



# Tour Programme

Silver Whisper 4829 / 10 Days

October-31-2018 / November-10-2018  
 Fort Lauderdale, USA / Bridgetown, Barbados



Date	Arrive	Depart
<b>31</b> Fort Lauderdale, USA		6:00 PM
<b>1</b> Day at sea		
<b>2</b> Grand Turk, Turks and Caicos Islands	9:00 AM	4:00 PM
<b>3</b> Samana, Dominican Republic	9:00 AM	4:00 PM
<b>4</b> San Juan, Puerto Rico	8:00 AM	11:59 PM
<b>5</b> Road Town, British Virgin Islands	9:00 AM	11:00 PM
<b>6</b> Gustavia, St Barthelemy, Guadeloupe, French West Indies	9:00 AM	6:00 PM
<b>7</b> Roseau, Dominica	8:00 AM	11:00 PM
<b>8</b> Castries, St Lucia, West Indies	8:00 AM	8:00 PM
<b>9</b> St George's, Grenada	8:00 AM	6:00 PM
<b>10</b> Bridgetown, Barbados	8:00 AM	

# General Information

## ORGANISED SHORE EXCURSIONS

Booking Direct with Silversea gives you peace of mind. Our local tour operators are fully insured and have been comprehensively vetted. In the unlikely event of issues with a Silversea tour, we assume responsibility and the ship will wait for our delayed shore excursion. These are important factors when comparing value. Looking for a special program with your travelling companions? In a nod to our Italian heritage, let us reserve for you our Silver Shore "Privato" service - a private vehicle with driver and/or guide. Create your own itinerary or leave it to us. This service is available in most ports which you can reserve on MySilversea ([my.silversea.com](http://my.silversea.com)) or at the Shore Concierge desk onboard for a truly tailor-made arrangement. Please bear in mind as we traverse many far reaching destinations, the local infrastructure varies and is beyond our control. Road conditions and vehicles available locally may not be up to standards we are accustomed to. Guides and drivers may speak with a heavy accent at times depending on the port of call. Be assured however that at Silversea, we contract only the best tours and best operators available at each destination. Please Note: Silversea reserves the right to make any changes or modify a tour in case of unforeseen circumstances and/or to ensure the safety and comfort of our guests.

## BOOKING & CANCELLATION DEADLINES

Shore excursions must be purchased on or before the booking deadline for each port of call. Tours are available on a first-come, first-served basis; some tours are very popular with guests often ending up being wait-listed: in order to avoid disappointment, it is therefore suggested to book in advance via [my.silversea.com](http://my.silversea.com) from 120 - 7 days prior to sailing. Last-minute requests to participate on excursions are subject to space availability, which in some cases may not be determined until departure time pier-side. Please note that certain shore excursions may have different reservation deadlines and may incur cancellation fees if cancelled after the deadline. Unless otherwise indicated in the tour description for a particular shore excursion a 100% cancellation fee will be charged for shore excursions cancelled within 48 hours of the scheduled start time. If changes or cancellations are required once onboard, tickets must be returned to the Shore Concierge desk within the cancellation deadline period.

## ONLINE ADVANCE RESERVATION OF SHORE EXCURSIONS

For those of you that are not aware, at Silversea you can pre-reserve your excursions at leisure prior to your journey on the internet, log on to MySilversea ([my.silversea.com](http://my.silversea.com)) up to 7 days prior to your sailing date. If you have pre-reserved your excursions on line, your tickets will be delivered to your suite upon embarkation and all charges will be billed to your shipboard account.

## ON BOARD RESERVATIONS

Once on board, you may also reserve and purchase your shore excursions. You will find a consolidated tour booking form in your suite and at the Shore Concierge desk. Select the tours in which you wish to participate, then leave the completed and signed form at the Shore Concierge desk prior to the booking deadline indicated. Tour tickets will be delivered to your suite and your selected excursions charged to your shipboard account. Overland and exclusive excursions must be pre-paid by credit card through your reservation agents. If still available they may also be purchased on board. Shore excursions require a minimum number of participants in order to operate as described. If this minimum number is not met, Silversea reserves the right to offer the programme at a different rate or to cancel the specific departure.

## SHORE EXCURSION PRICING

Prices are generally quoted per person, per tour, with the exception of Silver Shore Privato or group-designated excursions. Prices are subject to change without notice. Please visit MySilversea ([my.silversea.com](http://my.silversea.com)) for the most up-to-date information. Discounts for children under 12 years of age are available on some, but not all tours. Prices for children, if available, will be adjusted onboard. Please meet with the Shore Concierge team prior to your excursion to discuss the availability of children's pricing.

## ON-TIME TOUR DEPARTURES

As a courtesy to fellow guests, tour departures generally will not be announced unless there is an unforeseen change. Departure times from the ship are published in the ships daily newspaper, the Silversea Chronicle. Guests are kindly requested to proceed ashore at least ten minutes prior to the tour departure time. The Shore Concierge team will be pier-side to direct you to the appropriate transportation. When the ship is at anchor, guests must allow additional time to tender ashore.

Silversea Cruises reserves the right to adjust itineraries and tour departures as local conditions dictate. Please note that pier departure times are also listed in MySilversea ([my.silversea.com](http://my.silversea.com))

## TOUR SUITABILITY

At Silversea we offer a broad range of activities for our guests of all physical capabilities. Some excursions are decidedly only for the physically fit and active guest. Each excursion offered is clearly identified with an activity level to assist you. For your safety and enjoyment and that of your fellow guests, please be certain you're selecting excursions that meet your physical capability. We therefore encourage guests to review the tour description carefully including the PLEASE NOTE section which includes useful information and attend the port talks onboard. If you still have any questions or concerns regarding this, please contact Shore Concierge ([shoreconcierge@silversea.com](mailto:shoreconcierge@silversea.com)) prior to your cruise or visit the Shore Concierge desk for more detailed information once onboard.

## ON LAND SILVER SHORE CONCIERGE SERVICES

Let Silversea Cruises customise a special event or excursion exclusively for you. Expert Shore Excursion professionals are available to assist with knowledgeable suggestions, personalised planning and coordination of all private, independent touring including area highlights, flightseeing, water sports and more. To take advantage of this service, requests should be submitted no later than 30 days prior to sailing and guests must have a deposited or fully paid cruise booking. Strict cancellation policies apply to your confirmed, exclusive programme. When calling or emailing, please have your booking number available. There is a service fee of \$100 per port to secure your arrangements, however this fee will be applied to your confirmed programme in that port. Call +1.800.968.9518 or e-mail: [shoreconcierge@silversea.com](mailto:shoreconcierge@silversea.com) The Shore Concierge may be contacted by phone, to arrange tailor-made tours, Monday through Friday from 8:30 a.m. to 5:00 p.m. (East Coast time U.S.) You may leave a detailed message when calling outside of these hours. You may also e-mail your request for your personalised programme.

#### **ONBOARD SHORE CONCIERGE TEAM**

Whether you wish to participate in an organised shore excursion or bespoke tailor-made tour, Silversea's experienced Shore Concierge team are happy to assist you in ensuring your shore-side experiences are nothing less than a memory that lasts forever.

The Shore Concierge team is available onboard on sea days from 9:00 a.m. to 12:00 noon and from 3:00 p.m. to 7:00 p.m. Office opening hours in port may vary whilst staff is shore-side assisting you on tour. Please refer to the Silversea Chronicle for daily office opening hours.

When contemplating a tailor-made program onboard, please contact the Shore Concierge team as early as possible at the beginning of your cruise, as time may be a factor in reaching local contacts. Please be aware that once arrangements have been confirmed, 100% cancellation fee will be applied. Unfortunately, we are unable to change or cancel airline tickets, car rental, hotel or any other reservations you made previously with your travel agent or on your own. In many ports of call there may be a local hospitality representative on board to provide additional information, for two hours after the ship's arrival. In some ports, local information may be found in the tourist information centre ashore.

#### **PORT TALKS**

Throughout your cruise we'll be offering Port & Shore Excursion information given by our Shore Concierge Manager and Destination Consultant prior to arrival in each port of call. Our aim is to give you a travel experience that goes beyond the ordinary and many of your questions about our ports of call will be answered in these briefings, giving you more time to enjoy and immerse yourself in each port. The information is presented in the theater or is pre-recorded and played on your in-suite entertainment system.

#### **SILVERSEA SHUTTLE SERVICE**

Complimentary transportation may be provided by Silversea when the local town is beyond a reasonable walking distance from the port. This service may not be possible in ports where a strong taxi union exists, preventing Silversea from providing a complimentary shuttle. The availability and schedule for this service will be announced onboard and listed in the Silversea Chronicle. We are not able to advise this in advance. Operationally, intervals between shuttle bus departures could be affected by local traffic. Silversea is not liable for any unforeseen delays. There will be a break in service for driver meal times. Shuttle service is offered during the day only. The shuttle service is designed to augment local transportation; guests requiring more flexibility may prefer not to wait for a shuttle and secure a taxi at their own expense.

#### **CHILDREN ON TOUR**

To ensure the safety of our younger guests, participation by children in certain shore excursions may be restricted. To ensure the safety of our younger guests, children up to the age of 8 years old are only permitted to participate in suitable Silver Shore Excursions and the shuttle service, if the vehicles are equipped with the correct safety harness and seating equipment, to accommodate a child. Such harnesses' and secure seating cannot be guaranteed. Alternately guests may use their own approved safety seat, booster seat or harness as long as they are compatible with the local touring vehicle and can properly secure the young guest. Silversea reserves the right to refuse children under the age of 8 years old on any tour on the basis of safety.

#### **GRATUITIES**

Gratuities for local guides and drivers are not included in the excursion price. It is customary to tip tour guides and drivers. Such gratuities if extended, should be done so on a voluntary, individual basis.

#### **MOBILE TELEPHONES**

As a courtesy to fellow guests, kindly refrain from using mobile telephones while on tour so as not to interfere with the guide's explanation. Most tours make frequent stops, allowing time for guests to use their mobile telephones. We appreciate your understanding in this matter.

#### **SMOKING**

For reasons of safety and comfort, smoking is not permitted on any tour vehicles used by Silversea. Your understanding in this matter is appreciated.

#### **VIDEO/PHOTOGRAPHY CHARGES**

At some museums, sites and monuments, photography and/or the use of video cameras may not be allowed or may incur a charge. These charges are not included in the tour price and are at guests' own expense.

#### **SHOPPING STOPS**

While our organised excursions are not generally geared to the serious shopper, some tours allow for short shopping stops as indicated in the tour description. In the interest of all tour participants, guests should adhere to the allotted time and return to the tour vehicle promptly as advised by the tour guide or ship's escort. Please Note: The selection of shops is generally left to the discretion of the tour operator. Silversea does require that establishments be reputable, of general interest to our guests and offer quality goods. However, all purchases are the responsibility of the individual.

### ADDITIONAL TERMS & CONDITIONS

Silversea Cruises Ltd. and its associated or affiliated companies act solely as agents for airlines, motorcoach companies, railroads and other service providers. The provisions in the cruise ticket contract govern Silversea Cruises Ltd.'s responsibility to guests and Silversea Cruises Ltd. shall not be liable in any manner, for any reason, with respect to other services provided. Silversea Cruises Ltd. cannot be held responsible for conditions prevalent ashore at ports of call. Some of these conditions might preclude individuals with disabilities from safe or practical participation in organised shore excursions. Silversea Cruises Ltd. cannot accept responsibility for losses or additional expenses due to delay in rail, plane, vessel or other services, sickness, weather, strikes, war, quarantine or other causes. These tour descriptions are a general overview of the programme and are subject to change. Our local operator reserves the right to substitute other sites if local situations, including holidays, closures, weather, delays, congestion, etc. require. Silversea Cruises Ltd. reserves the right to adjust shore excursion pricing.

### INSURANCE

The extent of insurance coverage in foreign countries varies widely and depends on their laws and customs. It is suggested that guests consider short-term health and accident policies from their own insurance company prior to leaving home. Silversea Cruises, Ltd. cannot assume liability for baggage or other personal effects lost or damaged while those items are in the custody of an airline, hotel or other service provider. Baggage is always 'at owner's expense' at all times.

## Activity Level and Icon Definition



#### Minimal Activity

Excursions are easily paced without the need for excessive walking or physical activities. Being able to board motor coaches and negotiate steps can be encountered.



#### Moderate Activity

Full participation may include a limited number of steps, uneven surfaces and/or periods of standing.



#### Extensive Activity

Full participation requires being in good physical condition and may involve inclines, steps, uneven surfaces and/or extended periods of standing.



#### Adventure Tour – Physically fit

Active excursions are recommended only for those guests in good physical health, with considerable amounts of physical activity.



#### Wheelchair and disabled-friendly tours

Guests in a standard wheelchair must be accompanied by their own helper and be able to board a motor coach, van or boat. Once on tour you will be unattended. We kindly ask you to inform the Shore Concierge staff promptly at embarkation when using a wheelchair. For guests with serious mobility issues please contact the Shore Concierge staff promptly so they can help make arrangements. In certain ports wheelchair accessible vehicles are available at an extra charge and advanced reservation.



#### Evening Excursion

The excursion is taking place in the evening.



#### Meal Included

A meal is included in the excursion.



#### New Excursion

This shore excursion is brand new to Silversea.



#### Privato

Silversea Privato excursions include private use of a local driver and car. Please see the Shore Concierge for more information and reservation.



#### Limited Space Available

Please be aware that there is only limited space available on this tour. Places are delivered on a first come first served basis.



#### Promo

The shore excursion is offered on a complimentary basis as part of a free shore excursion promotion (the "Promotion"). Please check your booking terms and condition or up to 7 days MySilversea to determine whether your booking qualifies for the Promotion. If your booking does not qualify for the Promotion there will be a cost associated with this shore excursion.

November 02 2018, Friday

# Grand Turk - Turks and Caicos Islands

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## GTK-A / HORSEBACK RIDE & SWIM

DIFFICULTY




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 Price:\$99; Duration:2.00 hrs
 

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This unforgettable excursion allows you to explore Grand Turk's natural beauty on horseback - both on land and in the water.

Depart the pier for the scenic twenty-minute bus ride along the coast and across to the other side of the island. The trip bypasses Governor's Beach, the local airport and one of Grand Turk's natural salinas which recently re-opened to show visitors how salt is obtained in its natural form. Drive past Cockburn Town, the administrative and political capital of the Turks & Caicos Islands before reaching the Grand Turk Indigenous Horse Shelter where your tour on horseback begins.

Once mounted on your horse, proceed with a leisurely walk along the beach whilst enjoying views of the ocean. The guides unsaddle your mounts and prepare them for the swim. Remounting your horse with a halter, enter into the water. Following this great experience, get back to the base and prepare for the transfer back to the ship.

**Please note: Bring sun block, aqua shoes, towel, swim wear, comfortable clothing and camera. Tour is suitable for guests who are physically fit. Pregnant women cannot participate to this excursion. A signed disclaimer is required to participate in this tour. Maximum weight for participants is 220 pounds (100 kilograms) and the minimum age is 6 years. Participants under the age of 18 must be accompanied by an adult.**

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## GTK-C / COAST TO COAST – GRAND TURK SAFARI

DIFFICULTY




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 Price:\$59; Duration:2.00 hrs
 

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Travel by open island style, off-road vehicle while being taken on an adventure that covers Grand Turk from North to South and East to West.

