



Tour Programme

Silver Whisper 4831A / 8 Days

November-26-2018 / December-04-2018
 Bridgetown, Barbados / San Juan, Puerto Rico



Date		Arrive	Depart
26	Bridgetown, Barbados		6:00 PM
27	St George's, Grenada	8:00 AM	10:00 PM
28	Castries, St Lucia, West Indies	9:00 AM	11:59 PM
29	Roseau, Dominica	8:00 AM	9:00 PM
30	St. John's, Antigua and Barbuda	8:00 AM	10:00 PM
1	Basseterre, St Kitts and Nevis	8:00 AM	
2	Basseterre, St Kitts and Nevis		7:00 AM
2	Gustavia, St Barthelemy, Guadeloupe, French West Indies	12:00 PM	11:59 PM
3	Road Town, British Virgin Islands	9:00 AM	9:00 PM
4	San Juan, Puerto Rico	8:00 AM	4:00 PM

General Information

ORGANISED SHORE EXCURSIONS

Booking Direct with Silversea gives you peace of mind. Our local tour operators are fully insured and have been comprehensively vetted. In the unlikely event of issues with a Silversea tour, we assume responsibility and the ship will wait for our delayed shore excursion. These are important factors when comparing value. Looking for a special program with your travelling companions? In a nod to our Italian heritage, let us reserve for you our Silver Shore "Privato" service - a private vehicle with driver and/or guide. Create your own itinerary or leave it to us. This service is available in most ports which you can reserve on MySilversea (my.silversea.com) or at the Shore Concierge desk onboard for a truly tailor-made arrangement. Please bear in mind as we traverse many far reaching destinations, the local infrastructure varies and is beyond our control. Road conditions and vehicles available locally may not be up to standards we are accustomed to. Guides and drivers may speak with a heavy accent at times depending on the port of call. Be assured however that at Silversea, we contract only the best tours and best operators available at each destination. Please Note: Silversea reserves the right to make any changes or modify a tour in case of unforeseen circumstances and/or to ensure the safety and comfort of our guests.

BOOKING & CANCELLATION DEADLINES

Shore excursions must be purchased on or before the booking deadline for each port of call. Tours are available on a first-come, first-served basis; some tours are very popular with guests often ending up being wait-listed: in order to avoid disappointment, it is therefore suggested to book in advance via my.silversea.com from 120 - 7 days prior to sailing. Last-minute requests to participate on excursions are subject to space availability, which in some cases may not be determined until departure time pier-side. Please note that certain shore excursions may have different reservation deadlines and may incur cancellation fees if cancelled after the deadline. Unless otherwise indicated in the tour description for a particular shore excursion a 100% cancellation fee will be charged for shore excursions cancelled within 48 hours of the scheduled start time. If changes or cancellations are required once onboard, tickets must be returned to the Shore Concierge desk within the cancellation deadline period.

ONLINE ADVANCE RESERVATION OF SHORE EXCURSIONS

For those of you that are not aware, at Silversea you can pre-reserve your excursions at leisure prior to your journey on the internet, log on to MySilversea (my.silversea.com) up to 7 days prior to your sailing date. If you have pre-reserved your excursions on line, your tickets will be delivered to your suite upon embarkation and all charges will be billed to your shipboard account.

ON BOARD RESERVATIONS

Once on board, you may also reserve and purchase your shore excursions. You will find a consolidated tour booking form in your suite and at the Shore Concierge desk. Select the tours in which you wish to participate, then leave the completed and signed form at the Shore Concierge desk prior to the booking deadline indicated. Tour tickets will be delivered to your suite and your selected excursions charged to your shipboard account. Overland and exclusive excursions must be pre-paid by credit card through your reservation agents. If still available they may also be purchased on board. Shore excursions require a minimum number of participants in order to operate as described. If this minimum number is not met, Silversea reserves the right to offer the programme at a different rate or to cancel the specific departure.

SHORE EXCURSION PRICING

Prices are generally quoted per person, per tour, with the exception of Silver Shore Privato or group-designated excursions. Prices are subject to change without notice. Please visit MySilversea (my.silversea.com) for the most up-to-date information. Discounts for children under 12 years of age are available on some, but not all tours. Prices for children, if available, will be adjusted onboard. Please meet with the Shore Concierge team prior to your excursion to discuss the availability of children's pricing.

ON-TIME TOUR DEPARTURES

As a courtesy to fellow guests, tour departures generally will not be announced unless there is an unforeseen change. Departure times from the ship are published in the ships daily newspaper, the Silversea Chronicle. Guests are kindly requested to proceed ashore at least ten minutes prior to the tour departure time. The Shore Concierge team will be pier-side to direct you to the appropriate transportation. When the ship is at anchor, guests must allow additional time to tender ashore.

Silversea Cruises reserves the right to adjust itineraries and tour departures as local conditions dictate. Please note that pier departure times are also listed in MySilversea (my.silversea.com)

TOUR SUITABILITY

At Silversea we offer a broad range of activities for our guests of all physical capabilities. Some excursions are decidedly only for the physically fit and active guest. Each excursion offered is clearly identified with an activity level to assist you. For your safety and enjoyment and that of your fellow guests, please be certain you're selecting excursions that meet your physical capability. We therefore encourage guests to review the tour description carefully including the PLEASE NOTE section which includes useful information and attend the port talks onboard. If you still have any questions or concerns regarding this, please contact Shore Concierge (shoreconcierge@silversea.com) prior to your cruise or visit the Shore Concierge desk for more detailed information once onboard.

ON LAND SILVER SHORE CONCIERGE SERVICES

Let Silversea Cruises customise a special event or excursion exclusively for you. Expert Shore Excursion professionals are available to assist with knowledgeable suggestions, personalised planning and coordination of all private, independent touring including area highlights, flightseeing, water sports and more. To take advantage of this service, requests should be submitted no later than 30 days prior to sailing and guests must have a deposited or fully paid cruise booking. Strict cancellation policies apply to your confirmed, exclusive programme. When calling or emailing, please have your booking number available. There is a service fee of \$100 per port to secure your arrangements, however this fee will be applied to your confirmed programme in that port. Call +1.800.968.9518 or e-mail: shoreconcierge@silversea.com The Shore Concierge may be contacted by phone, to arrange tailor-made tours, Monday through Friday from 8:30 a.m. to 5:00 p.m. (East Coast time U.S.) You may leave a detailed message when calling outside of these hours. You may also e-mail your request for your personalised programme.

ONBOARD SHORE CONCIERGE TEAM

Whether you wish to participate in an organised shore excursion or bespoke tailor-made tour, Silversea's experienced Shore Concierge team are happy to assist you in ensuring your shore-side experiences are nothing less than a memory that lasts forever.

The Shore Concierge team is available onboard on sea days from 9:00 a.m. to 12:00 noon and from 3:00 p.m. to 7:00 p.m. Office opening hours in port may vary whilst staff is shore-side assisting you on tour. Please refer to the Silversea Chronicle for daily office opening hours.

When contemplating a tailor-made program onboard, please contact the Shore Concierge team as early as possible at the beginning of your cruise, as time may be a factor in reaching local contacts. Please be aware that once arrangements have been confirmed, 100% cancellation fee will be applied. Unfortunately, we are unable to change or cancel airline tickets, car rental, hotel or any other reservations you made previously with your travel agent or on your own. In many ports of call there may be a local hospitality representative on board to provide additional information, for two hours after the ship's arrival. In some ports, local information may be found in the tourist information centre ashore.

PORT TALKS

Throughout your cruise we'll be offering Port & Shore Excursion information given by our Shore Concierge Manager and Destination Consultant prior to arrival in each port of call. Our aim is to give you a travel experience that goes beyond the ordinary and many of your questions about our ports of call will be answered in these briefings, giving you more time to enjoy and immerse yourself in each port. The information is presented in the theater or is pre-recorded and played on your in-suite entertainment system.

SILVERSEA SHUTTLE SERVICE

Complimentary transportation may be provided by Silversea when the local town is beyond a reasonable walking distance from the port. This service may not be possible in ports where a strong taxi union exists, preventing Silversea from providing a complimentary shuttle. The availability and schedule for this service will be announced onboard and listed in the Silversea Chronicle. We are not able to advise this in advance. Operationally, intervals between shuttle bus departures could be affected by local traffic. Silversea is not liable for any unforeseen delays. There will be a break in service for driver meal times. Shuttle service is offered during the day only. The shuttle service is designed to augment local transportation; guests requiring more flexibility may prefer not to wait for a shuttle and secure a taxi at their own expense.

CHILDREN ON TOUR

To ensure the safety of our younger guests, participation by children in certain shore excursions may be restricted. To ensure the safety of our younger guests, children up to the age of 8 years old are only permitted to participate in suitable Silver Shore Excursions and the shuttle service, if the vehicles are equipped with the correct safety harness and seating equipment, to accommodate a child. Such harnesses' and secure seating cannot be guaranteed. Alternately guests may use their own approved safety seat, booster seat or harness as long as they are compatible with the local touring vehicle and can properly secure the young guest. Silversea reserves the right to refuse children under the age of 8 years old on any tour on the basis of safety.

GRATUITIES

Gratuities for local guides and drivers are not included in the excursion price. It is customary to tip tour guides and drivers. Such gratuities if extended, should be done so on a voluntary, individual basis.

MOBILE TELEPHONES

As a courtesy to fellow guests, kindly refrain from using mobile telephones while on tour so as not to interfere with the guide's explanation. Most tours make frequent stops, allowing time for guests to use their mobile telephones. We appreciate your understanding in this matter.

SMOKING

For reasons of safety and comfort, smoking is not permitted on any tour vehicles used by Silversea. Your understanding in this matter is appreciated.

VIDEO/PHOTOGRAPHY CHARGES

At some museums, sites and monuments, photography and/or the use of video cameras may not be allowed or may incur a charge. These charges are not included in the tour price and are at guests' own expense.

SHOPPING STOPS

While our organised excursions are not generally geared to the serious shopper, some tours allow for short shopping stops as indicated in the tour description. In the interest of all tour participants, guests should adhere to the allotted time and return to the tour vehicle promptly as advised by the tour guide or ship's escort. Please Note: The selection of shops is generally left to the discretion of the tour operator. Silversea does require that establishments be reputable, of general interest to our guests and offer quality goods. However, all purchases are the responsibility of the individual.

ADDITIONAL TERMS & CONDITIONS

Silversea Cruises Ltd. and its associated or affiliated companies act solely as agents for airlines, motorcoach companies, railroads and other service providers. The provisions in the cruise ticket contract govern Silversea Cruises Ltd.'s responsibility to guests and Silversea Cruises Ltd. shall not be liable in any manner, for any reason, with respect to other services provided. Silversea Cruises Ltd. cannot be held responsible for conditions prevalent ashore at ports of call. Some of these conditions might preclude individuals with disabilities from safe or practical participation in organised shore excursions. Silversea Cruises Ltd. cannot accept responsibility for losses or additional expenses due to delay in rail, plane, vessel or other services, sickness, weather, strikes, war, quarantine or other causes. These tour descriptions are a general overview of the programme and are subject to change. Our local operator reserves the right to substitute other sites if local situations, including holidays, closures, weather, delays, congestion, etc. require. Silversea Cruises Ltd. reserves the right to adjust shore excursion pricing.

INSURANCE

The extent of insurance coverage in foreign countries varies widely and depends on their laws and customs. It is suggested that guests consider short-term health and accident policies from their own insurance company prior to leaving home. Silversea Cruises, Ltd. cannot assume liability for baggage or other personal effects lost or damaged while those items are in the custody of an airline, hotel or other service provider. Baggage is always 'at owner's expense' at all times.

Activity Level and Icon Definition



Minimal Activity

Excursions are easily paced without the need for excessive walking or physical activities. Being able to board motor coaches and negotiate steps can be encountered.



Moderate Activity

Full participation may include a limited number of steps, uneven surfaces and/or periods of standing.



Extensive Activity

Full participation requires being in good physical condition and may involve inclines, steps, uneven surfaces and/or extended periods of standing.



Adventure Tour – Physically fit

Active excursions are recommended only for those guests in good physical health, with considerable amounts of physical activity.



Wheelchair and disabled-friendly tours

Guests in a standard wheelchair must be accompanied by their own helper and be able to board a motor coach, van or boat. Once on tour you will be unattended. We kindly ask you to inform the Shore Concierge staff promptly at embarkation when using a wheelchair. For guests with serious mobility issues please contact the Shore Concierge staff promptly so they can help make arrangements. In certain ports wheelchair accessible vehicles are available at an extra charge and advanced reservation.



Evening Excursion

The excursion is taking place in the evening.



Meal Included

A meal is included in the excursion.



New Excursion

This shore excursion is brand new to Silversea.



Privato

Silversea Privato excursions include private use of a local driver and car. Please see the Shore Concierge for more information and reservation.



Limited Space Available

Please be aware that there is only limited space available on this tour. Places are delivered on a first come first served basis.



Promo

The shore excursion is offered on a complimentary basis as part of a free shore excursion promotion (the "Promotion"). Please check your booking terms and condition or up to 7 days MySilversea to determine whether your booking qualifies for the Promotion. If your booking does not qualify for the Promotion there will be a cost associated with this shore excursion.

November 27 2018, Tuesday

St George's - Grenada

GND-A / AROUND THE ISLE OF SPICE

DIFFICULTY



Price:\$119; Duration:7.00 hrs



Indulge your senses with the picturesque beauty and enticing aromas of the 'Isle of Spice' during this full-day sightseeing excursion through Grenada.

Dougaldston Estate and Gouyave Nutmeg Factory

Depart the pier for the scenic, approximate 45-minute drive along the picturesque west coast of Grenada en route to the Dougaldston Estate. Upon arrival, receive an introduction to the spices of the island. From here, re-board your coach for the drive to the Gouyave Nutmeg Factory. During your visit, learn about the many uses for nutmeg, and observe how nutmeg and mace are seasoned, processed and sorted.

'Carib Leap' and River Antoine Rum Distillery

Next, drive northward for a magnificent view of the Grenadine Islands and a visit to the 'Carib Leap'. Here, the last fighting Caribs committed suicide in 1651, overwhelmed by the prospect of French rule. Your tour continues with a visit to the River Antoine Rum Distillery. Established in 1785, it is the oldest working distillery in the Caribbean. Despite its age, the River Antoine Rum Distillery is especially well-planned with environmentally-friendly features.

Belmont Estate and Grand Etang Lake

Following your visit to the distillery, re-board your coach and drive to the *Belmont Estate*. Upon arrival at this plantation house, proceed for a typical Creole lunch accompanied by splendid vistas of the surrounding estate. After lunch, take the rainforest road to Grand Etang for a visit to Grand Etang Lake, which fills the crater of one of the island's extinct volcanoes. The lush rainforest surrounding the lake is home to the Mona monkey, and diverse flora and fauna.

This tour concluded's at the pier.

Please note: This tour involves a minimal amount of walking for approximately 0.2 miles (about 0.3 kilometres), with 20 steps to negotiate at the Gouyave Nutmeg Factory and ten steps to negotiate at the River Antoine Rum Distillery. The Belmont Estate is closed on Saturdays. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Guests are advised to wear lightweight, comfortable clothing and bring sunscreen, a hat and sunglasses from the ship. Photography is not permitted inside the Gouyave Nutmeg Factory. A minimum number of guests per guide is required for operation of this tour.

GND-B / SNORKELLING CHAMPAGNE LOBSTER CRUISE

DIFFICULTY



Price:\$159; Duration:6.00 hrs



Experience the splendid beauty and marine life of Grenada during this snorkelling, champagne and lobster cruise to idyllic Hog Island.

Grenada Underwater Sculpture Park Snorkelling

Depart the pier for the brief transfer to the Shadowfax Jetty, then embark your boat and proceed to snorkel at the Grenada Underwater Sculpture Park, the world's first underwater sculpture gallery. After the bay got damaged by storm surge, the sculptures were designed to assist in the regeneration of the area by providing habitat for marine life and by providing new surfaces for corals to grow upon. Upon arrival at the Underwater Sculpture Park, receive your snorkel gear and safety instructions before commencing your guided, approximate one-hour snorkel tour.

Hog Island and Lobster Lunch

Next, set sail along the scenic southwest Caribbean coast of Grenada towards Point Salines, the southernmost point of Grenada. From here, sail upwind on the Atlantic side of Grenada en route to secluded Hog Island. Take a swim, explore this 'Robinson Crusoe Island' or simply relax and soak up the tropical sun before dining on a lobster lunch served with champagne and wine.

Following your memorable visit to Hog Island, embark your boat for the approximate 1.5-hour sail back to St. George's Harbour. Upon arrival at the Shadowfax Jetty, transfer back to the pier.

Please note: This tour involves a minimal amount of activity. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Guests wishing to enter the water, must be able to swim and in good physical condition, are advised to wear a swimsuit under a cover-up with water shoes, sun protection and bring a towel from the ship. A complimentary open bar with snacks, beach games, and snorkelling gear and instructions are included during this excursion. Alcoholic beverages will only be served to guests over the age of 21 and only after completion of the snorkelling portion of this tour. If guests prefer a dish other than lobster, they may request chicken or fish directly to their guide upon departure from the ship.

Itinerary, all arrangements, and prices are subject to change without notice. Silversea reserves the right to correct any errors or omissions. Please refer to my.silversea.com for the most current schedules, fares and complete terms and conditions.

GND-C / RUM AND BEACH

DIFFICULTY



Price:\$59; Duration:3.50 hrs

Embrace the scenic beauty and flavours of Grenada during this half-day excursion to the Clark's Court Rum Distillery, and a relaxing visit to Morne Rouge Beach.

Clark's Court Rum Distillery

Depart the pier for the brief drive to St. George's, located in the southern part of the island. Upon arrival, proceed for a visit to the Clark's Court Rum Distillery, founded in 1937 and adjacent to sugarcane fields.

During your guided tour of the factory, learn about the distilling process from sugar cane, syrup and molasses to rum, and also the ageing and blending processes involved in the production of rum. In addition, see old steam engines dating as far back as 1886 that are still in use today. Following your guided tour, sample the distillery's award-winning rums and receive recipes describing different ways to mix and serve rum.

Morne Rouge Beach

Next, your drive continues on to Morne Rouge Beach, a secluded, white-sand beach graced by crystal-clear waters and almond trees offering natural shade. Your two-hour visit includes beach chairs, restroom facilities with changing rooms, showers and two complimentary beverages. You can swim, explore the beach or simply relax with a refreshing drink and soak up the tropical sun. Afterward, re-board your coach for the brief drive back to the pier.

Please note: This tour involves a minimal amount of walking, with 24 steps to negotiate inside the Clark's Court Rum Distillery. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Guests must be at least 21 years old to participate in the tasting's of alcoholic beverages. Guests are advised to wear a swimsuit under a cover-up, sun protection and bring a towel from the ship.

GND-D / TROPICAL BEACH TOUR

DIFFICULTY



Price:\$46; Duration:3.75 hrs



Discover the history and seaside beauty of Grenada during this picturesque, half-day excursion to Fort George, and a relaxing visit to a secluded beach.

Fort George

Depart the pier for the brief transfer through a labyrinth of roads en route to Fort George. Built in the early-18th century on a volcanic spine 175 feet (53 metres) above St. George's Harbour, Fort George offers spectacular panoramic views of the small capital and the Caribbean Sea. During your guided tour, learn about the history of the fort and Grenada.

Beach Visit

Next, your drive continues on to a secluded, white-sand beach located on the southern point of Grenada. Your two-hour visit includes beach chairs, restroom facilities with changing rooms, showers and a complimentary beverage. You can swim, explore the beach, sunbathe or simply relax with a refreshing drink in the shade of a sea grape tree. Afterward, re-board your coach for the brief drive back to the pier.

Please note: This tour involves a moderate amount of walking, with 30 steps to negotiate at Fort George. This tour is recommended for guests in good physical condition, and is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up, sun protection and bring a towel from the ship.

GND-E / NUTMEG AND WATERFALL

DIFFICULTY



Price:\$59; Duration:4.00 hrs

Explore the pristine natural beauty and history of Grenada during this half-day sightseeing excursion, and a memorable visit to Concord Falls.

