sculpture Park, receive your snorkel gear and safety instructions before commencing your guided, approximate one-hour snorkel tour.

Hog Island and Lobster Lunch

Next, set sail along the scenic southwest Caribbean coast of Grenada towards Point Salines, the southernmost point of Grenada. From here, sail upwind on the Atlantic side of Grenada en route to secluded Hog Island. Take a swim, explore this 'Robinson Crusoe Island' or simply relax and soak up the tropical sun before dining on a lobster lunch served with champagne and wine.

Following your memorable visit to Hog Island, embark your boat for the approximate 1.5-hour sail back to St. George's Harbour. Upon arrival at the Shadowfax Jetty, transfer back to the pier.

Please note: This tour involves a minimal amount of activity. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Guests wishing to enter the water, must be able to swim and in good physical condition, are advised to wear a swimsuit under a cover-up with water shoes, sun protection and bring a towel from the ship. A complimentary open bar with snacks, beach games, and snorkelling gear and instructions are included during this excursion. Alcoholic beverages will only be served to guests over the age of 21 and only after completion of the snorkelling portion of this tour. If guests prefer a dish other than lobster, they may request chicken or fish directly to their guide upon departure from the ship.

GND-C / RUM AND BEACH

DIFFICULTY



Price: \$59; Duration: 3.50 hrs

Embrace the scenic beauty and flavours of Grenada during this half-day excursion to the Clark's Court Rum Distillery, and a relaxing visit to Morne Rouge Beach.

Clark's Court Rum Distillery

Depart the pier for the brief drive to St. George's, located in the southern part of the island. Upon arrival, proceed for a visit to the Clark's Court Rum Distillery, founded in 1937 and adjacent to sugarcane fields.

During your guided tour of the factory, learn about the distilling process from sugar cane, syrup and molasses to rum, and also the ageing and blending processes involved in the production of rum. In addition, see old steam engines dating as far back as 1886 that are still in use today. Following your guided tour, sample the distillery's award-winning rums and receive recipes describing different ways to mix and serve rum.

Morne Rouge Beach

Next, your drive continues on to Morne Rouge Beach, a secluded, white-sand beach graced by crystal-clear waters and almond trees offering natural shade. Your two-hour visit includes beach chairs, restroom facilities with changing rooms, showers and two complimentary beverages. You can swim, explore the beach or simply relax with a refreshing drink and soak up the tropical sun. Afterward, re-board your coach for the brief drive back to the pier.

Please note: This tour involves a minimal amount of walking, with 24 steps to negotiate inside the Clark's Court Rum Distillery. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Guests must be at least 21 years old to participate in the tasting's of alcoholic beverages. Guests are advised to wear a swimsuit under a cover-up, sun protection and bring a towel from the ship.

GND-D / TROPICAL BEACH TOUR

DIFFICULTY



Price:\$46; Duration:3.75 hrs

visit to a secluded

Discover the history and seaside beauty of Grenada during this picturesque, half-day excursion to Fort George, and a relaxing visit to a secluded beach.

Fort George

Depart the pier for the brief transfer through a labyrinth of roads en route to Fort George. Built in the early-18th century on a volcanic spine 175 feet (53 metres) above St. George's Harbour, Fort George offers spectacular panoramic views of the small capital and the Caribbean Sea. During your guided tour, learn about the history of the fort and Grenada.

Beach Visit

Next, your drive continues on to a secluded, white-sand beach located on the southern point of Grenada. Your two-hour visit includes beach chairs, restroom facilities with changing rooms, showers and a complimentary beverage. You can swim, explore the beach, sunbathe or simply relax with a refreshing drink in the shade of a sea grape tree. Afterward, re-board your coach for the brief drive back to the pier.

Please note: This tour involves a moderate amount of walking, with 30 steps to negotiate at Fort George. This tour is recommended for guests in good physical condition, and is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up, sun protection and bring a towel from the ship.

GND-E / NUTMEG AND WATERFALL

DIFFICULTY



Price:\$59; Duration:4.00 hrs

Explore the pristine natural beauty and history of Grenada during this half-day sightseeing excursion, and a memorable visit to Concord Falls.

Dougaldston Estate and Gouyave Nutmeg Factory

Depart the pier for the scenic, approximate 45-minute drive along the picturesque west coast of Grenada en route to the Dougaldston Estate. Upon arrival, receive an introduction to the spices of the island. From here, re-board your coach for the drive to the Gouyave Nutmeg Factory. During your visit, learn about the many uses for nutmeg, and observe how nutmeg and mace are seasoned, processed and sorted.

Concord Falls

Next, proceed for a visit to Concord Falls, where nutmeg and cocoa trees grow along the flanks of the hills in the tropical forest. Upon arrival, relax with a complementary drink and take a refreshing swim in the lovely natural waterfall-pool. Following your visit, commence the approximate 45-minute drive back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 150 yards (about 137 metres), with 20 steps to negotiate at the Gouyave Nutmeg Factory and ten steps to negotiate at Concord Falls. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Extra caution must be exercised if the pathways are wet, as they can become quite slippery. Guests are advised to

wear a swimsuit under a cover-up, sun protection and bring a towel from the ship. The tour sequence may vary. Photography is not permitted inside the Gouyave Nutmeg Factory.

GND-F / ECO TREK AT BAMBOO FALLS

DIFFICULTY



Price:\$59; Duration:3.50 hrs

Experience the natural splendour of Grenada on-foot during this hiking excursion at the Bamboo Waterfall.

Grand Etang

Depart the pier for the scenic, approximately 45-minute drive to Grand Etang. Located high up in the mountains of the island's interior, Grand Etang's varied elevations and terrains boast several different ecological subsystems, culminating in the elfin woodlands high up the slopes of the reserve's central mountains. At an altitude of 1,476 feet (450 meters), this small mountainous territory is rooted in sheer rock, with towering mahogany and giant gommier trees of up to 131 feet (40 meters) in height. Grand Etang's flora also includes a multitude of ferns, tropical flowers and other indigenous plants. The lush vegetation provides shelter for a wide variety of animal, reptile and bird species.

Private Plantation and Bamboo Waterfall

Next, begin your guided trek through the heart of the tropical rainforest. Your trek will involve a challenging hike over muddy terrain and river crossing before reaching the idyllic Bamboo Waterfall. En route, pass through a private plantation with cocoa, nutmeg and banana trees. Upon arrival at the Bamboo Waterfall, you may opt to take a relaxing soak. Afterward, your eco-trek concludes with a refreshment stop at Grand Etang before commencing the approximately 40-minute drive back to the pier.

Please note: This tour involves an extensive amount of walking for approximately 1.5 miles (about 2.4 kilometres), with uneven and muddy surfaces, inclines, and 2 river crossings. This tour is recommended for guests in good physical condition, and is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests must be at least eight years old to participate on this tour. Guests are advised to wear a swimsuit under a cover-up with closed-toe trekking shoes which they don't mind getting wet, and bring sunscreen, a hat, sunglasses, towel and a bottle of water from the ship. A signed waiver is required to participate on this tour. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

GND-G / ACCESSIBLE GRENADA

DIFFICULTY



Price:\$129; Duration:4.00 hrs



This accessible Grenada shore excursion combines the best highlights of the island. Explore the local Spice Market on Market Street in St. George, visit a local nutmeg factory, experience the Dougaldston Spice Processing plant, and enjoy a scenic drive through the beautiful Grand Etang National Park.