At the pier, board your open-air island style vehicle and your journey of Grand Turk begins. Explore the southern off roads and old Salinas. From here, head along the west coast and historic Duke Street and Front Street famous for the old Bermudian-style architecture, historic churches and old cannons.

Your guide will point out the famous 7,000 foot drop-off creating the Grand Turk 'Wall' which is famous to divers from all over the world. Next, head north to 'Little Bluff' and 'North Creek' for a leisurely stroll along the beach and through the mangroves, which are an important part of Grand Turk's ecosystem.

Another stop on the northern end of Grand Turk is the historic light house. Be sure to bring your camera, the elevated views from the lighthouse ground of the Atlantic are spectacular. Continue your adventure along the east coast for more dramatic views of the coastline and picture perfect views of Gibbs Cay. The final leg of the adventure takes you right through the centre of Grand Turk and the town Salinas, which are a rich part of Grand Turk's history from the Salt trading years.

On your return south to the ship you have the opportunity to view the Friendship Capsule, a replica of the original space capsule carrying astronaut Lieutenant Colonel John Glenn that splashed down off the coast of Grand Turk in 1962.

**Please note: This tour involves minimal walking and is suitable for guests with limited mobility; however it is not wheelchair accessible. There are a few stairs to negotiate to enter the covered area of the vehicle. Guests should dress in seasonal clothing and wear flat, walking shoes and sun protection.**

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## GTK-E / GIBBS CAY BEACH & STINGRAY ENCOUNTER

DIFFICULTY




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 Price:\$69; Duration:2.00 hrs
 

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Join us for a fun and unique island experience on our 'Swim with the Stingrays and Gibbs Cay beach tour.'

Your adventure begins at the cruise terminal where you are greeted by your friendly crew as you board the boat that will take you to your destination, a pristine, uninhabited island - Gibbs Cay.

Upon arrival your crew will provide you with snorkel equipment as well as a safety briefing and instructions. If you wish, feel free to explore the coral reef about 50 yards from the beach and get up close and personal with a myriad of colourful fish. Your friendly and knowledgeable crew will be happy to answer any questions you may have.

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Itinerary, all arrangements, and prices are subject to change without notice. Silversea reserves the right to correct any errors or omissions. Please refer to my.silversea.com for the most current schedules, fares and complete terms and conditions.

During your time in Gibbs Cay, your crew will demonstrate the art of cleaning a conch. Conch is a local tradition and delicacy of all the local restaurants. Explore pretty Gibbs Cay or even go in search of the elusive Osprey or swim from the beach with the Stingrays. Watch as one-by-one these graceful creatures approach the small bay. Your crew will assist you in handling these beautiful sea animals.

After swimming with the stingrays, you may choose to relax with a complimentary beverage on the white sand. Re-board your boat for the relaxing return to the town dock.

**Please note:** Guests are requested to wear a swimsuit under a cover-up, sun protection, comfortable footwear you do not mind getting wet and bring a towel from the ship. Participants must be at least five years of age; those under the age of 18 must be accompanied by an adult. Guests must be agile enough to climb a 4 step ladder into and out of the boat. A waiver must be signed to participate in this activity; guests must be in good physical condition and able to swim.

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## GTK-F / ISLAND SNORKEL AND UNDERWATER SCOOTER

DIFFICULTY



Price:\$89; Duration:2.50 hrs

Explore the turquoise blue waters of the Caribbean Sea during this exhilarating snorkelling and underwater scooter excursion.

### Reef System, Snorkelling, Fish and Coral

Depart the pier for the short transfer to the Cruise Centre. Here, embark your boat and ride along the picturesque south end of Grand Turk, then proceed to one of the best reef systems Grand Turk has to offer. Upon arrival, begin your guided snorkelling session in approximately 4 feet-15 feet (about 1.2 metres-4.5 metres) of water. Along the way, see a myriad of colourful fish and intricate coral. Afterward, re-board your boat for a breath-taking ride to the white sands of an idyllic private island.

### Private Island, Underwater Scooter, Conch Cleaning

Upon arrival at the private island, you are introduced to your powerful underwater scooter. Glide through the turquoise waters and back channels, and experience an explosion of colours and marine life. Next, your crew dives for live conch and demonstrates the art of cleaning this local delicacy whilst you sink your toes into the warm, silky sands of the private island. Following your visit, embark your boat for the leisurely ride back to the Cruise Centre, and relax with refreshments and the rhythms of Caribbean music en route. Upon arrival at the Cruise Centre, disembark your boat and commence the short transfer back to the pier.

**Please note:** This tour involves a moderate amount of walking, at times over uneven surfaces, with a few steps to negotiate to get on/off the coach and embark/disembark the boat and boat ladder. Guests must be in good physical condition, and know how to swim, snorkel and wade ashore for wet landings at the island. This tour is not suitable for guests prone to seasickness, guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with boat shoes, and bring sun protection and a towel from the ship. Guests must be at least ten years old to participate on this tour. Guests must weigh less than 250 pounds to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Operation of this tour is subject to weather conditions.

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## GTK-G / TWO TANKS SCUBA DIVING

DIFFICULTY



Price:\$149; Duration:4.00 hrs



Marvel at the amazing turquoise waters and pristine coral reefs of Grand Turk during this two-tank, half-day scuba diving excursion. Depart the pier for the short drive to the dive shop. After receiving your equipment and safety briefing, embark a dive boat for the ride to a pristine coral reef. Grand Turk is home to the third-largest barrier reef, and some of the world's best diving. Upon arrival at your first dive site, enter the water for your first guided diving session, a 40-minute dive at approximately 70 feet (about 21.3 metres). Get up-close-and-personal with fascinating marine life and a myriad of colourful fish as you explore the reef, teeming with healthy varieties of coral and sponges.

Next, re-board the boat for a relaxing cruise to the second dive site. Upon arrival, re-enter the water for your second guided diving session, a 45-minute drive at approximately 65 feet (about 19.8 metres). Explore this extraordinary reef system, home to turtles, stingrays, grouper, snapper, trumpet fish, colourful sponges, and soft coral. At the conclusion of your second diving session, return to the dive shop. After disembarking the dive boat, some free time is made available to browse the dive shop. At the conclusion of your visit, re-board your coach and commence the short drive back to the pier.

**Please note:** This tour involves an extensive amount of activity, with a few steps to negotiate to get on/off the coach and embark/disembark the boat. This tour is recommended for guests in good physical condition, and is not suitable for pregnant guests, guest with neck and/or back problems, guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach shoes, and bring sun protection and a towel from the ship. Current dive certification, a signed PADI waiver and medical questionnaire is required to participate on this tour. Diving equipment is provided on this tour. The dive sites may vary. Operation of this tour is subject to weather conditions. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

**GTK-K / SEGWAY GRAND TURK**

DIFFICULTY



Price:\$79; Duration:2.00 hrs



Get off the beaten path to see the sites of Grand Turk on the most unique type of personal transportation today - a Segway. Take a short ride from the cruise center to the starting point at the beginning of beautiful historic Grand Turk. Here you'll meet your guide and will be given instructions on how to control your personal Segway. You'll be surprised how quickly you get the hang of it and how fun it is to ride. Once you have mastered the Segway, set out to explore and experience historic Grand Turk.

On your tour, see picturesque Duke and Front Streets, famous for the old Bermudian-style architecture, historic churches, old cannons and buildings made from old ships. Because you are on the Segway, you have the opportunity to venture into some of the smaller middle roads where regular bus tours cannot go to get a sense of the heart and culture of people of Grand Turk.

For an added thrill, you have the opportunity to ride your Segway on the pristine white beaches of Grand Turk and stop to view the turquoise water. Throughout your tour, your guide will educate you with the rich history of the island on several stops during the tour including viewing the salt ponds and learning the history of the salt raking days.

On your return to the cruise centre you can view the Friendship Capsule, a replica of the original space capsule that splashed down off the coast of Grand Turk in 1962. This is truly a unique and fun way to experience Grand Turk.

**Please note: This tour involves a moderate amount of activity and is suitable for guests with limited mobility as long as the participant has a good sense of balance. The minimum age to participate in this tour is 12. Guests who have been drinking alcohol prior to the tour will be denied participation. A signed waiver is required to participate in this programme. We suggest guests dress in comfortable seasonal clothing, wear sensible shoes and sun protection.**

**GTK-L / ISLAND EXPLORATION BY MINI E-HUMMER**

DIFFICULTY



Price:\$149; Duration:2.00 hrs



Discover the idyllic island of Grand Turk in a fun-filled and eco-friendly new way during this panoramic sightseeing excursion via electric Hummer.

**Grand Turk and Former U.S. Air Force Base**

After receiving your safety and driving instructions, board your HXT Electric Hummer and depart the pier caravan-style for a scenic journey though the island of Grand Turk. Every hummer is equipped with Bluetooth technology, so you can learn about the history of the island and tales of the salt trade narrated by your tour guide. Your first stop is the former U.S. Air Force Base. Hear and see our Missile Tracking Station, and learn about the heavy U.S. influence on the island.

**West Coast, Colonial Buildings, Downtown Area and Old Jetty**

Next, re-board your Hummer and drive to the west coast. As you proceed along the coastline, take in breath-taking panoramic vistas of the magnificent old colonial buildings from the 1600s and 1800s, pristine turquoise water and powdery, white-sand beaches. Afterward, a stop is made downtown to browse a small local handicrafts market, purchase some local cuisine, see the old jetty and a 7,000-foot (about 2,133-metre) drop-off point in the middle of town.

**'Circle of Life', Sea Creatures, Salt Ponds and John Glenn Space Capsule**

Your tour continues with a drive to the North Creek, and a stop at the 'Circle of Life'. Here, see and touch unique sea creatures such as conch, urchins, star fishes, jelly fishes and sea cucumbers. In addition, learn about the wonders and mysteries of the Bermuda Triangle, view the Lighthouse in the distance and smell the fresh, crisp sea air. Following your visit, drive along the east coast to the salt ponds at Salt Cay Town. En route, learn about the island's salt trade and cultural history, and see birds, donkeys and free-roaming horses. Your last stop is at the John Glenn Space Capsule. During your visit, discover how this famous hero helped put this little pearl island on the map. At the conclusion of your visit, re-board your coach and commence the short drive back to the pier.

**Please note: This tour involves a moderate amount of off-road driving and minimal amount of walking, at times over cobblestone surfaces, with eight steps to negotiate to get on/off the Hummer. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear lightweight, comfortable clothing with flat, closed-toe walking shoes, and bring sun protection, a towel and bottled water from the ship. Guests must be at least seven years old to participate on this tour. Guests who wish to drive a Hummer must present a valid driver's license. Each hummer accommodates 2 guests and driving responsibilities can be shared. This tour is sold per person. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.**

**GTK-M / CATAMARAN SAILAWAY, BEACH & SNORKEL**

DIFFICULTY



Price:\$79; Duration:3.00 hrs



Embrace the idyllic beauty of Grand Turk from above-and-below sea level during this picturesque, half-day beach and snorkelling excursion.

Grand Turk, Catamaran-Ride, Caribbean Sea

Embark your awaiting 78-foot (about 24-metre) catamaran at the pier, meet your friendly crew and begin your catamaran adventure. Set sail along the turquoise waters of the Caribbean Sea during the approximately 30-minute ride to the snorkelling location, the island's famous, approximately 7,000-foot-deep (about 2,133-metre-deep) sea wall. En route, take in breath-taking panoramic views of the coast and sea as the trade winds take you to your destination.

Sea Wall, Snorkelling, Coral, Tropical Fish, Marine Life, Private Beach, Swimming Sunbathing

Upon arrival at the sea wall, begin your guided, approximately 40-minute snorkelling session. Along the way, see a myriad of intricate coral, tropical fish and marine life. Following your snorkelling session, embark the catamaran and sail to a private beach located nearby. Upon arrival, anchor just offshore. Some free time is made available here to swim to the beach and relax on the sugary white sands, or simply enjoy the sun and seascapes on board the catamaran.

Return Sail, Refreshments, Caribbean Music

Following the swimming and snorkelling portion of the tour, relax with a refreshing rum punch or soft drink accompanied by rhythmic island tunes during the short ride back to the pier. Upon arrival, disembark the catamaran and commence the short walk back to the ship.

**Please note:** This tour involves a minimal amount of walking, with five steps to negotiate to embark/disembark the boat and manoeuvre in/out of the boat. This tour is recommended for guests that are in good physical condition, and can swim in water too deep too stand. This tour is not suitable for pregnant guests, guest with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone to motion sickness, guests with limited mobility, guests who have had recent surgery and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach or water shoes, and bring sun protection and a towel from the ship. Guests must be at least 6 years old to participate on this tour. Snorkelling equipment is provided. There are no changing facilities on board the boat. Waterproof cameras are highly recommended. The weight of each guest may not exceed 250 pounds (about 113 kilograms) to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Guests may not snorkel if they have consumed alcohol. Although frequently encountered on this type of tour, fish and marine life sightings are not guaranteed. A signed waiver is required to participate on this tour. Operation of this tour is subject to weather conditions.

**GTK-N / ISLAND VIBES AND PRISTINE BEACH**

DIFFICULTY



Price:\$39; Duration:2.00 hrs



Explore the history, culture and environment that helped to shape Grand Turk during this scenic and informative, half-day sightseeing and beach excursion.

Grand Turk, U.S.A.F. Base, Governor's House, Space Capsule, Coverley's House, Cannons

Depart the pier for the short drive past the former U.S. Air Force Base and Missile Tracking Station. Afterward, the island comes to life as you pass by large, roaming donkeys and horses basking in the sun. Continue past the Governor's House for a closer look at the famous John Glenn Space Capsule, then journey west, past the majestic Courthouse and oldest church on the island. A stop is made at the 'haunted' Coverley's House. Hear haunting tales of this storied house, and beware of the one-armed ghost. Re-board your coach and drive past the cannons that stood guarding the island's rich history of colonization, pirateering and conquests. See pieces of the original Front Street, today situated in the middle of the ocean.

Eunice Lodge, Slave Home, Bermuda Triangle, Shipwreck, Lighthouse, Seabirds, Beachcombing

Next, pass by Eunice Lodge, the building where the Proclamation for Emancipation of Slavery was read, then the remnants of the home of the famous former slave Mary Prince; the first slave to be set free in the Caribbean. From here, proceed to the northernmost part of the island, home of the mysterious Bermuda Triangle. Upon arrival, view the famous shipwreck, nearly 200-year-old *Old Herald*. Hear about the haunting tales of the disappearing ships, and see the 21,000-foot (approximately 6,401-metre) drop-off point only footsteps away. Take pictures of the oldest lighthouse in the Caribbean, and discover the original location where John Glenn made his splashdown in 1962. Glimpse at birds standing in the wild as they dance to the songs of the wind, and collect shells as keepsakes during a stroll on the shores of the Bermuda Triangle.

Circle of Life, Marine Life-Viewing and Handling, Governor's Beach, Swimming, Caribbean Sea

A stop is made at the Circle of Life. During your interactive and engaging visit, you can view and touch exotic conch, urchins, sea, cucumbers, starfish, and jellyfish. Your final stop offers a wonderful opportunity to experience the true natural splendour of Grand Turk during about an hour of free time at Governor's Beach, the most popular beach on the island. Relax on a lounge chair, feel the white, powdery sand between your toes, and swim in the inviting, turquoise-blue waters of the Caribbean Sea; cold water and island spice cake is provided. At the conclusion of this fun-filled, family-friendly outing, return to the pier aboard one of the shuttles, which pick-up every 30 minutes.