Dougaldston Estate and Gouyave Nutmeg Factory

Depart the pier for the scenic, approximate 45-minute drive along the picturesque west coast of Grenada en route to the Dougaldston Estate. Upon arrival, receive an introduction to the spices of the island. From here, re-board your coach for the drive to the Gouyave Nutmeg Factory. During your visit, learn about the many uses for nutmeg, and observe how nutmeg and mace are seasoned, processed and sorted.

Concord Falls

Next, proceed for a visit to Concord Falls, where nutmeg and cocoa trees grow along the flanks of the hills in the tropical forest. Upon arrival, relax with a complementary drink and take a refreshing swim in the lovely natural waterfall-pool. Following your visit, commence the approximate 45-minute drive back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 150 yards (about 137 metres), with 20 steps to negotiate at the Gouyave Nutmeg Factory and ten steps to negotiate at Concord Falls. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Extra caution must be exercised if the pathways are wet, as they can become quite slippery. Guests are advised to

wear a swimsuit under a cover-up, sun protection and bring a towel from the ship. The tour sequence may vary. Photography is not permitted inside the Gouyave Nutmeg Factory.

GND-F / ECO TREK AT BAMBOO FALLS

DIFFICULTY



 Price:\$59; Duration:3.50 hrs

Experience the natural splendour of Grenada on-foot during this hiking excursion at the Bamboo Waterfall.

Grand Etang

Depart the pier for the scenic, approximately 45-minute drive to Grand Etang. Located high up in the mountains of the island's interior, Grand Etang's varied elevations and terrains boast several different ecological subsystems, culminating in the elfin woodlands high up the slopes of the reserve's central mountains. At an altitude of 1,476 feet (450 meters), this small mountainous territory is rooted in sheer rock, with towering mahogany and giant gommier trees of up to 131 feet (40 meters) in height. Grand Etang's flora also includes a multitude of ferns, tropical flowers and other indigenous plants. The lush vegetation provides shelter for a wide variety of animal, reptile and bird species.

Private Plantation and Bamboo Waterfall

Next, begin your guided trek through the heart of the tropical rainforest. Your trek will involve a challenging hike over muddy terrain and river crossing before reaching the idyllic Bamboo Waterfall. En route, pass through a private plantation with cocoa, nutmeg and banana trees. Upon arrival at the Bamboo Waterfall, you may opt to take a relaxing soak. Afterward, your eco-trek concludes with a refreshment stop at Grand Etang before commencing the approximately 40-minute drive back to the pier.

Please note: This tour involves an extensive amount of walking for approximately 1.5 miles (about 2.4 kilometres), with uneven and muddy surfaces, inclines, and 2 river crossings. This tour is recommended for guests in good physical condition, and is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests must be at least eight years old to participate on this tour. Guests are advised to wear a swimsuit under a cover-up with closed-toe trekking shoes or sneakers, and bring sunscreen, a hat, sunglasses, towel and a bottle of water from the ship. A signed waiver is required to participate on this tour. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

GND-H / PILOT YOUR OWN BOAT & SNORKEL

DIFFICULTY



 Price:\$179; Duration:2.75 hrs



Get ready for some wet and wild fun when you explore the island on E-Sea Riders fast two-person inflatable motorboats.

You're the pilot on an exhilarating adventure that includes a stop for snorkelling. After a brief transfer to the E-Sea Riders base in the lagoon of St George's, you are welcomed by the enthusiastic staff that provides an orientation on boat operation before heading off across the Caribbean side of Grenada.

Follow your guide, passing large yachts in Port Louis Marina and inside the charming Carenage of St George's before entering the Caribbean Sea. After a trip alongside the picturesque and colourful coastline, stop at the Grenada Underwater Sculpture Park, your snorkelling destination. Here you can choose to snorkel on submerged statues by sculptor Jason De Caires Taylor, or swim prior to your return to the base and then to the cruise ship terminal.

Please note: This tour involves extensive activity and is recommended for guests in good physical condition. This tour is sold per boat and can accommodate up to two guests per boat. Please request only one ticket for the boat, and not the number of guests that will be on your boat. All drivers must be at least 18 years old. Supplied safety vest must be worn at all times. Wear a swimsuit under a cover-up and bring a towel and adequate sun protection. Women who are pregnant and guests having back problems may not participate on this tour. Snorkelling equipment is included. The minimum age required to participate is 10 years old. The combined maximum weight limit on an E-Sea Rider Boat is 380 pounds (180 kilograms or 29 stone).

GND-I / POWERBOAT AND SCULPTURE PARK SNORKELLING

DIFFICULTY



 Price:\$79; Duration:2.00 hrs



Climb aboard the Coast Guard-approved RIB (Rigid Inflatable Boat) and onto your jockey seat to enjoy a fun ride on board the fastest tour boat in Grenada.

Departing from the jetty next to the ship's pier, set off on a fast and fun ride over the crystal waters of the Caribbean. After a short safety briefing, head north along Grenada's sheltered western coast. During your tour learn about the Spice Isle; the ecology, wildlife, geography and local history of Grenada.

Grenada Underwater Sculpture Park Snorkelling

Itinerary, all arrangements, and prices are subject to change without notice. Silversea reserves the right to correct any errors or omissions. Please refer to my.silversea.com for the most current schedules, fares and complete terms and conditions.

The boat stops for approximately 40 minutes so snorkellers may explore one of Grenada's foremost snorkel site: Grenada Underwater Sculpture Park, the world's first underwater sculpture gallery. After the bay got damaged by storm surge, the sculptures were designed to assist in the regeneration of the area by providing habitat for marine life and by providing new surfaces for corals to grow upon.

Receive your snorkel gear and safety instructions before commencing your guided snorkel tour. Non snorkellers are free to stay on board and enjoy a soft drink with your Captain.

After your snorkel, recharge with a soft drink before racing off for another hour of fun exploring and capturing some great photo opportunities. Your tour visits the historic town of St George's where you cruise the protected inner harbor of one of the prettiest towns in the Caribbean, before one last blast back to the dock to disembark.

Please note: This tour requires an extensive amount of activity. Guests are required to sign a waiver to participate in this tour. Guests must be in good physical condition, able to swim and negotiate a swim ladder to re-board the boat after the snorkelling stop. All necessary snorkelling equipment is provided, along with instructions on its use. It is suggested guests wear a swimsuit under a cover-up, sun protection and bring a towel from the ship. Itinerary and snorkel site are subject to change due to sea and weather conditions. The minimum age to participate is 8 years old. This tour is not recommended for pregnant women. The maximum weight for participants is 275 pounds (125 kilograms or 20 Stone). The boat offers only minimal shade.

GND-J / GOLDEN NUTMEG & DIAMOND CHOCOLATE

DIFFICULTY



Price:\$59; Duration:4.00 hrs

Embrace the splendid beauty and aromatic flavours of Grenada during this memorable, half-day sightseeing excursion.

Gouyave Nutmeg Factory and Processing Station

Depart the pier for the scenic, approximately 50-minute drive to the island's west coast, and a visit to the Gouyave Nutmeg Processing Station. Upon arrival, enter through the high walls of this historic facility and take a guided walking tour. Along the way, learn about and observe how nutmeg is harvested, processed, and exported utilising traditional methods. Following your tour, re-board your coach and proceed to Diamond Chocolate.

Diamond Chocolate Tour and Tasting

Diamond Chocolate produces 'Jouvay' organic chocolate, which now ranks among the top 10 best chocolates in the world according to *National Geographic*. Upon arrival, take a guided stroll through its delightful Cocoa Tree Garden, home to cocoa, clove, pimiento, nutmeg, flowers, and fruit. Afterward, tour the Diamond Chocolate plant. Learn about the history of the company and the production of chocolate from tree-to-bar, and see the machines involved in the processing and shipping processes. Following your walking tour, proceed for tasting of this unique and delicious chocolate, along with freshly-made organic fruit juice. At the conclusion of your visit, re-board your coach and commence the approximately one-hour drive back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 150 yards (about 137 metres), at times over uneven surfaces, with a few steps to negotiate to get on/off the coach, and 20 steps at the sites visited. This tour is not suitable for guests with limited mobility, guests who utilise a wheelchair and guests with motion sickness. Streets are narrow and curved and the ride is bumpy. Lightweight, comfortable clothing with flat, closed-toe walking shoes and sun protection are recommended. Photography is not permitted inside the Gouyave Nutmeg Processing Station. The tour sequence may vary.

November 28 2018, Wednesday

Castries - St Lucia, West Indies

SLU-A / CULTURAL & SCENIC ST. LUCIA

DIFFICULTY



Price:\$59; Duration:3.50 hrs

This half-day tour provides a glimpse of St. Lucia's scenic beauty and introduces you to St. Lucia's major highlights and culture along with the opportunity to 'Give Back' to the community.

Castries' surroundings offer many spectacular panoramas and interesting venues that may be discovered a short distance from the island's capital. Departing from the cruise terminal, journey through the city of Castries and the winding curves heading up the Morne, where you can marvel at the lush vegetation and homes perched along the hillside.

St. Marks

A stop is made at St. Marks, a rambling colonial house that stands on the hillside overlooking the harbour. Capture the views of Castries harbour amidst the deep blue sea with a green backdrop. On a clear day, view Martinique out in the distance along the northern coastline. Enjoy typical creole snacks and a tasty rum punch or fruit juice in the old colonial home.

Howelton Estate

Take a short drive to Howelton Estate (formally known as Caribelle Batik Studios) to see the artful process of hand blocked material. The enterprise is housed in a charming Victorian mansion that, according to local legend, is haunted. Take some time to browse in the showroom for

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colourful resort wear and souvenirs for which Howelton Estate is justifiably famous. At this enchanting building enjoy a brief demonstration on the art of Batik.

Fond Latisab Creole Park

Depart for a drive through the countryside to Fond Latisab - Taste St. Lucia's very own local Creole traditions as you join a cultural tour of the Fond Latisab Creole Park in the beautiful community of Babonneau. Experience cultural practices such as; the preparation of cassava bread, cooking on macambou leaves, and the very authentic display of wood-sawing, all while the Chak-Chak band plays traditional music in the background.

Discover the ancient Amerindian manner as you witness several traditional practices. See the fascinating method of log sawing to the rhythmic music of a local Chak-Chak band as you experience a glimpse into the rich folk heritage of St. Lucia. You might even be able to learn a few words of Patois, the language of Creole heavily laced with French, African and English grammar. You'll have the opportunity to taste the cassava bread and a local fruit drink before returning to your ship.

Please note: Tour involves moderate walking with steps at various sites. It is not suitable for guests with limited mobility and those who utilise a wheelchair. Comfortable rubber-soled shoes are recommended. Guests must be at least 21 years old to participate in the tasting of alcoholic beverages. Order of sites visited may vary. A minimum number of guests per guide are required for operation of this tour.

SLU-B / LUCIAN STYLE SEGWAY

DIFFICULTY



Price:\$119; Duration:3.50 hrs



Experience 'gliding' island style on this fun, safe and environmentally friendly half-day Segway tour.

Segway Orientation

Depart the pier by coach and make the journey north to the Segway Welcome Centre. Upon arrival, you will receive a safety briefing and instruction, followed by some practice time on the Segway Practice Track before beginning your adventure.

Mount Pimard and Pebble Beach

Following your guide, glide over the scenic nature trail up beautiful Mount Pimard to enjoy breath-taking views of St. Lucia's dramatic West Coast. Along the route, your guide tells you about everything from the beautiful flowers and butterflies to the battles between the English and French for the fair 'Helen of the West', St. Lucia.

Continue on to your first stop, Pebble Beach where local fishermen are often seen hunting for dinner and many rock skipping contests have been waged. Next, head up the mountain side with many photo spots and educational stops along the way; stops such as the now sealed bunkers that once served as tunnels, storage and lookouts for the American military during World War II.

Refreshments and Belle View Point

Arriving at the island's highest view point, Morne Pimard, enjoy refreshment consisting of local juices and fruits. You are invited to join in on a short optional walk up the volcanic masterpiece and experience 'Stone Face Fish Pond'; be sure to bring some fish food and your cameras. As you begin your descent toward the beach, take a detour and enjoy Belle View Point for panoramic views of Pigeon Island, Reduit Beach, The Rodney Bay Marina and the Caribbean Sea.

Beach Vistas

Enjoy a relaxing glide along the beach, passing the ever accommodating Lucian-Style Beach Hut and feeling the sea breeze cool your soul. Your Pimard experience comes to an enjoyable end upon your return to the centre.

Re-board your transfer for the short trip back to Castries and your awaiting ship.

Please note: This tour requires an extensive amount activity and guests must be in good physical condition to participate. A waiver/release is required to participate. This tour is not recommended for guests with limited mobility or those who utilise a wheelchair. We suggest wearing light-weight, comfortable clothing, rubber-soled footwear, sun protection and insect repellent. We recommend that guests bring a camera; each segway has a small bag attached that can be used to hold personal items. Helmets are provided and must be worn at all times while on the Segway. Elbow and knee pads are also provided; although we highly recommend their use, they are not mandatory. Minimum age to participate is 12 accompanied by parent. Guests must not exceed 250lb (113Kg) in weight.

SLU-C / HELI-FLIGHTSEEING OVER SOUTH ISLAND

DIFFICULTY



Price:\$199; Duration:0.75 hrs



Experience a bird's eye view of the Pitons, rainforest and beautiful sandy beaches during this helicopter flight-seeing excursion.

There is no better way to enjoy St. Lucia's breathtaking scenery than from the air. This exhilarating 20-minute airborne experience ranks among the island's top sightseeing options.

A short transfer brings you to St. Lucia's Helipad at Vigie airport to board the helicopter and start your flightseeing adventure. Your aircraft flies over Castries Harbour and along the western shoreline of St. Lucia. The flight continues over Marigot Bay and heads south to Soufrière, where

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the majestic Pitons rise directly from the sea to the sky. The return flight takes you inland for a view of St. Lucia's volcanic hot springs and tropical rain forest. At the conclusion of your flight, return to the ship with the great feeling of having experienced St. Lucia in its entire natural splendour.

Please note: This tour requires a minimum amount of walking; however guests must be able to climb in and out of a helicopter. Operation of this tour depends on weather conditions. Participation in this tour is limited to 12 guests. Seating is at the discretion of the pilot and there may be a weight restriction of 220 pounds (100 kilograms). Flight is in 6-passenger helicopters with a minimum of six guests per helicopter. Flight time is approximately 20 minutes. The configuration of seating leaves one seat not next to a window. Seating assignments are done by weight and balance of the aircraft and a window seat cannot be guaranteed. Don't forget to bring your camera.

SLU-D / PITONS EXPERIENCE WITH LUNCH AT LADERA RESORT

DIFFICULTY



Price:\$229; Duration:6.00 hrs

Bask in the elegance of a tropical paradise during this unforgettable, full-day excursion to the exclusive Ladera Resort in the Piton mountains including a catamaran cruise from Marigot Bay.

Castries, Morne Fortune Viewpoint and Soufriere

Depart the pier for the short drive through Castries to the Morne Fortune Viewpoint, which offers spectacular panoramic views over Castries Barbour. After your photo stop here, re-board your coach for about 1.5 hours drive traversing the rolling countryside, mountains and small villages to the town of Soufriere, home of the luxurious Ladera Resort.

Ladera Resort and Lunch

St. Lucia's most renowned tropical getaway, Ladera was the first Caribbean resort to be rated #1 by the 'Conde Nast Traveler®'. Ladera's awe-inspiring setting is nestled in the foreground of the island's most notable landmark, the Pitons, an UNESCO World Heritage Site. Upon arrival, proceed for a gourmet lunch at the award-winning *Dasheene restaurant*, and some free time to explore this beautiful property. You will visit their herbal garden and possibly their wood work shop as they craft all their furniture on property.

West Coast Cruise and Marigot Bay

Next, re-board your coach and drive to the Soufriere docks. Upon arrival, embark for a cruise back up the west coast and a swim at one of the bays along the West coastline. Your tour continues with a cruise into Marigot Bay, relax with refreshments, soak up the sun, and marvel at the verdant green hillsides and swaying palms that surround you. Your tour concludes with an approximately one-hour ride back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 200 yards (about 183 meters) with a few steps to negotiate to get on/off the coach and embark/disembark the boat, six-ten steps leading to the Dasheen restaurant, and four-six steps within the restaurant. This tour is recommended for guests in good physical condition, and is not suitable for guests with heart and respiratory problems, guests with neck, back, leg and/or hip conditions, guests prone to seasickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach shoes or sandals, and bring sun protection, insect repellent and a towel from the ship. The use of Ladera Resort pool and other amenities is not included and it is reserved to Hotel guests. Free WIFI is available throughout the resort. Guests must be 21 years of age to participate on this tour. The maximum height for each guest is approximately 74 inches (about 188 centimetres) to participate on this tour. The maximum weight is approximately 250 pounds (about 113.4 kilograms) to participate on this tour. Operation of this tour is subject to weather conditions. Space on this tour is very limited; we suggest you book in advance to avoid disappointment. A motor boat may occasionally be used instead of a catamaran for the return trip.

SLU-F / CATAMARAN CRUISE & SNORKEL

DIFFICULTY



Price:\$89; Duration:3.00 hrs

Embrace the exquisite natural beauty of St. Lucia from above and below sea-level during this swimming and snorkelling excursion via catamaran.

Marigot Bay and Anse Cochon Marine Reserve

Depart the pier on-board a motorized catamaran cruiser for your scenic cruise along the west coast of St. Lucia. Bypass Marigot Bay, one of the most beautiful bays in the Caribbean, en route to the idyllic Anse Cochon Marine Reserve.

Swimming and Snorkelling

Upon arrival, ample time is made available for guided swimming and snorkelling amidst the island's vibrant marine life, or just relaxing in the Caribbean sun. Following the snorkelling portion of the tour, relax with a selection of refreshments served on-board the catamaran. At the conclusion of your visit, commence the approximately 45-minute ride back to the pier.

Please note: This tour involves a moderate amount of activity and approximately 160 yards (about 146 metres) of walking, with a few steps to negotiate to get on/off the coach and embark/disembark the catamaran, and 6-10 steps to enter the water via the water ladder. This tour is recommended for guests in good physical condition, and is not suitable for guests with heart and respiratory problems, guests with neck, back, leg and/or hip conditions, guests prone to seasickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach shoes or sandals, and bring sun protection, insect repellent and a towel from the ship. Life jackets, snorkel vests, fins, masks, and snorkels are provided. Guests must be at least 13 years old to participate on this tour. Guests must be at least 21 years old to consume alcoholic beverages. The maximum weight is approximately 250 pounds (about 113.4 kilograms).

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kilograms) to participate on this tour. Operation of this tour is subject to weather conditions. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

SLU-G / TRANOPY – AERIAL TRAM & ZIP-LINE ADVENTURE

DIFFICULTY



Price:\$119; Duration:5.00 hrs

SLU-H / AERIAL TRAM ADVENTURE

DIFFICULTY



Price:\$109; Duration:3.50 hrs



Discover the St. Lucian wilderness as it comes alive in the rainforest canopy during this half-day excursion.

The canopy is home to an enormous amount of flora and fauna that inhabits the rainforest. In their eagerness to search for light and space, many plants have colonised the treetops turning them into small ecosystems.

Fauna is very abundant throughout the tropical rainforests, however; animals are difficult to spot during the day. From the Aerial Tram you can also appreciate all the different shades of green as well as the various sizes and shapes that the leaves have created as a strategy to capture sunlight. The course is very secure and very quiet; this allows you to listen to the many different sounds of the rainforest.

Beginning from the pier on a fully air-conditioned bus, travel through the Capital city of Castries through the mountains to a village nestled over 2,000 ft. (600 metres) in the mountains. On your way, be treated to magnificent views of St. Lucia's beautiful country-side. The ride takes 30 minutes from the pier in the North of the island to the base station.

At the site, a brief orientation and safety instruction will be given, followed by your Aerial Tram journey into the rainforest. The Rainforest Sky Rides in St. Lucia provides the visitor with a bird's eye view of a truly mature Caribbean oceanic rainforest. Nurtured by warm, gentle rains and rich volcanic soils, St. Lucia's forests have achieved a state of ancient majesty.