Start your day by meeting your friendly guide/driver by the cruise dock and begin short drive to the first stop of the day, in the old parts of the center of St. George's. Here, you will explore the hub of the town, Market Square, where you'll enjoy browsing the colorful local Spice Market. Experience the authentic island atmosphere and smell of nutmeg, cocoa and vanilla, as you stroll through a wide array of island spices, gifts and souvenirs for sale.

The next stop of your day is a local Nutmeg factory. Here, you will see the processing steps of nutmeg and learn about the importance of nutmeg for the island's history and economy. Nearby, you will visit the Douglaston spice depot, where you will enjoy a short presentation of all the spices produced here including cinnamon, pimento, clove, bay leaves, turmeric, ginger, and mace.

The final part of your day will be spent on a scenic drive through the beautiful rain forest. Enjoy views of lush volcanic mountains and tropical flora, and see the many spice, cocoa and banana plantations peppered throughout the landscape. If you are lucky, you may even see some local Mona monkeys! You will arrive to the mesmerizing Grand Etang National Park where you will have a chance to visit the onsite visitor center. Here, you will learn about how the Caribbean Islands were formed, the local weather and plants and how the volcanic Crater Lake was formed. There will also be time to enjoy the spectacular views, purchase snacks and beverages, do some souvenir shopping.

Please Note: This tour is designed to be accessible for all guests. It is suitable for guests on a wheelchair who can transfer to a seat. Full time wheelchair users, are kindly requested to contact *shoreconcierge@silversea.com* in order to provide further details and determine if the tour is suitable for them. The tour route avoids steps and stairs. Accessible bathrooms with wide doors for wheelchairs are present along the tour route. An accessible vehicle with a wheelchair lift or ramp will be used for transportation. Guides are not allowed to push wheelchairs. The number of accessible vehicles is extremely limited and guests are encouraged to make their accessible shore excursion reservations in advance. A minimum participation of 5 guests is required to operate the excursion at the advertised rate. Cancellation deadline is 4 days prior the date of the excursion.

GND-H / PILOT YOUR OWN BOAT & SNORKEL

DIFFICULTY



Price:\$179; Duration:2.75 hrs

Get ready for some wet and wild fun when you explore the island on E-Sea Riders fast two-person inflatable motorboats.

You're the pilot on an exhilarating adventure that includes a stop for snorkelling. After a brief transfer to the E-Sea Riders base in the lagoon of St George's, you are welcomed by the enthusiastic staff that provides an orientation on boat operation before heading off across the Caribbean side of Grenada.

Follow your guide, passing large yachts in Port Louis Marina and inside the charming Carenage of St George's before entering the Caribbean Sea. After a trip alongside the picturesque and colourful coastline, stop at the Grenada Underwater Sculpture Park, your snorkelling destination. Here you can choose to snorkel on submerged statues by sculptor Jason De Caires Taylor, or swim prior to your return to the base and then to the cruise ship terminal.

Please note: This tour involves extensive activity and is recommended for guests in good physical condition. This tour is sold per boat and can accommodate up to two guests per boat. Please request only one ticket for the boat, and not the number of guests that will be on your boat. All drivers must be at least 18 years old. Supplied safety vest must be worn at all times. Wear a swimsuit under a cover-up and bring a towel and adequate sun protection. Women who are pregnant and guests having back problems may not participate on this tour. Snorkelling equipment is included. The minimum age required to participate is 10 years old. The combined maximum weight limit on an E-Sea Rider Boat is 380 pounds (180 kilograms or 29 stone).

GND-I / POWERBOAT AND SCULPTURE PARK SNORKELLING

DIFFICULTY



Price:\$79; Duration:2.00 hrs

Climb aboard the Coast Guard-approved RIB (Rigid Inflatable Boat) and onto your jockey seat to enjoy a fun ride on board the fastest tour boat in Grenada

Departing from the jetty next to the ship's pier, set off on a fast and fun ride over the crystal waters of the Caribbean. After a short safety briefing, head north along Grenada's sheltered western coast. During your tour learn about the Spice Isle; the ecology, wildlife, geography and local history of Grenada.

Grenada Underwater Sculpture Park Snorkelling

The boat stops for approximately 40 minutes so snorkellers may explore one of Grenada's foremost snorkel site: Grenada Underwater Sculpture Park, the world's first underwater sculpture gallery. After the bay got damaged by storm surge, the sculptures were designed to assist in the regeneration of the area by providing habitat for marine life and by providing new surfaces for corals to grow upon.

Receive your snorkel gear and safety instructions before commencing your guided snorkel tour. Non snorkellers are free to stay on board and enjoy a soft drink with your Captain.

After your snorkel, recharge with a soft drink before racing off for another hour of fun exploring and capturing some great photo opportunities. Your tour visits the historic town of St George's where you cruise the protected inner harbor of one of the prettiest towns in the Caribbean, before one last blast back to the dock to disembark.

Please note: This tour requires an extensive amount of activity. Guests are required to sign a waiver to participate in this tour. Guests must be in good physical condition, able to swim and negotiate a swim ladder to re-board the boat after the snorkelling stop. All necessary snorkelling equipment is provided, along with instructions on its use. It is suggested guests wear a swimsuit under a cover-up, sun protection and bring a towel from the ship. Itinerary and snorkel site are subject to change due to sea and weather conditions. The minimum age to participate is 8 years old. This tour is not recommended for pregnant women. The maximum weight for participants is 275 pounds (125 kilograms or 20 Stone). The boat offers only minimal shade.

GND-J / GOLDEN NUTMEG & DIAMOND CHOCOLATE

DIFFICULTY



Price: \$59; Duration: 4.00 hrs

Embrace the splendid beauty and aromatic flavours of Grenada during this memorable, half-day sightseeing excursion.

Gouyave Nutmeg Factory and Processing Station

Depart the pier for the scenic, approximately 50-minute drive to the island's west coast, and a visit to the Gouyave Nutmeg Processing Station. Upon arrival, enter through the high walls of this historic facility and take a guided walking tour. Along the way, learn about and observe how nutmeg is harvested, processed, and exported utilising traditional methods. Following your tour, re-board your coach and proceed to Diamond Chocolate.

Diamond Chocolate Tour and Tasting

Diamond Chocolate produces 'Jouvay' organic chocolate, which now ranks among the top 10 best chocolates in the world according to *National Geographic*. Upon arrival, take a guided stroll through its delightful Cocoa Tree Garden, home to cocoa, clove, pimiento, nutmeg, flowers, and fruit. Afterward, tour the Diamond Chocolate plant. Learn about the history of the company and the production of chocolate from tree-to-bar, and see the machines involved in the processing and shipping processes. Following your walking tour, proceed for tasting of this unique and delicious chocolate, along with freshly-made organic fruit juice. At the conclusion of your visit, re-board your coach and commence the approximately one-hour drive back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 150 yards (about 137 metres), at times over uneven surfaces, with a few steps to negotiate to get on/off the coach, and 20 steps at the sites visited. This tour is not suitable for guests with limited mobility, guests who utilise a wheelchair and guests with motion sickness. Streets are narrow and curved and the ride is bumpy. Lightweight, comfortable clothing with flat, closed-toe walking shoes and sun protection are recommended. Photography is not permitted inside the Gouyave Nutmeg Processing Station. The tour sequence may vary.