**Please note:** This tour involves a moderate amount of walking for approximately 459 yards (about 420 metres), at times over uneven, cobblestone and sandy surfaces, with a few steps to negotiate to get on/off the coach. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with flat, closed-toe walking shoes, and



bring sun protection, a towel and US Dollars for purchases from the ship. Guests must be at least two years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. A signed waiver is required to participate on this tour. Operation of this tour is subject to weather conditions. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

November 03 2018, Saturday

## Samana - Dominican Republic

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### SDR-A / CAVE & MANGROVES EXPLORATION

DIFFICULTY



Price:\$129; Duration:3.50 hrs

Witness the natural splendour of the Samana during this scenic and memorable ecological tour of Los Haitises National Park. After a safety briefing, depart from the pier aboard speedboats for a truly unique ecological experience. Los Haitises National Park is a protected virgin forest accessible by water and represents a growing destination for ecotourism. There are a multitude of caverns, adorned with pictograph's and petroglyph's. You will circle the small cay known as "Bird Island" while your guide explains the importance of the many migratory and indigenous birds that inhabit the mangroves and island. After cruising around Bird Island, your captain will dock the boat at one of these caves. Inside the caves you can view stalagmites and stalactites, as well as view ancient paintings and sculptures that represent the gods of the Taino Indians, native to this island.

**Please note:** This tour requires a moderate amount of activity. Some areas of the caverns may be very dark with uneven, slippery surfaces. Guests must be able to climb in and out of a boat. This tour is not suitable for guests with limited mobility or those who utilise a wheelchair. It is recommended that guests bring adequate sun protection, insect repellent, and non-slip shoes. For the best experience, some guests may wish to bring a flashlight or binoculars.

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### SDR-B / BAHIA PRINCIPE RESORT AT CAYO LEVANTADO

DIFFICULTY



Price:\$169; Duration:5.00 hrs



Indulge in a relaxing day at the all-inclusive Bahia Principe Cayo Levantado. Your day begins with a short boat transfer to the resort, located on the beautiful, exclusive island of Cayo Levantado. With full access to the amenities, spend the day enjoying the gorgeous scenery and beaches, or trying something new like dance classes. Your Day Pass also includes lunch and drinks while you are at the resort.

**Please note:** This tour requires minimal activity. This tour is suitable for those with limited mobility however, guests must be able to climb in and out of a boat with steps up and down. Total time spent at the resort is 4/4.5 hrs. It is recommended that guests wear a bathing suit under a cover-up and suitable water shoes and bring sun protection and a towel from the ship. Spa treatments are not included and services are payable directly to the resort at the time of service.

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### SDR-C / SAMANA CULTURAL HIGHLIGHTS

DIFFICULTY



Price:\$99; Duration:3.25 hrs

Spend a half-day exploring Samana as your guide gives you insight and background into the history of this beautiful island.

Your first stop will be to La Churcha, oldest building in Santa Bárbara de Samaná and a cultural heritage site, this quaint church was brought from England and re-assembled piece by piece in Samana in the 1860s. Learn about this iconic site's history and enjoy a Dominican gospel choir presentation on its interiors.

Your next stop is the small Whale Exhibition. Samaná Bay is part of one of the largest marine mammal sanctuaries in the world and this exhibition is dedicated to these majestic mammals of the sea. These magnificent creatures have made an annual pilgrimage to the waters off the Samana Peninsula for many centuries.

After departing the Whale Exhibit you will re-board your coach for a short ride to Rio Los Cocos. Here, you will be greeted with a welcome coconut water before you enjoy a folkloric show and dance presentation

The final stop on your tour is the exclusive resort Gran Bahia Principe Cayacoa where you can enjoy the impressive view and sights from its oceanfront marina as you enjoy a cocktail. You will then re-board your coach for your short ride back to the pier.

**Please note:** This tour requires a moderate amount of activity and is suitable for guests with limited mobility. This tour is not suitable for those who those who utilise a wheelchair.

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**SDR-D / SAMANA ATV ADVENTURE**

DIFFICULTY



Price:\$139; Duration:4.00 hrs

Experience the thrill of adventure and discover the interior of the Samaná Peninsula during this half-day, off-road adventure.

**Samana Interior and Countryside**

Meet your guide at the Malecón of Samaná and receive a safety briefing and instructions on the operation of your ATV. Then travel off-road, caravan-style, to the interior of the Samaná Peninsula. Along the way your guide will provide a commentary. Travel through the countryside as you learn about the history and culture of this Island Nation.

**Lulu Waterfall and Playa El Valle**

Get off your ATV and walk among rural trails, the river bank, hanging bridge and tropical flora until you reach the Lulu Waterfall where you'll be able to swim and relax in its refreshing waters. Your final stop will be a visit to Playa El Valle, a remote and untamed white-sand beach fringed with palm trees, surrounded by the mountains of the natural reserve of the virgin Samana.

From here, commence the approximately fifty-minutes drive back to the ship's tender area.

**Please note:** This tour involves an extensive amount of strenuous riding over bumpy and uneven gravel and sandy surfaces. This tour is recommended for guests in good physical condition. This tour is not suitable for pregnant women, guests with limited mobility, guests who utilise a wheelchair, guests with heart problems, or guests with asthma, epilepsy or diabetes. Guests are advised to wear lightweight clothing, and bring sunscreen, a hat and sunglasses from the ship and wear a swimsuit if willing to swim at Lulu Waterfalls. Towels are available at the gangway. There are no changing facilities at the falls. For safety reasons, swimming at Playa El Valle is not allowed. Guests must wear flat, closed-toes shoes only, no sandals. No swimming is allowed at Playa del Valle. This tour is sold per ATV. Each ATV accommodates up to two guests, therefore, if two guests share an ATV they need to book only one ticket. Minimum age is 18 and all participants willing to drive must bring a valid driver's license, a waiver must be signed.

**SDR-E / TWO-TANK SCUBA DIVE**

DIFFICULTY



Price:\$199; Duration:4.50 hrs



Grab your underwater camera and swimwear and let your dive instructor take you to the best dive sites in Samana. All equipment is provided.

After a 25 minute drive by mini-van from the cruise pier, arrive at the dive centre to meet your scuba team who will provide/fit all gear for a half day of fabulous exploration. Here, you will also receive a thorough safety briefing and well detailed dive profile in preparation.

During the 2-tank dive, the instructor will seek underwater action and point sightings of marine life, such as turtles, rays, barracudas and colored tropical fish of all kinds. Safety and comfort are guaranteed.

**Please note:** This adventure tour for certified divers only requires an extensive amount of activity; it involves a drift dive with currents. Guests must have been diving within the last year; please bring your dive log. You must present your certification card to participate and be able to complete a required medical questionnaire and liability waiver. The tour includes all scuba equipment, including wet suit. You may wish to bring your own mask and snorkel. The actual dive site will be determined by the captain/dive master based on weather and sea conditions. The dive profile will be determined by the dive master. All dive activities are guided by a certified PADI Dive Master and or PADI Scuba Instructor. Wear a swimsuit under a cover-up, plenty of sun protection and bring a towel and bottled water from the ship. The sighting of specific marine life cannot be guaranteed.

**SDR-F / PANORAMIC SAMANA WITH BEACH**

DIFFICULTY



Price:\$89; Duration:4.00 hrs

Indulge your senses with the distinct beauty and landmarks of the Samana Peninsula during this half-day sightseeing and beach excursion.

**La Churcha and Las Terrenas**

After a short drive from the pier, you will have the opportunity to have a panoramic view of "La Churcha", an ancient structure church imported from England and re-assembled piece-by-piece in Samana in the 1860s.

You will then continue your ride through the spectacular mountain road up to Las Terrenas. Take a photo of the view and then walk around the fisherman village where you will have a chance to shop for souvenirs.

**Balcones del Atlantico Resort**

Next, proceed for a relaxing respite at Balcones del Atlantico a casually elegant, open-air, 5-star resort in Las Terrenas. Upon arrival, some free time is made available to relax with a refreshing cocktail, sunbathe on white-sand beach, and take an invigorating dip in the blue waters of the Caribbean Sea. At the conclusion of your visit, re-board your coach and commence the approximately one-hour drive back to the pier.

**Please note:** This tour involves a moderate amount of walking and standing for approximately 109 yards (about 100 metres), with a few steps to negotiate to get on/off the coach. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Guests are advised

to wear a swimsuit under a cover-up with beach shoes, and bring sun protection and a towel from the ship. Guests must be at least four years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages.

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**SDR-G / BEACH BREAK AT CAYO LEVANTADO**

DIFFICULTY




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 Price:\$59; Duration:5.00 hrs
 

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Relax and unwind on the idyllic island of Cayo Levantado during this fun-filled, half-day beach excursion.

**Cayo Levantado and Folkloric Dancers**

Depart the ship via boat for the short transfer to the small island of Cayo Levantado. Upon arrival, you are greeted by local folkloric dancers. Afterward, walk to your complimentary beach chair and relax with a refreshing tropical drink, mixed drink, beer, soda, or water from the open bar, which is included in your tour package.

**White-Sand Beach, Grassy Hills, and Salsa and Merengue Dancing**

During this sunny, fun-filled outing, you can try some merengue and salsa dancing, explore the gentle hills of soft grass or beautiful, white-sand beach, and take an invigorating swim in the blue waters of the Caribbean Sea.

**Gift Shops, Beach BBQ and Optional Water Sports**

Whilst on the island, take a moment to browse the quaint gift shops featuring locally made arts and crafts, and a variety of other souvenir items. A beach BBQ with a wide selection of food is also included, and water sports are available at your own expense. At the conclusion of your visit, walk to the pier and embark the boat for the short ride back to the ship.

**Please note:** This tour involves a moderate amount of walking and standing for approximately 219 yards (about 200 metres), with a few steps to negotiate to embark/disembark the boat. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Guests are advised to wear a swimsuit under a cover-up with beach shoes, and bring sun protection and a towel from the ship. Guests must be at least one year old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages.

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**SDR-L / CATAMARAN SAIL & SNORKEL**

DIFFICULTY




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 Price:\$89; Duration:3.00 hrs
 

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Discover why Samana Bay is renowned for its sailing and snorkelling during this memorable, half-day excursion via catamaran.

**Samana Bay, Catamaran Sail, Sunken Ferry Reef and Snorkelling**

Embark your comfortable catamaran, receive your safety instructions and set sail for the approximately 30-minute ride along the tranquil waters of Samana Bay. Upon arrival at a reef with a sunken ferry, begin your first guided snorkelling session in the beautiful, crystal-clear waters teeming with tropical fish, coral, starfish and interesting marine life. After exploring the ferry and surrounding reef, embark your catamaran and continue on to Cayo Farola.

**Cayo Farola, Snorkelling, and Samana Bay and Shoreline**

Upon arrival at Cayo Farola, renowned for its diverse and colourful fauna, begin your second guided snorkelling session. Along the way, marvel at the coral beds, tropical fish and marine life. Afterward, embark your catamaran and set sail again along the inviting waters of Samana Bay. Enjoy the open bar whilst taking in the scenic splendour of the Samana shoreline during the approximately 50-minute ride back to the ship.

**Please note:** This tour involves a minimal amount of walking, with a few steps to negotiate to embark/disembark the boat and climb up/down the boat ladder, and five steps at the pier. This tour is recommended for guests in good physical condition who know how to swim, and is not suitable for guests prone to seasickness, guests with heart and/or respiratory conditions, guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach shoes, and bring sun protection and a towel from the ship. Guests must be at least four years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. A signed waiver is required to participate on this tour. Operation of this tour is subject to weather conditions.

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**SDR-M / DOMINICAN COOKING LESSON & LUNCH**

DIFFICULTY




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 Price:\$149; Duration:4.00 hrs
 

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Discover the secrets to preparing authentic, traditional Dominican cuisine during this cooking excursion with lunch.

**Samaná Bay, Beaches, Caves, Coconut Plantations, Mountains, Valleys, Rivers, Coastline**

Depart the pier for the scenic, approximately 30-minute drive to El Coyuco Ranch. En route, take in spectacular views of Samaná's beautiful, protected bay with its palm-filled forests, isolated beaches, hidden caves and huge coconut plantations. Rolling mountains and valleys form the crystalline rivers that feed into the Atlantic, and idyllic, white-sand beaches stretch for hundreds of kilometres all around the peninsula's rocky coastline.

**El Coyuco Ranch, Coconut Tree-Climbing Demonstration, Coconut Tasting**


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Upon arrival at El Coyuco Ranch, take in an entertaining demonstration of the ancient Dominican skills of coconut tree-climbing. In addition, learn all about the coconut, an important ingredient present in most Samaná dishes, and taste fresh coconut and coconut water.

### Dominican Cooking Class, Lunch, Samaná Bay

Next, learn about the ingredients, recipes and cooking methods involved in the preparation of local cuisine during an interactive and informative cooking lesson with an experienced chef. Afterward, proceed for a lunch consisting of the meal you have helped to prepare whilst admiring the stunning natural beauty of Samaná Bay. At the conclusion of your visit, re-board your coach and commence the approximately 30-minute drive back to the pier.

**Please note:** This tour involves a moderate amount of walking and standing for approximately 219 yards (about 200 metres), with a few steps to negotiate to get on/off the coach. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Lightweight, comfortable clothing, flat, closed-toe walking shoes and sun protection are recommended. Guests must be at least 14 years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

## SDR-N / EL LIMON WATERFALL ON HORSEBACK

DIFFICULTY



Price:\$59; Duration:4.00 hrs



Experience the scenic splendour of the Samaná Peninsula from a unique perspective during this panoramic, half-day, horseback-riding excursion to the El Limon Waterfall.

### Samaná Peninsula, Ranch, Horseback-Riding, Villages, Local Flora and Fauna, Plantations

Depart the pier for the scenic, approximately 30-minute drive from the pier to the ranch. Upon arrival, receive your safety and riding instructions, then saddle up and mount your horse with assistance by a skilled horse-handler. Your panoramic horseback-riding adventure explores the interior of the Samaná Peninsula, where the mountain range reaches a towering 2,100 feet (about 640 metres). Along the way, make your way down steep paths, which your horse navigates with ease. From here, discover isolated villages and a variety of local vegetation, flora and fauna, including coffee, cacao and a variety of tropical fruits.

### Countryside, Horseback-Riding, Hiking, El Limon Waterfall, Natural Pool, Swimming

After winding through the countryside for approximately 30 minutes, arrive at an area where you can dismount and hike the remaining way to the spectacular El Limon Waterfall. Upon arrival at the falls, marvel at the sight of the approximately 120-foot (about 35-metre) cascade of cold water. Relax nearby with the mist cooling you, or take a swim in the refreshing, natural pool. Following your visit, hike back up to your horses. After a cool beverage, mount your horse for the return ride to the ranch. Proceed for a refreshment stop, then re-board your coach and commence the approximately 30-minute drive back to the pier.

**Please note:** This tour involves an extensive amount of horseback-riding and a moderate amount of walking and hiking for approximately 437 yards (about 400 metres), at times over uneven, natural, and rocky surfaces and inclines, with a few steps to negotiate to get on/off the coach and horse. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear lightweight, comfortable clothing with long pants (required for the horseback ride) and flat, closed-toe walking shoes, and bring sun protection, insect repellent, a towel and change of clothing from the ship. Guests must be at least seven years old to participate on this tour.