Open-air gondolas safely glide you through and over the tree tops, where knotted and twisting woody vines wind to the tops of old growth rainforest trees. Dense thickets of surreal vegetation merge with cascades of flowers. Lavender stars, orange bursts, yellow berries and white lace thrive on the branches of fragrant flowering trees. Giant 'Chatannier', Magnolia, Gommier trees tower over the landscape and provide food and shelter for St. Lucia's endemic and endangered parrot. Here, the flowers bloom with shameless abundance. Experience St. Lucia's forest from a whole new perspective and witness this ancient celebration of colour and life with the option to walk the Fern Nature trail as well.

The *Hummingbird Café* and the Duty-free Amazonas Gift Shop are also available at the premises for your convenience.

This tour concludes at the pier.

Please note: This tour requires a minimal amount of walking. All Rain Forest Sky Rides properties are non-smoking. For the optional walk, closed shoes or sandals are mandatory (no flip flops or high heels). It is also recommended to bring an umbrella or rain poncho in case of unexpected, island rain showers. This tour has neither age restrictions nor physical restrictions and is wheelchair accessible. However, due to the bus ride on windy roads, this tour is not recommended for guests who suffer from motion sickness. The transfer is approximately 30 minutes without guide or commentary. A signed waiver is required to participate in this excursion.

SLU-L / JEEP SAFARI AND BEACH BREAK

DIFFICULTY



Price:\$79; Duration:3.75 hrs

Explore the breath-taking natural beauty, sights and sounds of St. Lucia during this memorable Jeep excursion, rainforest trek and a refreshing swim in the Caribbean Sea.

Castries Market, City Square, Morne Fortune Viewpoint, and Castries Harbour

Depart the pier aboard an open-air Jeep for the scenic, approximately 45-minute drive to the Castries Waterworks Reserve. En route, pass by the bustling, colourful Castries Market, historic Roman Catholic Church and City Square, recently renamed the Derek Walcott Square in honour of the island's second Nobel Laureate. From here, take a short drive up Morne Fortune to the Morne Viewpoint for a spectacular panoramic view of Castries Harbour.

Chassin, La Sourcier Mountain, Castries Waterworks Reserve and Rainforest Walk

Next, re-board your coach and proceed to Chassin, located in Babonnau at the foot of La Sourcier Mountain. Upon arrival, depart your Jeep for a guided nature walk in the Castries Waterworks Reserve, the oldest protected rainforest in St. Lucia. Along the way, your guide points out towering gommiers, impressive chatanniers and strangler ficus trees, alighted upon by hummingbirds and bananaquits. In addition, see and hear the plumage and calls of the birdlife that inhabit the Caribbean Oceanic forests, and stroll through the Hummingbird Gardens for a close-up view of these playful birds. Following a comfort and refreshment stop, browse the Amazona Gift Shop before re-boarding your Jeep for a drive through the picturesque St. Lucian countryside.

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Countryside Drive, Marquis Estate, Gros Islet, Pigeon Island Causeway, and Swimming

Pass through small villages for an insight into the rural local lifestyle. After a photo stop at Marquis Estate, one of the first and largest banana plantations in St. Lucia, re-board your Jeep for a drive toward the northern coast of the island. Pass through the small town of Gros Islet with its historic Catholic Church, then continue on to the Pigeon Island Causeway, an idyllic beach at Rodney Bay. Upon arrival, take a refreshing swim in the azure waters of the Caribbean Sea. Complimentary bottled water, sodas and rum punch are served throughout this exciting excursion. At the conclusion of your visit, re-board your Jeep and commence the approximately 30-minute drive back to the pier.

Please note: This tour involves a moderate amount of off-road driving over bumpy and uneven natural surfaces and inclines, and a moderate amount of walking, at times over uneven, cobblestone and natural surfaces, with a few steep steps to negotiate to get on/off the Jeep and 200 steps during the rainforest walk. This tour is not suitable for pregnant guests, guests with neck/back problems, guests with heart/respiratory conditions, guests with limited mobility, and guests who utilise a wheelchair; guests must be able to get in/out of the Jeep without assistance. Guests must follow the safety instructions of their guides at all times, and, for safety reasons, must remain seated with their seatbelts fastened once the vehicle is in motion; the seatbelts are lap belts. Guests are advised to wear lightweight, comfortable clothing with flat, closed-toe walking shoes, and bring sun protection, insect repellent, a bathing suit and towel from the ship. Guests must be at least eight years old to participate on this tour. The maximum age to participate on this tour is 70 years old. Guests must weigh less than 270 pounds (about 122 kilograms) to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. The tour sequence may vary. A signed waiver is required to participate in this excursion.

SLU-M / MT. PIMARD NORTHERN SCENIC HIKE

DIFFICULTY



Price:\$69; Duration:4.00 hrs

Embrace the scenic splendour of St. Lucia from a unique perspective during this exhilarating, half-day hiking excursion up Mt. Pimard.

Castries, Rodney Bay and Mt. Pimard Hike

Depart the pier for the scenic, approximately 30-minute drive to Rodney Bay, site of the base of iconic Mt. Pimard, a private nature reserve. Upon arrival, begin your guided extensive hike to its breathtakingly beautiful summit. Aside from hiking the Pitons, this is the only other mountain hike on St. Lucia that is surrounded by 180 degrees of water.

Pigeon Point, Pitons, Mt. Gimmie, Reduit Beach, Gros Islet, and the Caribbean Sea

During your ascent of Mt. Pimard, learn about the captivating history of St. Lucia. Upon reaching the summit, take in spectacular panoramic views from the northern part of the island. Sights to be seen include Rodney Bay, Pigeon Point, the Pitons (on a clear day), Mt. Gimmie, Reduit Beach, Gros Islet, and the Caribbean Sea. After descending Mt. Pimard, re-board your coach and commence the approximately 30-minute drive back to the pier.

Please note: This tour involves an extensive amount of walking and standing for approximately 3.5 miles (about 5.6 kilometres), at times over uneven and inclined natural surfaces, hills and inclines, with a few steps to negotiate to get on/off the coach and 20 steps at Mt. Pimard. This tour is recommended for guests in good physical condition only. This tour is not suitable for pregnant guests, guests with neck/back problems, guests with heart/respiratory conditions, guests with limited mobility, and guests who utilise a wheelchair. Lightweight, comfortable clothing with sturdy, closed-toe hiking shoes and sun protection are recommended. Guests must be at least 12 years old to participate on this tour. A signed waiver is required to participate on this tour. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

SLU-N / LET'S MAKE CHOCOLATE!

DIFFICULTY



Price:\$99; Duration:2.25 hrs



Discover the secrets to preparing mouth-watering dark chocolate bars during an interactive chocolate-making class at the renowned Howelton Estate.

Castries, Howelton Estate, Interactive Chocolate-Making Class

Depart the pier for the short drive to the renowned, late-19th-century Howelton Estate. Upon arrival, proceed for a guided, tree-to-bar, chocolate-making class. This memorable class begins with the manual grinding of cocoa nibs, which have been broken down from dried trinitario beans grown on the island. Saint Lucia's trinitario cocoa beans are treasured by renowned chocolatiers for their aromatic indulgencies on one's senses. Under the guidance of the house chocolatier, use a mortar and pestle to grind the nibs until they transform into liquefied chocolate. The breakdown process can take up to 45 minutes. Along the way, you can add in personal touches of desired flavours to create a unique, signature bar.

Castries Harbour Views, Cellar Bar, Gift Shop, Chocolate Souvenir

Throughout the class, learn about the many fascinating health benefits of trinitario dark chocolate. A 20-minute cooling-down period allows the liquefied chocolate to solidify after it has been put into its mould. During the break, you can take in spectacular panoramic views of the city, enjoy a beverage from the Cellar Bar or browse the duty-free gift shop. Following the break, class resumes and the end result is a beautiful, approximately 1.75-ounce (about 50-gram) dark chocolate bar that is foil-wrapped and presented to you to take home as perhaps your most distinctive souvenir of Saint Lucia. At the conclusion of your visit, re-board your coach and commence the short drive back to the pier.

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Please note: This tour involves a minimal amount of walking for approximately 60 yards-70 yards (about 55 metres-64 metres), at times over concrete and tiled surfaces, with a few steps to negotiate to get on/off the coach and 25 steps at the Howelton Estate. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests with limited mobility, and guests who utilise a wheelchair. Lightweight, comfortable clothing with flat, closed-toe walking shoes and sun protection are recommended. Guests must be at least 16 years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

SLU-O / SPICES COOKING STUDIO

DIFFICULTY



 Price:\$149; Duration:3.50 hrs


Discover the unique flavours and cuisine of St. Lucia during this memorable, half-day cooking excursion with lunch.

Rodney Bay Village & Marina and Cap Estate

Depart the pier for the scenic, approximately 30-minute drive to the island's northern coast, and a visit to the Spices Cooking Studio. En route, pass by Rodney Bay Village, the Rodney Bay Marina and through the residential area of Cap Estate. The Spices Cooking Studio is a modern, beautifully decorated St. Lucian home that offers breath-taking views of the Atlantic side of the island and neighbouring homes.

Spices Cooking Studio and Lunch

Upon arrival, visit the charming herb garden before proceeding to the Cooking Studio. After being welcomed with a local fruit juice or water and assigned to your shared cooking station, begin your memorable cooking experience. Learn the secrets behind traditional St. Lucian cooking, then dine al fresco (weather permitting) on the dishes you've helped to prepare. At the conclusion of your meal, re-board the coach and commence the approximately 30-minute drive back to the pier.

Please note: This tour involves a minimal amount of walking and a moderate amount of standing, with a few steps to negotiate to get on/off the coach and four-six steps at the cooking studio. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Lightweight, comfortable clothing, flat, rubber-soled walking shoes and sun protection are recommended. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

SLU-P / A DAY AT ROYALTON ST. LUCIA RESORT

DIFFICULTY



 Price:\$199; Duration:7.00 hrs


Relax and unwind during this picturesque, full-day excursion to the idyllic Royalton St. Lucia Resort.

Castries, North Coast, Cap Estate, Royalton Saint Lucia Resort

Depart the pier for the scenic, approximately 30-minute drive to the north of the island to Cap Estate. Upon arrival, proceed for a visit to the all-inclusive Royalton Saint Lucia Resort. Nestled amidst a lush, tropical landscape on one of the most picturesque Islands in the Caribbean, the Royalton Saint Lucia welcomes your arrival with upscale style and comfort enhanced by the exquisite beauty of St. Lucia.

Sunbathing, Swimming Pools, Lunch

The Royalton Saint Lucia's elegant, modern facility, attentive staff and world class cuisine combine to create the ideal setting for your unforgettable, all-inclusive escape. During your visit, you can soak up the tropical sun, relax and swim in either of two sparkling swimming pools, where alcoholic and non-alcoholic beverages are available. Lunch is served at either the *Grazie Italian Trattoria* or *Gourmet Marche International Buffet* restaurants.

White-Sand Beach, Caribbean Sea, Non-Motorised Water Sports, Gift Shop

After lunch, explore the white-sand beach, take a dip in the inviting, crystal-clear waters of the Caribbean Sea, and enjoy non-motorised water sports such as paddle-boarding, kayaking or Hobie Cat sailing. Before you leave, stop by the gift shop to browse for souvenirs. At the conclusion of your visit, re-board your coach and commence the approximately 30-minute drive back to the pier.

Please note: This tour involves a minimal amount of walking for approximately 50 yards-60 yards (about 46 metres-55 metres), at times over sandy and tiled surfaces, with a few steps to negotiate to get on/off the coach. Walking at the resort is at the discretion of each guest. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach or water shoes, and bring sun protection, insect repellent, a towel and change of clothing from the ship. The tour sequence may vary. Operation of this tour is subject to weather conditions. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

SLU-Q / SEE THE PITONS BY SPEED BOAT

DIFFICULTY



 Price:\$99; Duration:2.50 hrs


Enjoy a scenic exhilarating cruise along the island's west coast, bypass fishing villages before arriving in the Soufriere Bay to view the magnificent Pitons.

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West Coast Cruise

Depart the pier on board a Bowen or Cigarette speedboat for the scenic, approximately 45-minute cruise down the rugged west coast of St. Lucia. En route, pass by the fishing villages of Anse La Raye and Canaries, Sugar Beach, and the Jade Mountain and Anse Chastanet resorts.

Soufriere Bay, Pitons

Upon arrival at Soufriere Bay, cruise around the bay and marvel at the breath-taking views and photo opportunities of the Pitons, an UNESCO World Heritage Site. Named one of the 'Top Ten Wonders of the World', the Pitons are two mountainous volcanic spires located in Saint Lucia. The Gros Piton is approximately 2,530 feet (about 771 metres) high, and the Petit Piton is 2,438 feet (about 743 metres) high; they are linked by the Piton Mitan ridge.

Swimming and Snorkelling

Next, cruise back up the west coast. Along the way, a stop is made for a guided swimming and snorkelling session to explore the exquisite coral beds, tropical fish and marine life. Afterward, head to Marigot Bay. One of the most beautiful bays in the Caribbean, Marigot Bay served as a film location for *Dr. Doolittle*, starring Rex Harrison, and *Firepower*, starring James Coburn and Sophia Loren. Upon arrival at Marigot Bay, take in spectacular panoramic views of the Capella Resort, shopping plaza and yachts from all over the world. At the conclusion of your tour, commence the approximately 20-minute cruise back to the pier.

Please note: This tour involves an minimal amount of walking for approximately 50 yards-60 yards (about 46 metres-55 metres), with a few steps to negotiate to embark/disembark the speedboat. Guests willing to snorkel must be able to climb off and on a ladder at the back of the boat in order to enter the water. This tour is recommended for guests in good physical condition. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone to seasickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with rubber-soled shoes, sandals or flip-flops, and bring sun protection, insect repellent and a towel from the ship. Guests must be at least eight years old to participate on this tour. Snorkelling equipment and safety vests provided. The maximum weight of each participating guests must not exceed 250 pounds (about 113 kilograms). There are no changing facilities on board the boat. Waterproof cameras are highly recommended. Although frequently encountered on this type of tour, marine life sightings are not guaranteed. Guests may not snorkel if they have consumed alcohol. A signed waiver is required to participate on this tour. The tour sequence may vary. Operation of this tour is subject to weather conditions. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

SLU-S / BIKING AND WATERFALL HIKE

DIFFICULTY



Price:\$79; Duration:4.00 hrs



Explore Castries and its surrounds in a scenic and invigorating new way during this memorable, half-day biking and hiking excursion.

Castries, Banana Plantations, Fruit Trees, Anse La Raye Village, Bicycle Ride, Church

Depart the pier aboard a bus or open-back Jeep for the scenic, approximately 45-minute drive to the fishing village of Anse La Raye. En route, drive past portions of banana plantations and various tropical fruit trees. Upon arrival at Anse La Raye, receive your safety and biking instructions, helmet and bicycle, then begin your short, guided ride through the village with its old historic Roman Catholic Church.

Forest, Flora and Fauna, Waterfall, River-Pool

Next, ride along a country road for fun and adventure. The trail takes you through the outskirts of a lush secondary forest, accompanied by bird songs, fresh air and a gurgling river. Be one with nature, and experience some of the island's fascinating flora and fauna from up-close. During your journey, a stop is made for an exhilarating hike to a picturesque waterfall. After a photo stop here, hop back on your bikes for the short ride to a natural, freshwater river-pool. Upon arrival, take a refreshing dip in the cool mountain water.

Anse La Raye Village, Jag Restaurant

Leaving the river pool, return to Anse La Raye Village for a refreshment and comfort stop at the *Jag* restaurant. Afterward, some free time is made available for a quick stroll through the village. At the conclusion of the village, re-board your coach for the approximately 45-minute drive back to the pier.

Please note: This tour involves a moderate amount of biking and hiking, at times over uneven, cobblestone, natural, and slippery surfaces, hills and inclines, with a few steps to negotiate to get on/off the coach. Walking at Anse La Raye Village is at the discretion of each guest. This tour is recommended for guests in good physical condition. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with shoes or sneakers suitable for bike-riding and hiking, and bring sun protection, insect repellent and a towel from the ship; bare backs are not permitted on this tour. Guests must be at least 13 years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Nudity is not permitted on Saint Lucian beaches. Safety helmets are provided, and must be worn at all times during the biking portion of the tour. A signed waiver is required to participate on this tour. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

SLU-T / WHALES AND DOLPHINS WATCHING

DIFFICULTY



Price:\$149; Duration:3.50 hrs



Observe the abundant whales, dolphins and marine life off the western coast of St. Lucia during this panoramic, half-day, whale- and dolphin-watching excursion.

Castries, Rodney Bay Marina, Sea Hunter Boat

Depart the pier for the short drive to the Rodney Bay Marina. Upon arrival, receive your safety and tour instructions, then embark your awaiting, 38-foot-long (about 11.6-metre-long) Bertram fishing boat, the *Sea Hunter*. Its spacious upper-sun deck and comfortable lower-shaded deck area provide the perfect viewing platform for the wondrous sights in store for you.

Caribbean Sea, West Coast, Whale, Dolphin and Turtle Species

The blue waters of the Caribbean Sea surrounding the lush tropical island of St. Lucia are home to abundant marine species, including sperm, humpback and pilot whales and orcas, as well as spinner, spotted, Fraser and common dolphins. This excursion enjoys an 85% sighting average, and breath-taking panoramic views of the west coast of St Lucia at the same time.

Whale-, Dolphin- and Turtle-Spotting, Rodney Bay Marina, Gift Shop

Whilst searching for whales and dolphins, about the different types of mammals and their habits, receive tips on safe and responsible dolphin- and whale-spotting, and participate in spotting the mammals. It is also quite possible to spot marine turtles as they surface for air. Hawksbill, greenback and leatherback are common in these waters. Complimentary rum punch, sodas and water are served on board. At the conclusion of the tour, commence the return ride back to the Rodney Bay Marina. Following a brief stop to browse the marina's gift shop, re-board your coach and commence the short drive back to the pier.

Please note: This tour involves a minimal amount of walking, with a few steps to negotiate to get on/off the coach, embark/disembark the boat and access the viewing platform. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone to seasickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear lightweight, comfortable clothing with rubber-soled shoes, sandals or flip-flops, and bring sun protection, insect repellent and a towel from the ship. Guests must be at least 12 years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Guests weighing more than 250 pounds (about 113 kilograms) are required to pay a surcharge to participate on this tour. Waterproof cameras and binoculars are highly recommended. Although frequently encountered on this type of tour, marine life sightings are not guaranteed. A signed waiver is required to participate on this tour. The tour sequence may vary. Operation of this tour is subject to weather conditions. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

Silver Shore "Privato"

Explore the surrounding at your leisure during your private tour. Customize your own itinerary or choose to see and overview of the area's highlights. Please note: This tour is non-refundable if cancelled within 48 hours prior to arrival in the port. Actual vehicle type varies depending on availability. Guide is English-speaking. The price, exclusive of meals, entrance fees and gratuities, is per vehicle. Therefore, when making your reservation, please indicate the number of vehicles, not the number of guests. Only one person in the party needs to reserve this program. Please see the Shore Concierge Office on board the ship to arrange your individual itinerary

SLU-R1 / SOUFRIERE PRIVATE DISCOVERY BY MINIVAN

DIFFICULTY



Price:\$399 ; Duration:7.50 hrs ; Capacity:25



Experience the must-see sights of Saint Lucia with your spouse, partner, family members, travel group and/or loved ones during this exclusive and private, full-day sightseeing excursion to Soufriere.

Castries, Soufriere, Pitons

Depart the pier for the scenic, approximately 1.5-hour drive aboard your private minivan through dense forests and lush vegetation en route to the legendary town of Soufriere, where you are welcomed by a magnificent view of the majestic Pitons. These twin volcanic peaks rise triumphantly out of the Caribbean Sea, and have been designated an UNESCO World Heritage Site.