March 09 2019, Saturday

Castries - St Lucia, West Indies

SLU-001 / ACCESSIBLE PITONS & WATERFALLS

DIFFICULTY



Price:\$169; Duration:6.00 hrs



This accessible St. Lucia shore excursion offers a fun and full day of experiencing the very best highlights of the island. Visit the charming fishing village Anse La Ray, see the majestic Pitons and experience the Diamond Botanical Garden and Waterfalls in Soufriere.

Start your day by meeting your guide and accessible van at the St. Lucia cruise dock. First, you'll set out on a beautiful scenic island drive through banana plantations and beautiful mountain views, before making a stop in Anse La Ray, a small charming fishing village to the far western side of the island right next to Castries. In Anse La Ray, you will exit the van by the small center square to get out and explore firsthand. Take a stroll down the small pier, meet local fishermen and see what they caught for the day, make your way around the charming little city streets with traditional small cottages, and visit the beautiful old cathedral from the early 16th century.

As your tour continues to the city of Soufriere, you will make several photo stops along the way. Not only is St. Lucia lush and rich in produce, it is a volcanic island which provides some amazing views, including the Pitons. While the Pitons volcano site is not wheelchair accessible, one can still see them from afar and capture some beautiful photos.

In Soufriere, you will experience one of the only fully accessible waterfall views in the world! In the popular Diamond Botanical Garden, your tour guide will take you on a spectacular stroll while sharing all that he knows about the fauna and produce of the island. The path in the garden is accessible with no steps or steep inclines. At the end of the Gardens, you will see the amazing Diamond Waterfall right in front of you. A traditional St. Lucia buffet lunch will be served at an accessible restaurant close to the gardens.

Please Note: This tour is designed to be accessible for all guests. It is suitable for guests on a wheelchair who can transfer to a seat. Full time wheelchair users, are kindly requested to contact *shoreconcierge@silversea.com* in order to provide further details and determine if the tour is suitable for them. The tour route avoids steps and stairs. Accessible bathrooms with wide doors for wheelchairs are present along the tour route. An accessible vehicle with a wheelchair lift or ramp will be used for transportation. Guides are not allowed to push wheelchairs. The number of accessible vehicles is extremely limited and guests are encouraged to make their accessible shore excursion reservations in advance. A minimum participation of 5 guests is required to operate the excursion at the advertised rate.

SLU-A / CULTURAL & SCENIC ST. LUCIA

DIFFICULTY



Price:\$59; Duration:3.50 hrs

This half-day tour provides a glimpse of St. Lucia's scenic beauty and introduces you to St. Lucia's major highlights and culture along with the opportunity to 'Give Back' to the community.

Castries' surroundings offer many spectacular panoramas and interesting venues that may be discovered a short distance from the island's capital. Departing from the cruise terminal, journey through the city of Castries and the winding curves heading up the Morne, where you can marvel at the lush vegetation and homes perched along the hillside.

St. Marks

A stop is made at St. Marks, a rambling colonial house that stands on the hillside overlooking the harbour. Capture the views of Castries harbour amidst the deep blue sea with a green backdrop. On a clear day, view Martinique out in the distance along the northern coastline. Enjoy typical creole snacks and a tasty rum punch or fruit juice in the old colonial home.

Howelton Estate

Take a short drive to Howelton Estate (formally known as Caribelle Batik Studios) to see the artful process of hand blocked material. The enterprise is housed in a charming Victorian mansion that, according to local legend, is haunted. Take some time to browse in the showroom for colourful resort wear and souvenirs for which Howelton Estate is justifiably famous. At this enchanting building enjoy a brief demonstration on the art of Batik.

Fond Latisab Creole Park

Depart for a drive through the countryside to Fond Latisab - Taste St. Lucia's very own local Creole traditions as you join a cultural tour of the Fond Latisab Creole Park in the beautiful community of Babonneau. Experience cultural practices such as; the preparation of cassava bread, cooking on macambou leaves, and the very authentic display of wood-sawing, all while the Chak-Chak band plays traditional music in the background.

Discover the ancient Amerindian manner as you witness several traditional practices. See the fascinating method of log sawing to the rhythmic music of a local Chak-Chak band as you experience a glimpse into the rich folk heritage of St. Lucia. You might even be able to learn a few words

of Patois, the language of Creole heavily laced with French, African and English grammar. You'll have the opportunity to taste the cassava bread and a local fruit drink before returning to your ship.

Please note: Tour involves moderate walking with steps at various sites. It is not suitable for guests with limited mobility and those who utilise a wheelchair. Comfortable rubber-soled shoes are recommended. Guests must be at least 21 years old to participate in the tasting of alcoholic beverages. Order of sites visited may vary. A minimum number of guests per guide are required for operation of this tour.

SLU-B / LUCIAN STYLE SEGWAY

DIFFICULTY



Price:\$119; Duration:3.50 hrs



Experience 'gliding' island style on this fun, safe and environmentally friendly half-day Segway tour.

Segway Orientation

Depart the pier by coach and make the journey north to the Segway Welcome Centre. Upon arrival, you will receive a safety briefing and instruction, followed by some practice time on the Segway Practice Track before beginning your adventure.

Mount Pimard and Pebble Beach

Following your guide, glide over the scenic nature trail up beautiful Mount Pimard to enjoy breath-taking views of St. Lucia's dramatic West Coast. Along the route, your guide tells you about everything from the beautiful flowers and butterflies to the battles between the English and French for the fair 'Helen of the West', St. Lucia.

Continue on to your first stop, Pebble Beach where local fishermen are often seen hunting for dinner and many rock skipping contests have been waged. Next, head up the mountain side with many photo spots and educational stops along the way; stops such as the now sealed bunkers that once served as tunnels, storage and lookouts for the American military during World War II.

Refreshments and Belle View Point

Arriving at the island's highest view point, Morne Pimard, enjoy refreshment consisting of local juices and fruits. You are invited to join in on a short optional walk up the volcanic masterpiece and experience 'Stone Face Fish Pond'; be sure to bring some fish food and your cameras. As you begin your descent toward the beach, take a detour and enjoy Belle View Point for panoramic views of Pigeon Island, Reduit Beach, The Rodney Bay Marina and the Caribbean Sea.

Beach Vistas

Enjoy a relaxing glide along the beach, passing the ever accommodating Lucian-Style Beach Hut and feeling the sea breeze cool your soul. Your Pimard experience comes to an enjoyable end upon your return to the centre.

Re-board your transfer for the short trip back to Castries and your awaiting ship.