## SDR-O / CAVES & MANGROVES BY KAYAK

DIFFICULTY



Price:\$99; Duration:4.50 hrs



Combine the excitement of a speedboat-ride, walking in caves and kayaking in a single tour during this panoramic, half-day sightseeing excursion.

### Samaná, Speedboat-Ride, Caribbean Sea, Los Haitises National Park, Mountains, Bird Cay

Depart the pier aboard a speedboat for the scenic, approximately 45-minute ride to Los Haitises National Park. Home to one of the most unique land formations in the Caribbean, Los Haitises features beautiful mountains that tumble into the sea. Upon arrival, proceed to Bird Cay. This small cay is famous for its large number of endemic bird species, including American frigates, pelicans and vultures.

### San Gabriel Cave, Kayaking, Canals, Mangrove Forest, Cave Formations, Bird Species, Marine Life

Next, continue on to the beautiful and mysterious San Gabriel Cave, one of the most impressive settings in the Caribbean. Upon arrival, your tour is broken up into two groups; one group does the guided kayaking part of the tour, whilst the other group tours the caves on-foot. During the kayaking portion of the tour, experience first-hand why this is the largest mangrove forest in the Caribbean. As you paddle through the canals, mangroves and cave formations, see numerous the birds' nests, tiny crabs and oysters that are all part of the mangrove ecosystem.

### Giant Cave Exploration, Taino Cave Wall Pictographs

Meanwhile, the other group goes exploring inside the giant caves. En route, see the amazing Taino pictographs on the cave walls; the Taino people were the original inhabitants of the island of Hispaniola. After 20-35 minutes at both sites, the groups switch places to experience the

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other part of the excursion. At the conclusion of your visit, embark the speedboat and relax with a refreshing drink during the approximately 45-minute ride back to the pier. Upon arrival, disembark the speedboat and return to the ship on-foot.

Please note: This tour involves a minimal amount of walking for approximately 109 yards (about 100 metres), at times over uneven, cobblestone and natural surfaces, with a few steps to negotiate to embark/disembark the boat, five steps to enter the cave and six steps to exit the cave. This tour is recommended for guests who are in good physical condition, and know how to swim. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone to seasickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear lightweight, comfortable clothing with a long-sleeved shirt, surf shorts and water shoes or sandals, and bring sun protection, insect repellent, a towel and change of clothing from the ship. Guests must be at least 14 years old to participate on this tour. Guests weighing more than 250 pounds (about 113.4 kilograms) cannot participate on this tour. Guests should expect to get wet on this tour. A signed waiver is required to participate on this tour. Operation of this tour is subject to weather conditions. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

## November 04 2018, Sunday

# San Juan - Puerto Rico

### SJU-B / CUEVA VENTANA

DIFFICULTY



Price:\$129; Duration:4.50 hrs



Explore the karst region and subterranean cave systems of Puerto Rico during this scenic, half-day sightseeing excursion to Cueva Ventana.

#### San Juan, Karst Region, Arecibo, Rock Formations, Nature Walk

Depart the pier for the scenic, approximately 75-minute drive to Puerto Rico's karst region, which features subterranean cave systems created by water, and Cueva Ventana, a natural cave in Arecibo. Located at the northwest side of the island, Cueva Ventana is accessible via a guided, uphill nature walk surrounded by native flora.

#### Cave Walk, Rock Formations, Trails, Native Flora and Fauna

Upon arrival, meet your guide, receive your helmet and commence your guided exploration of the area. During a guided walking tour through one of the caves, see fascinating rock formations and learn about the wildlife, including birds, bats, lizards, spiders, and snakes, found in this area. A large opening at one end of the cave allows light to filter through part of the cave, creating beautiful photo opportunities. Leaving the first cave, continue along the trails whilst learning about the plants and trees native to this region en route to the next cave system, the entrance of Cueva Ventana.

#### Cueva Ventana Walk, Taino Wall Art, Arecibo Valley, Local Eatery and Specialities

Upon arrival, climb down a rather steep set of natural steps in order to access this fascinating hidden world. Your guide gives you a flashlight to light your path through the dimly-lit caverns and covers various points of interest along the way, including the Taino art on the walls, uneven floor, reason for its pattern, and face in the rock formations at the top of the cave. Your trail leads you to the highlight of the tour, a breath-taking window overlooking the Arecibo Valley. Following your visit to this fascinating underworld, proceed for refreshments and authentic Puerto Rican specialities at a local roadside eatery. At the conclusion of your visit, re-board your coach and commence the approximately 55-minute drive back to the pier.

Please note: This tour involves an extensive amount of walking for approximately 1.5 miles (about 2.4 kilometres), at times over uneven, slippery, and natural surfaces and inclines, with a few steps to negotiate to embark/disembark the coach, and several sets of steps and stairs at Cueva Ventana. This tour is recommended for guests who are in good physical condition. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone claustrophobia, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear lightweight, comfortable clothing with flat, closed-toe walking shoes, and bring sun protection, insect repellent, and a sweater or light jacket from the ship; flip-flops are not permitted. Guests must be at least six years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Safety helmets and flashlights are provided. A signed waiver is required to participate on this tour. Although frequently encountered on this type of tour, animal sightings are not guaranteed. Operation of this tour is subject to weather conditions. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

### SJU-D / MOFONGO & MOJITO

DIFFICULTY



Price:\$159; Duration:4.00 hrs



Take a journey into history, enjoy Old San Juan and have the opportunity to assemble your own Puerto Rican Lunch on this half-day tour. Begin your tour from the ship with a walking tour of Old San Juan with a focus on the architecture, history and legends of this Spanish colonial city that is more than 500 years-old.

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As you are walking and building up an appetite, the last stop of the tour will take you to a local restaurant for lunch. Upon arrival, you are greeted by the Chef who will welcome you with a fresh Mojito followed by a tasty appetizer. Then the chef will provide you with the necessary ingredients and instructions to mix and shape your own Mofongo lunch.

Discover the magic of 'cocina criolla,' the main culinary style of Puerto Rico, by learning how to create a local favourite: Mofongo. It is a delightful mash of fried green plantains and chicken broth into which chicken is added. Each participant will learn about and have a hand in the final steps of the preparation of this local Puerto Rican dish. After helping preparing your meal, join your fellow guests at the table to enjoy your lunch. This is the perfect ending to your historical and cultural experience in Old San Juan.

Following your lunch, make the stroll back to the pier and your awaiting ship.

**Please note:** This tour involved extensive walking over cobble-stones and uneven surfaces along with some inclines. This tour is not suitable for guests with limited mobility or for those who utilise a wheelchair. We suggest guests wear lightweight comfortable clothing, flat walking shoes and sun protection. Your menu consists of one Mojito cocktail, an appetizer, house salad, plantain Mofongo filled with chicken, one soft drink, a delicious dessert and coffee. Guests under 21 years will not be able to sample the Mojito. One Mojito is included in the price, additional beverages may be purchased on site.

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## SJU-E / OLD SAN JUAN WALKING TOUR

DIFFICULTY



Price:\$39; Duration:3.00 hrs

Explore the highlights along cobblestone streets and gain a fascinating guided look at the history of Old San Juan during this walking tour of the old city.

### Fort San Cristobal

Upon disembarkation, meet your experienced guide who will lead you through the historical Old City including a visit to Fort San Cristobal, a fortification that successfully defended the old city from attack by the British and Dutch in centuries gone by.

Next, walk into the City through one of the side streets and commence on a stroll through history. Getting just off the beaten track offers some fascinating finds that eludes most visitors that never leave the main streets.

### Plaza San Jose

Walk uphill through the cobblestone streets until you reach the Plaza San Jose, with its statue of Juan Ponce de Leon that was made from melted down British cannons. The next stop, the Quincentennial Plaza, is a celebration of the discovery of Puerto Rico.

### Casa Blanca

Continue to Casa Blanca, the first fortification ever built in old San Juan and the Ponce de Leon family home. Here you explore the almost Romanesque gardens and fountains.

### La Plazoleta de la Rogativa

Exit the gardens of Casa Blanca through a partially hidden access to Calle Sol. After making the tight descending turn downwards, you suddenly find yourself in the most beautiful section of the entire old city - the Plaza of the Procession. Dominating this little park area is a statue commemorating the miraculous saving of the old city from sacking by the British in the 16th century.

This vantage point offers views of the Governor's Mansion, the El Cañuelo fortress across the port entrance and the Bacardi distillery. A short walk down hill through San Juan Gate takes you to the water's edge. As you return through the San Juan gate continue to San Juan Cathedral, retracing the steps of the original conquistadores. Your guide will walk you to the corner of Cristo & Fortaleza Streets; at this point you decide if you wish to have the guide escort you back to the ship or if you wish to stay to explore the many boutiques and shops that line the cobblestone streets of the old city and return to the ship at your leisure.

**Please note:** This tour involves an extensive amount of walking, lasting approximately 3 hours, over uneven surfaces and steep inclines and is thus recommended for guests in good physical condition. It is not suitable for guests with heart or respiratory conditions, leg, knee, neck, back problems, or limited mobility, or those who utilise a wheelchair. The order of sites visited may vary. If Casa Blanca is closed, a visit to Cuartel Ballaja, the last building the Spanish built in the Americas and now a cultural museum, will be substituted. It is recommended that guests bring bottled water from the ship for this tour.

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## SJU-H / BACARDI MIXOLOGY SEMINAR

DIFFICULTY



Price:\$139; Duration:3.50 hrs



Spend the day discovering and tasting one of San Juan's most famous products- Bacardi Rum.

Your tour begins with a transfer to the south side of San Juan Harbor, where you will enter the beautifully manicured grounds of the Bacardi Rum Distillery, the world's largest distiller of natural spirits. Upon arrival, you will be escorted to your classroom for a private Rum Mixology Seminar led by your Bacardi Brand Specialist, a Master in Rum. For the next 45 minutes to an hour, the conference speaker will lead your group in the

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preparation and understanding how each of the signature cocktails is created - typically Bacardi Cuba Libre, Bacardi Mojito and a Bacardi Flavors Drink are presented and prepared, though this is subject to change. Each participant will be standing and acting as bartender and at the end will receive a Bacardi University Rum Mixology Certificate.

Following the seminar, you will continue to the interior patio of the Bacardi Visitor's Center. After passing through a large room containing a fountain and three large prints with historical representations, you will enter the theater and view a short film covering the Bacardí Family history as well as that of the Bacardí Corporation. You will then enter a replica of an old distillery that houses an excellent display; here your guide will provide commentary and answer questions. And you will have the opportunity to smell that final product; you will enjoy the aroma of the different type of rums that are bottled at Bacardí.

Your tour will continue to the Bacardí cocktail lounge, which resembles a 1920's bar in Cuba (the era of the prohibition). A bartender will explain and show you how to prepare the first three cocktails ever made with Bacardí: "Cuba Libre", "Daiquiri" and "Mojito Cubano", and you'll learn what inspired Bacardí in the preparation of these three cocktails as well as how they got their names.

As you exit, you will board an open-air tram who will take you to the open-air pavilion, where you will be treated to complimentary rum drinks. Adjacent to the pavilion is the Casa Bacardí gift shop where one can purchase Bacardí Rum as well as many other Bacardí products.

**Please note: This tour involves a minimal amount of activity, and is suitable for those with limited mobility and those who utilise a wheelchair. This tour is not suitable for anyone under the age of 18. Guests may be required to show identification. Please be aware that the Bacardi Distillery is under construction and some of the visitation areas mentioned above after the seminar may be modified, unavailable or substituted for new galleries without notification.**

**SJU-L / ACCESSIBLE OLD TOWN SAN JUAN**

DIFFICULTY



Price:\$149; Duration:3.00 hrs



This accessible San Juan shore excursion is a wonderful way to experience authentic Puerto Rican history, culture and landmarks. Explore the spectacular San Cristobal Fort, enjoy a panoramic driving tour of several historic Puerto Rican landmarks and explore the lower part of Old Town San Juan, Paseo de la Princesa.

Start your day by meeting your guide and accessible van at the San Juan cruise dock. From here, you will head out on a short drive to the first stop of your day, the historic Fort San Cristobal. Escorted by your tour guide, you will learn about Puerto Rico's battles with the Spanish, English, Dutch and Americans, and the majestic military fortifications of the 16<sup>th</sup> through 20<sup>th</sup> centuries. Although the fort has steep ramps and stairs, your tour route here will follow step-free routes. The theatre and exhibition area are fully accessible and an elevator will take you to the main level of the actual fort.

After some time of exploration here, you will be picked up by your driver and accessible van and head out on a panoramic driving tour, experiencing some of the best historic landmarks of the city. From the comfort of your accessible van you will see the breathtaking El Capitolio, the famous Casa Olimpica and other popular highlights.

The final part of the day will be spent exploring the lower parts of Old Town San Juan with a leisurely stroll down Paseo De La Princesa. This beautiful boulevard is peppered with market stands and beautiful water views. Enjoy a fresh squeezed lemonade, admire the old fort walls and learn about the many statues and small exhibits along the boulevard.

**Please Note: This tour is designed to be accessible for all guests. It is suitable for guests on a wheelchair who can transfer to a seat. Full time wheelchair users, are kindly requested to contact [shoreconcierge@silversea.com](mailto:shoreconcierge@silversea.com) in order to provide further details and determine if the tour is suitable for them. The tour route avoids steps and stairs. Accessible bathrooms with wide doors for wheelchairs are present along the tour route. An accessible vehicle with a wheelchair lift or ramp will be used for transportation. Guides are not allowed to push wheelchairs. The number of accessible vehicles is extremely limited and guests are encouraged to make their accessible shore excursion reservations in advance. A minimum participation of 6 guests is required to operate the excursion at the advertised rate. Cancellation deadline is 7 days prior the date of the excursion.**

**SJU-M / COASTAL KAYAKING & SNORKEL**

DIFFICULTY



Price:\$149; Duration:5.00 hrs



**San Juan, Las Cabezas de San Juan Nature Reserve, Coastal Kayaking, El Yunque Rainforest**

Depart the pier for the scenic, approximately 60-75-minute drive to the kayak-landing area of the Las Cabezas de San Juan Nature Reserve. Upon arrival, receive your safety and kayaking instructions and equipment, then gear up and begin your guided, approximately 1.5-hour journey aboard a two-seat kayak. As you paddle along the coastline of the Las Cabezas de San Juan Nature Reserve, take in spectacular views of El Yunque, the U.S. Caribbean National Rainforest.

**Snorkelling, Coral Reefs, Tropical Fish, Beach Stop, Swimming, Trail Walk, Beachcombing**

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Along the way, a stop is made to snorkel among coral reefs, schools of tropical fish and marine life with your eco-guide. Following your snorkelling experience, some free time is made available at a lovely beach. Relax and enjoy sunbathing, swimming, a short interpretive trail walk, and/or beachcombing. Fruit, snacks and refreshments are provided. At the conclusion of your visit, re-board your coach and commence the scenic, approximately 60-75-minute drive back to the pier.