Nature Tour Options

Upon arrival in Soufriere, your customised itinerary kicks in. You can choose any two of the following four options:

- 1) Experience the world's only drive-in volcano to bask in the therapeutic waters of the bubbling Sulphur Springs, known as the 'Fountain of Youth'.
- 2) Stroll about the lush Botanical Gardens, where you can explore St. Lucia's natural bounty and visit its Sulphur Waterfall.
- 3) Hike along the captivating Tete Paul Nature Trail, which boasts the finest views of the Pitons available from land.
- 4) Relax, unwind and take a refreshing dip in the beautiful Toraille Falls, one of St. Lucia's tallest swimmable waterfalls.

Creole Lunch, Marigot Bay Viewpoints, Morne Fortune Viewpoint

Itinerary, all arrangements, and prices are subject to change without notice. Silversea reserves the right to correct any errors or omissions. Please refer to my.silversea.com for the most current schedules, fares and complete terms and conditions.

Upon completion of your two tour options, proceed for a Creole lunch at a local restaurant. After lunch, re-board your minivan and begin the return drive to Castries, with photo stops at the Marigot Bay and Morne Fortune viewpoints en route. Leaving Morne Fortune, commence the short drive back to the pier.

Please note: This tour involves a moderate amount of walking, at times over uneven, cobblestone, natural, and slippery surfaces, hills and inclines, with a few steps to negotiate to get on/off the coach and 15 steps to access the Sulphur Springs Viewpoint. This tour is recommended for guests in good physical condition. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone to motion sickness, guests with limited mobility, and guests who utilise a wheelchair. Lightweight, comfortable, cotton clothing with flat, closed-toe walking shoes and sun protection are recommended; suggestive clothing is prohibited. Guests wishing to soak in the Sulphur Springs are advised to wear a swimsuit under a cover-up with flat, closed-toe walking shoes, and bring a towel and change of clothing from the ship. All children must be accompanied by a parent or guardian. Guests must be at least 21 years old to be served alcoholic beverages. The driving distance between the pier and Soufriere is approximately 1.5 hours in each direction. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment. A limited number of private minivans are available on request, with a maximum of four passengers. The price of this tour is for two guests; additional passengers (up to four) will be charged an additional cost TBC. Only one guest in the party needs to reserve this excursion.

SLU-R2 / SOUFRIERE PRIVATE DISCOVERY BT MINIBUS

DIFFICULTY



Price: \$769 ; Duration: 7.50 hrs ; Capacity: 25



Experience the must-see sights of Saint Lucia with your spouse, partner, family members, travel group and/or loved ones during this exclusive and private, full-day sightseeing excursion to Soufriere.

Castries, Soufriere, Pitons

Depart the pier for the scenic, approximately 1.5-hour drive aboard your private minibus through dense forests and lush vegetation en route to the legendary town of Soufriere, where you are welcomed by a magnificent view of the majestic Pitons. These twin volcanic peaks rise triumphantly out of the Caribbean Sea, and have been designated an UNESCO World Heritage Site.

Nature Tour Options

Upon arrival in Soufriere, your customised itinerary kicks in. You can choose any two of the following four options:

- 1) Experience the world's only drive-in volcano to bask in the therapeutic waters of the bubbling Sulphur Springs, known as the 'Fountain of Youth'.
- 2) Stroll about the lush Botanical Gardens, where you can explore St. Lucia's natural bounty and visit its Sulphur Waterfall.
- 3) Hike along the captivating Tete Paul Nature Trail, which boasts the finest views of the Pitons available from land.
- 4) Relax, unwind and take a refreshing dip in the beautiful Toraille Falls, one of St. Lucia's tallest swimmable waterfalls.

Creole Lunch, Marigot Bay Viewpoints, Morne Fortune Viewpoint

Upon completion of your two tour options, proceed for a Creole lunch at a local restaurant. After lunch, re-board your minibus and begin the return drive to Castries, with photo stops at the Marigot Bay and Morne Fortune viewpoints en route. Leaving Morne Fortune, commence the short drive back to the pier.

Please note: This tour involves a moderate amount of walking, at times over uneven, cobblestone, natural, and slippery surfaces, hills and inclines, with a few steps to negotiate to get on/off the coach and 15 steps to access the Sulphur Springs Viewpoint. This tour is recommended for guests in good physical condition. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone to motion sickness, guests with limited mobility, and guests who utilise a wheelchair. Lightweight, comfortable, cotton clothing with flat, closed-toe walking shoes and sun protection are recommended; suggestive clothing is prohibited. Guests wishing to soak in the Sulphur Springs are advised to wear a swimsuit under a cover-up with flat, closed-toe walking shoes, and bring a towel and change of clothing from the ship. All children must be accompanied by a parent or guardian. Guests must be at least 21 years old to be served alcoholic beverages. The driving distance between the pier and Soufriere is approximately 1.5 hours in each direction. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment. A limited number of private minibuses are available on request, with a maximum of 12 passengers per minibus. The price of this tour is for four guests; additional passengers (up to 12) will be charged an additional cost of 199USD per person. Only one guest in the party needs to reserve this excursion.

November 29 2018, Thursday

Roseau - Dominica

ROE-A / ROSEAU HIGHLIGHTS BY TROLLEY TRAIN

DIFFICULTY



Price:\$49; Duration:1.50 hrs

Step aboard this 1.5 hour Trolley Train Tour around the capital of Dominica, the Botanical Gardens, a local church and views of the island.

City View Point

Depart the port for a brief train ride to a city view point. Upon arrival, take in splendid views and photo opportunities of the capital of Roseau and Dominica's towering cliffs and lush rainforest. Leaving the view point, proceed to the Botanical Gardens.

Botanical Gardens

During your stop at the lush Botanical Gardens, see the endangered Sissereau and Jaco parrots in protective cages, along with many large trees and exotic flowers. Here we will serve rum punch or fruit juice to sip on as you enjoy your surroundings.

Local Church

En route, see the bustling street life and vendors as the train goes through the most unspoiled and untouched capital of the Caribbean. The conductor will point out buildings and landmarks as you pass by. Take photos of the colonial architecture as you travel through the winding alleys and streets before reaching a small local church for a short visit and take photos.

Re-join your trolley to proceed back to the ship.

Please note: This tour involves minimal walking and is suitable for guests with limited mobility, but is not wheelchair accessible. The trolley train is covered with open sides. We suggest guests wear light-weight comfortable clothing and sun protection.

ROE-B / ACCESSIBLE DOMINICA & RAINFOREST DRIVE

DIFFICULTY



Price:\$59; Duration:3.00 hrs



Discover why Dominica is known as the 'Nature Island of the Caribbean' during this picturesque, half-day sightseeing excursion.

Morne Bruce View Point

Depart the pier for the brief drive to the historic Morne Bruce view point. Upon arrival, take in splendid views and photo opportunities of the town of Roseau, and Dominica's towering cliffs and lush rainforest. Leaving Morne Bruce, re-board your coach and proceed to the Botanical Gardens.

Botanical Gardens and Rainforest Drive

During your stop at the lush Botanical Gardens, see the endangered Sissereau and Jaco parrots in protective cages, along with many large trees, exotic flowers and tropical plants. From here, your drive continues towards the interior of Dominica and a visit to Hibiscus Falls. En route, pass by the tropical rainforest and plantations with mango, banana, avocado and cacao trees.

Hibiscus Falls

Upon arrival at Hibiscus Falls, take an easy, 30-yard (27-metre) stroll to the scenic viewpoint at this waterfall. Here, you can photograph your beautiful surroundings while snacking on local seasonal fruits served with complimentary rum punch or fruit juice. You may also opt to take a short walk down some steps to the pool for a quick dip in the refreshing waterfall. Afterward, drive through the beautiful green valleys en route to the pier.

Please note: This tour involves a minimal amount of walking, and is suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear lightweight, comfortable clothing, and bring sunscreen, a hat and sunglasses from the ship. Guests opting to swim in the pool at Hibiscus Falls should bring a swimsuit and towel from the ship. The road surfaces in Dominica are bumpy in some areas and wind through the hillsides. A minimum number of guests per guide are required for operation of this tour.

ROE-E / WHALE AND DOLPHIN ADVENTURE SIGHTINGS

DIFFICULTY



Price:\$79; Duration:4.00 hrs



Discover some of nature's most amazing mammals from a unique perspective during this half-day catamaran excursion in search of whales and dolphins.

Depart the pier for the brief stroll to your awaiting vessel. Upon arrival, receive your safety and tour instructions before setting out for the open waters. Of the 30 or more species of whales and dolphins found in the Caribbean, more than half can be found in the waters surrounding Dominica. Your captain pauses every three miles (about 4.8 kilometres) or 15 minutes so a hydrophone may be submersed to listen for the 'clicking' of sperm whales and the 'whistling' of dolphins.

During these stops, take in distant island views while your on-board guide offers information about the whales, dolphins, and wildlife. If a spout or a pod is sighted or detected, the captain manoeuvres the vessel so you can see the animals. Since their welfare is of paramount importance,

guidelines set up by the International Fund for Animal Welfare are strictly followed. Fruit juice and a rum punch are served during the return ride to the pier.

Please note: This tour involves a minimal amount of walking. Guests must be able to walk and manoeuvre in and out of the boat, and participants with limited mobility may be accommodated. Although marine life can be observed on most outings, sightings cannot be guaranteed. Participation is very limited; we suggest you book in advance to avoid disappointment.

ROE-F / VOLCANIC ADVENTURES

DIFFICULTY



Price: \$59; Duration: 4.50 hrs

Embrace the idyllic beauty of Dominica during this scenic and relaxing visit to volcanic mineral pools and baths, and a photo stop at Morne Bruce.

Morne Bruce Gardens

Depart the pier for the brief drive to the historic Morne Bruce Gardens. Upon arrival, take in splendid views and photo opportunities of the town of Roseau, and Dominica's towering cliffs and lush rainforest. Leaving the gardens, re-board your coach and drive through the Roseau Valley, then continue on to Trafalgar for a visit to Trafalgar Falls.

Trafalgar Falls and Wotten Waven

Experience the beauty of Trafalgar Falls, which feature a sulphur spa and waterfalls cascading side-by-side out of the deep gorges they have carved out. During your visit, take a 20-minute walk up the nature trail. Pass by ginger plants and vanilla orchids before arriving at a panoramic viewpoint above the river. Leaving the falls, drive east to the village of Wotten Waven, among the most active volcanic regions on the island, then continue on to the sulphur springs.

Papillote Wellness Resort & Spa and Refreshments

Tucked away in the scenic valley of a lush mountain rainforest, Papillote Wellness Resort & Spa is famous for its abundance of hot sulphur springs, cool freshwater springs and a waterfall. Following a cultural welcome and complimentary fruit juice, you can relax and unwind in one of the hot sulphur tubs filled with hot volcanic sulphur water via pipes made of local bamboo. After refreshments including fresh fruit and rum are served, commence the return drive past Dragon's Cove and back to the pier.

Please note: This tour involves a moderate to extensive amount of walking over surfaces that may be uneven in spots, with 50 steps or more to negotiate in each direction depending upon the trail taken. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up, sun protection and bring a towel from the ship. The paths may be slippery or muddy following periods of rain; guests are advised to use extra caution as there are no handrails. Wear shoes you do not mind getting soiled or muddy on the paths.

ROE-G / RIVER TUBING ADVENTURE

DIFFICULTY



Price: \$59; Duration: 3.00 hrs

Experience the scenic beauty and excitement of the largest and longest river in Dominica during this memorable river-tubing excursion.

Depart the pier for the scenic, approximate 30-minute drive through the Dominican capital of Roseau en route to the lush Layou Valley then proceed to the Layou River Gorge. Upon arrival, receive an orientation and safety briefing, wear your helmet and life-jacket and commence your guided river-tubing adventure.

Layou River Float

As you float down-river, discover Nature Island, which features a lush tropical rainforest, along with magnificent rock formations, wonderful flora and fauna, a spectacular mountain range, and cliffs and valleys. Feel the changing pace of the meandering and twisting Layou River as it descends into calm pools interspersed with the excitement of bubbling rapids.

At the conclusion of your river-tubing adventure, relax with a refreshing drink at the Layou Tourism Facility. Changing rooms are available for you to get back into your dry clothes before transferring back to the pier.

Please note: This tour involves a moderate amount of activity and is recommended for guests that are in good physical condition and know how to swim. This tour is not suitable for pregnant women, guests with back or neck problems, or limited mobility or those who utilise a wheelchair. Participants must hold on to both handles of their tubes at all times and wear the helmet provided. This tour may include a few rapids. Wear a swimsuit under a cover-up and rubber-soled shoes that may get wet and bring a towel and protection from the sun. Operation of this tour is dependent upon river conditions. Commentary is generally not provided during the transfer to-and-from the river.

ROE-H / BOIS COTLETTE ESTATE: HERITAGE TOUR

DIFFICULTY



Price:\$89; Duration:3.00 hrs



Prepare for an in depth tour of Bois Cotlette during your visit to this working plantation and the oldest surviving estate on Dominica.

Bois Cotlette

Depart the pier for a scenic, approximately 30-minute drive to Bois Cotlette. Dating from the early years of French settlement in the 1720's, Bois Cotlette is the oldest surviving estate on Dominica and the subject of intense research by historians and archaeologists. Enjoy a freshly harvested and prepared drink during the estate orientation as you learn about slave labor, stone terraces, and other features of a Caribbean colonial plantation while preparing to embark on a fact finding mission to date the ruins.

Estate Tour

On the Heritage Tour, you get a chance to enjoy the Estates grounds at a relaxed pace in a pristine and tranquil setting. Uncover clues to the property's origins and learn why expert historians, too, are so enamoured with Bois Cotlette.

As you delve into the plantation history, three themes emerge. First is a story of people. Learn about the social structure of the owner/planter class, as well as life as a slave inhabitant in the late 1700's and turn of the century at Bois Cotlette. The second is a theme of technology. Windmills, aqueducts, and fresh water capture systems demonstrate an anachronistic view of a time period thought to be less advanced. Thirdly, we will focus on the commercial crops, (coffee, sugar, cocoa, and citrus), with demonstrations, that define the estates existence.

Planter's Herb Garden and Refreshments

You will have an opportunity to enjoy authentic creole snacks and refreshments, and to stroll through the Planter's herb garden located just south of the Maison.

Following your visit, re-board your coach and commence the approximately 30-minute drive back to the pier.

Please note: This tour involves minimal to moderate activity and is suitable for guests with limited mobility. Guests who utilise a wheelchair must be capable of transferring from the chair to the bus with 2-3 steps to negotiate and minimal assistance as the restrooms at the plantation are not wheelchair accessible. We suggest guests dress in lightweight seasonal clothing and wear flat, walking shoes and sun protection.

ROE-I / CHOCOLATE EXPERIENCE AT BOIS COTLETTE

DIFFICULTY



Price:\$79; Duration:3.00 hrs

Enjoy a taste of Caribbean chocolate in Dominica during this interactive, half-day excursion to Bois Cotlette.

Bois Cotlette

Depart the pier for the scenic, approximately 30-minute drive to Bois Cotlette, the oldest surviving estate on Dominica. With a 290-year history of producing cocoa, coffee and sugar cane, the estate today continues the processing of cocoa from beans into dark chocolate bars and candies.

Estate Tour

Upon arrival, receive a welcome beverage, then begin your educational and interactive tour with a guided stroll about the estate's ruins and grounds. Afterward, harvest some cocoa pods from a tree and observe the fermenting, drying, roasting and grinding processes.

Chocolate-Making Demonstration and Tasting

Next, proceed to the estate's kitchen. Here, utilise Bois Cotlette's couverture blocks to temper, pour and mould their special dark chocolate into the estate's signature candies. In addition, use the chocolate flavour wheels to incorporate different flavours, including sea salt, cocoa nibs, bacon and spicy peppers, into the chocolate. A tour and tasting of Bois Cotlette chocolates, accompanied by freshly-made Bois Cotlette juices and rum punch, is included. Following your visit, re-board your coach and commence the approximately 30-minute drive back to the pier.

Please note: This tour involves a minimal amount of walking for approximately 150 yards (about 137 metres), at times over uneven and cobblestone surfaces, with a few steps to negotiate to get on/off the coach. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Lightweight, comfortable clothing with flat, closed-toe walking shoes and sun protection are recommended. Guests must be at least six years old to participate on this tour. Guests must be at least 21 years old to participate in tastings of alcoholic beverages. The tour sequence may vary. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

ROE-K / SEVEN WATERFALLS CANYONING

DIFFICULTY



Price:\$179; Duration:4.50 hrs

Experience the exquisite natural beauty of Dominica in a unique new way during this invigorating, half-day canyoning excursion.

Shawford's Cocoa Cottages and Extreme Dominica

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Depart the pier for the short drive to the Extreme Dominica headquarters at Shawford's Cocoa Cottages. Upon arrival, receive your safety and training instructions on how to harness up and rappel down the side of a wall.

Seven Waterfalls Canyoning

Next, board a Jeep and proceed through the rainforest, then hike to the first of seven spectacular, hidden waterfalls that drop through a steep canyon between the Titou Gorge and top of Trafalgar Falls. With your legs braced against the waterfall wall, feel the pure, cold water cascading around you as you slowly make your descent. Soft green light filters down the cliff walls of this hidden gorge to the deep, pristine pool waiting far down in the heart of the river.

Touch down into the first of a series of incredible, crystal-clear pools descending down along the canyon bed. Afterward, canyon down or jump off the edge of six more waterfalls. The seventh and final fall is the magnificent Cathedral Falls, which features vaulted arched walls, a recessed altar alcove and enormous overhead pipe organ root masses. Your tour concludes with a short hike back to the Jeep, followed by a brief transfer back to the pier.

Please note: This tour involves an extensive amount of activity, including repelling, walking or climbing through slippery and uneven surfaces, and jumping into or swimming in deep water, with a few steps to negotiate to get on/off the coach. This tour is recommended for guests in good physical condition. This tour is not suitable for guests who suffer from a fear of heights, guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach or water shoes, and bring sun protection and a towel from the ship. Space on this tour is very limited; we suggest you book in advance to avoid disappointment. This experience may not be exclusive to *Silversea* guests.

ROE-O / DOMINICA BY LAND AND SEA

DIFFICULTY



Price: \$79; Duration: 4.00 hrs



Embrace the beauty of Dominica in a unique new way during this panoramic, half-day volcano snorkelling and sightseeing excursion.

Scott's Head Marine Reserve and Volcano Snorkelling

Depart the pier for the scenic, approximately 30-minute drive to the Scott's Head Marine Reserve. Upon arrival, walk to the top of Scott's Head, which offers breath-taking panoramic vistas of your surrounds. Proceed to the Scott's Head 'Drop-Off' snorkelling site, located in the middle of an active volcanic complex. After receiving your snorkelling instructions, don your snorkelling gear and begin your guided snorkelling session. Whilst exploring the reef, discover the geological features, flora and sea life of the marine reserve, along with the volcano's underwater 'drop-off' and the shelf along Scott's Head.

Rainforest Drive and Bois Cotlette Estate

Next, re-board your coach for a picturesque drive through the rainforest en route to the spectacular Bois Cotlette Estate. This is the oldest surviving estate on the island, where archaeologists have recently proven life dating from 400 A.D. Upon arrival, relax and learn about the property whilst enjoying a fresh fruit juice and Creole treats known as 'bakes'. During your visit, you can also browse the gift shop for estate chocolates, local beer and coffee, as well as locally-made products. At the conclusion of your visit, re-board your coach and commence the approximately 45-minute drive back to the pier.

Please note: This tour involves a moderate amount of walking, at times over uneven surfaces and inclines, with a few steps to negotiate to get on/off the coach. This tour is not suitable for pregnant guests, guests with back and/or neck problems, guests with heart and/or respiratory conditions, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with boat or beach shoes, and bring sun protection and a towel from the ship. Guests must be at least six years old to participate on this tour. Snorkelling and safety gear are provided. Photography is permitted at the Bois Cotlette Estate, but videography is not permitted. Guests must be at least 21 years old to purchase alcoholic beverages. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

ROE-P / TRAFALGAR FALLS, RAINFOREST & CHOCOLATE

DIFFICULTY



Price: \$89; Duration: 5.00 hrs



Discover the splendid beauty and flavours of Dominica during this panoramic, half-day sightseeing excursion.