Please note: This tour requires an extensive amount activity and guests must be in good physical condition to participate. A waiver/release is required to participate. This tour is not recommended for guests with limited mobility or those who utilise a wheelchair. We suggest wearing light-weight, comfortable clothing, rubber-soled footwear, sun protection and insect repellent. We recommend that guests bring a camera; each segway has a small bag attached that can be used to hold personal items. Helmets are provided and must be worn at all times while on the Segway. Elbow and knee pads are also provided; although we highly recommend their use, they are not mandatory. Minimum age to participate is 12 accompanied by parent. Guests must not exeed 250lb (113Kg) in weight.

SLU-C / HELI-FLIGHTSEEING OVER SOUTH ISLAND

DIFFICULTY



Price: \$199; Duration: 0.75 hrs



Experience a bird's eye view of the Pitons, rainforest and beautiful sandy beaches during this helicopter flight-seeing excursion. There is no better way to enjoy St. Lucia's breathtaking scenery than from the air. This exhilarating 20-minute airborne experience ranks among the island's top sightseeing options.

A short transfer brings you to St. Lucia's Helipad at Vigie airport to board the helicopter and start your flightseeing adventure. Your aircraft flies over Castries Harbour and along the western shoreline of St. Lucia. The flight continues over Marigot Bay and heads south to Soufrière, where the majestic Pitons rise directly from the sea to the sky. The return flight takes you inland for a view of St. Lucia's volcanic hot springs and tropical rain forest. At the conclusion of your flight, return to the ship with the great feeling of having experienced St. Lucia in its entire natural splendour.

Please note: This tour requires a minimum amount of walking; however guests must be able to climb in and out of a helicopter. Operation of this tour depends on weather conditions. Participation in this tour is limited to 12 guests. Seating is at the discretion of the pilot and there may be a weight restriction of 220 pounds (100 kilograms). Flight is in 6-passenger helicopters with a minimum of six guests per helicopter. Flight time is approximately 20 minutes. The configuration of seating leaves one seat not next to a window. Seating assignments are done by weight and balance of the aircraft and a window seat cannot be guaranteed. Don't forget to bring your camera.

SLU-D / PITONS EXPERIENCE WITH LUNCH AT LADERA RESORT

DIFFICULTY



Price:\$229; Duration:6.00 hrs

Bask in the elegance of a tropical paradise during this unforgettable, full-day excursion to the exclusive Ladera Resort in the Piton mountains including a catamaran cruise from Marigot Bay.

Castries, Morne Fortune Viewpoint and Soufriere

Depart the pier for the short drive through Castries to the Morne Fortune Viewpoint, which offers spectacular panoramic views over Castries Barbour. After your photo stop here, re-board your coach for about 1.5 hours drive traversing the rolling countryside, mountains and small villages to the town of Soufriere, home of the luxurious Ladera Resort.

Ladera Resort and Lunch

St. Lucia's most renowned tropical getaway, Ladera was the first Caribbean resort to be rated #1 by the 'Conde Nast Traveler@'. Ladera's awe-inspiring setting is nestled in the foreground of the island's most notable landmark, the Pitons, an UNESCO World Heritage Site. Upon arrival, proceed for a gourmet lunch at the award-winning Dasheene restaurant, and some free time to explore this beautiful property and their herbal garden.

West Coast Cruise and Marigot Bay

Next, re-board your coach and drive to the Soufriere docks. Upon arrival, embark for a cruise back up the west coast and a swim at one of the bays along the West coastline. Your tour continues with a cruise into Marigot Bay, relax with refreshments, soak up the sun, and marvel at the verdant green hillsides and swaying palms that surround you. Your tour concludes with an approximately one-hour cruise back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 200 yards (about 183 meters) with a few steps to negotiate to get on/off the coach and embark/disembark the boat, six-ten steps leading to the Dasheen restaurant, and four-six steps within the restaurant. This tour is recommended for guests in good physical condition, and is not suitable for guests with heart and respiratory problems, guests with neck, back, leg and/or hip conditions, guests prone to seasickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach shoes or sandals, and bring sun protection, insect repellent and a towel from the ship. The use of Ladera Resort pool and other amenities is not included and it is reserved to Hotel guests. Free WIFI is available throughout the resort. Guests must be 21 years of age to participate on this tour. The maximum height for each guest is approximately 74 inches (about 188 centimetres) to participate on this tour. The maximum weight is approximately 250 pounds (about 113.4 kilograms) to participate on this tour. Operation of this tour is subject to weather conditions. Space on this tour is very limited; we suggest you book in advance to avoid disappointment. A motor boat may occasionally be used instead of a catamaran for the return trip.

SLU-F / CATAMARAN CRUISE & SNORKEL

DIFFICULTY



Price:\$89; Duration:3.00 hrs

Embrace the exquisite natural beauty of St. Lucia from above and below sea-level during this swimming and snorkelling excursion via catamaran. Marigot Bay and Anse Cochon Marine Reserve

Depart the pier on-board a motorized catamaran cruiser for your scenic cruise along the west coast of St. Lucia. Bypass Marigot Bay, one of the most beautiful bays in the Caribbean, en route to the idyllic Anse Cochon Marine Reserve.

Swimming and Snorkelling

Upon arrival, ample time is made available for guided swimming and snorkelling amidst the island's vibrant marine life, or just relaxing in the Caribbean sun. Following the snorkelling portion of the tour, relax with a selection of refreshments served on-board the catamaran. At the conclusion of your visit, commence the approximately 45-minute ride back to the pier.

Please note: This tour involves a moderate amount of activity and approximately 160 yards (about 146 metres) of walking, with a few steps to negotiate to get on/off the coach and embark/disembark the catamaran, and 6-10 steps to enter the water via the water ladder. This tour is recommended for guests in good physical condition, and is not suitable for guests with heart and respiratory problems, guests with neck, back, leg and/or hip conditions, guests prone to seasickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach shoes or sandals, and bring sun protection, insect repellent and a towel from the ship. Life jackets, snorkel vests, fins, masks, and snorkels are provided. Guests must be at least 13 years old to participate on this tour. Guests must be at least 21 years old to consume alcoholic beverages. The maximum weight is approximately 250 pounds (about 113.4 kilograms) to participate on this tour. Operation of this tour is subject to weather conditions. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

SLU-G / TRANOPY - AERIAL TRAM & ZIP-LINE ADVENTURE

DIFFICULTY



Price:\$119; Duration:5.00 hrs

SLU-H / AERIAL TRAM ADVENTURE

DIFFICULTY



Price: \$109; Duration: 3.50 hrs

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Discover the St. Lucian wilderness as it comes alive in the rainforest canopy during this half-day excursion.

The canopy is home to an enormous amount of flora and fauna that inhabits the rainforest. In their eagerness to search for light and space, many plants have colonised the treetops turning them into small ecosystems.

Fauna is very abundant throughout the tropical rainforests, however; animals are difficult to spot during the day. From the Aerial Tram you can also appreciate all the different shades of green as well as the various sizes and shapes that the leaves have created as a strategy to capture sunlight. The course is very secure and very quiet; this allows you to listen to the many different sounds of the rainforest.