**Please note:** This tour involves an extensive amount of easy paddling for approximately 1.5 hours and a moderate amount of walking for approximately 200 yards (about 183 metres), at times over gravel and sandy surfaces, with a few steps to negotiate to get on/off the coach and embark/disembark the kayak. This tour is recommended for guests who in good physical condition, know how to swim and can get in/out of a kayak without assistance. This tour is not suitable for pregnant guests, guests with back and/or neck problems, guests with heart and/or respiratory problems, guests prone to seasickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with flat, non-slip boat shoes, sandals or flip-flops they won't mind getting wet, and bring sun protection and a towel from the ship. Guests must be at least six years old to participate on this tour. This kayaking tour operates in two-seat kayaks. The maximum weight per two-seat kayak is 500 pounds (about 227 pounds) per couple. Although frequently encountered on this type of tour, wildlife and marine life sightings are not guaranteed. Two-seat kayaks, paddles, life vests, mask, and a snorkel are provided. A signed waiver is required to participate on this tour. Operation of this tour is subject to weather conditions. If visibility is poor due to weather, guests receive additional time at the beach to enjoy swimming, walking the trails, beachcombing and relaxing.

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## SJU-N / SELF-DRIVE MINI BOAT ADVENTURE

DIFFICULTY



Price: \$399; Duration: 6.00 hrs




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Experience the pristine tropical and undersea beauty off the coast of Puerto Rico during this scenic and exhilarating, full-day snorkelling excursion via Zodiac-boat.

### San Juan, Puerto Chico Marina, Zodiac-Boat Adventure, Las Cabezas de San Juan Nature Reserve

Depart the pier for the scenic, approximately one-hour drive to the Puerto Chico Marina. Upon arrival, receive your safety and boating instructions. Afterward, embark and captain your own, 13-foot (about four-metre) Zodiac boat whilst following your guide on a sun-drenched, panoramic journey to nearby cays and reefs for snorkelling, swimming and beach fun. Each boat holds a maximum of four guests. Snacks and non-alcoholic refreshments are included, and placed in a cooler on your boat. Your journey begins with a brisk, approximately 30-minute ride to the north-northeast along the bluffs of the Las Cabezas de San Juan Nature Reserve.

### El Yunque Rainforest, Mountains, Icacos Cay, Snorkelling

Your first destination is the uninhabited Icacos Cay. En route, take in spectacular views of the mountains of the El Yunque Rainforest, mangrove-lined coast and Fajardo's 130-year-old Spanish lighthouse. Upon arrival at Icacos Cay, one of a string of cays forming the Cordillera Cays Nature Reserve, receive your snorkelling gear and practise free-diving techniques, then don your snorkel, mask and fins for an unforgettable, approximately one-hour guided snorkelling experience. Whilst snorkelling in approximately 20 feet (about six metres) of water, discover spectacular coral reef formations, swim among schools of colourful tropical fish and learn about the local marine life.

### Palominos Island, White-Sand Beaches, Snorkelling, Coral Reef, Tropical Fish, Marine Life

After embarking your boat for a refreshment and snack, your route continues along the island chain to the jaw-dropping 'Isla de Palominos'. As seen in the movie, *Pirates of the Caribbean 4*, this small island surrounded by a coral reef features incredible turquoise waters, pristine, white-sand beaches, and a lovely view back to the mainland. During your visit to Palominos Island, explore the beach with your guides, who interpret the natural history of the reserve and explain the surrounding scenery, then guide you through another amazing snorkelling session. Alternatively, you may simply choose to relax on the beach and take a refreshing swim in the inviting waters of the Caribbean Sea.

### Return Boat-Ride, Pier Transfer

At the conclusion of your visit, embark your boat for the approximately one-hour ride back to the marina. Upon arrival at the marina, disembark your boat, re-board your coach and commence the approximately one-hour drive back to the pier.

**Please note:** This tour involves an extensive amount of activity and a moderate amount of walking for approximately 328 yards (about 300 metres), at times over uneven, natural and sandy surfaces, with a few steps to negotiate to get on/off the coach, embark/disembark the boat and manoeuvre in/out of the boat. Walking on the beach is at the discretion of each guest. This tour is recommended for guests who are in good physical condition, and can swim in water too deep too stand. This tour is not suitable for pregnant guests, guest with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone to seasickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up and a long-sleeved shirt with beach, water or boat shoes they won't mind getting wet, and bring sun protection, a towel and waterproof camera (with a leash, so it won't get lost) from the ship. Guests must be at least six years old to participate on this tour. There are no changing facilities on board the Zodiac. Waterproof cameras are highly recommended. Each Zodiac-boat seats up to four guests, the tour is priced per two guests; each additional guest (up to 4 in total per boat) is subject to an additional fee of 169 US\$ per person. Kindly advise the Shore Concierge Desk on the number of guests in your zodiac. Guests weighing more than 300 pounds (about 136 kilograms) cannot participate on this tour. The maximum weight limit per-boat is 700 pounds (about 317.5 kilograms). Masks, snorkels, fins and safety vests are provided; the safety vest must be worn at all times whilst riding the Zodiac-boats. Guests may not ride the Zodiac-boats or snorkel if they have consumed alcohol. A signed waiver is required to participate on this tour. Although frequently encountered on this type of tour, fish and marine life sightings are not guaranteed. The tour sequence may vary. The



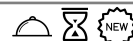
snorkelling sites visited are selected at the discretion of the guides, based upon prevailing weather conditions. Operation of this tour is subject to weather conditions. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

**SJU-O / SAN JUAN CULINARY WALKING TOUR**

DIFFICULTY



Price:\$149; Duration:3.25 hrs



Explore the vibrant history, flavours, and culture of Puerto Rico on-foot during this scenic and fun-filled, half-day culinary excursion in Old San Juan.

**San Juan, Old San Juan, Culinary Walking Tour**

Depart the pier for a culinary walking tour along the historic, cobblestone streets of Old San Juan. During your leisurely, guided stroll, explore your surrounds through the eyes of a local, and learn about and indulge your senses with the culture, gastronomy, history and architecture of Puerto Rico.

**Visits to Local Food Venues, Tastings of Puerto Rican Specialities**

Five stops are made along the way for tastings at a variety of independently-owned and operated businesses. Each venue visited showcases its most delicious dishes, many of which are off the menu, and prepares them by utilising mainly fresh, locally-grown fruit, meat, fish, and other ingredients. Sample up to nine different Puerto Rican specialities, including the best artisanal coffee in town, mofongo, roasted pork, rice and beans, stuffed avocados, empanadas, quesito, and other traditional, freshly-baked treats. Refreshing beverages and desserts include mojitos, pina coladas, ice pops and more.

**Notable Old San Juan Landmarks**

In addition to tastings of local specialities, see the second-oldest Cathedral in the Americas, oldest Governour's Mansion in the Western Hemisphere, Plaza de Armas, City Hall, La Rogativa, Capilla del Cristo, Cuartel de Ballajá, Paseo de la Princesa, and other notable landmarks. At the conclusion of your culinary walking tour, commence the short walk back to the pier with the best advice on what to eat, see or skip during your next visit to San Juan.

**Please note:** This tour involves an extensive amount of walking for approximately one mile (about 1.6 kilometres), at times over uneven and cobblestone surfaces and inclines, with a few steps to negotiate to access certain venues. This tour is not suitable for guests with food allergies, guests with limited mobility and guests who utilise a wheelchair. Lightweight, comfortable clothing with flat, closed-toe walking shoes and sun protection are recommended. Guests must be at least three years old to participate on this tour; infants are welcome and free-of-charge, but do not participate in the tastings. Guests must be at least 21 years old to be served alcoholic beverages. A signed waiver is required to participate on this tour. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

**Silver Shore "Privato"**

Explore the surrounding at your leisure during your private tour. Customize your own itinerary or choose to see and overview of the area's highlights. Please note: This tour is non-refundable if cancelled within 48 hours prior to arrival in the port. Actual vehicle type varies depending on availability. Guide is English-speaking. The price, exclusive of meals, entrance fees and gratuities, is per vehicle. Therefore, when making your reservation, please indicate the number of vehicles, not the number of guests. Only one person in the party needs to reserve this program. Please see the Shore Concierge Office on board the ship to arrange your individual itinerary

**SJU-X / SILVER SHORE PRIVATO - PRIVATE VAN WITH DRIVER/GUIDE - HALF DAY**

DIFFICULTY



Price:\$649 ; Duration:4.00 hrs ; Capacity:9



**SJU-Y / SILVER SHORE PRIVATO - PRIVATE VAN WITH DRIVER/GUIDE - FULL DAY**

DIFFICULTY



Price:\$1339 ; Duration:8.00 hrs ; Capacity:9



November 05 2018, Monday

**Road Town - British Virgin Islands**

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**TOV-A / TORTOLA BY SEA & LAND**

DIFFICULTY



Price:\$69; Duration:4.00 hrs

Experience the best of the British Virgin Islands by both sea and land as you cruise amongst the islands and drive along the heights of Tortola. Begin your tour with a cruise in an open motor launch through the beautiful waters of the British Virgin Islands. Heading along Tortola's southern shoreline, you will pass picturesque coves and cays before crossing the Sir Francis Drake Channel. Cruise towards Dead Chest Island of Blackbeard fame and see Salt Island in the distance where the famed mail steamer RMS Rhone sank during a hurricane and then enter Peter Island's Great Harbour. While the launch is idling in the bay, drinks will be served. Then cruise past Norman Island, Flannagan Island and the northeast fringes of St. John en route Road Town. Disembark the boat and board an open-sided safari bus, then proceed with the land portion of your tour. Drive through Road Town along the souther and northern shore lines before ascending to the ridge road. Descend to road town and stop for 10 minutes at the craft market before arriving back at the cruise pier.

**Please note:** This tour involves minimal walking however guests will be required to embark and disembark the vessel and safari coach independently. This tour is not suitable for guests that utilize a wheelchair. Guests are advised to wear lightweight clothing, flat comfortable walking shoes and sun protection.

**TOV-B / SIR FRANCES DRAKE CHANNEL SNORKEL**

DIFFICULTY



Price:\$79; Duration:3.50 hrs

Indulge your senses with the scenic beauty of the Virgin Islands during this memorable cruise in Tortola. Board your awaiting boat and navigate across the Sir Francis Drake Channel to Norman Island, Peter Island, Salt Island or Cooper Island. Return to an adventurous and exciting period in the British Virgin Islands history as you retrace the paths of notables such as Christopher Columbus and Captain Kidd. Envision the many skirmishes between the British, Spanish, Dutch and Danish, as well as the pirates who looted the merchant ships laden with treasure.

Enjoy snacks and a rum punch as the boat skims the azure waters of the Caribbean, before arriving at one of these enchanting islands. Typically the vessel heads to Norman Island, famed in the story of *Treasure Island* by Robert Louis Stevenson. Snorkel into the caves in search of the treasure of the islands - myriads of colourful fish swimming amongst the corals and marine plants. Relax on board or take time to swim and snorkel off the beach before returning back to the ship.

**Please note:** This tour is recommended for guests in good physical condition. Guests with back and/or neck problems, guests with limited mobility and guests who utilise a wheelchair will not be permitted on this tour. Wear a swimsuit under a cover-up, sun protection and bring a towel from the ship. Guests must be at least 21 years of age to be served alcoholic beverages. Mask and snorkel (no fins) will be provided.

**TOV-C / VIRGIN GORDA & THE BATHS WITH LUNCH**

DIFFICULTY



Price:\$149; Duration:5.50 hrs



Discover Virgin Gorda's unique natural terrain during this scenic visit to 'The Baths' at Spring Bay. Depart the pier aboard a local launch for a 40-minute cruise along the Sir Francis Drake Channel, and on to Spanish Town, Virgin Gorda. The famous waterway has seen scores of pirates and buccaneers who once plied their profitable trade here.

**Virgin Gorda**

Arrive at the quaint Spanish Town, Virgin Gorda's main settlement. Here, your safari bus awaits you for the short drive to the top of the Baths at Spring Bay. As you approach the area, see the characteristic boulders strewn across the arid ground. They are reminders of volcanic action some 70 million years ago. Follow your guide down to the amazing Baths along a narrow trail set between huge boulders on both sides.

**The Baths**

Along a powdery, white sand beach, giant boulders are poised on top of each other in seemingly precarious positions. Weathered by the elements and over time, a series of spectacular pools and grottos have been created. The site is a natural phenomenon and never fails to amaze its visitors. Take a swim in the clear, warm water, or squeeze through narrow crevices and discover small caverns where sunlight creates cool hues. The picture below the waterline is equally fascinating with small tropical fish darting through the crystalline water. A total of about two hours will be spent at the Baths.

After hiking back up the trail, re-join your safari bus for a scenic island drive, followed by a light lunch at *Fisher's Cove Beach Hotel*. Afterwards, it is time to join the boat for the trip to Tortola.

**Please note:** This tour involves an extensive amount of walking over steep and slippery terrain, with steps and unpaved, possibly muddy, paths to negotiate. This tour is recommended for guests in good physical condition. This tour is not suitable for guests with back and/or neck problems, guests with limited mobility and guests who utilise a wheelchair. Guests have the option to follow the guide through the caves or stop at the first visited beach and rejoin the group before the transfer to the lunch location. Guests are advised to wear a swimsuit under a

cover-up, sun protection and bring a towel from the ship. Guests should also wear comfortable, flat walking shoes, as the footpath to The Baths is rough, steep and uneven. Snorkelling equipment can be rented at the beach.

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**TOV-F / ISLAND TOUR & BEACH BREAK**

DIFFICULTY




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 Price:\$59; Duration:3.00 hrs
 

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Enjoy a scenic view of Tortola and its surroundings during this panoramic drive and beach break.

Board open air safari buses in Road Town for a scenic island drive of beautiful Tortola. Your tour takes you up Joe's Hill along the Ridge Road passing local villages.

Drive through Hawks Nest with views of Guana Island before arriving at Long Bay Beef Island. Indulge in the clear waters of this long white sand beach. Beach chairs are included. This is a "Virgin Beach" with portable toilet facilities. There are one or two vendors of drinks and snacks.

After one hour on the beach the tour returns to the ship.

**Please note:** Tour involves minimal walking however it is not suitable for guests who may have walking limitations and those who utilise a wheelchair. Guests must be able to embark and disembark the open-air safari bus independently. Guests wishing to swim are advised to wear their swimsuit under a cover-up, sun protection and bring a towel from the ship.

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**TOV-H / ESCAPE TO JOST VAN DYKE**

DIFFICULTY




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 Price:\$79; Duration:4.50 hrs
 

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Embrace the spectacular island beauty of Caribbean Sea during this sun-drenched, half-day catamaran excursion to idyllic Jost Van Dyke.

**Tortola, Catamaran-Ride, Caribbean Sea, Peter Island, Treasure Island, St. John**

Depart the pier for the short walk to the tender dock. Upon arrival, embark your awaiting, high-speed catamaran, the *Rebel Yell*. After receiving your safety and boating instructions, begin your scenic, approximately 45-minute drive to neighbouring Jost Van Dyke, the ultimate beach paradise for sunbathing and relaxing. En route, take in splendid views of the blue Caribbean Sea, and pass by several classic Caribbean islands, including Peter Island, 'Treasure Island' and St. John in the U.S. Virgin Islands.

**Southern Jost Van Dyke, White Bay, Beach, Free Time, Sunbathing, Swimming, Lounging**

Upon arrival at White Bay on southern Jost Van Dyke, your boat drives its shallow bows up on the beach in front of the renowned *Soggy Dollar* Bar so that you can walk with your bags ashore and only get your feet wet. During your approximately three-hour visit to White Bay, enjoy the white-sand beach and sunbathe, swim or lounge.