Roseau, Scotts Head Marine Reserve, Rainforest, Bois Cotlette Estate, Chocolate Factory

Depart the pier for the scenic, approximately thirty-minute drive to the Scotts Head Marine Reserve, located on the southwest coast of Dominica. Upon arrival, take in breath-taking views overlooking the marine reserve and from the isthmus at the water's edge separating the Caribbean from the Atlantic. After a photo stop here, re-board your coach and head up into the exquisite rainforest for a visit to the historic Bois Cotlette Estate, home of Dominica's chocolate factory. Upon arrival, take a guided walking tour. Along the way, learn how chocolate is made in remote Dominica and sample their prized chocolate made from the estate's heirloom cocoa trees. Following your tour and tasting, fresh local fruit juice and spirits are served.

Trafalgar Falls, Botanical Gardens, Morne Bruce, Roseau

Next, re-board your coach and continue driving through the rainforest en route to Trafalgar. Upon arrival, a stop is made to marvel at Trafalgar's spectacular twin waterfalls. Leaving the falls, proceed for a guided stroll through the spectacularly diverse and beautiful Botanical Gardens, then ascend Morne Bruce. From its summit, take in splendid panoramic vistas overlooking the capital city of Roseau. At the conclusion of your visit, re-board your coach and commence the short drive back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 0.5 miles (about 0.8 kilometres), at times over uneven, cobblestone and natural surfaces, with a few steps to negotiate to get on/off the coach. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear comfortable shoes and bring sun protection, insect repellent and a towel from the ship. Guests must be at least eight years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

ROE-Q / EMERALD POOL AND MERO BEACH

DIFFICULTY



Price: \$89; Duration: 4.00 hrs



Embrace the spectacular natural beauty of the lush rainforest, Emerald Pool and volcanic-sand beaches of Dominica during this picturesque, half-day sightseeing excursion.

Roseau, Mountain Scenery, Greenery, Local Farms, Morne Trois Piton National Park

Depart the pier for the scenic, approximately 45-minute drive up into the lush rainforest and through the diverse, pristine island of Dominica. Along the way, marvel at the spectacular mountain scenery, lush greenery, and local farm operations that make this drive both unique and memorable. Your first stop is at the beautiful Morne Trois Piton National Park.

Rainforest Walk, Waterfalls, Emerald Pool, Swimming

Upon arrival, proceed for a short, guided walking tour through the rainforest. Proceed along manicured paths en route to the waterfall site and world-renowned Emerald Pool. Upon arrival, marvel at how ferns from the rainforest give the cascading waterfall the emerald hue from which it is named. During your visit, you are invited to take an invigorating swim in the crisp, clean waters that collect in the basin of the falls.

Mero Beach, Volcanic Sand, Caribbean Sea, Swimming, Beachcombing

Next, re-board your coach and head to Mero Beach, Dominica's iconic, volcanic-sand beach. Upon arrival, some free time is made available to relax and unwind amidst your idyllic surroundings, take a leisurely stroll on the beach, and/or swim in the warm, inviting, crystal-clear waters of the Caribbean Sea. At the conclusion of your visit, re-board your coach and commence the approximately 30-minute drive back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 0.5 miles (about 0.8 kilometres), at times over uneven, sandy and slippery surfaces, with a few steps to negotiate to get on/off the coach. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with flat, closed-toe walking shoes, and bring sun protection and a towel from the ship. Guests must be at least eight years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Operation of this tour is subject to weather conditions. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

November 30 2018, Friday

St. John's - Antigua and Barbuda

ANU-A / PARADISE REEF SAIL, SNORKEL & BEACH

DIFFICULTY



Price: \$59; Duration: 3.00 hrs

Discover some of the finest snorkelling and beaches in Antigua during this picturesque, half-day catamaran excursion.

Catamaran-Ride to Paradise Reef

Join your guide for the short walk to your awaiting, sleek catamaran. Upon embarkation, begin your exhilarating sail along the coast to Paradise Reef. Located just off the northwest coast of Antigua, Paradise Reef is one of Antigua's best snorkelling locales. En route, see Fort James, Runaway Bay, Dickenson Bay, Prickly Pear Island, secluded beaches, 5-star hotels, and exclusive homes.

Swimming and Snorkelling

Upon arrival at Paradise Reef, receive your snorkelling instructions, don your mask, fins and buoyancy belt, and begin your guided snorkelling session. Along the way, explore a wide array of colourful coral, parrotfish, damselfish, grunts, and angelfish, among many others. Alternatively, you may simply opt to take a swim or relax in this idyllic location on board the boat. Either way, the time is yours to enjoy the splendid scenery.

Beach Visit, and Southwest Antiguan Coastline and Beaches

Following the snorkelling portion of your tour, refreshments are served from the open bar on board the catamaran during the ride to one of Antigua's idyllic beaches. Here, you can take a swim, walk the beach or simply relax. At the conclusion of your visit, embark the boat and

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commence the short ride back to the pier. En route, see the southwest Antigua coastline and beaches as you plie the crystal-clear Caribbean waters and soak up the warm, tropical sun.

Please note: This tour involves a moderate amount of walking for approximately 200 yards (about 183 metres), with a few steps to negotiate to embark/disembark the catamaran. This tour is recommended for guests who are in good physical condition. This tour is not suitable for pregnant guests, guests with back and/or neck problems, guests with heart and/or respiratory problems, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach shoes, and bring sun protection and a towel from the ship. Snorkelling equipment, including safety buoyancy waistband, mask, snorkel and fins, is provided. Professional instruction and supervision by PADI-trained guides is included. Guests must be at least 21 years old to be served alcoholic beverages. Operation of this tour is subject to weather conditions.

ANU-B / AMAZING ANTIGUA

DIFFICULTY



Price:\$49; Duration:3.00 hrs

Explore Antigua's amazing coast and lush interior during this picturesque, half-day sightseeing excursion.

Scenic Countryside Drive

Depart the pier with your guide for the scenic, approximate 40-minutes narrated drive through the tropical Antigua countryside. En route, observe the daily West Indian lifestyle whilst passing by local villages with old churches, and take in magnificent vistas of Falmouth Harbour, English Harbour and Nelson's Dockyard.

Nelson's Dockyard

Your first stop is Nelson's Dockyard. Built in 1725, it served as the base for the English naval squadron patrolling the West Indies. As you enter this historic park, the world's only working Georgian dockyard, receive a complimentary bottle of water and take a short, informative walking tour. Along the way, see the dockyard's beautifully restored buildings, detailed plaques and many points of interest. Afterward, some free time is made available to explore the dockyard, museum, art gallery, gift shop, and boutiques at your leisure.

Blockhouse Ruins and Shirley Heights

Next, continue on to the Blockhouse Ruins at Shirley Heights. Here, view the remains of the officer's barracks, gun platforms, cisterns and powder magazine, and take in spectacular panoramic views overlooking the Atlantic Ocean. A stop is made at the former signal station, Shirley Heights Lookout, which also offers commanding views of the Atlantic Ocean, Nelson's Dockyard and English Harbour. Following your visit, re-board your coach and commence the approximately 40-minute drive through countryside villages and rolling hills before arriving back at the pier.

Please note: This tour involves a moderate amount of walking for approximately 1500 yards (about 1.2 km), at times over uneven and cobblestone surfaces, with a few steps to negotiate to get on/off the coach. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Whisper Radio Guide listening devices are provided. Lightweight, comfortable clothing with flat, closed-toe walking shoes and sun protection are recommended. The tour sequence may vary.

ANU-C / ANTIGUA BY LAND & SEA

DIFFICULTY



Price:\$129; Duration:6.00 hrs



Embrace the scenic splendour of Antigua by land and sea during this full-day sightseeing excursion via coach and catamaran.

Scenic Countryside Drive

Depart the pier with your guided for the scenic, approximately 40-minute narrated drive through the tropical Antigua countryside. En route, observe the daily West Indian lifestyle whilst passing by local villages with old churches, and take in magnificent vistas of rolling hills, Falmouth Harbour, English Harbour and Nelson's Dockyard.

Nelson's Dockyard

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Blockhouse Ruins and Shirley Heights

Next, drive to the Blockhouse Ruins at Shirley Heights. Here, view the remains of the Officer's barracks, gun platforms, cisterns and powder magazine, and take in spectacular panoramic views overlooking the Atlantic Ocean. A stop is made at the former signal station, Shirley Heights Lookout, which also offers commanding views of the Atlantic Ocean, Nelson's Dockyard and English Harbour.

Rainforest, Catamaran Ride and Lunch

After re-boarding your coach, continue on through Fig Tree Drive, Antigua's lush rainforest area along the south coast, then embark a sleek sailing catamaran for a picturesque ride along the exquisite Antigua coastline. Your route sails along the southwest coast, from Jolly Harbour to

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St John's. Along the way, see secluded beaches, five-star hotels, and exclusive homes. A Caribbean-style lunch with open bar is served on board during the ride back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 1500 yards (about 1.2 Km), at times over uneven and cobblestone surfaces, with a few steps to negotiate to get on/off the coach and embark/disembark the catamaran. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Lightweight, comfortable clothing with flat, closed-toe walking shoes and sun protection are recommended. Guests must be at least 21 years old to consume alcoholic beverages. The tour sequence may vary.

ANU-D / ZIPLINE ADVENTURE

DIFFICULTY



Price:\$99; Duration:3.50 hrs

Explore the picturesque Antigua Rainforest in an exciting new way during this half-day zip-line excursion.

Antigua Rainforest

Depart the pier for the scenic, approximately 35-40-minute drive to the Antigua Rainforest. Upon arrival at the zip-line location, receive your safety briefing and zip-line instructions, and be outfitted with your zip-line equipment.

Zip-Line Canopy Tour

After a welcome local drink, begin your exhilarating zip-line tour. The Antigua Canopy Tour is a unique, award-winning eco-adventure through Antigua's lush rainforest, where you embark on an unforgettable, 18-element journey through the verdant forest, high above the trees. The excitement starts at the Old Pump House. From the side of the building, walk over a suspension bridge spanning the gorge to the far bank. Once across the bridge, there is a 12-zip-line journey through the forest via aerial zips that criss-cross the gorge.

The geography of the gorge dictates that you are above the treetops for large parts of the run, and enter a corridor in the foliage at either end. In total, there are a series of 12 zip lines from 52 feet (15.8 metres) to 328 feet (100 metres) in length, three aerial walkways, a tree house and two suspension bridges. Your route offers a bird's-eye view of the flora and fauna in the rainforest, the sounds of the numerous bird species that inhabit this area, and a gorge filled with exotic plants and large fruit trees, prominent boulders, a rock pool, and vines, mosses and lichen. Complimentary water on the course and a certificate of bravery upon completion of the tour are provided. Your tour concludes with an approximately 35-minute drive back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 600 yards (about 550 metres) and an extensive amount of activity, with a few steps to negotiate to get on/off the coach and at each zip-line platform. This tour is not suitable for pregnant women, guests with heart, back, knee, shoulder, or other existing health problems, guests with limited mobility and guests who utilise a wheelchair. Guests must weigh less than 235 pounds (106.5 kilograms) and stand more than four feet (1.2 metres) tall to participate on this tour. Guests are advised to wear lightweight, comfortable clothing with flat, closed-toe walking shoes, and bring sun protection and an extra shirt from the ship; strapless shoes, sandals and skirts are prohibited. Cameras are not allowed. Safety equipment and water are provided.

ANU-F / HELICOPTER TO MONTSERRAT VOLCANO

DIFFICULTY



Price:\$399; Duration:1.75 hrs



Experience the island of Montserrat from a unique perspective during this panoramic helicopter flight-seeing excursion.

Helicopter Flight to Montserrat

Depart the pier with your guide for the short drive to the heliport. Upon arrival, board your awaiting helicopter for a truly unique and unforgettable flight-seeing tour of the Montserrat Volcano. During your 45-50-minute, pilot-narrated flight, fly to Montserrat for a tour of its 'Exclusion Zone'. This area covers 30.8 square miles (80 square kilometres) on the south-eastern half of the island, and extends 2.5 miles (four kilometres) offshore along the eastern coast to what is known as the 'Maritime Exclusion Zone'. Since these areas are off-limits to both ground transportation and habitation, a helicopter is the only way to get an up-close look at the Soufriere Hills Volcano.

Soufriere Hills Volcano

During your tour, learn about the volcano's geological origins and history, and view it from safe locations around the island. The volcano rises to 3,000 feet (914 metres) above sea level and frequently emits a combination of ash, smoke and steam. Survey the massive Tar River Gorge and Delta found 1,000 feet (305 metres) below, which has formed as a result of pyroclastic flows. In addition, witness what's left of small villages devastated by past eruptions before touring the charred remains of Plymouth, the country's former capital, now uninhabited and in some places buried under 40 feet (12 metres) of ash.

Helicopter Flight to St. John's

On the seaside, observe the former location of the W.H. Bramble Airport, abandoned after the 1997 eruptions. Portions of this airport, including the runway, were still visible until the partial dome collapse of February 11th, 2010, which buried what was left. Following your visit, return to the heliport with a bird's-eye view of your cruise ship en route, then re-board your coach and commence the short transfer back to the pier.

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Please note: This tour involves a minimal amount of walking for approximately 200 yards (about 182 metres), with a few steps to negotiate to get on/off the coach and helicopter. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Lightweight, comfortable clothing with flat, closed-toe walking shoes and sun protection are recommended. Each guest must not exceed 76 inches (193 centimetres) in height to participate on this tour. Each guest must not exceed 230 pounds (104 kilograms) to participate on this tour. The total combined passenger weight must not exceed 1,000 pounds (453.6 kilograms). A signed waiver and valid passport are required to participate on this tour. Space on this tour is very limited; we suggest you book in advance to avoid disappointment. Tour departure times are subject to change at the discretion of the helicopter supplier.

ANU-G / ANTIGUAN HORSEBACK RIDE

DIFFICULTY



 Price:\$79; Duration:2.50 hrs

Discover the coastal beauty and history of Antigua in a unique new way during this relaxing, excursion via horseback.

Horseback Ride and Fort James

Depart the pier for the short drive to Fort James Beach. Upon arrival, receive your briefing and be assigned a horse according to your riding ability and size. Your guides then lead you on a ride paralleling the beach en route to historic Fort James. Built in the 18th century, the fort still has its full complement of cannons in place, and offers panoramic vistas of St. John's Harbour, your ship and the lovely Antigua coastline.

Runaway Beach and Swimming

Next, begin the return ride along the Caribbean white-sand beaches towards Runaway Beach, fringed with coconut trees and the crystal-clear Caribbean Sea. Refreshing mineral water is served whilst your guide unsaddles your horse and prepares for you to take your horse into the Caribbean Sea for a swim.

At the conclusion of your excursion, you can shower and relax with cold refreshing drinks, or dine on snacks or lunch in the bar/restaurant at your own expense. Your tour concludes with a short drive back to the pier.

Please note: This tour involves a minimal amount of walking for approximately 200 yards (about 182 metres) and a moderate amount of activity, with a few steps to negotiate to get on/off the bus. This tour is not suitable for pregnant guests, guests with neck or back problems, guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with flat, closed-toe shoes, and bring sun protection and a towel from the ship; safety helmets and buoyancy belts are required. Guests must weigh less than 250 pounds (113 kilograms) to participate on this tour. Guests must be at least six years old to participate on this tour; children must be accompanied by an adult. A signed waiver is required to participate on this tour. Space on this tour is limited; we suggest you book well in advance to avoid disappointment.

ANU-H / SEGWAY FORT CONQUERORS

DIFFICULTY



 Price:\$119; Duration:3.00 hrs



Explore the history of Antigua in a unique new way during this fun-filled, half-day excursion via Segway.

Fort James Beach and Fortress

Depart the pier for the short transfer to nearby Fort James Beach. Upon arrival, receive your safety, orientation and riding instructions, then begin your guided Segway tour. Your first stop is historic Fort James, built by the British in the 18th century to protect against French invasion. Conquer the trail leading to this most impressive defensive structure, built with full Masonic honours. As you pass through the large wooden gates of Fort James, a spectacular vista of the Caribbean Sea awaits.

Island Sights and Beach Break

Afterward, cruise by white-sand beaches, parks, scores of fruit trees, miles of beach, and St. John's Harbour whilst your guides impart interesting facts about the area. At the conclusion of the Segway portion of the tour, proceed to one of the island's most popular beach bars and restaurants for delicious refreshments of sugar cane, fresh fruit and cool drinks, along with breath-taking views of your surroundings. Some free time is then made available to sunbathe, stroll along the beach, swim in the crystal-clear waters or simply relax. At the conclusion of your visit, re-board your coach for the short transfer back to the pier.

Please note: This tour involves a minimal amount of walking for approximately 200 yards (about 182 metres) and a moderate amount of activity, with a few steps to negotiate to get on/off the coach. This tour is not suitable for children under 10 years, guests with limited mobility and guests who utilise a wheelchair. Guests must weigh less than 250 pounds (113 kilograms) to participate on this tour and must be at least 4 feet tall. Guests are advised to wear a swimsuit under a cover-up with flat, closed-toe walking shoes, and bring sun protection and a towel from the ship; safety helmets must be worn whilst riding the Segway. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

ANU-I / REEF RIDERS ADVENTURE

DIFFICULTY



Price:\$219; Duration:3.00 hrs



Explore the spectacular undersea beauty of Antigua in a fun-filled and exciting new way during this invigorating, half-day excursion via Reef Rider.

Antiguan Countryside Drive and Jolly Harbour

Depart the pier for the short drive along the West Coast en route to Jolly Harbour. Travel through Antigua's lush countryside, which is rich in the daily West Indian life, local villages and old churches that exemplify the island's West Indian culture. Upon arrival at Jolly Harbour, receive your safety and tour instructions, and acquaint yourself with the operation of your inflatable, two-seat, Reef Rider boat.

West Coast, Bays and Reefs, and Cades Reef Swimming and Snorkelling

Next, begin your adventure with a ride along the west coast, in-and-out of bays and around reefs before arriving at Cades Reef, Antigua's premier snorkelling locale. After receiving your snorkelling instructions, don your mask, fins and buoyancy belt, then begin your guided snorkelling session. Along the way, explore a wide array of colourful coral, parrotfish, damselfish, grunts, and angelfish, among many others. Alternatively, you may simply opt to take a swim or relax in this idyllic location on board the boat. Either way, the time is yours to enjoy the splendid scenery.

Southwest Antiguan Coastline and Beaches, and Jolly Harbour

Following your visit to Cades Reef, begin the return ride to Jolly Harbour. En route, see dozens of beaches and the southwest coastline as you ride the crystal-clear Caribbean waters and soak up the warm, tropical sun. Upon arrival at Jolly Harbour, re-board your mini-bus and commence the short drive back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 200 yards (about 183 metres), with a few steps to negotiate to get on/off the coach and embark/disembark the Reef Rider. This tour is recommended for guests who are in good physical condition. This tour is not suitable for pregnant guests, guests with back and/or neck problems, guests with heart and/or respiratory problems, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach shoes, and bring sun protection and a towel from the ship. This tour is sold per boat (Reef Rider), and each boat accommodates up to two guests. Therefore, if two guests share a Reef Rider, they need to book only one ticket. The combined weight per Reef Rider must not exceed 400 pounds (about 181 kilograms). Snorkelling equipment, including safety buoyancy waistband, mask, snorkel and fins, is provided. Professional instruction and supervision by PADI-trained guides is included. Guests must be at least 18 years old to drive the Reef Riders. A signed waiver is required to participate on this tour. Operation of this tour is subject to weather conditions. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

ANU-L / EXCLUSIVE BEACH RETREAT AT CURTAIN BLUFF RESORT

DIFFICULTY



Price:\$499; Duration:6.00 hrs



Indulge your senses in the lap of luxury during this full-day, all-inclusive beach excursion to the 5-star Curtain Bluff Resort.