Beginning from the pier on a fully air-conditioned bus, travel through the Capital city of Castries through the mountains to a village nestled over 2,000 ft. (600 metres) in the mountains. On your way, be treated to magnificent views of St. Lucia's beautiful country-side. The ride takes 30 minutes from the pier in the North of the island to the base station.

At the site, a brief orientation and safety instruction will be given, followed by your Aerial Tram journey into the rainforest. The Rainforest Sky Rides in St. Lucia provides the visitor with a bird's eye view of a truly mature Caribbean oceanic rainforest. Nurtured by warm, gentle rains and rich volcanic soils, St. Lucia's forests have achieved a state of ancient majesty.

Open-air gondolas safely glide you through and over the tree tops, where knotted and twisting woody vines wind to the tops of old growth rainforest trees. Dense thickets of surreal vegetation merge with cascades of flowers. Lavender stars, orange bursts, yellow berries and white lace thrive on the branches of fragrant flowering trees. Giant 'Chatannier', Magnolia, Gommier trees tower over the landscape and provide food and shelter for St. Lucia's endemic and endangered parrot. Here, the flowers bloom with shameless abundance. Experience St. Lucia's forest from a whole new perspective and witness this ancient celebration of colour and life with the option to walk the Fern Nature trail as well.

The Hummingbird Café and the Duty-free Amazonas Gift Shop are also available at the premises for your convenience.

This tour concludes at the pier.

Please note: This tour requires a minimal amount of walking. All Rain Forest Sky Rides properties are non-smoking. For the optional walk, closed shoes or sandals are mandatory (no flip flops or high heels). It is also recommended to bring an umbrella or rain poncho in case of unexpected, island rain showers. This tour has neither age restrictions nor physical restrictions and is wheelchair accessible. However, due to the bus ride on windy roads, this tour is not recommended for guests who suffer from motion sickness. The transfer is approximately 30 minutes without guide or commentary. A signed waiver is required to participate in this excursion.

SLU-L / JEEP SAFARI AND BEACH BREAK

DIFFICULTY



Price:\$79; Duration:4.25 hrs

Explore the breath-taking natural beauty, sights, sounds and history of St. Lucia during this memorable Jeep excursion, rainforest trek, beach bar-b-q and a refreshing swim on a private beach.

Castries Market, City Square, Morne Fortune Viewpoint, and Castries Harbour

Depart the pier aboard an open-air Jeep for the scenic, approximately 45-minute drive to the Castries Waterworks Reserve. En route, pass by the bustling, colourful Castries Market, historic Roman Catholic Church and City Square named in honour of the island's second Nobel Laureate, Sir Derek Walcott. From here, take a short drive up Morne Fortune to the Morne Viewpoint for a spectacular panoramic view of the Castries Harbour.

Chassin, La Sourcier Mountain, Castries Waterworks Reserve and Rainforest Walk

Next, re-board your Jeep and proceed to Chassin, located in Babonnau at the foot of La Sourcier Mountain. Upon arrival, depart your Jeep for a guided nature walk in the Castries Waterworks Reserve, the oldest protected rainforest in St. Lucia. Along the way, your guide points out towering gommiers, impressive chatanniers and strangler ficus trees, alighted upon by hummingbirds and bananaquits. In addition, see and hear the plumage and calls of the birdlife that inhabit the Caribbean Oceanic forests, and stroll through the Hummingbird Gardens for a close-up view of these playful birds. Following a comfort and refreshment stop, browse the Amazona Gift Shop before re-boarding your Jeep for a drive through the picturesque St. Lucian countryside.

Countryside Drive, Marquis Estate, Gros Islet, Pigeon Island Causeway, and Swimming

The tour passes through small villages for an insight into the rural local lifestyle. After a photo stop at Marquis Estate, one of the first and largest banana plantations in St. Lucia, re-board your Jeep for a drive toward the northern coast of the island. Pass through the small town of Gros Islet with its historic Catholic Church, and then continue on to the Pigeon Island National Landmark, a picturesque 44 acre nature park with a secluded white-sand beach. Pigeon Island captures over a thousand years of diverse history. There are marked trails with a number of historical sites, like the remains of an 18th-century British fort, as well as Fort Rodney, where the British admiral spied on the French ships from its strategic viewpoint. The Park is also the major venue of St. Lucia's annual Jazz Festival.

Upon arrival, you will be served complementary beverages of bottled water, sodas, or rum punch. A BBQ lunch will also be served with choices of chicken/fish, along with seasoned rice, and salad. Options are then available to explore the historical sites, and/or relax on the secluded beach and take a refreshing swim in the azure waters of the Caribbean Sea. Complimentary beach chairs will be provided. At the conclusion of your visit, re-board your Jeep and commence the approximately 30-minute drive back to the pier.

Please note: This tour involves a moderate amount of off-road driving over bumpy and uneven natural surfaces and inclines, and a moderate amount of walking, at times over uneven, cobblestone and natural surfaces, with a few steep steps to negotiate to get on/off the Jeep and 200 steps during the rainforest walk. This tour is not suitable for pregnant guests, guests with neck/back problems, guests with heart/respiratory conditions, guests with limited mobility, and guests who utilise a wheelchair; guests must be able to get in/out of the Jeep without assistance. Guests must follow the safety instructions of their guides at all times, and, for safety reasons, must remain seated with their seatbelts fastened once the vehicle is in motion; the seatbelts are lap belts. Guests are advised to wear lightweight, comfortable clothing with flat, closed-toe walking shoes, and bring sun protection, insect repellent, a bathing suit and towel from the ship. Guests must be at least eight years old to participate on this tour. The minimum age to participate on this tour is 8 and maximum age 70 years old. Guests must weigh less than 270 pounds (about 122 kilograms) to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. The tour sequence may vary. A signed waiver is required to participate in this excursion.

SLU-M / MT. PIMARD NORTHERN SCENIC HIKE

DIFFICULTY



Price:\$69; Duration:4.00 hrs

Embrace the scenic splendour of St. Lucia from a unique perspective during this exhilarating, half-day hiking excursion up Mt. Pimard. Castries, Rodney Bay and Mt. Pimard Hike

Depart the pier for the scenic, approximately 30-minute drive to Rodney Bay, site of the base of iconic Mt. Pimard, a private nature reserve. Upon arrival, begin your guided extensive hike to its breathtakingly beautiful summit. Aside from hiking the Pitons, this is the only other mountain hike on St. Lucia that is surrounded by 180 degrees of water.

Pigeon Point, Pitons, Mt. Gimmie, Reduit Beach, Gros Islet, and the Caribbean Sea

During your ascent of Mt. Pimard, learn about the captivating history of St. Lucia. Upon reaching the summit, take in spectacular panoramic views from the northern part of the island. Sights to be seen include Rodney Bay, Pigeon Point, the Pitons (on a clear day), Mt. Gimmie, Reduit Beach, Gros Islet, and the Caribbean Sea. After descending Mt. Pimard, re-board your coach and commence the approximately 30-minute drive back to the pier.