**Soggy Dollar Bar**

The renowned *Soggy Dollar* Bar is the best beach bar in the British Virgin Islands, and where the famous 'Painkiller' cocktail was invented in the 1970s. This is the Caribbean as it was meant to be; completely relaxing and stress-free. Food and beverages are available for purchase at the *Soggy Dollar* at your own expense. Many people enjoy taking their drinks in to the crystal-clear water, which is protected by the outer reef, to while away the time in conversation. At the conclusion of your visit, embark your catamaran and commence the approximately 45-minute ride back to the tender dock. Upon arrival, disembark the catamaran and walk back to the ship.

**Please note:** This tour involves a minimal amount of walking for approximately 175 yards (about 160 metres), at times over sandy surfaces, with a few steps to negotiate to embark/disembark the boat and a six-step boat ladder to manoeuvre in/out of the boat. This tour is not suitable for pregnant guests, guest with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone to seasickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach shoes, and bring sun protection, a towel, and cash or credit cards for additional purchases from the ship. Guests must be at least two years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. A signed waiver is required to participate on this tour. Operation of this tour is subject to weather conditions.

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**TOV-I / TORTOLA JEEP TOUR & BEACH**

DIFFICULTY




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 Price:\$159; Duration:4.00 hrs
 

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Discover the island of Tortola along the road less-travelled during this fun-filled Jeep and beach excursion.

**Tortola, Nanny Cay Marina, James Walter Francis Highway, Virgin Islands**

Depart the pier in an open-air safari bus for the short drive to the Nanny Cay Marina. Upon arrival, receive your safety and tour instructions, then board your Jeep Wrangler for a scenic drive along the shore on the James Walter Francis Highway, which offers stunning panoramic views of other Virgin Islands, including Peter, Norman and St. Johns USVI.

**West Coast, Smuggler's Beach, Beachcombing, Snorkelling, Swimming, Long Bay, Apple Bay**

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Your drive continues on to the west coast of Tortola for a visit to the stunning and secluded Smuggler's Beach. Upon arrival, some free time is made available to enjoy one of Tortola's most inviting beaches. You can take a leisurely stroll along the shore, bask in the sun, snorkel the shallow reef, or simply admire the natural beauty and serenity of the sea. Following your beach visit, re-board your Jeep and drive along Long Bay, then pass through the beautiful west shores of Apple Bay and the fishing village of Carrot Bay.

**Carrot Bay, Shell Museum, Stoutt's Lookout, Sage Mountain, Sir Francis Drake Channel**

Next, a visit is made to the Shell Museum at Carrot Bay before ascending up Windy Hill for a photo stop at *Stoutt's Lookout*, a colourful little bar and restaurant overlooking Cane Garden Bay. After a brief photo stop here, re-board your coach and ascend Sage Mountain. Following a panoramic photo stop, re-board your Jeep and return to the Nanny Cay Marina. Following a refreshment stop, re-board your safari bus commence the approximately 30-minute drive along the scenic Sir Francis Drake Channel en route to the pier.

**Please note:** This tour involves a moderate amount of walking for approximately 0.6 miles (about one kilometre), at times over uneven, muddy and sandy surfaces, with a few steps to negotiate to get on/off the safari bus and Jeep. Walking at Smuggler's Beach is at the discretion of each guest. This tour is recommended for guests who can swim in water too deep to stand; there is no lifeguard on duty. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with a long-sleeved shirt and flat, closed-toe walking shoes, and bring sun protection, a towel, beach shoes, and cash or credit cards for additional purchases from the ship. Guests must be at least two years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Guests wishing to drive a Jeep must be at least 26 years old, and carry a valid driver's license. A signed waiver is required to participate on this tour. Operation of this tour is subject to weather conditions. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

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**TOV-L / TORTOLA CULTURE & FARM TOUR**

DIFFICULTY



Price: \$129; Duration: 4.00 hrs



Explore the local history, culture and landmarks of Tortola during this picturesque, half-day sightseeing excursion.

**Tortola, Johnson's Ghut, North Shore, Good Moon Farm, Tour and Refreshments**

Depart the pier in an open-air safari bus for the scenic drive up Johnson's Ghut to the northern shore of Tortola, and a visit to the Good Moon Farm. Perched on a parcel of terraced land overlooking the Caribbean Sea, the farm grows organic produce planted according to the lunar calendar, or 'good moon', as it's known in the Caribbean. Upon arrival, proceed for tea, rum punch or other beverages in the garden of the farmhouse, and enjoy spectacular panoramic views of the sea. Afterward, take a guided walking tour of the raised crop beds where staples such as lettuce, tomatoes, herbs and pumpkins are grown, and learn about the variety of different local fruits and vegetables.

**Ridge Road, Guana Island, Virgin Gorda, Callwood Rum Distillery, Guard House**

Next, re-board your safari bus and drive along Ridge Road, which offers stunning views of Guana Island and Virgin Gorda, as your guide points out sites of interest. Your next stop is at the Callwood Rum Distillery. Its location, just a short walk from beautiful Cane Garden Bay, makes you feel as if you're walking into a very old and deserted compound, but it's an operating rum distillery and museum. This rustic site features the original structure of a sugar cane distillery, and offers rum samples for purchase. The original boiler still operates and produces rum, which is then stored in original storage casks. The old Guard House is also intact, and has been turned into an art gallery and gift shop.

**Cane Garden Bay, Free Time, Beach, Shopping, Sir Francis Drake Channel**

Following your tour, re-board your safari bus and head to popular Cane Garden Bay, which lies on the north shore of the island. The bay's stunningly beautiful setting attracts sailors, sunbathers, water sports enthusiasts and even horseback riders. Upon arrival at this carefree and relaxing enclave, some free time is made available to lounge about in the shade of a palm, take a stroll along the shoreline, swim at the white-sand beach at Cane Garden Bay, linger over a complimentary tropical beverage at *Myett's* beachfront bar, and/or browse for souvenirs. At the conclusion of your visit, re-board your safari bus and commence the approximately 30-minute drive along the scenic Sir Francis Drake Channel en route to the pier.

**Please note:** This tour involves a minimal amount of walking for approximately 109 yards (about 100 metres), at times over uneven, rocky and sandy surfaces, with a few steps to negotiate to get on/off the coach. Walking at Cane Garden Bay is at the discretion of each guest. This tour is recommended for guests who can swim in water too deep to stand; there is no lifeguard on duty. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach shoes, and bring sun protection, a towel, and cash or credit cards for additional purchases from the ship. Guests must be at least eight years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Operation of this tour is subject to weather conditions. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

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**TOV-M / SAGE MOUNTAIN & BEACH**

DIFFICULTY



Price: \$69; Duration: 4.00 hrs



Experience the scenic natural splendour of Tortola from two unique perspectives during this panoramic, half-day sightseeing excursion to Sage Mountain and Cane Garden Bay.

**Tortola, Sage Mountain National Park**

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Depart from the pier in an open-air safari bus for a meandering drive, inland-and-upward, to verdant Sage Mountain National Park. Established in 1964, the park supports many of the island's rare and endangered species, especially those that thrive at higher elevations, as most of the park is at least 1,000 feet (about 305 metres) above sea level. At 1,780 feet (about 542 metres), Sage Mountain stands as the highest point in both the British and U.S. Virgin Islands.

#### Forest, Narrated Nature Hike, Flora and Fauna, Panoramic Views

Upon arrival, join your guide for a pleasant nature hike through the forest. Along the way, see towering bullet wood trees, the oddly-named, but scentless, stinking fish trees and morning doves, the national bird of Tortola. In addition, you are treated to spectacular panoramic vistas, and an informative narrative about the flora and fauna found in the park.

#### Cane Garden Bay, Free Time, Beach, Myett's Bar, Shopping

Following your tour, re-board your safari bus and head to popular Cane Garden Bay, which lies on the north shore of the island. The bay's stunningly beautiful setting attracts sailors, sunbathers, water sports enthusiasts and even horseback riders. Upon arrival at this carefree and relaxing enclave, some free time is made available to lounge about in the shade of a palm, take a stroll along the shoreline, swim at the white-sand beach at Cane Garden Bay, linger over a complimentary tropical beverage at Myett's beachfront bar, and/or browse for souvenirs. At the conclusion of your visit, re-board your safari bus and commence the approximately 30-minute drive along the scenic Sir Francis Drake Channel en route to the pier.

**Please note:** This tour involves a moderate amount of walking for approximately 0.6 miles (about one kilometre), at times over uneven, muddy and sandy surfaces, with a few steps to negotiate to get on/off the coach. Walking at Cane Garden Bay is at the discretion of each guest. This tour is recommended for guests who can swim in water too deep to stand; there is no lifeguard on duty. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with a long-sleeved shirt and flat, closed-toe walking shoes, and bring sun protection, a towel, beach shoes, and cash or credit cards for additional purchases from the ship. Guests must be at least five years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Operation of this tour is subject to weather conditions. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

TOV-N / ACCESSIBLE TORTOLA

DIFFICULTY



Price:\$139; Duration:4.00 hrs



This Tortola shore excursion combines the best highlights with a wonderful driving tour you won't soon forget. See the historic Church at Kingstown, explore Josiah's Bay Plantation, visit the Callwood Rum Distillery and conclude with a visit to Her Majesty's Prison Museum.

Start your tour by meeting your tour guide accessible van at the cruise dock. From here, you'll set out on a beautiful scenic drive to the first stop of your day, the historic Church at Kingstown, also known as the African Church, in the Kingstown area of Tortola. This church was built in 1840 by a community of Africans who had been liberated from illegal slave ships.

Following this, you will board the van and enjoy a scenic drive to Josiah's Bay Plantation. Originally a sugar factory, the building was converted into a rum distillery in the early 20th century. The machinery was powered by steam and diesel engines, examples of which can be seen on the site today. A restaurant, art gallery and store are now housed in this historic building.

Next, your tour continues to the Callwood Rum Distillery, housed in an original structure of a Sugar Cane distillery. Here, you will enjoy the rustic features of the site and learn about the local rum production. There will also be an opportunity to sample and purchase rum while here.

The last stop of your day will be Her Majesty's Prison Museum. Dating back to the 1770s, Her Majesty's Prison is the oldest building in Road Town. The museum was opened in 2016, following a restoration. The building once housed fire services, immigration and customs. It still holds its rustic feel and now houses the new museum that focuses on the social history and cultural heritage of the BVI.

**Please Note:** This tour is designed to be accessible for all guests. It is suitable for guests on a wheelchair who can transfer to a seat. Full time wheelchair users, are kindly requested to contact [shoreconcierge@silversea.com](mailto:shoreconcierge@silversea.com) in order to provide further details and determine if the tour is suitable for them. The tour route avoids steps and stairs. Accessible bathrooms with wide doors for wheelchairs are present along the tour route. An accessible vehicle with a wheelchair lift or ramp will be used for transportation. Guides are not allowed to push wheelchairs. The number of accessible vehicles is extremely limited and guests are encouraged to make their accessible shore excursion reservations in advance. A minimum participation of 7 guests is required to operate the excursion at the advertised rate. Cancellation deadline is 7 days prior the date of the excursion.

November 06 2018, Tuesday

# Gustavia, St Barthelemy - Guadeloupe, French West Indies

**SBH-A / SNORKEL ODYSSEY**

DIFFICULTY



Price:\$119; Duration:2.00 hrs

Board your catamaran at the pier and depart for the snorkelling destination. For your comfort, the catamaran offers plenty of shade. On the way the crew distributes snorkelling equipment. Once you arrive at the snorkelling site, the captain or crew provides instruction and guidelines, after which you may jump in the water to enjoy approximately one hour exploring the fascinating underwater marine life. Two crew members are available to provide assistance.

The azure waters surrounding St. Barts provide the perfect environment for a variety of exquisitely coloured fish and corals. Coral reefs act as home and nursery for almost a million fish and other species, and are host to some of the Earth's most diverse living ecosystems.

Back on board the catamaran, enjoy a snack and refreshment before your return to the pier.

**Please note: Swimsuits should be worn under beach-type clothing. Please remember to bring your sunscreen, hat and towel. Although minimal walking is required, guests must be able to manoeuvre in and out of the snorkel boat. Waterproof cameras are highly recommended. Guests may not snorkel if they have consumed alcohol. There are no bathroom facilities onboard the boat. Guests will be asked to remove their shoes prior to boarding. The use of a noodle float or a lifejacket while in the water is mandatory.**

**SBH-E / PANORAMIC ST. BARTS**

DIFFICULTY



Price:\$49; Duration:1.00 hrs



Enjoy a panoramic ride around this tiny island and discover the many hidden beauties for which St. Barts has become famous. Minibus 'taxis' with drivers who speak varying degrees of English with a heavy French-West-Indian accent, take you on a drive through St. Barts. The first stop, at Le Col de la Tourmente, overlooks the most popular beach, St. Jean Beach and the island's airport. The taxis then follow take the road to Salines (salt ponds), an industrial area of the island. At one time St. Barts exported salt all over the Caribbean.

After Salines, your driver will go through Petite Salines, the only place on the island where you cannot see the ocean, and continue to Grand Fond. The view is breathtaking, with the road overlooking the green valley and the raging ocean breaking on the shoreline. It is very windy, and the landscape is very different from the rest of the island. Only a few years ago, Grand Fond was the cattle center for St. Barts, home not only to many cows, but also goats and sheep.

Continue on the road along the coast to see the house that belonged to the famous Russian dancer, Rudolf Nureyev. It is located right on the rocks facing the ocean. Pass Petit-Cul de Sac (small salt pond) and Grand Cul de Sac with its large lagoon and many hotels and resorts. It is here that the 24-hour windsurf regatta is held in August each year. Continue to Marigot, famous for its wine shop, La Cave, that has in stock over 300,000 bottles of wine, ranging from the cheapest to the most rare and expensive. Then continue to L'Orient and its two flower-filled cemeteries.

Passing La Vigie and Coupe Gorge, your vehicles return to the St. Jean area before taking the road to Corossol, once famous for its women who wore traditional white bonnets and were known for weaving straw hats and baskets. Please note that this does not exist anymore, despite what is written in the guidebooks. After climbing the last hill, your taxi returns to Gustavia. Depending on traffic conditions, the taxis will either stop in the parking lot next to the pier or in town at the main taxi station.

**Please note: This tour involves a minimum amount of walking; however, guests must be able to climb in and out of a minibus taxi. This is not a guided tour; it is an orientation drive of the island. Your driver may speak only rudimentary English. The cost of this tour is based upon 6 guests in each van as opposed to 8 as standard for other cruise lines. The cost of this tour reflects the lower occupancy of the vehicles.**

**SBH-G / ATV ADVENTURE**

DIFFICULTY



Price:\$179; Duration:2.00 hrs



Experience St. Barts up-close during this scenic ATV adventure tour. See both the windward and leeward sides of the island, admire the views and capture the memory with some great photo opportunities.

Meet your instructor after a short walk from the pier and listen to a safety and itinerary briefing. After being fitted with your mandatory helmet, board your ATV and follow the guide north along the leeward coast.

Continue to St. Jean via the famous Col de la Tourente and head up Morne Tourterelle, overlooking the Salines beach area. En route, your guide explains about the areas salt ponds and the island's salt industry, which served as St. Barts primary industry until the mid-1950's.

Proceed along the windward side of the island, savouring the dramatic views of Grand Fond, dominated by the Atlantic Ocean and 938-foot (280-metre)-high Morne Vitet. In Toiny, leave the main road and take the narrow path to Petit Cul de Sac Beach.