Antiguan Countryside and Curtain Bluff Resort

Depart the pier for the scenic, approximately 40-minute drive through the lush Antiguan countryside en route to the elegant Curtain Bluff Resort, named the '#1 Best Resort in Antigua', '#4 Best Resort in the Caribbean' and one of the 'Top 100 Resorts of the World' by *Conde Nast* magazine, '#2 Best Resort in the Caribbean' and '#63 Best Resort in the World' by *Travel & Leisure* magazine, and 'Top 10 Best Resorts for Romance in the Caribbean' by *TripAdvisor.com*.

Tropical Gardens, White-Sand Beach and Caribbean Sea

This intimate Caribbean hideaway is nestled amidst approximately ten acres of beautiful tropical gardens, and features a beautiful, white-sand beach on the crystal-clear Caribbean Sea. Resort amenities at your disposal include a sun chair, umbrella, towel, inviting swimming pool, refreshing drinks, tennis, and non-motorised water sports (including windsurfing, snorkelling and kayaking). Optional spa services are also available at your own expense.

Resort Amenities and Gourmet Lunch

During your guided visit, you can recline in the shade of a palm tree, bask in the warm, tropical sunshine by the resort's shimmering pool, take a leisurely stroll along the white-sand beach, participate in an invigorating game of tennis, and swim, windsurf, snorkel and/or kayak in the warm, inviting waters of the Caribbean Sea. Refreshing drinks and a complimentary gourmet lunch at the resort's lovely beachside restaurant are also included. At the conclusion of your visit, re-board your coach and commence the approximately 40-minute drive back to the pier.

Please note: This tour involves a minimal amount of walking for approximately 100 yards (about 91 metres), at times over hills and inclines, with a few steps to negotiate to get on/off the coach. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach shoes, and bring sun protection from the ship. Guests must be at least 16 years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Tennis reservations must be made on the previous day, and are subject to availability. Optional spa facilities are available at the expense of each guest, and not

included in the price of this tour. Operation of this tour is subject to weather conditions. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

ANU-M / SWIM WITH STINGRAYS

DIFFICULTY



 Price:\$89; Duration:3.00 hrs

Experience a unique opportunity to get up-close and personal with the stingrays of Antigua during this unforgettable, half-day excursion to Stingray City.

Antiguan Countryside Drive, Seatons and Stingray City

Depart the pier for a 30 minute drive to Seatons. En route, travel through Antigua's lush countryside, which is rich in the daily West Indian life, local villages and old churches that exemplify the island's West Indian culture. Upon arrival at Seatons, proceed to Stingray City, and enjoy the company of their monkeys and parrots.

Speedboat Ride and Swimming, Snorkelling and Feeding Stingrays

Next, embark a speedboat for the short ride to a white-sand bottom area surrounded by a beautiful coral reef in the Caribbean Sea. Here, you can stand up, swim and snorkel with, touch, feed, and take pictures with the friendly and gentle stingrays. The rays are wild and not penned in any way, so you have a chance to interact with true wild creatures in their natural environment. Following this unforgettable encounter, embark the speedboat for the short ride back to the land base.

Stingray City, Refreshments and Gift Shop

Upon arrival, rinse off the seawater with a shower on a coconut tree under the bright Caribbean sun. Afterward, relax with a complimentary rum or fruit punch, and browse the gift shop. At the conclusion of your visit, re-board your coach and commence the short drive back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 200 yards (about 183 metres), with a few steps to negotiate to get on/off the coach and embark/disembark the speedboat. This tour is recommended for guests who are in good physical condition. This tour is not suitable for pregnant guests, guests with back and/or neck problems, guests with heart and/or respiratory problems, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach shoes, and bring sun protection and a towel from the ship. Snorkelling equipment is provided. Guests must be at least 21 years old to be served alcoholic beverages. Operation of this tour is subject to weather conditions.

ANU-O / GOLF AT CEDAR VALLEY

DIFFICULTY



 Price:\$139; Duration:5.50 hrs



For the golf enthusiast, enjoy a day of play in Antigua at the Cedar Valley Golf course.

The Cedar Valley Golf course was designed and built by Ralph Aldridge with 9 holes in 1970. The completely constructed 18-hole course was opened to the public in 1977, as Antigua's only course. This beautiful par 70, 6,157 yard course will have you playing among tropical trees and Caribbean Sea vistas. This island course features a hilly terrain with wide, tree-lined fairways that are well bunkered. The greens range from flat to undulating, and there are some that are even triple-tiered. Cedar Valley's signature hole is the par-4 12th hole, which is known for its breathtaking views of St. John's and the Atlantic Ocean.

Depart the pier by van for the approximate 10-minute drive to the course. Upon arrival, check-in with the pro shop and pay directly for any rental equipment or merchandise. Head out to the range or to the first tee and begin a challenging round of Caribbean golf.

Upon completion of your round, check in at the pro shop and your transportation will be immediately summoned, to return you to the ship.

Please note: This tour involves moderate activity and is suitable for guests with limited mobility, but is not wheelchair accessible. Price includes green fees, a shared golf cart and return transportation. Club rental is available at US\$30.00 per set; Club rental is not part of the golf package and the price is subject to change at anytime. Should guests wish to rent clubs, the fee is payable at the golf course only. This tour is unguided and does not include any meals or refreshments. Shoe rental is not available but training/gym shoes can be worn.

ANU-P / SHAKA BUGGY TOUR

DIFFICULTY



 Price:\$209; Duration:3.00 hrs



Take off in an intimate group of maximum 5 buggies with a friendly and informative guide, who will be lead driver and feel like a true explorer in one of our 2-seat off-road Shaka Buggies.

After a short walk from the pier your friendly and knowledgeable Guide will welcome you. After your orientation it's time to take the wheel and heading across the island, you'll visit Antigua's best scenic spots and sights. The customized 4-wheel drive route starts in St John's and heads out of town, through dirt tracks through the rural areas to beautiful Body Ponds, a series of ponds as you'll blaze through the trails of Antigua's one and only tropical rainforest to Fig Tree Drive. Fresh breezes, sounds of the birds chirping and stunning views of lush green gardens, all in peaceful tranquility--you've never taken a buggy tour like this!

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Continuing on, your next stop will be at a picturesque and an unspoilt Antiguan beach on the south-west coast. Here you will have a short stop for a drink while relaxing by the edge of this great beach. Choose to laze or swim, and soak up the sunshine before your adventure winds to an end.

On the way back, the scenery will continue to amaze you as you journey slowly through Fig Tree Drive towards St John's.

Please Note: 4WD excursion is not for children under seven and drivers must be 25 years or older. This tour is sold per buggy, and each buggy accommodates up to two guests. Therefore, if two guests share a buggy, they need to book only one ticket. Maximum combined weight of guests per 2 seater-Shaka Buggy is 450lbs. Actual drive time is approximately 90 minutes. We recommend you wear comfortable clothing including a swimsuit, and bring along sunglasses, sunblock and a towel as well as your valid driver's license. Itinerary and beach location can change due to weather/sea conditions.

December 01 2018, Saturday

Basseterre - St Kitts and Nevis

BAS-A / ST. KITTS SCENIC RAILWAY

DIFFICULTY



Price:\$89; Duration:3.00 hrs



All aboard the 'Last Railway in the West Indies', the *St. Kitts Scenic Railway*. This unique island tour runs in a complete circle around St. Kitts allowing guests the opportunity to see the entire country by rail and highway in only three hours.

St. Kitts Scenic Railway

No trip to this two-island federation is complete without the experience of traveling on the *St. Kitts Scenic Railway*. This one-of-a-kind narrow gauge railroad was built almost a century ago to deliver sugar cane from the fields to the sugar mill in the capital city of Basseterre. The railway now provides a fascinating way to see the island from the comfort of double-deck railcars built specifically for touring the island of St. Kitts. The upper level features a spacious open-air observation deck with panoramic views of the surrounding countryside. The lower level provides air-conditioned comfort with expansive six-foot vaulted windows. Island ambiance is evoked with comfortable rattan furniture, complimentary specialty drinks, island music sung by the Scenic Railway Choir, and a colorful narrative history of the Caribbean.

On this memorable journey, the railway hugs the Northeastern coastline where rippling fields of sugarcane stretch from the shoreline up to the mountains. The high volcanic peaks rise nearly 4,000 feet above sea level, coated with lush green rainforests. The train rolls across tall steel bridges spanning deep 'ghuts', or canyons, and winds through small villages and farms. Your railway tour narrator will point out abandoned sugar estates with overgrown chimneys and windmills, and provide insight into the island's unique history. The duration of the train ride is approximately 1.5 hour.

Scenic Drive

Your experience is complimented by a scenic drive on board the along the Southwestern coast. Enjoy vistas of Brimstone Hill Fortress, the British 'Gibraltar of the West Indies', Middle Island where Thomas Jefferson's great-grandfather is buried, and the neighboring island of Nevis, birthplace of American statesman Alexander Hamilton, the first Secretary of the U.S. Treasury.

Please note: This tour involves minimal walking and is recommended for guests with limited mobility and guests utilising a wheelchair. Wheelchair guests must be able to embark and disembark the coach (2 steps) and the train (3 steps). The order of train and bus tour portions of the program may be reversed.

BAS-B / CARIBBEAN COOKING AND TASTING TOUR

DIFFICULTY



Price:\$79; Duration:3.50 hrs



Unlock the secret to preparing West Indian cuisine during this flavourful, half-day culinary excursion and tasting at the Fairview Great House.

Fairview Great House and Botanical Garden

Depart the pier for the short drive to the Fairview Great House and Botanical Garden, nestled at the foot of Olivees Mountain. Upon arrival, proceed for a demonstration of West Indian cooking. Discover the history and wonderful flavours of West Indian cuisine, which blends Old and New World cooking with African, European and Indian influences. Afterward, sample the dishes accompanied by homemade refreshments, and receive complimentary copies of the recipes used to prepare them.

Free Time and Great House

Following your demonstration and tasting, some free time is made available to explore the Fairview Great House at your leisure. The main floor of the Great House is furnished in authentic Colonial style. On display is the dining room, with the table set for a delicious West Indian dinner; living room; a gentleman's study; and an historical information room. Here, you can learn more about previous owners of the property, life on a Plantation Estate in St. Kitts during the 18th century and the process undertaken to fully-restore this historic gem. Upstairs is the master bedroom with a large veranda offering a panoramic view of the Caribbean Sea, South-East Peninsula and St. Kitts' sister island of Nevis.

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Botanical Garden and Gift Shop

You may also choose to take a delightful stroll through the different areas of the beautifully landscaped, approximately 2.5-acre (about one-hectare) Botanical Garden, and/or browse the gift shop for souvenirs, handicrafts and rum. At the conclusion of your visit, re-board your coach and commence the short drive back to the pier.

Please note: This tour involves a minimal amount of walking for approximately 164 yards (about 150 metres), with a few steps to negotiate to get on/off the coach and up to 35 steps at the Fairview Great House. Walking at the Fairview Great House and Botanical Garden is at the discretion of each guest. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Lightweight, comfortable clothing with flat, closed-toe walking shoes and sun protection are recommended; camouflage or suggestive clothing is not permitted. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

BAS-D / SAFARI ISLAND DRIVE

DIFFICULTY



Price:\$69; Duration:3.50 hrs

Enjoy a full island tour of this smaller, most scenic Caribbean island in a fun, comfortable open safari vehicle. After driving through town, proceed westwards to the renowned Caribelle Batik and Romney Manor Gardens. Here you have some time to enjoy this spectacular location and see batik-making in progress.

Then re-board the vehicle and continue your scenic ride around the island, as your entertaining and knowledgeable guide points out places of historical and cultural interest. Information will be presented on historical Old Road Village, where the British first landed, on Middle Island and on the world famous Brimstone Hill Fortress as you pass by.

Your next stop is Gibbon's Hill, from where visitors may see the Atlantic Waters meeting with the Caribbean Sea in a splash of waves that never ceases to fascinate visitors. Your tour continues round the island to Black Rocks where another stop will be made to enjoy this natural wonder and to stretch your legs and be refreshed. Your tour then continues via the Kim Collins Highway to Frigate Bay and the scenic look out at Timothy Hill.

After a tour that has revealed so many visual treats, it is time to return to your ship with a host of memories and, hopefully, some excellent photos.

Please note: This tour involves a moderate amount of travel by open-air safari truck with some easy walking for about 0.2 miles (300 meters). It is not suitable for guests who utilise a wheelchair. Guests are advised to wear light-weight, comfortable clothing and rubber-soled walking shoes and to bring protection from the sun and a camera from the ship. This tour operates in an open-air safari-style vehicle which has no air conditioning; guests are advised to dress accordingly. Guests must not exceed 250lb (113Kg) in weight.

BAS-F / CATAMARAN SNORKEL AND CRUISE

DIFFICULTY



Price:\$89; Duration:3.50 hrs

Embrace the picturesque beauty of the Caribbean Sea during this half-day snorkelling and sailing excursion.

Snorkelling at Shittens Bay

Depart the pier aboard a 'Maxi-Cat' catamaran for the scenic, approximate one-hour ride to the cliff-side snorkelling cove at Shittens Bay. En route, see mountains and beaches on one side and the open Caribbean Sea on the other. Upon arrival, receive your safety instructions and snorkelling gear, and begin your snorkelling session in crystal-clear waters teeming with volcanic rock formations, sea fans, sponges and tropical fish.

Sunset Cruise

Next, your ride continues along the pristine coast of the southeast peninsula of St. Kitts to Nag's Head, the southernmost tip of the island. As the catamaran sails back to port, experience the spectacular colours of a Caribbean sea. Enjoy the open bar including fruit juices, rum punch, beer and soft drinks. Your tour concludes back at the pier.

Please note: This tour involves a moderate amount of walking, with a few steps to negotiate to get on/off the boat and in/out of the water. This tour is not suitable for guests prone to seasickness, guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up, sun protection and bring a towel from the ship. Guests must remove their shoes while on board the catamaran as it is a barefoot cruise. A waiver must be signed by guests who plan to enter the water. Guests who enter the water must know how to swim and in good physical condition and must not have had any alcoholic beverages to drink prior to entering the water. Guests must be 21 years of age or older to be served alcoholic beverages.

BAS-G / GOLF AT ROYAL ST. KITTS

DIFFICULTY



Price:\$199; Duration:5.00 hrs

The Royal St. Kitts Golf Club is a spectacular Caribbean golf course. Originally opened in 1976 and recently renovated, Royal St. Kitts is one of the best conditioned and most scenic golf courses in the Caribbean.

After closing for renovations in the spring of 2002, the first nine holes and the beautiful new clubhouse opened for play in November 2003. The full 18-hole championship course then reopened on November 8th, 2004. The magnificent layout has 125 irrigated acres of lush grass and allows golfers to play two full holes on the Caribbean Sea and three complete holes on the Atlantic Ocean. The redesign was done by famed architect Thomas McBroom of Toronto, Canada.

Royal St. Kitts plays as an 18-hole, Par 71 course at 6,900 yards / 6309 metres from the championship gold tees. But with three other sets of tees it is fun for every level of player. This extraordinary layout boasts water hazards on 10 holes, 80 bunkers and a multitude of coconut palm trees along the Atlantic Ocean.

Please note: This programme includes roundtrip transportation, green fees and shared cart. Golfers must adhere to the course's dress code and policies. Please advise Shore Concierge Staff upon embarkation of your rental needs. Rental Clubs: Taylor Made Burner - \$65 per set. All rentals and purchases are to be paid directly to Pro Shop. A minimum of 4 golfers is required to operate this programme at the price noted.

BAS-H / BEST OF ST. KITTS AND FAIRVIEW

DIFFICULTY



Price:\$79; Duration:4.50 hrs

Experience the picturesque beauty and historic landmarks of St. Kitts during this half-day sightseeing excursion of Basseterre and its environs. Your tour guide will take you through Basseterre, the oldest town in the Eastern Caribbean where elements of French and British colonization have been carefully preserved - Berkeley Memorial, Independence Square (a former slave market) and the impressive architecture of the buildings surrounding them both.

Brimstone Hill Fortress and National Park

This most impressive and imposing fortress has a correspondingly significant history. Known as the Gibraltar of the West Indies, it protected British interests in this part of the Caribbean during the 18th and 19th centuries. This architectural marvel is a tribute to the skills of British military engineering and African slave labour and is now a UNESCO World Heritage Site. Stunning views of the national park and the neighbouring islands can be had from atop the Citadel or anywhere on the parade ground.

Caribelle Batik

Watch as local artists transform Sea Island Cotton into stunning Batik fabrics. As you watch the secrets of this ancient art form unfold, you will be treated to a full explanation. Caribelle Batik's sought after products are all available in a lovely West Indian Great House setting.

Romney Manor

Set in extensive and meticulously maintained grounds, this 12-acre botanical paradise is a wonder to behold. Tropical blooms, exotic palms, flowering shrubs and delicate orchids offer a riot of colour, while humming birds, egrets and wandering green vervet monkeys go their merry way. Samuel Jefferson, the great grandfather of Thomas Jefferson, 3rd President of the USA, was the original owner of this splendid estate.

Fairview Great House

Step back in time as Fairview Great House provides a true representation of a colonial St. Kitts Great House with the Great House rooms furnished in authentic colonial style. The Great House as displays a historical information room where you can learn more about previous owners of the property, life on the island in colonial times and the process undertaken to fully restore this historic gem. From the cobble stone courtyard view the original kitchen with its volcanic stone and brick oven; the original bathing room with its large sun warmed volcanic stone bath; and stone bridge leading from the rear veranda of the Great House to the rear area of the tropical botanical garden. While in the courtyard don't forget to wander into the old stone cellar where you will find a gift shop offering unique Fairview gifts and souvenirs for your shopping delight. The meticulously landscaped tropical botanical garden feature settings and plants of the 1700s - 1920s with a wide variety of fruit trees, palms, shrubs and flowering plants.

Timothy Hill

Your final stop will be for photos at the top of Timothy Hill. Prepare to feast your eyes on absolutely breathtaking scenes. Here you see the vast expanse of the Frigate Bay Resort Area with its long stretches of golden sandy beaches, the foaming crests of the Atlantic waves to the north and the tranquil Caribbean Sea to the south, separated by only a few hundred yards.

Please note: This tour involves a moderate amount of walking, with a few steps to negotiate to get on/off the coach and 26 optional steps at Brimstone Hill. The upper gardens at Romney Manor Gardens and Caribelle Batik Factory are wheelchair-accessible. Guests are advised to wear lightweight, comfortable clothing, sun protection and bring your camera from the ship. The order of sites visited may vary. A minimum number of guests per guide is required for operation of this tour.

BAS-I / SKY SAFARI ZIP-LINING

DIFFICULTY



Price:\$99; Duration:4.00 hrs

Experience the thrill of zip-lining St. Kitts during this half-day adventure.

Depart the pier for the brief drive to the historic Wingfield Estate. Upon arrival, receive your safety briefing and equipment, then participate in a training session and your first zip-line practice run. Afterwards, board a 4wd vehicle for a few minutes as you trek up the famous Valley of the Giants, which offers spectacular panoramic views of Brimstone Hill National Fortress, Old Road Village, former sugar estates, the Caribbean Sea, and the volcanic crater ridge of Mount Liamuiga.

Zip Line

Next, commence the next four zip-line rides. Using the world's most technologically advanced zip-line equipment, zoom along lines up to 1,400 feet (427 metres) in length and 250 feet (about 76 metres) above the ground at speeds of up to approximately 50 mph (about 80 km/hour) on our North American Engineered Cable System utilising a cutting edge four point paragliding harness, hands free braking and our patented Skyline Trolley and Catch-Block System, all certified to North American Amusement Park Standards. Soar through trees and tunnels of vegetation, across valleys and over a stream before reaching the landing point. En route, take in panoramic views of the rainforest below, and the coast and sea in the distance.

Wingfield Estate

After your zip-line experience, time is made available to explore the ruins of the Wingfield Estate, the oldest English settlement in the West Indies, and a former tobacco and sugar plantation. In addition, you can take a brief stroll to the Romney Manor, home of Caribelle Batik, where you can view the enchanting gardens, batik studios and gift shop. Following your visit, re-board the coach for the brief return drive to the pier.