Please note: This tour involves an extensive amount of walking and standing for approximately 3.5 miles (about 5.6 kilometres), at times over uneven and inclined natural surfaces, hills and inclines, ropes are set along the trail for use during some of the steeper sections. Guests must negotiate few steps to get on/off the coach and 20 steps at Mt. Pimard. This tour is recommended for guests in good physical condition only. This tour is not suitable for pregnant guests, guests with neck/back problems, guests with heart/respiratory conditions, guests with limited mobility, and guests who utilise a wheelchair. Lightweight, comfortable clothing and sun protection are recommended. Guests must wear sturdy, closed-toe hiking shoes. Guests must be at least 12 years old to participate on this tour. A signed waiver is required to participate on this tour. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

SLU-N / LET'S MAKE CHOCOLATE!

DIFFICULTY



Price: \$99; Duration: 2.50 hrs



Discover the secrets to preparing mouth-watering dark chocolate bars during an interactive chocolate-making class at the renowned Howelton Estate.

Castries, Howelton Estate, Interactive Chocolate-Making Class

Depart the pier for the short drive to the renowned, late-19th-century Howelton Estate. Upon arrival, proceed for a guided, tree-to-bar, chocolate-making class. This memorable class begins with the manual grinding of cocoa nibs, which have been broken down from dried trinitario beans grown on the island. Saint Lucia's trinitario cocoa beans are treasured by renowned chocolatiers for their aromatic indulgencies on one's senses. Under the guidance of the house chocolatier, use a mortar and pestle to grind the nibs until they transform into liquefied chocolate. The breakdown process can take up to 45 minutes. Along the way, you can add in personal touches of desired flavours to create a unique, signature bar

Castries Harbour Views, Cellar Bar, Gift Shop, Chocolate Souvenir

Throughout the class, learn about the many fascinating health benefits of trinitario dark chocolate. A 20-minute cooling-down period allows the liquefied chocolate to solidify after it has been put into its mould. During the break, you can take in spectacular panoramic views of the city, enjoy a beverage from the Cellar Bar or browse the duty-free gift shop. Following the break, class resumes and the end result is a beautiful, approximately 1.75-ounce (about 50-gram) dark chocolate bar that is foil-wrapped and presented to you to take home as perhaps your most distinctive souvenir of Saint Lucia. At the conclusion of your visit, re-board your coach and commence the short drive back to the pier.

Please note: This tour involves a minimal amount of walking for approximately 60 yards-70 yards (about 55 metres-64 metres), at times over concrete and tiled surfaces, with a few steps to negotiate to get on/off the coach and 25 steps at the Howelton Estate. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests with limited mobility, and guests who utilise a wheelchair. Lightweight, comfortable clothing with flat, closed-toe walking shoes and sun protection are recommended. Guests must be at least 16 years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

SLU-P / A DAY AT ROYALTON ST. LUCIA RESORT

DIFFICULTY



Price:\$199; Duration:7.00 hrs



Relax and unwind during this picturesque, full-day excursion to the idyllic Royalton St. Lucia Resort.

Castries, North Coast, Cap Estate, Royalton Saint Lucia Resort

Depart the pier for the scenic, approximately 30-minute drive to the north of the island to Cap Estate. Upon arrival, proceed for a visit to the all-inclusive Royalton Saint Lucia Resort. Nestled amidst a lush, tropical landscape on one of the most picturesque Islands in the Caribbean, the Royalton Saint Lucia welcomes your arrival with upscale style and comfort enhanced by the exquisite beauty of St. Lucia.

Sunbathing, Swimming Pools, Lunch

The Royalton Saint Lucia's elegant, modern facility, attentive staff and world class cuisine combine to create the ideal setting for your unforgettable, all-inclusive escape. During your visit, you can soak up the tropical sun, relax and swim in either of two sparkling swimming pools, where alcoholic and non-alcoholic beverages are available. Lunch is served at either the *Grazie Italian Trattoria* or *Gourmet Marche International Buffet* restaurants.

White-Sand Beach, Caribbean Sea, Non-Motorised Water Sports, Gift Shop

After lunch, explore the white-sand beach, take a dip in the inviting, crystal-clear waters of the Caribbean Sea, and enjoy non-motorised water sports such as paddle-boarding, kayaking or Hobie Cat sailing. Before you leave, stop by the gift shop to browse for souvenirs. At the conclusion of your visit, re-board your coach and commence the approximately 30-minute drive back to the pier.

Please note: This tour involves a minimal amount of walking for approximately 50 yards-60 yards (about 46 metres-55 metres), at times over sandy and tiled surfaces, with a few steps to negotiate to get on/off the coach. Walking at the resort is at the discretion of each guest. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a coverup with beach or water shoes, and bring sun protection, insect repellent, a towel and change of clothing from the ship. The tour sequence may vary. Operation of this tour is subject to weather conditions. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

SLU-Q / SEE THE PITONS BY SPEED BOAT

DIFFICULTY



Price: \$99; Duration: 2.50 hrs



Enjoy a scenic exhilarating cruise along the island's west coast, bypass fishing villages before arriving in the Soufriere Bay to view the magnificent Pitons.

West Coast Cruise

Depart the pier on board a Bowen or Cigarette speedboat for the scenic, approximately 45-minute cruise down the rugged west coast of St. Lucia. En route, pass by the fishing villages of Anse La Raye and Canaries, Sugar Beach, and the Jade Mountain and Anse Chastanet resorts.

Soufriere Bay, Pitons

Upon arrival at Soufriere Bay, cruise around the bay and marvel at the breath-taking views and photo opportunities of the Pitons, an UNESCO World Heritage Site. Named one of the 'Top Ten Wonders of the World', the Pitons are two mountainous volcanic spires located in Saint Lucia. The Gros Piton is approximately 2,530 feet (about 771 metres) high, and the Petit Piton is 2,438 feet (about 743 metres) high; they are linked by the Piton Mitan ridge.

Swimming and Snorkelling

Next, cruise back up the west coast. Along the way, a stop is made for a guided swimming and snorkelling session to explore the exquisite coral beds, tropical fish and marine life. Afterward, head to Marigot Bay. One of the most beautiful bays in the Caribbean, Marigot Bay served as a film location for *Dr. Doolittle*, starring Rex Harrison, and *Firepower*, starring James Coburn and Sophia Loren. Upon arrival at Marigot Bay, take in spectacular panoramic views of the Capella Resort, shopping plaza and yachts from all over the world. At the conclusion of your tour, commence the approximately 20-minute cruise back to the pier.

Please note: This tour involves an minimal amount of walking for approximately 50 yards-60 yards (about 46 metres-55 metres), with a few steps to negotiate to embark/disembark the speedboat. Guests willing to snorkel must be able to climb off and on a ladder at the back of the boat in order to enter the water. This tour is recommended for guests in good physical condition. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone to seasickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with rubber-soled shoes,

sandals or flip-flops, and bring sun protection, insect repellent and a towel from the ship. Guests must be at least eight years old to participate on this tour. Snorkelling equipment and safety vests provided. The maximum weight of each participating guests must not exceed 250 pounds (about 113 kilograms). There are no changing facilities on board the boat. Waterproof cameras are highly recommended. Although frequently encountered on this type of tour, marine life sightings are not guaranteed. Guests may not snorkel if they have consumed alcohol. A signed waiver is required to participate on this tour. The tour sequence may vary. Operation of this tour is subject to weather conditions. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

SLU-S / BIKING AND WATERFALL HIKE

DIFFICULTY



Price: \$79; Duration: 4.00 hrs



Explore Castries and its surrounds in a scenic and invigorating new way during this memorable, half-day biking and hiking excursion.