A steep climb brings you to the villages of Mariot and Lorient with magnificent panoramas of the countryside.

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Once back in town you may be required to walk the perimeter of the harbour to return to the ship.

Please note: This tour involves a moderate amount of activity and is for guests in good physical condition only. There are inherent risks associated with participating in this tour. It is not suitable for pregnant women, guests with heart or respiratory conditions, leg, knee, neck, back problems, or limited mobility, or those who utilise a wheelchair. Guests will be evaluated prior to participation, by the tour leader; if determined not to be in acceptable physical condition to safely operate and maintain control of the ATV on the surfaces you will be encountering, participation will be denied and a 50% fee will be charged. This tour requires the completion of an acknowledgement that a safety briefing has been provided prior to departing on the ATV. Participation will be denied to anyone who does not sign the acknowledgement. This tour is priced per ATV, two guests per vehicle. Only one person in your party need reserve the vehicle and charges may be split between suites on board. When requesting this tour online, please indicate the number of vehicles desired and not the number of guests participating. Maximum weight per ATV is 330 pounds (150 kilograms or 23.5 stone). ATV drivers must bring a valid driver's license and a credit card for the 2000 Euro deductible in the event of damages to the ATV or property. Minimum age for drivers is 18 year; minimum passenger age is 12. Wear light-weight, clothing and flat comfortable, rubber-soled shoes; flip-flops are not allowed. At the conclusion of the tour you may be dropped at the far side of the harbour where a walk of 0.25 miles (410 metres) may be required to arrive at the ship. Taxis are available for those that do not wish to make this walk; please bring USD to pay for these optional taxis.

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**SBH-H / SEMI-SUB EXPLORATION**

DIFFICULTY



Price:\$89; Duration:1.00 hrs

Explore the underwater world surrounding St. Barts from the comfort of a semi-submersible boat. The boat remains on the water's surface, while stairs lead you down into the hull, surrounded with glass viewing windows. Take in the scenes without getting wet on this under-the-sea adventure.

Walk from the pier to the awaiting semi-submersible submarine and gather on the main deck for a safety briefing. Cruising out of the main harbour, remain top-side or descend into the hull of the sub. As you reach the entrance of Gustavia's harbour, you may see some of the many green turtles known to reside in the area. Pass over the wreck of the 50-foot (15-metre) island freighter *Marignan*, sunk during the famous hurricane 'Luis' in 1995. On the way to your next stop, the vessel crosses the south-east edge of the St. Barts Marine Park, where the sea is full of colourful coral reefs, gently 'invaded' by troops of striped 'sergeant major' fish.

Returning to the pier along the same route, you can remain below or if you prefer, cruise on the upper deck and watch the beautiful anchored yachts and shores of St. Barts.

Please note: This tour requires a minimal amount of walking; however, guests must be able to walk a short distance to the sub and negotiate steep stairs to enter and exit the sub's hull. This tour is not suitable for guests who utilise a wheelchair. Operation of this tour is subject to a minimum number of participants and favourable weather and sea conditions; the Captain may amend the itinerary dependent upon weather and currents. Vessel may not be exclusive to *Silversea* guests. A minimum number of guests per guide is required for operation of this tour.

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**SBH-J / SAILING ST. BARTS**

DIFFICULTY



Price:\$159; Duration:3.00 hrs

Discover St. Barts by sea as you sail aboard an island catamaran that whisks you away to a secluded bay on this scenic, relaxing outing.

Walk along the pier to your awaiting catamaran and climb aboard. As you motor out of the harbour, admire the resident mega yachts and the scenic coastline, before raising the sails.

Head towards Pointe de Colombier and its shelter bay and drop anchor upon arrival. Enjoy your time in the bay, the way you wish. You can swim, sunbathe or just relax with a good book under the shade of the bimini. Sip a cool drink as the friendly crew offer water, soft drinks, and rum punch.

At the appointed time, the catamaran re-traces its course back to the harbour in Gustavia.

Please note: This tour requires a minimal amount of activity, however guests wishing to swim from the boat to the beach must be good physical condition. Guests wishing to swim should wear a swimsuit under a cover-up and bring a towel from the ship. Participants should be in good health and a comfortable swimmer to enter the water. Any swimming is unsupervised and at your own risk. Participation is limited. The catamaran anchors in a bay and swimming is from the boat. Operation of this tour is subject to favourable weather and sea conditions. Guests will be required to remove their shoes prior to boarding the vessel.

November 07 2018, Wednesday

## Roseau - Dominica

**ROE-A / ROSEAU HIGHLIGHTS BY TROLLEY TRAIN**

DIFFICULTY



Price:\$49; Duration:1.50 hrs

Step aboard this 1.5 hour Trolley Train Tour around the capital of Dominica, the Botanical Gardens, a local church and views of the island.

**City View Point**

Depart the port for a brief train ride to a city view point. Upon arrival, take in splendid views and photo opportunities of the capital of Roseau and Dominica's towering cliffs and lush rainforest. Leaving the view point, proceed to the Botanical Gardens.

**Botanical Gardens**

During your stop at the lush Botanical Gardens, see the endangered Sissereau and Jaco parrots in protective cages, along with many large trees and exotic flowers. Here we will serve rum punch or fruit juice to sip on as you enjoy your surroundings.

**Local Church**

En route, see the bustling street life and vendors as the train goes through the most unspoiled and untouched capital of the Caribbean. The conductor will point out buildings and landmarks as you pass by. Take photos of the colonial architecture as you travel through the winding alleys and streets before reaching a small local church for a short visit and take photos.

Re-join your trolley to proceed back to the ship.

**Please note:** This tour involves minimal walking and is suitable for guests with limited mobility, but is not wheelchair accessible. The trolley train is covered with open sides. We suggest guests wear light-weight comfortable clothing and sun protection.

**ROE-B / ACCESSIBLE DOMINICA & RAINFOREST DRIVE**

DIFFICULTY



Price:\$59; Duration:3.00 hrs



Discover why Dominica is known as the 'Nature Island of the Caribbean' during this picturesque, half-day sightseeing excursion.

**Morne Bruce View Point**

Depart the pier for the brief drive to the historic Morne Bruce view point. Upon arrival, take in splendid views and photo opportunities of the town of Roseau, and Dominica's towering cliffs and lush rainforest. Leaving Morne Bruce, re-board your coach and proceed to the Botanical Gardens.

**Botanical Gardens and Rainforest Drive**

During your stop at the lush Botanical Gardens, see the endangered Sissereau and Jaco parrots in protective cages, along with many large trees, exotic flowers and tropical plants. From here, your drive continues towards the interior of Dominica and a visit to Hibiscus Falls. En route, pass by the tropical rainforest and plantations with mango, banana, avocado and cacao trees.

**Hibiscus Falls**

Upon arrival at Hibiscus Falls, take an easy, 30-yard (27-metre) stroll to the scenic viewpoint at this waterfall. Here, you can photograph your beautiful surroundings while snacking on local seasonal fruits served with complimentary rum punch or fruit juice. You may also opt to take a short walk down some steps to the pool for a quick dip in the refreshing waterfall. Afterward, drive through the beautiful green valleys en route to the pier.

**Please note:** This tour involves a minimal amount of walking, and is suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear lightweight, comfortable clothing, and bring sunscreen, a hat and sunglasses from the ship. Guests opting to swim in the pool at Hibiscus Falls should bring a swimsuit and towel from the ship. The road surfaces in Dominica are bumpy in some areas and wind through the hillsides. A minimum number of guests per guide are required for operation of this tour.

**ROE-E / WHALE AND DOLPHIN ADVENTURE SIGHTINGS**

DIFFICULTY



Price:\$79; Duration:4.00 hrs



Discover some of nature's most amazing mammals from a unique perspective during this half-day catamaran excursion in search of whales and dolphins.

Depart the pier for the brief stroll to your awaiting vessel. Upon arrival, receive your safety and tour instructions before setting out for the open waters. Of the 30 or more species of whales and dolphins found in the Caribbean, more than half can be found in the waters surrounding Dominica. Your captain pauses every three miles (about 4.8 kilometres) or 15 minutes so a hydrophone may be submersed to listen for the 'clicking' of sperm whales and the 'whistling' of dolphins.

During these stops, take in distant island views while your on-board guide offers information about the whales, dolphins, and wildlife. If a spout or a pod is sighted or detected, the captain manoeuvres the vessel so you can see the animals. Since their welfare is of paramount importance,

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guidelines set up by the International Fund for Animal Welfare are strictly followed. Fruit juice and a rum punch are served during the return ride to the pier.

**Please note:** This tour involves a minimal amount of walking. Guests must be able to walk and manoeuvre in and out of the boat, and participants with limited mobility may be accommodated. Although marine life can be observed on most outings, sightings cannot be guaranteed. Participation is very limited; we suggest you book in advance to avoid disappointment.

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## ROE-F / VOLCANIC ADVENTURES

DIFFICULTY




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Price: \$59; Duration: 4.50 hrs

Embrace the idyllic beauty of Dominica during this scenic and relaxing visit to volcanic mineral pools and baths, and a photo stop at Morne Bruce.

### Morne Bruce Gardens

Depart the pier for the brief drive to the historic Morne Bruce Gardens. Upon arrival, take in splendid views and photo opportunities of the town of Roseau, and Dominica's towering cliffs and lush rainforest. Leaving the gardens, re-board your coach and drive through the Roseau Valley, then continue on to Trafalgar for a visit to Trafalgar Falls.

### Trafalgar Falls and Wotten Waven

Experience the beauty of Trafalgar Falls, which feature a sulphur spa and waterfalls cascading side-by-side out of the deep gorges they have carved out. During your visit, take a 20-minute walk up the nature trail. Pass by ginger plants and vanilla orchids before arriving at a panoramic viewpoint above the river. Leaving the falls, drive east to the village of Wotten Waven, among the most active volcanic regions on the island, then continue on to the sulphur springs.

### Papillote Wellness Resort & Spa and Refreshments

Tucked away in the scenic valley of a lush mountain rainforest, Papillote Wellness Resort & Spa is famous for its abundance of hot sulphur springs, cool freshwater springs and a waterfall. Following a cultural welcome and complimentary fruit juice, you can relax and unwind in one of the hot sulphur tubs filled with hot volcanic sulphur water via pipes made of local bamboo. After refreshments including fresh fruit and rum are served, commence the return drive past Dragon's Cove and back to the pier.

**Please note:** This tour involves a moderate to extensive amount of walking over surfaces that may be uneven in spots, with 50 steps or more to negotiate in each direction depending upon the trail taken. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up, sun protection and bring a towel from the ship. The paths may be slippery or muddy following periods of rain; guests are advised to use extra caution as there are no handrails. Wear shoes you do not mind getting soiled or muddy on the paths.

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## ROE-G / RIVER TUBING ADVENTURE

DIFFICULTY




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Price: \$59; Duration: 3.00 hrs

Experience the scenic beauty and excitement of the largest and longest river in Dominica during this memorable river-tubing excursion.

Depart the pier for the scenic, approximate 30-minute drive through the Dominican capital of Roseau en route to the lush Layou Valley then proceed to the Layou River Gorge. Upon arrival, receive an orientation and safety briefing, wear your helmet and life-jacket and commence your guided river-tubing adventure.

### Layou River Float

As you float down-river, discover Nature Island, which features a lush tropical rainforest, along with magnificent rock formations, wonderful flora and fauna, a spectacular mountain range, and cliffs and valleys. Feel the changing pace of the meandering and twisting Layou River as it descends into calm pools interspersed with the excitement of bubbling rapids.

At the conclusion of your river-tubing adventure, relax with a refreshing drink at the Layou Tourism Facility. Changing rooms are available for you to get back into your dry clothes before transferring back to the pier.

**Please note:** This tour involves a moderate amount of activity and is recommended for guests that are in good physical condition and know how to swim. This tour is not suitable for pregnant women, guests with back or neck problems, or limited mobility or those who utilise a wheelchair. Participants must hold on to both handles of their tubes at all times and wear the helmet provided. This tour may include a few rapids. Wear a swimsuit under a cover-up and rubber-soled shoes that may get wet and bring a towel and protection from the sun. Operation of this tour is dependent upon river conditions. Commentary is generally not provided during the transfer to-and-from the river.

**ROE-H / BOIS COTLETTE ESTATE: HERITAGE TOUR**

DIFFICULTY



Price:\$89; Duration:3.00 hrs



Prepare for an in depth tour of Bois Cotlette during your visit to this working plantation and the oldest surviving estate on Dominica.

**Bois Cotlette**

Depart the pier for a scenic, approximately 30-minute drive to Bois Cotlette. Dating from the early years of French settlement in the 1720's, Bois Cotlette is the oldest surviving estate on Dominica and the subject of intense research by historians and archaeologists. Enjoy a freshly harvested and prepared drink during the estate orientation as you learn about slave labor, stone terraces, and other features of a Caribbean colonial plantation while preparing to embark on a fact finding mission to date the ruins.

**Estate Tour**

On the Heritage Tour, you get a chance to enjoy the Estates grounds at a relaxed pace in a pristine and tranquil setting. Uncover clues to the property's origins and learn why expert historians, too, are so enamoured with Bois Cotlette.

As you delve into the plantation history, three themes emerge. First is a story of people. Learn about the social structure of the owner/planter class, as well as life as a slave inhabitant in the late 1700's and turn of the century at Bois Cotlette. The second is a theme of technology. Windmills, aqueducts, and fresh water capture systems demonstrate an anachronistic view of a time period thought to be less advanced. Thirdly, we will focus on the commercial crops, (coffee, sugar, cocoa, and citrus), with demonstrations, that define the estates existence.

**Planter's Herb Garden and Refreshments**

You will have an opportunity to enjoy authentic creole snacks and refreshments, and to stroll through the Planter's herb garden located just south of the Maison.

Following your visit, re-board your coach and commence the approximately 30-minute drive back to the pier.

**Please note:** This tour involves minimal to moderate activity and is suitable for guests with limited mobility. Guests who utilise a wheelchair must be capable of transferring from the chair to the bus with 2-3 steps to negotiate and minimal assistance as the restrooms at the plantation are not wheelchair accessible. We suggest guests dress in lightweight seasonal clothing and wear flat, walking shoes and sun protection.

**ROE-I / CHOCOLATE EXPERIENCE AT BOIS COTLETTE**

DIFFICULTY



Price:\$79; Duration:3.00 hrs

Enjoy a taste of Caribbean chocolate in Dominica during this interactive, half-day excursion to Bois Cotlette.

**Bois Cotlette**

Depart the pier for the scenic, approximately 30-minute drive to Bois Cotlette, the oldest surviving estate on Dominica. With a 290-year history of producing cocoa, coffee and sugar cane, the estate today continues the processing of cocoa from beans into dark chocolate bars and candies.

**Estate Tour**

Upon arrival, receive a welcome beverage, then begin your educational and interactive tour with a guided stroll about the estate's ruins and grounds. Afterward, harvest some cocoa pods from a tree and observe the fermenting, drying, roasting and grinding processes.

**Chocolate-Making Demonstration and Tasting**

Next, proceed to the estate's kitchen. Here, utilise Bois Cotlette's couverture blocks to temper, pour and mould their special dark chocolate into the estate's signature candies. In addition, use the chocolate flavour wheels to incorporate different flavours, including sea salt, cocoa nibs, bacon and spicy peppers, into the chocolate. A tour and tasting of Bois Cotlette chocolates, accompanied by freshly-made Bois Cotlette juices and rum punch, is included. Following your visit, re-board your coach and commence the approximately 30-minute drive back to the pier.