Please note: This tour involves a moderate amount of activity and is only recommended for guests in good physical condition. It is not suitable for pregnant women, guests with heart conditions, back or neck problems, limited mobility, those who suffer from vertigo, or guests who utilise a wheelchair. Participants' weight must be over 60 pounds (28 kilograms) and less than 270 pounds (about 122 kilograms); guests are weighed prior. We suggest you wear light-weight, comfortable clothing with closed-toe walking shoes (required), and bring protection from the sun. Backpacks are not allowed and can be stored in the lockers (deposit 3 USD cash). Guests must sign a waiver, wear a helmet, and use the carriage during this tour. Participation is very limited; we suggest you book in advance to avoid disappointment.

BAS-K / YOGA AT FAIRVIEW GREAT HOUSE

DIFFICULTY



Price:\$129; Duration:3.00 hrs



Unwind under the blue Caribbean sky during this invigorating, half-day yoga excursion at the Fairview Great House.

Fairview Great House and Botanical Garden

Depart the pier for the short drive to the Fairview Great House and Botanical Garden, nestled at the foot of Olivees Mountain. Upon arrival, take a guided walking tour of this wonderful property, built by the French in the early-18th century. The rich history of the site and the island is well-displayed, with a superbly furnished historical information room. Here, you can learn more about previous owners of the property, life on a Plantation Estate in St. Kitts during the 18th century and the process undertaken to fully-restore this historic gem.

Botanical Garden, Yoga Session and Gift Shop

Next, proceed to the beautiful, approximately 2.5-acre (about one-hectare) Botanical Garden of the Fairview Great House. Here, amidst your lush, beautiful surrounds, experience a therapeutic yoga session with a Hatha Yoga teacher. Afterward, some free time is made available to explore the Botanical Garden at your leisure, and browse the gift shop for souvenirs, handicrafts and rum. At the conclusion of your visit, re-board your coach and commence the short drive back to the pier.

Please note: This tour involves a minimal amount of walking for approximately 65 yards (about 60 metres), with a few steps to negotiate to get on/off the coach and up to 15 steps at the Fairview Great House. Walking at the Fairview Great House and Botanical Garden is at the discretion of each guest. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear yoga pants/sweatpants and a cotton t-shirt with flat, closed-toe walking shoes or sneakers, and bring sun protection. Jeans are not recommended. Yoga mats are provided. Guests must be at least eight years old to participate on this tour. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

BAS-L / NEVIS HIGHLIGHTS & BOTANICAL GARDENS

DIFFICULTY



Price:\$109; Duration:4.50 hrs

Experience the splendid beauty and legacy of Nevis, sister-island of St. Kitts, during this half-day excursion via land and sea.

Coastal Cruise to Nevis

After a short walk to the Marina, board your ferry for the approximately 45-minute to 1-hour journey en route to the sister-island of Nevis, also known as the 'Queen of the Caribbean'. Upon arrival in the capital city of Charlestown, disembark the boat and board a mini-van for the brief drive through this tranquil town.

Itinerary, all arrangements, and prices are subject to change without notice. Silversea reserves the right to correct any errors or omissions. Please refer to my.silversea.com for the most current schedules, fares and complete terms and conditions.

Alexander Hamilton Museum

Your first stop is at the Alexander Hamilton Museum. During a guided tour of the museum, explore the history and culture of Nevis and the life of Alexander Hamilton, first Secretary of the Treasury of the United States of America and the island's famous son. From here, drive through several sleepy villages before arriving at the eight-acre (3.2-hectare) Botanical Gardens, the highlight of your tour.

Botanical Gardens

The Botanical Gardens feature a wide array of diversified tropical flora collected from the islands and around the world. See the cactus garden, bamboo grove, water-lily pools, and orchid and tropical fruit gardens. A spectacular glass conservatory houses a tropical rainforest and a vast Mayan temple with waterfalls, ponds and streams. After a stop at the unique onsite gift shop and a complimentary local iced tea, drive back to the pier and embark your boat for the return ride to the ship in St. Kitts.

Please note: This tour involves a moderate amount of walking, with a few steps to negotiate to get on/off the coach and boat, and approximately 12 steps at the venues. This tour is not suitable for guests prone to seasickness, guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear lightweight, comfortable clothing and bring sunscreen, a hat, sunglasses and a camera from the ship. There may be queues at the ferry landing and this tour may exceed the noted duration by as much as an hour depending on traffic and sea conditions. Depending on local events and total guest count, a public ferry may be utilized for the transportation.

BAS-O / RAIN FOREST SAFARI

DIFFICULTY



Price:\$69; Duration:4.00 hrs

Experience the exquisite flora and fauna of St. Kitts during this picturesque, half-day rainforest safari.

Romney Gardens and Caribelle Batik Studios

Depart the pier for the short, scenic drive to Old Road Village. Upon arrival, a brief stop is made to view the Carib Rock Drawings. From here, continue on to the delightful Romney Gardens at Wingfield Estate. This lovely, 12-acre (4.9-hectare) setting is also the site of the renowned Caribelle Batik Studios. During your visit, explore the stunning manicured grounds and take a brief orientation tour of the batik studio. Some time is also made available to browse the wall hangings and apparel available for sale.

Rainforest Trek

Next, re-board your coach and journey into St. Kitts' lush, tropical rainforest. Upon arrival, begin your exhilarating guided nature trek deep into the cool green chambers of this rare, bio-diversity-rich rainforest. Along the way, see and learn about its beautiful flora and fauna, and take in wonderful panoramic vistas and photo opportunities. Afterward, relax with fresh, home-made Caribbean juices, local rum, seasonal fruit, pastries, and spring water, and hear tales of years gone by.

The drive to-and-from the ship winds along the idyllic Leeward Coast, and passes through picturesque valleys and sugar cane fields that are lined on one side with lush green mountains, and on the other by the turquoise Caribbean Sea. At the conclusion of your journey, commence the short drive back to the pier.

Please note: This tour involves an extensive amount of walking, with a few steps to negotiate to get on/off the coach. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Lightweight, comfortable clothing, flat, closed-toe walking shoes and sun protection are recommended. Guests must not exceed 250 lb (113 Kg) in weight. Guests must be at least 21 years old to participate in tastings of alcoholic beverages.

BAS-R / A DAY IN THE HILLS AT BELLE MONT FARM

DIFFICULTY



Price:\$179; Duration:4.25 hrs



Experience the splendid natural beauty and flavours of St. Kitts during this picturesque, half-day sightseeing excursion with lunch at Kittitian Hill.

Port Zante, Basseterre, Berkeley Memorial, Independence Square

Depart the pier for the short drive through the capital city of Basseterre, the oldest town in the eastern Caribbean. Along the way, see elements of French and British colonisation that have been carefully preserved, including the Berkeley Memorial, Independence Square (a former slave market) and the impressive architecture of the buildings surrounding them.

Bloody Point, Bloody River, Sir Thomas Warner's Tomb, Kittitian Hill

Next, drive to Bloody Point for a photo stop at the Bloody River, site of a major battle in 1626. Afterward, re-board your coach and proceed for a photo stop at Sir Thomas Warner's Tomb, then continue driving through local villages en route to the unique Kittitian Hill, home of the Belle Mont Farm. Kittitian Hill encompasses 400 acres of organic farmland and tropical forest; it's an edible landscape, planted with organically-grown fruit and vegetables. See 'Pick Me' signs hanging where the ripest fruit is ready to be picked and enjoyed, as well as indigenous plants that serve as natural habitats for wildlife while reducing the need for irrigation. In conjunction with the organic farm, a botanical collection of rare and heirloom tropical fruit trees has been planted to help protect local endangered species.

Belle Mont Farm, Lunch

Itinerary, all arrangements, and prices are subject to change without notice. Silversea reserves the right to correct any errors or omissions. Please refer to my.silversea.com for the most current schedules, fares and complete terms and conditions.

During your visit to the Belle Mont Farm, take a guided tour of the farm and enjoy this one-of-a-kind farm-to-table experience with lunch in the middle of the farm. Set in the centre of the 400-acre (about 162-hectare) farm among herbs, vegetables and fruit crops, an approximately 30-foot-long (about nine-metre-long) table provides a communal dining experience for your meal, which is prepared with ingredients grown from the surrounding garden. At the conclusion of your visit, re-board your coach and commence the approximately 45-minute drive back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 820 yards (about 750 metres), with a few steps to negotiate to get on/off the coach and 10-30 steps at the sites visited.

This tour is not suitable for guests prone to motion sickness, guests with limited mobility and guests who utilise a wheelchair. Lightweight, comfortable clothing with flat, closed-toe walking shoes and sun protection are recommended; camouflage or suggestive clothing is not permitted. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

December 02 2018, Sunday

Gustavia, St Barthelemy - Guadeloupe, French West Indies

SBH-A / SNORKEL ODYSSEY

DIFFICULTY



Price:\$119; Duration:2.00 hrs

Board your catamaran at the pier and depart for the snorkelling destination. For your comfort, the catamaran offers plenty of shade. On the way the crew distributes snorkelling equipment. Once you arrive at the snorkelling site, the captain or crew provides instruction and guidelines, after which you may jump in the water to enjoy approximately one hour exploring the fascinating underwater marine life. Two crew members are available to provide assistance.

The azure waters surrounding St. Barts provide the perfect environment for a variety of exquisitely coloured fish and corals. Coral reefs act as home and nursery for almost a million fish and other species, and are host to some of the Earth's most diverse living ecosystems.

Back on board the catamaran, enjoy a snack and refreshment before your return to the pier.

Please note: Swimsuits should be worn under beach-type clothing. Please remember to bring your sunscreen, hat and towel. Although minimal walking is required, guests must be able to manoeuvre in and out of the snorkel boat. Waterproof cameras are highly recommended. Guests may not snorkel if they have consumed alcohol. There are no bathroom facilities onboard the boat. Guests will be asked to remove their shoes prior to boarding. The use of a noodle float or a lifejacket while in the water is mandatory.

SBH-E / PANORAMIC ST. BARTS

DIFFICULTY



Price:\$49; Duration:1.00 hrs



Enjoy a panoramic ride around this tiny island and discover the many hidden beauties for which St. Barts has become famous.

Minibus 'taxi' with drivers who speak varying degrees of English with a heavy French-West-Indian accent, take you on a drive through St. Barts. The first stop, at Le Col de la Tourmente, overlooks the most popular beach, St. Jean Beach and the island's airport. The taxis then follow take the road to Salines (salt ponds), an industrial area of the island. At one time St. Barts exported salt all over the Caribbean.

After Salines, your driver will go through Petite Salines, the only place on the island where you cannot see the ocean, and continue to Grand Fond. The view is breathtaking, with the road overlooking the green valley and the raging ocean breaking on the shoreline. It is very windy, and the landscape is very different from the rest of the island. Only a few years ago, Grand Fond was the cattle center for St. Barts, home not only to many cows, but also goats and sheep.

Continue on the road along the coast to see the house that belonged to the famous Russian dancer, Rudolf Nureyev. It is located right on the rocks facing the ocean. Pass Petit-Cul de Sac (small salt pond) and Grand Cul de Sac with its large lagoon and many hotels and resorts. It is here that the 24-hour windsurf regatta is held in August each year. Continue to Marigot, famous for its wine shop, La Cave, that has in stock over 300,000 bottles of wine, ranging from the cheapest to the most rare and expensive. Then continue to L'Orient and its two flower-filled cemeteries.

Passing La Vigie and Coupe Gorge, your vehicles return to the St. Jean area before taking the road to Corossol, once famous for its women who wore traditional white bonnets and were known for weaving straw hats and baskets. Please note that this does not exist anymore, despite what is written in the guidebooks. After climbing the last hill, your taxi returns to Gustavia. Depending on traffic conditions, the taxis will either stop in the parking lot next to the pier or in town at the main taxi station.

Itinerary, all arrangements, and prices are subject to change without notice. Silversea reserves the right to correct any errors or omissions. Please refer to my.silversea.com for the most current schedules, fares and complete terms and conditions.

Please note: This tour involves a minimum amount of walking; however, guests must be able to climb in and out of a minibus taxi. This is not a guided tour; it is an orientation drive of the island. Your driver may speak only rudimentary English. The cost of this tour is based upon 6 guests in each van as opposed to 8 as standard for other cruise lines. The cost of this tour reflects the lower occupancy of the vehicles.

SBH-G / ATV ADVENTURE

DIFFICULTY



 Price:\$179; Duration:2.00 hrs


Experience St. Barts up-close during this scenic ATV adventure tour. See both the windward and leeward sides of the island, admire the views and capture the memory with some great photo opportunities. Meet your instructor after a short walk from the pier and listen to a safety and itinerary briefing. After being fitted with your mandatory helmet, board your ATV and follow the guide north along the leeward coast.

Continue to St. Jean via the famous Col de la Tourente and head up Morne Tourterelle, overlooking the Salines beach area. En route, your guide explains about the areas salt ponds and the island's salt industry, which served as St. Barts primary industry until the mid-1950's.

Proceed along the windward side of the island, savouring the dramatic views of Grand Fond, dominated by the Atlantic Ocean and 938-foot (280-metre)-high Morne Vitet. In Toiny, leave the main road and take the narrow path to Petit Cul de Sac Beach.

A steep climb brings you to the villages of Mariot and Lorient with magnificent panoramas of the countryside.

Once back in town you may be required to walk the perimeter of the harbour to return to the ship.

Please note: This tour involves a moderate amount of activity and is for guests in good physical condition only. There are inherent risks associated with participating in this tour. It is not suitable for pregnant women, guests with heart or respiratory conditions, leg, knee, neck, back problems, or limited mobility, or those who utilise a wheelchair. Guests will be evaluated prior to participation, by the tour leader; if determined not to be in acceptable physical condition to safely operate and maintain control of the ATV on the surfaces you will be encountering, participation will be denied and a 50% fee will be charged. This tour requires the completion of an acknowledgement that a safety briefing has been provided prior to departing on the ATV. Participation will be denied to anyone who does not sign the acknowledgement. This tour is priced per ATV, two guests per vehicle. Only one person in your party need reserve the vehicle and charges may be split between suites on board. When requesting this tour online, please indicate the number of vehicles desired and not the number of guests participating. Maximum weight per ATV is 330 pounds (150 kilograms or 23.5 stone). ATV drivers must bring a valid driver's license and a credit card for the 2000 Euro deductible in the event of damages to the ATV or property. Minimum age for drivers is 18 year; minimum passenger age is 12. Wear light-weight, clothing and flat comfortable, rubber-soled shoes; flip-flops are not allowed. At the conclusion of the tour you may be dropped at the far side of the harbour where a walk of 0.25 miles (410 metres) may be required to arrive at the ship. Taxis are available for those that do not wish to make this walk; please bring USD to pay for these optional taxis.

SBH-J / SAILING ST. BARTS

DIFFICULTY



 Price:\$159; Duration:3.00 hrs

Discover St. Barts by sea as you sail aboard an island catamaran that whisks you away to a secluded bay on this scenic, relaxing outing. Walk along the pier to your awaiting catamaran and climb aboard. As you motor out of the harbour, admire the resident mega yachts and the scenic coastline, before raising the sails.

Head towards Pointe de Colombier and its shelter bay and drop anchor upon arrival. Enjoy your time in the bay, the way you wish. You can swim, sunbathe or just relax with a good book under the shade of the bimini. Sip a cool drink as the friendly crew offer water, soft drinks, and rum punch.

At the appointed time, the catamaran re-traces its course back to the harbour in Gustavia.

Please note: This tour requires a minimal amount of activity, however guests wishing to swim from the boat to the beach must be good physical condition. Guests wishing to swim should wear a swimsuit under a cover-up and bring a towel from the ship. Participants should be in good health and a comfortable swimmer to enter the water. Any swimming is unsupervised and at your own risk. Participation is limited. The catamaran anchors in a bay and swimming is from the boat. Operation of this tour is subject to favourable weather and sea conditions. Guests will be required to remove their shoes prior to boarding the vessel.

December 03 2018, Monday

Road Town - British Virgin Islands

Itinerary, all arrangements, and prices are subject to change without notice. Silversea reserves the right to correct any errors or omissions. Please refer to my.silversea.com for the most current schedules, fares and complete terms and conditions.

TOV-A / TORTOLA BY SEA & LAND

DIFFICULTY



Price:\$69; Duration:4.00 hrs

Experience the best of the British Virgin Islands by both sea and land as you cruise amongst the islands and drive along the heights of Tortola. Begin your tour with a cruise in an open motor launch through the beautiful waters of the British Virgin Islands. Heading along Tortola's southern shoreline, you will pass picturesque coves and cays before crossing the Sir Francis Drake Channel. Cruise towards Dead Chest Island of Blackbeard fame and see Salt Island in the distance where the famed mail steamer RMS Rhone sank during a hurricane and then enter Peter Island's Great Harbour. While the launch is idling in the bay, drinks will be served. Then cruise past Norman Island, Flannagan Island and the northeast fringes of St. John en route Road Town. Disembark the boat and board an open-sided safari bus, then proceed with the land portion of your tour. Drive through Road Town along the souther and northern shore lines before ascending to the ridge road. Descend to road town and stop for 10 minutes at the craft market before arriving back at the cruise pier.

Please note: This tour involves minimal walking however guests will be required to embark and disembark the vessel and safari coach independently. This tour is not suitable for guests that utilize a wheelchair. Guests are advised to wear lightweight clothing, flat comfortable walking shoes and sun protection.

TOV-B / SIR FRANCES DRAKE CHANNEL SNORKEL

DIFFICULTY



Price:\$79; Duration:3.50 hrs

Indulge your senses with the scenic beauty of the Virgin Islands during this memorable cruise in Tortola. Board your awaiting boat and navigate across the Sir Francis Drake Channel to Norman Island, Peter Island, Salt Island or Cooper Island. Return to an adventurous and exciting period in the British Virgin Islands history as you retrace the paths of notables such as Christopher Columbus and Captain Kidd. Envision the many skirmishes between the British, Spanish, Dutch and Danish, as well as the pirates who looted the merchant ships laden with treasure.

Enjoy snacks and a rum punch as the boat skims the azure waters of the Caribbean, before arriving at one of these enchanting islands. Typically the vessel heads to Norman Island, famed in the story of *Treasure Island* by Robert Louis Stevenson. Snorkel into the caves in search of the treasure of the islands - myriads of colourful fish swimming amongst the corals and marine plants. Relax on board or take time to swim and snorkel off the beach before returning back to the ship.

Please note: This tour is recommended for guests in good physical condition. Guests with back and/or neck problems, guests with limited mobility and guests who utilise a wheelchair will not be permitted on this tour. Wear a swimsuit under a cover-up, sun protection and bring a towel from the ship. Guests must be at least 21 years of age to be served alcoholic beverages. Mask and snorkel (no fins) will be provided.

TOV-C / VIRGIN GORDA & THE BATHS WITH LUNCH

DIFFICULTY



Price:\$149; Duration:5.50 hrs



Discover Virgin Gorda's unique natural terrain during this scenic visit to 'The Baths' at Spring Bay. Depart the pier aboard a local launch for a 40-minute cruise along the Sir Francis Drake Channel, and on to Spanish Town, Virgin Gorda. The famous waterway has seen scores of pirates and buccaneers who once plied their profitable trade here.

Virgin Gorda

Arrive at the quaint Spanish Town, Virgin Gorda's main settlement. Here, your safari bus awaits you for the short drive to the top of the Baths at Spring Bay. As you approach the area, see the characteristic boulders strewn across the arid ground. They are reminders of volcanic action some 70 million years ago. Follow your guide down to the amazing Baths along a narrow trail set between huge boulders on both sides.

The Baths

Along a powdery, white sand beach, giant boulders are poised on top of each other in seemingly precarious positions. Weathered by the elements and over time, a series of spectacular pools and grottos have been created. The site is a natural phenomenon and never fails to amaze its visitors. Take a swim in the clear, warm water, or squeeze through narrow crevices and discover small caverns where sunlight creates cool hues. The picture below the waterline is equally fascinating with small tropical fish darting through the crystalline water. A total of about two hours will be spent at the Baths.