Castries, Banana Plantations, Fruit Trees, Anse La Raye Village, Bicycle Ride, Church

Depart the pier aboard a bus or open-back Jeep for the scenic, approximately 45-minute drive to the fishing village of Anse La Raye. En route, drive past portions of banana plantations and various tropical fruit trees. Upon arrival at Anse La Raye, receive your safety and biking instructions, helmet and bicycle, then begin your short, guided ride through the village with its old historic Roman Catholic Church.

Forest, Flora and Fauna, Waterfall, River-Pool

Next, ride along a country road for fun and adventure. The trail takes you through the outskirts of a lush secondary forest, accompanied by bird songs, fresh air and a gurgling river. Be one with nature, and experience some of the island's fascinating flora and fauna from up-close. During your journey, a stop is made for an exhilarating hike to a picturesque waterfall. After a photo stop here, hop back on your bikes for the short ride to a natural, freshwater river-pool. Upon arrival, take a refreshing dip in the cool mountain water.

Anse La Raye Village, Jag Restaurant

Leaving the river pool, return to Anse La Raye Village for a refreshment and comfort stop at the *Jag* restaurant. Afterward, some free time is made available for a quick stroll through the village. At the conclusion of the village, re-board your coach for the approximately 45-minute drive back to the pier.

Please note: This tour involves a moderate amount of biking and hiking, at times over uneven, cobblestone, natural, and slippery surfaces, hills and inclines, with a few steps to negotiate to get on/off the coach. Walking at Anse La Raye Village is at the discretion of each guest. This tour is recommended for guests in good physical condition. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with shoes or sneakers suitable for bike-riding and hiking, and bring sun protection, insect repellent and a towel from the ship; bare backs are not permitted on this tour. Guests must be at least 13 years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Nudity is not permitted on Saint Lucian beaches. Safety helmets are provided, and must be worn at all times during the biking portion of the tour. A signed waiver is required to participate on this tour. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

SLU-U / SOUFRIERE GEMS

DIFFICULTY



Price:\$149; Duration:6.50 hrs



Embrace the splendid tropical beauty of Soufriere and its surrounds by land and sea during this scenic, sightseeing excursion with lunch. Castries, Rodney Bay Marina, West Coast, Fishing Villages, Pitons

Depart the pier for the short transfer to the Rodney Bay Marina. Upon arrival, receive your safety and tour instructions, then embark your awaiting, motor boat for the approximately 60 minute cruise to Soufriere. En route, glide along the picturesque west coast of St. Lucia, see quaint fishing villages and the majestic Pitons, an UNESCO World Heritage Site.

Soufriere, Sulphur Springs or Mud Baths, Botanical Gardens, Diamond Falls, Lunch

Upon arrival in Soufriere, board a minibus for the short drive to the Sulphur Springs or Mud Baths. Upon arrival you have the option for spending time at the Mud Baths OR taking a guided Volcano walk to visit (seeing only) the Sulphur Springs. Next, re-board your coach minibus and proceed for the beautiful Botanical Gardens. Upon arrival, take a guided walking tour of the gardens and Diamond Falls, an exquisite waterfall. Following your visit, proceed for a buffet lunch at a local restaurant by the Bay.

Soufriere, Pirate's Cove, Marigot Bay, Rodney Bay Marina

After lunch, re-board your minibus for the short transfer back to the Soufriere docks, then embark your awaiting boat and visit Pirate's Cove en route to a quick turnaround at Marigot Bay. This fascinating bay served as a former hiding-place of the British Navy during the Napoleonic wars, and, more recently, a motion picture setting. Leaving Marigot Bay, continue the cruise back to the Rodney Bay Marina, then commence the short transfer back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 440 yards (about 402 metres), at times over uneven and cobblestone surfaces and inclines, with a few steps to negotiate to get on/off the coach and embark/disembark the boat. This tour is recommended for guests in good physical condition. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone to seasickness, guests with limited mobility, and guests who utilise a

wheelchair. Guests who are planning to try the mud bath advised to wear a swimsuit under a cover-up with flat, closed-toe walking shoes, and bring sun protection and a towel from the ship. Guests must be at least 12 years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. A signed waiver is required to participate on this tour. The tour sequence may vary. Operation of this tour is subject to weather conditions.

Silver Shore "Privato"

Explore the surrounding at your leisure during your private tour. Customize your own itinerary or choose to see and overview of the area's highlights. Please note: This tour is non-refundable if cancelled within 48 hours prior to arrival in the port. Actual vehicle type varies depending on availability. Guide is English-speaking. The price, exclusive of meals, entrance fees and gratuities, is per vehicle. Therefore, when making your reservation, please indicate the number of vehicles, not the number of guests. Only one person in the party needs to reserve this program. Please see the Shore Concierge Office on board the ship to arrange your individual itinerary

SLU-R1 / SOUFRIERE PRIVATE DISCOVERY BY MINIVAN

DIFFICULTY



Price:\$399; Duration:7.50 hrs; Capacity:25



Experience the must-see sights of Saint Lucia with your spouse, partner, family members, travel group and/or loved ones during this exclusive and private, full-day sightseeing excursion to Soufriere.

Castries, Soufriere, Pitons

Depart the pier for the scenic, approximately 1.5-hour drive aboard your private minivan through dense forests and lush vegetation en route to the legendary town of Soufriere, where you are welcomed by a magnificent view of the majestic Pitons. These twin volcanic peaks rise triumphantly out of the Caribbean Sea, and have been designated an UNESCO World Heritage Site.

Nature Tour Options

Upon arrival in Soufriere, your customised itinerary kicks in. You can choose any two of the following four options:

- 1) Experience the world's only drive-in volcano to bask in the therapeutic waters of the bubbling Sulphur Springs, known as the 'Fountain of Youth'
- 2) Stroll about the lush Botanical Gardens, where you can explore St. Lucia's natural bounty and visit its Sulphur Waterfall.
- 3) Hike along the captivating Tete Paul Nature Trail, which boasts the finest views of the Pitons available from land.
- 4) Relax, unwind and take a refreshing dip in the beautiful Toraille Falls, one of St. Lucia's tallest swimmable waterfalls.

Creole Lunch, Marigot Bay Viewpoints, Morne Fortune Viewpoint

Upon completion of your two tour options, proceed for a Creole lunch at a local restaurant. After lunch, re-board your minivan and begin the return drive to Castries, with photo stops at the Marigot Bay and Morne Fortune viewpoints en route. Leaving Morne Fortune, commence the short drive back to the pier.

Please note: This tour involves a moderate amount of walking, at times over uneven, cobblestone, natural, and slippery surfaces, hills and inclines, with a few steps to negotiate to get on/off the coach and 15 steps to access the Sulphur Springs Viewpoint. This tour is recommended for guests in good physical condition. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone to motion sickness, guests with limited mobility, and guests who utilise a wheelchair. Lightweight, comfortable, cotton clothing with flat, closed-toe walking shoes and sun protection are recommended; suggestive clothing is prohibited. Guests wishing to soak in the Sulphur Springs are advised to wear a swimsuit under a cover-up with flat, closed-toe walking shoes, and bring a towel and change of clothing from the ship. All children must be accompanied by a parent or guardian. Guests must be at least 21 years old to be served alcoholic beverages. The driving distance between the pier and Soufriere is approximately 1.5 hours in each direction. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment. A limited number of private minivans are available on request, with a maximum of four passengers. The price of this tour is for two guests; each additional passenger (up to four) will be charged an additional cost 199.00USD. Only one guest in the party needs to reserve this excursion.

SLU-R2 / SOUFRIERE PRIVATE DISCOVERY BT MINIBUS

DIFFICULTY



Price: \$769; Duration: 7.50 hrs; Capacity: 25



Experience the must-see sights of Saint Lucia with your spouse, partner, family members, travel group and/or loved ones during this exclusive and private, full-day sightseeing excursion to Soufriere.

Castries, Soufriere, Pitons

Depart the pier for the scenic, approximately 1.5-hour drive aboard your private minibus through dense forests and lush vegetation en route to the legendary town of Soufriere, where you are welcomed by a magnificent view of the majestic Pitons. These twin volcanic peaks rise triumphantly out of the Caribbean Sea, and have been designated an UNESCO World Heritage Site.

Nature Tour Options

Upon arrival in Soufriere, your customised itinerary kicks in. You can choose any two of the following four options:

- 1) Experience the world's only drive-in volcano to bask in the therapeutic waters of the bubbling Sulphur Springs, known as the 'Fountain of Youth'.
- 2) Stroll about the lush Botanical Gardens, where you can explore St. Lucia's natural bounty and visit its Sulphur Waterfall.
- 3) Hike along the captivating Tete Paul Nature Trail, which boasts the finest views of the Pitons available from land.
- 4) Relax, unwind and take a refreshing dip in the beautiful Toraille Falls, one of St. Lucia's tallest swimmable waterfalls.

Creole Lunch, Marigot Bay Viewpoints, Morne Fortune Viewpoint

Upon completion of your two tour options, proceed for a Creole lunch at a local restaurant. After lunch, re-board your minibus and begin the return drive to Castries, with photo stops at the Marigot Bay and Morne Fortune viewpoints en route. Leaving Morne Fortune, commence the short drive back to the pier.

Please note: This tour involves a moderate amount of walking, at times over uneven, cobblestone, natural, and slippery surfaces, hills and inclines, with a few steps to negotiate to get on/off the coach and 15 steps to access the Sulphur Springs Viewpoint. This tour is recommended for guests in good physical condition. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone to motion sickness, guests with limited mobility, and guests who utilise a wheelchair. Lightweight, comfortable, cotton clothing with flat, closed-toe walking shoes and sun protection are recommended; suggestive clothing is prohibited. Guests wishing to soak in the Sulphur Springs are advised to wear a swimsuit under a cover-up with flat, closed-toe walking shoes, and bring a towel and change of clothing from the ship. All children must be accompanied by a parent or guardian. Guests must be at least 21 years old to be served alcoholic beverages. The driving distance between the pier and Soufriere is approximately 1.5 hours in each direction. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment. A limited number of private minibuses are available on request, with a maximum of 12 passengers per minibus. The price of this tour is for four guests; additional passengers (up to 12) will be charged an additional cost of 199USD per person. Only one guest in the party needs to reserve this excursion.

March 10 2019, Sunday

Bridgetown - Barbados

BGI-E / FAREWELL BARBADOS (TOUR & AIRPORT TRANSFER)

DIFFICULTY



Price:\$69; Duration:4.00 hrs

Guests with flights departing Barbados after 3:00 p.m. can explore the island's coastal beauty during this picturesque, half-day sightseeing excursion.

Scenic West Coast Drive

Depart the pier for the scenic, approximately 55-minute drive to Bathsheba. En route, ride along the scenic west coast, known as the 'Platinum Coast' for its famous celebrity and wealthy residents, then drive north across sleepy and quaint country villages dotted with chattel houses.

Bathsheba Beach and St. John's Church

Upon arrival at idyllic Bathsheba Beach, take a stroll on this world-renowned surfing beach. Marvel at dramatic views of the rugged coastline, pounding Atlantic surf and intricately-carved wooden pulpit made with over 30 types of wood. Leaving the beach, re-board your coach and head to St. John's Church for stunning views of the Atlantic coastline.

Gun Hill Signal Station

Next, proceed to Gun Hill Signal Station. Located in the centre of the island, Gun Hill was a former military post and lookout during World War II, and offers wonderful panoramic views of the island.

Your tour will conclude with a transfer to the airport.

Please note: This tour and airport transfer, concluding at the Bridgetown Grantley Adams International Airport, is offered only to guests with flights departing after 3:00 pm. This tour involves a moderate amount of walking for approximately 0.5 miles (0.8 kilometres), at times over uneven surfaces, with few steps to negotiate to get on/off the coach, four steps to access the beach at Bathsheba and 10 steps into the Tower at Gun Hill. Lightweight, comfortable clothing, flat, closed-toe walking shoes and sun protection are recommended; camouflage clothing is not permitted.

BGI-N / BARBADOS HIGHLIGHTS WITH LUNCH (TOUR & AIRPORT TRANSFER)

DIFFICULTY



Price:\$89; Duration:5.00 hrs

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Guests with flights departing Barbados after 4:30 p.m. can explore the island's historical and natural beauty during this picturesque, half-day sightseeing excursion.

Orchid World

Board your coach for a 30 minute ride and reach the gardens at Orchid World. Walk along meandering pathways and enjoy thousands of Orchids as well as the stunning views in the Orchid houses. The views of the coast line from this enchanting tropical flower garden are spectacular.

St. John's Parish Church

Next, proceed to St. John's Parish Church, located approximately 800 feet (about 244 metres) above sea level. Here, take in stunning vistas and photo opportunities overlooking the Atlantic Coast and southernmost tip of Barbados. Your guided tour also includes a visit to the burial place of Ferdinando Paleolgus, a descendent of Emperor Constantine the Great, whose family was driven from the throne of Constantinople by the Turks.

Lunch at Sunbury Plantation

A light buffet lunch will be served at the Sunbury Plantation House. After lunch, re-board your coach and commence the short drive to the airport in time for your return flight home.

Please note: This tour and airport transfer, concluding at the Bridgetown Grantley Adams International Airport, is offered only to guests with flights departing after 4:30 pm. This tour involves a moderate amount of walking for approximately 400 yards (0.4 kilometres), at times over uneven surfaces and 19 steps at Sunbury Plantation House. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Lightweight, comfortable clothing, flat, closed-toe walking shoes and sun protection are recommended; camouflage clothing is not permitted. Sequence of the sites visited may vary. Guests must be at least 21 years old to be served alcoholic beverages