After hiking back up the trail, re-join your safari bus for a scenic island drive, followed by a light lunch at *Fisher's Cove Beach Hotel*. Afterwards, it is time to join the boat for the trip to Tortola.

Please note: This tour involves an extensive amount of walking over steep and slippery terrain, with steps and unpaved, possibly muddy, paths to negotiate. This tour is recommended for guests in good physical condition. This tour is not suitable for guests with back and/or neck problems, guests with limited mobility and guests who utilise a wheelchair. Guests have the option to follow the guide through the caves or stop at the first visited beach and rejoin the group before the transfer to the lunch location. Guests are advised to wear a swimsuit under a

cover-up, sun protection and bring a towel from the ship. Guests should also wear comfortable, flat walking shoes, as the footpath to The Baths is rough, steep and uneven. Snorkelling equipment can be rented at the beach.

TOV-F / ISLAND TOUR & BEACH BREAK

DIFFICULTY



 Price:\$59; Duration:3.00 hrs

Enjoy a scenic view of Tortola and its surroundings during this panoramic drive and beach break.

Board open air safari buses in Road Town for a scenic island drive of beautiful Tortola. Your tour takes you up Joe's Hill along the Ridge Road passing local villages.

Drive through Hawks Nest with views of Guana Island before arriving at Long Bay Beach. Indulge in the clear waters of this long white sand beach. Beach chairs are included. This is a "Virgin Beach" with portable toilet facilities. There are one or two vendors of drinks and snacks.

After one hour on the beach the tour returns to the ship.

Please note: Tour involves minimal walking however it is not suitable for guests who may have walking limitations and those who utilise a wheelchair. Guests must be able to embark and disembark the open-air safari bus independently. Guests wishing to swim are advised to wear their swimsuit under a cover-up, sun protection and bring a towel from the ship.

December 04 2018, Tuesday

San Juan - Puerto Rico

SJU-B / CUEVA VENTANA

DIFFICULTY



 Price:\$129; Duration:4.50 hrs



Explore the karst region and subterranean cave systems of Puerto Rico during this scenic, half-day sightseeing excursion to Cueva Ventana.

San Juan, Karst Region, Arecibo, Rock Formations, Nature Walk

Depart the pier for the scenic, approximately 75-minute drive to Puerto Rico's karst region, which features subterranean cave systems created by water, and Cueva Ventana, a natural cave in Arecibo. Located at the northwest side of the island, Cueva Ventana is accessible via a guided, uphill nature walk surrounded by native flora.

Cave Walk, Rock Formations, Trails, Native Flora and Fauna

Upon arrival, meet your guide, receive your helmet and commence your guided exploration of the area. During a guided walking tour through one of the caves, see fascinating rock formations and learn about the wildlife, including birds, bats, lizards, spiders, and snakes, found in this area. A large opening at one end of the cave allows light to filter through part of the cave, creating beautiful photo opportunities. Leaving the first cave, continue along the trails whilst learning about the plants and trees native to this region en route to the next cave system, the entrance of Cueva Ventana.

Cueva Ventana Walk, Taino Wall Art, Arecibo Valley, Local Eatery and Specialities

Upon arrival, climb down a rather steep set of natural steps in order to access this fascinating hidden world. Your guide gives you a flashlight to light your path through the dimly-lit caverns and covers various points of interest along the way, including the Taino art on the walls, uneven floor, reason for its pattern, and face in the rock formations at the top of the cave. Your trail leads you to the highlight of the tour, a breath-taking window overlooking the Arecibo Valley. Following your visit to this fascinating underworld, proceed for refreshments and authentic Puerto Rican specialities at a local roadside eatery. At the conclusion of your visit, re-board your coach and commence the approximately 55-minute drive back to the pier.

Please note: This tour involves an extensive amount of walking for approximately 1.5 miles (about 2.4 kilometres), at times over uneven, slippery, and natural surfaces and inclines, with a few steps to negotiate to embark/disembark the coach, and several sets of steps and stairs at Cueva Ventana. This tour is recommended for guests who are in good physical condition. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone claustrophobia, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear lightweight, comfortable clothing with flat, closed-toe walking shoes, and bring sun protection, insect repellent, and a sweater or light jacket from the ship; flip-flops are not permitted. Guests must be at least six years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Safety helmets and flashlights are provided. A signed waiver is required to participate on this tour. Although frequently encountered on this type of tour, animal sightings are not guaranteed. Operation of this tour is subject to weather conditions. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

Itinerary, all arrangements, and prices are subject to change without notice. Silversea reserves the right to correct any errors or omissions. Please refer to my.silversea.com for the most current schedules, fares and complete terms and conditions.

SJU-D / MOFONGO & MOJITO

DIFFICULTY



Price: \$159; Duration: 4.00 hrs



Take a journey into history, enjoy Old San Juan and have the opportunity to assemble your own Puerto Rican Lunch on this half-day tour. Begin your tour from the ship with a walking tour of Old San Juan with a focus on the architecture, history and legends of this Spanish colonial city that is more than 500 years-old.

As you are walking and building up an appetite, the last stop of the tour will take you to a local restaurant for lunch. Upon arrival, you are greeted by the Chef who will welcome you with a fresh Mojito followed by a tasty appetizer. Then the chef will provide you with the necessary ingredients and instructions to mix and shape your own Mofongo lunch.

Discover the magic of 'cocina criolla,' the main culinary style of Puerto Rico, by learning how to create a local favourite: Mofongo. It is a delightful mash of fried green plantains and chicken broth into which chicken is added. Each participant will learn about and have a hand in the final steps of the preparation of this local Puerto Rican dish. After helping preparing your meal, join your fellow guests at the table to enjoy your lunch. This is the perfect ending to your historical and cultural experience in Old San Juan.

Following your lunch, make the stroll back to the pier and your awaiting ship.

Please note: This tour involved extensive walking over cobble-stones and uneven surfaces along with some inclines. This tour is not suitable for guests with limited mobility or for those who utilise a wheelchair. We suggest guests wear lightweight comfortable clothing, flat walking shoes and sun protection. Your menu consists of one Mojito cocktail, an appetizer, house salad, plantain Mofongo filled with chicken, one soft drink, a delicious dessert and coffee. Guests under 21 years will not be able to sample the Mojito. One Mojito is included in the price, additional beverages may be purchased on site.

SJU-E / OLD SAN JUAN WALKING TOUR

DIFFICULTY



Price: \$39; Duration: 3.00 hrs

Explore the highlights along cobblestone streets and gain a fascinating guided look at the history of Old San Juan during this walking tour of the old city.

Fort San Cristobal

Upon disembarkation, meet your experienced guide who will lead you through the historical Old City including a visit to Fort San Cristobal, a fortification that successfully defended the old city from attack by the British and Dutch in centuries gone by.

Next, walk into the City through one of the side streets and commence on a stroll through history. Getting just off the beaten track offers some fascinating finds that eludes most visitors that never leave the main streets.

Plaza San Jose

Walk uphill through the cobblestone streets until you reach the Plaza San Jose, with its statue of Juan Ponce de Leon that was made from melted down British cannons. The next stop, the Quincentennial Plaza, is a celebration of the discovery of Puerto Rico.

Casa Blanca

Continue to Casa Blanca, the first fortification ever built in old San Juan and the Ponce de Leon family home. Here you explore the almost Romanesque gardens and fountains.

La Plazoleta de la Rogativa

Exit the gardens of Casa Blanca through a partially hidden access to Calle Sol. After making the tight descending turn downwards, you suddenly find yourself in the most beautiful section of the entire old city - the Plaza of the Procession. Dominating this little park area is a statue commemorating the miraculous saving of the old city from sacking by the British in the 16th century.

This vantage point offers views of the Governor's Mansion, the El Cañuelo fortress across the port entrance and the Bacardi distillery. A short walk down hill through San Juan Gate takes you to the water's edge. As you return through the San Juan gate continue to San Juan Cathedral, retracing the steps of the original conquistadores. Your guide will walk you to the corner of Cristo & Fortaleza Streets; at this point you decide if you wish to have the guide escort you back to the ship or if you wish to stay to explore the many boutiques and shops that line the cobblestone streets of the old city and return to the ship at your leisure.

Please note: This tour involves an extensive amount of walking, lasting approximately 3 hours, over uneven surfaces and steep inclines and is thus recommended for guests in good physical condition. It is not suitable for guests with heart or respiratory conditions, leg, knee, neck, back problems, or limited mobility, or those who utilise a wheelchair. The order of sites visited may vary. If Casa Blanca is closed, a visit to Cuartel Ballaja, the last building the Spanish built in the Americas and now a cultural museum, will be substituted. It is recommended that guests bring bottled water from the ship for this tour.

SJU-H / BACARDI MIXOLOGY SEMINAR

DIFFICULTY



Price:\$139; Duration:3.50 hrs



Spend the day discovering and tasting one of San Juan's most famous products- Bacardi Rum.

Your tour begins with a transfer to the south side of San Juan Harbor, where you will enter the beautifully manicured grounds of the Bacardí Rum Distillery, the world's largest distiller of natural spirits. Upon arrival, you will be escorted to your classroom for a private Rum Mixology Seminar led by your Bacardi Brand Specialist, a Master in Rum. For the next 45 minutes to an hour, the conference speaker will lead your group in the preparation and understanding how each of the signature cocktails is created - typically Bacardi Cuba Libre, Bacardi Mojito and a Bacardi Flavors Drink are presented and prepared, though this is subject to change. Each participant will be standing and acting as bartender and at the end will receive a Bacardi University Rum Mixology Certificate.

Following the seminar, you will continue to the interior patio of the Bacardi Visitor's Center. After passing through a large room containing a fountain and three large prints with historical representations, you will enter the theater and view a short film covering the Bacardí Family history as well as that of the Bacardí Corporation. You will then enter a replica of an old distillery that houses an excellent display; here your guide will provide commentary and answer questions. And you will have the opportunity to smell that final product; you will enjoy the aroma of the different type of rums that are bottled at Bacardí.

Your tour will continue to the Bacardí cocktail lounge, which resembles a 1920's bar in Cuba (the era of the prohibition). A bartender will explain and show you how to prepare the first three cocktails ever made with Bacardí: "Cuba Libre", "Daiquiri" and "Mojito Cubano", and you'll learn what inspired Bacardí in the preparation of these three cocktails as well as how they got their names.

As you exit, you will board an open-air tram who will take you to the open-air pavilion, where you will be treated to complimentary rum drinks. Adjacent to the pavilion is the Casa Bacardí gift shop where one can purchase Bacardí Rum as well as many other Bacardí products.

Please note: This tour involves a minimal amount of activity, and is suitable for those with limited mobility and those who utilise a wheelchair. This tour is not suitable for anyone under the age of 18. Guests may be required to show identification. Please be aware that the Bacardi Distillery is under construction and some of the visitation areas mentioned above after the seminar may be modified, unavailable or substituted for new galleries without notification.

SJU-M / COASTAL KAYAKING & SNORKEL

DIFFICULTY



Price:\$149; Duration:5.00 hrs

**San Juan, Las Cabezas de San Juan Nature Reserve, Coastal Kayaking, El Yunque Rainforest**

Depart the pier for the scenic, approximately 60-75-minute drive to the kayak-landing area of the Las Cabezas de San Juan Nature Reserve. Upon arrival, receive your safety and kayaking instructions and equipment, then gear up and begin your guided, approximately 1.5-hour journey aboard a two-seat kayak. As you paddle along the coastline of the Las Cabezas de San Juan Nature Reserve, take in spectacular views of El Yunque, the U.S. Caribbean National Rainforest.

Snorkelling, Coral Reefs, Tropical Fish, Beach Stop, Swimming, Trail Walk, Beachcombing

Along the way, a stop is made to snorkel among coral reefs, schools of tropical fish and marine life with your eco-guide. Following your snorkelling experience, some free time is made available at a lovely beach. Relax and enjoy sunbathing, swimming, a short interpretive trail walk, and/or beachcombing. Fruit, snacks and refreshments are provided. At the conclusion of your visit, re-board your coach and commence the scenic, approximately 60-75-minute drive back to the pier.

Please note: This tour involves an extensive amount of easy paddling for approximately 1.5 hours and a moderate amount of walking for approximately 200 yards (about 183 metres), at times over gravel and sandy surfaces, with a few steps to negotiate to get on/off the coach and embark/disembark the kayak. This tour is recommended for guests who in good physical condition, know how to swim and can get in/out of a kayak without assistance. This tour is not suitable for pregnant guests, guests with back and/or neck problems, guests with heart and/or respiratory problems, guests prone to seasickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with flat, non-slip boat shoes, sandals or flip-flops they won't mind getting wet, and bring sun protection and a towel from the ship. Guests must be at least six years old to participate on this tour. This kayaking tour operates in two-seat kayaks. The maximum weight per two-seat kayak is 500 pounds (about 227 pounds) per couple. Although frequently encountered on this type of tour, wildlife and marine life sightings are not guaranteed. Two-seat kayaks, paddles, life vests, mask, and a snorkel are provided. A signed waiver is required to participate on this tour. Operation of this tour is subject to weather conditions. If visibility is poor due to weather, guests receive additional time at the beach to enjoy swimming, walking the trails, beachcombing and relaxing.

SJU-N / SELF-DRIVE MINI BOAT ADVENTURE

DIFFICULTY



Price: \$399; Duration: 6.00 hrs



Experience the pristine tropical and undersea beauty off the coast of Puerto Rico during this scenic and exhilarating, full-day snorkelling excursion via Zodiac-boat.

San Juan, Puerto Chico Marina, Zodiac-Boat Adventure, Las Cabezas de San Juan Nature Reserve

Depart the pier for the scenic, approximately one-hour drive to the Puerto Chico Marina. Upon arrival, receive your safety and boating instructions. Afterward, embark and captain your own, 13-foot (about four-metre) Zodiac boat whilst following your guide on a sun-drenched, panoramic journey to nearby cays and reefs for snorkelling, swimming and beach fun. Each boat holds a maximum of four guests. Snacks and non-alcoholic refreshments are included, and placed in a cooler on your boat. Your journey begins with a brisk, approximately 30-minute ride to the north-northeast along the bluffs of the Las Cabezas de San Juan Nature Reserve.

El Yunque Rainforest, Mountains, Icacos Cay, Snorkelling

Your first destination is the uninhabited Icacos Cay. En route, take in spectacular views of the mountains of the El Yunque Rainforest, mangrove-lined coast and Fajardo's 130-year-old Spanish lighthouse. Upon arrival at Icacos Cay, one of a string of cays forming the Cordillera Cays Nature Reserve, receive your snorkelling gear and practise free-diving techniques, then don your snorkel, mask and fins for an unforgettable, approximately one-hour guided snorkelling experience. Whilst snorkelling in approximately 20 feet (about six metres) of water, discover spectacular coral reef formations, swim among schools of colourful tropical fish and learn about the local marine life.

Palominos Island, White-Sand Beaches, Snorkelling, Coral Reef, Tropical Fish, Marine Life

After embarking your boat for a refreshment and snack, your route continues along the island chain to the jaw-dropping 'Isla de Palominos'. As seen in the movie, *Pirates of the Caribbean 4*, this small island surrounded by a coral reef features incredible turquoise waters, pristine, white-sand beaches, and a lovely view back to the mainland. During your visit to Palominos Island, explore the beach with your guides, who interpret the natural history of the reserve and explain the surrounding scenery, then guide you through another amazing snorkelling session. Alternatively, you may simply choose to relax on the beach and take a refreshing swim in the inviting waters of the Caribbean Sea.

Return Boat-Ride, Pier Transfer

At the conclusion of your visit, embark your boat for the approximately one-hour ride back to the marina. Upon arrival at the marina, disembark your boat, re-board your coach and commence the approximately one-hour drive back to the pier.

Please note: This tour involves an extensive amount of activity and a moderate amount of walking for approximately 328 yards (about 300 metres), at times over uneven, natural and sandy surfaces, with a few steps to negotiate to get on/off the coach, embark/disembark the boat and manoeuvre in/out of the boat. Walking on the beach is at the discretion of each guest. This tour is recommended for guests who are in good physical condition, and can swim in water too deep to stand. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone to seasickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up and a long-sleeved shirt with beach, water or boat shoes they won't mind getting wet, and bring sun protection, a towel and waterproof camera (with a leash, so it won't get lost) from the ship. Guests must be at least six years old to participate on this tour. There are no changing facilities on board the Zodiac. Waterproof cameras are highly recommended. Each Zodiac-boat seats up to four guests, the tour is priced per two guests; each additional guest (up to 4 in total per boat) is subject to an additional fee of 169 US\$ per person. Kindly advise the Shore Concierge Desk on the number of guests in your zodiac. Guests weighing more than 300 pounds (about 136 kilograms) cannot participate on this tour. The maximum weight limit per-boat is 700 pounds (about 317.5 kilograms). Masks, snorkels, fins and safety vests are provided; the safety vest must be worn at all times whilst riding the Zodiac-boats. Guests may not ride the Zodiac-boats or snorkel if they have consumed alcohol. A signed waiver is required to participate on this tour. Although frequently encountered on this type of tour, fish and marine life sightings are not guaranteed. The tour sequence may vary. The snorkelling sites visited are selected at the discretion of the guides, based upon prevailing weather conditions. Operation of this tour is subject to weather conditions. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

SJU-O / SAN JUAN CULINARY WALKING TOUR

DIFFICULTY



Price: \$149; Duration: 3.25 hrs



Explore the vibrant history, flavours, and culture of Puerto Rico on-foot during this scenic and fun-filled, half-day culinary excursion in Old San Juan.

San Juan, Old San Juan, Culinary Walking Tour

Depart the pier for a culinary walking tour along the historic, cobblestone streets of Old San Juan. During your leisurely, guided stroll, explore your surrounds through the eyes of a local, and learn about and indulge your senses with the culture, gastronomy, history and architecture of Puerto Rico.

Visits to Local Food Venues, Tastings of Puerto Rican Specialities

Five stops are made along the way for tastings at a variety of independently-owned and operated businesses. Each venue visited showcases its most delicious dishes, many of which are off the menu, and prepares them by utilising mainly fresh, locally-grown fruit, meat, fish, and other ingredients. Sample up to nine different Puerto Rican specialities, including the best artisanal coffee in town, mofongo, roasted pork, rice and

beans, stuffed avocados, empanadas, quesito, and other traditional, freshly-baked treats. Refreshing beverages and desserts include mojitos, pina coladas, ice pops and more.

Notable Old San Juan Landmarks

In addition to tastings of local specialities, see the second-oldest Cathedral in the Americas, oldest Governour's Mansion in the Western Hemisphere, Plaza de Armas, City Hall, La Rogativa, Capilla del Cristo, Cuartel de Ballajá, Paseo de la Princesa, and other notable landmarks. At the conclusion of your culinary walking tour, commence the short walk back to the pier with the best advice on what to eat, see or skip during your next visit to San Juan.

Please note: This tour involves an extensive amount of walking for approximately one mile (about 1.6 kilometres), at times over uneven and cobblestone surfaces and inclines, with a few steps to negotiate to access certain venues. This tour is not suitable for guests with food allergies, guests with limited mobility and guests who utilise a wheelchair. Lightweight, comfortable clothing with flat, closed-toe walking shoes and sun protection are recommended. Guests must be at least three years old to participate on this tour; infants are welcome and free-of-charge, but do not participate in the tastings. Guests must be at least 21 years old to be served alcoholic beverages. A signed waiver is required to participate on this tour. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

Silver Shore "Privato"

Explore the surrounding at your leisure during your private tour. Customize your own itinerary or choose to see and overview of the area's highlights. Please note: This tour is non-refundable if cancelled within 48 hours prior to arrival in the port. Actual vehicle type varies depending on availability. Guide is English-speaking. The price, exclusive of meals, entrance fees and gratuities, is per vehicle. Therefore, when making your reservation, please indicate the number of vehicles, not the number of guests. Only one person in the party needs to reserve this program. Please see the Shore Concierge Office on board the ship to arrange your individual itinerary

SJU-X / SILVER SHORE PRIVATO - PRIVATE VAN WITH DRIVER/GUIDE - HALF DAY

DIFFICULTY



Price:\$649 ; Duration:4.00 hrs ; Capacity:9