**Please note:** This tour involves a minimal amount of walking for approximately 150 yards (about 137 metres), at times over uneven and cobblestone surfaces, with a few steps to negotiate to get on/off the coach. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Lightweight, comfortable clothing with flat, closed-toe walking shoes and sun protection are recommended. Guests must be at least six years old to participate on this tour. Guests must be at least 21 years old to participate in tastings of alcoholic beverages. The tour sequence may vary. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

**ROE-K / SEVEN WATERFALLS CANYONING**

DIFFICULTY



Price:\$179; Duration:4.50 hrs

Experience the exquisite natural beauty of Dominica in a unique new way during this invigorating, half-day canyoning excursion.

**Shawford's Cocoa Cottages and Extreme Dominica**

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Depart the pier for the short drive to the Extreme Dominica headquarters at Shawford's Cocoa Cottages. Upon arrival, receive your safety and training instructions on how to harness up and rappel down the side of a wall.

### Seven Waterfalls Canyoning

Next, board a Jeep and proceed through the rainforest, then hike to the first of seven spectacular, hidden waterfalls that drop through a steep canyon between the Titou Gorge and top of Trafalgar Falls. With your legs braced against the waterfall wall, feel the pure, cold water cascading around you as you slowly make your descent. Soft green light filters down the cliff walls of this hidden gorge to the deep, pristine pool waiting far down in the heart of the river.

Touch down into the first of a series of incredible, crystal-clear pools descending down along the canyon bed. Afterward, canyon down or jump off the edge of six more waterfalls. The seventh and final fall is the magnificent Cathedral Falls, which features vaulted arched walls, a recessed altar alcove and enormous overhead pipe organ root masses. Your tour concludes with a short hike back to the Jeep, followed by a brief transfer back to the pier.

**Please note:** This tour involves an extensive amount of activity, including repelling, walking or climbing through slippery and uneven surfaces, and jumping into or swimming in deep water, with a few steps to negotiate to get on/off the coach. This tour is recommended for guests in good physical condition. This tour is not suitable for guests who suffer from a fear of heights, guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach or water shoes, and bring sun protection and a towel from the ship. Space on this tour is very limited; we suggest you book in advance to avoid disappointment. This experience may not be exclusive to *Silversea* guests.

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ROE-O / DOMINICA BY LAND AND SEA

DIFFICULTY



Price: \$79; Duration: 4.00 hrs




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Embrace the beauty of Dominica in a unique new way during this panoramic, half-day volcano snorkelling and sightseeing excursion.

#### Scott's Head Marine Reserve and Volcano Snorkelling

Depart the pier for the scenic, approximately 30-minute drive to the Scott's Head Marine Reserve. Upon arrival, walk to the top of Scott's Head, which offers breath-taking panoramic vistas of your surrounds. Proceed to the Scott's Head 'Drop-Off' snorkelling site, located in the middle of an active volcanic complex. After receiving your snorkelling instructions, don your snorkelling gear and begin your guided snorkelling session. Whilst exploring the reef, discover the geological features, flora and sea life of the marine reserve, along with the volcano's underwater 'drop-off' and the shelf along Scott's Head.

#### Rainforest Drive and Bois Cotlette Estate

Next, re-board your coach for a picturesque drive through the rainforest en route to the spectacular Bois Cotlette Estate. This is the oldest surviving estate on the island, where archaeologists have recently proven life dating from 400 A.D. Upon arrival, relax and learn about the property whilst enjoying a fresh fruit juice and Creole treats known as 'bakes'. During your visit, you can also browse the gift shop for estate chocolates, local beer and coffee, as well as locally-made products. At the conclusion of your visit, re-board your coach and commence the approximately 45-minute drive back to the pier.

**Please note:** This tour involves a moderate amount of walking, at times over uneven surfaces and inclines, with a few steps to negotiate to get on/off the coach. This tour is not suitable for pregnant guests, guests with back and/or neck problems, guests with heart and/or respiratory conditions, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with boat or beach shoes, and bring sun protection and a towel from the ship. Guests must be at least six years old to participate on this tour. Snorkelling and safety gear are provided. Photography is permitted at the Bois Cotlette Estate, but videography is not permitted. Guests must be at least 21 years old to purchase alcoholic beverages. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

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ROE-P / TRAFALGAR FALLS, RAINFOREST & CHOCOLATE

DIFFICULTY



Price: \$89; Duration: 5.00 hrs




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Discover the splendid beauty and flavours of Dominica during this panoramic, half-day sightseeing excursion.

#### Roseau, Scotts Head Marine Reserve, Rainforest, Bois Cotlette Estate, Chocolate Factory

Depart the pier for the scenic, approximately thirty-minute drive to the Scotts Head Marine Reserve, located on the southwest coast of Dominica. Upon arrival, take in breath-taking views overlooking the marine reserve and from the isthmus at the water's edge separating the Caribbean from the Atlantic. After a photo stop here, re-board your coach and head up into the exquisite rainforest for a visit to the historic Bois Cotlette Estate, home of Dominica's chocolate factory. Upon arrival, take a guided walking tour. Along the way, learn how chocolate is made in remote Dominica and sample their prized chocolate made from the estate's heirloom cocoa trees. Following your tour and tasting, fresh local fruit juice and spirits are served.

Trafalgar Falls, Botanical Gardens, Morne Bruce, Roseau

Next, re-board your coach and continue driving through the rainforest en route to Trafalgar. Upon arrival, a stop is made to marvel at Trafalgar's spectacular twin waterfalls. Leaving the falls, proceed for a guided stroll through the spectacularly diverse and beautiful Botanical Gardens, then ascend Morne Bruce. From its summit, take in splendid panoramic vistas overlooking the capital city of Roseau. At the conclusion of your visit, re-board your coach and commence the short drive back to the pier.

**Please note:** This tour involves a moderate amount of walking for approximately 0.5 miles (about 0.8 kilometres), at times over uneven, cobblestone and natural surfaces, with a few steps to negotiate to get on/off the coach. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear comfortable shoes and bring sun protection, insect repellent and a towel from the ship. Guests must be at least eight years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

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**ROE-Q / EMERALD POOL AND MERO BEACH**

DIFFICULTY



Price: \$89; Duration: 4.00 hrs




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Embrace the spectacular natural beauty of the lush rainforest, Emerald Pool and volcanic-sand beaches of Dominica during this picturesque, half-day sightseeing excursion.

**Roseau, Mountain Scenery, Greenery, Local Farms, Morne Trois Piton National Park**

Depart the pier for the scenic, approximately 45-minute drive up into the lush rainforest and through the diverse, pristine island of Dominica. Along the way, marvel at the spectacular mountain scenery, lush greenery, and local farm operations that make this drive both unique and memorable. Your first stop is at the beautiful Morne Trois Piton National Park.

**Rainforest Walk, Waterfalls, Emerald Pool, Swimming**

Upon arrival, proceed for a short, guided walking tour through the rainforest. Proceed along manicured paths en route to the waterfall site and world-renowned Emerald Pool. Upon arrival, marvel at how ferns from the rainforest give the cascading waterfall the emerald hue from which it is named. During your visit, you are invited to take an invigorating swim in the crisp, clean waters that collect in the basin of the falls.

**Mero Beach, Volcanic Sand, Caribbean Sea, Swimming, Beachcombing**

Next, re-board your coach and head to Mero Beach, Dominica's iconic, volcanic-sand beach. Upon arrival, some free time is made available to relax and unwind amidst your idyllic surroundings, take a leisurely stroll on the beach, and/or swim in the warm, inviting, crystal-clear waters of the Caribbean Sea. At the conclusion of your visit, re-board your coach and commence the approximately 30-minute drive back to the pier.

**Please note:** This tour involves a moderate amount of walking for approximately 0.5 miles (about 0.8 kilometres), at times over uneven, sandy and slippery surfaces, with a few steps to negotiate to get on/off the coach. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with flat, closed-toe walking shoes, and bring sun protection and a towel from the ship. Guests must be at least eight years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Operation of this tour is subject to weather conditions. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

November 08 2018, Thursday

## Castries - St Lucia, West Indies

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**SLU-001 / ACCESSIBLE PITONS & WATERFALLS**

DIFFICULTY



Price: \$169; Duration: 6.00 hrs




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This accessible St. Lucia shore excursion offers a fun and full day of experiencing the very best highlights of the island. Visit the charming fishing village Anse La Ray, see the majestic Pitons and experience the Diamond Botanical Garden and Waterfalls in Soufriere.

Start your day by meeting your guide and accessible van at the St. Lucia cruise dock. First, you'll set out on a beautiful scenic island drive through banana plantations and beautiful mountain views, before making a stop in Anse La Ray, a small charming fishing village to the far western side of the island right next to Castries. In Anse La Ray, you will exit the van by the small center square to get out and explore firsthand. Take a stroll down the small pier, meet local fishermen and see what they caught for the day, make your way around the charming little city streets with traditional small cottages, and visit the beautiful old cathedral from the early 16th century.

As your tour continues to the city of Soufriere, you will make several photo stops along the way. Not only is St. Lucia lush and rich in produce, it is a volcanic island which provides some amazing views, including the Pitons. While the Pitons volcano site is not wheelchair accessible, one can still see them from afar and capture some beautiful photos.

In Soufriere, you will experience one of the only fully accessible waterfall views in the world! In the popular Diamond Botanical Garden, your tour guide will take you on a spectacular stroll while sharing all that he knows about the fauna and produce of the island. The path in the garden is

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accessible with no steps or steep inclines. At the end of the Gardens, you will see the amazing Diamond Waterfall right in front of you. A traditional St. Lucia buffet lunch will be served at an accessible restaurant close to the gardens.

**Please Note:** This tour is designed to be accessible for all guests. It is suitable for guests on a wheelchair who can transfer to a seat. Full time wheelchair users, are kindly requested to contact [shoreconciierge@silversea.com](mailto:shoreconciierge@silversea.com) in order to provide further details and determine if the tour is suitable for them. The tour route avoids steps and stairs. Accessible bathrooms with wide doors for wheelchairs are present along the tour route. An accessible vehicle with a wheelchair lift or ramp will be used for transportation. Guides are not allowed to push wheelchairs. The number of accessible vehicles is extremely limited and guests are encouraged to make their accessible shore excursion reservations in advance. A minimum participation of 5 guests is required to operate the excursion at the advertised rate. Cancellation deadline is 7 days prior the date of the excursion.

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## SLU-A / CULTURAL & SCENIC ST. LUCIA

DIFFICULTY




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Price:\$59; Duration:3.50 hrs

This half-day tour provides a glimpse of St. Lucia's scenic beauty and introduces you to St. Lucia's major highlights and culture along with the opportunity to 'Give Back' to the community.

Castries' surroundings offer many spectacular panoramas and interesting venues that may be discovered a short distance from the island's capital. Departing from the cruise terminal, journey through the city of Castries and the winding curves heading up the Morne, where you can marvel at the lush vegetation and homes perched along the hillside.

### St. Marks

A stop is made at St. Marks, a rambling colonial house that stands on the hillside overlooking the harbour. Capture the views of Castries harbour amidst the deep blue sea with a green backdrop. On a clear day, view Martinique out in the distance along the northern coastline. Enjoy typical creole snacks and a tasty rum punch or fruit juice in the old colonial home.

### Howelton Estate

Take a short drive to Howelton Estate (formally known as Caribelle Batik Studios) to see the artful process of hand blocked material. The enterprise is housed in a charming Victorian mansion that, according to local legend, is haunted. Take some time to browse in the showroom for colourful resort wear and souvenirs for which Howelton Estate is justifiably famous. At this enchanting building enjoy a brief demonstration on the art of Batik.

### Fond Latisab Creole Park

Depart for a drive through the countryside to Fond Latisab - Taste St. Lucia's very own local Creole traditions as you join a cultural tour of the Fond Latisab Creole Park in the beautiful community of Babonneau. Experience cultural practices such as; the preparation of cassava bread, cooking on macambou leaves, and the very authentic display of wood-sawing, all while the Chak-Chak band plays traditional music in the background.

Discover the ancient Amerindian manner as you witness several traditional practices. See the fascinating method of log sawing to the rhythmic music of a local Chak-Chak band as you experience a glimpse into the rich folk heritage of St. Lucia. You might even be able to learn a few words of Patois, the language of Creole heavily laced with French, African and English grammar. You'll have the opportunity to taste the cassava bread and a local fruit drink before returning to your ship.

**Please note:** Tour involves moderate walking with steps at various sites. It is not suitable for guests with limited mobility and those who utilise a wheelchair. Comfortable rubber-soled shoes are recommended. Guests must be at least 21 years old to participate in the tasting of alcoholic beverages. Order of sites visited may vary. A minimum number of guests per guide are required for operation of this tour.

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## SLU-B / LUCIAN STYLE SEGWAY

DIFFICULTY




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Price:\$119; Duration:3.50 hrs



Experience 'gliding' island style on this fun, safe and environmentally friendly half-day Segway tour.

### Segway Orientation

Depart the pier by coach and make the journey north to the Segway Welcome Centre. Upon arrival, you will receive a safety briefing and instruction, followed by some practice time on the Segway Practice Track before beginning your adventure.

### Mount Pimard and Pebble Beach

Following your guide, glide over the scenic nature trail up beautiful Mount Pimard to enjoy breath-taking views of St. Lucia's dramatic West Coast. Along the route, your guide tells you about everything from the beautiful flowers and butterflies to the battles between the English and French for the fair 'Helen of the West', St. Lucia.

Continue on to your first stop, Pebble Beach where local fishermen are often seen hunting for dinner and many rock skipping contests have been waged. Next, head up the mountain side with many photo spots and educational stops along the way; stops such as the now sealed bunkers that once served as tunnels, storage and lookouts for the American military during World War II.

### Refreshments and Belle View Point

Arriving at the island's highest view point, Morne Pimard, enjoy refreshment consisting of local juices and fruits. You are invited to join in on a short optional walk up the volcanic masterpiece and experience 'Stone Face Fish Pond'; be sure to bring some fish food and your cameras. As

you begin your descent toward the beach, take a detour and enjoy Belle View Point for panoramic views of Pigeon Island, Reduit Beach, The Rodney Bay Marina and the Caribbean Sea.

### Beach Vistas

Enjoy a relaxing glide along the beach, passing the ever accommodating Lucian-Style Beach Hut and feeling the sea breeze cool your soul. Your Pimard experience comes to an enjoyable end upon your return to the centre.

Re-board your transfer for the short trip back to Castries and your awaiting ship.

**Please note:** This tour requires an extensive amount activity and guests must be in good physical condition to participate. A waiver/release is required to participate. This tour is not recommended for guests with limited mobility or those who utilise a wheelchair. We suggest wearing light-weight, comfortable clothing, rubber-soled footwear, sun protection and insect repellent. We recommend that guests bring a camera; each segway has a small bag attached that can be used to hold personal items. Helmets are provided and must be worn at all times while on the Segway. Elbow and knee pads are also provided; although we highly recommend their use, they are not mandatory. Minimum age to participate is 12 accompanied by parent. Guests must not exceed 250lb (113Kg) in weight.

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## SLU-C / HELI-FLIGHTSEEING OVER SOUTH ISLAND

DIFFICULTY



Price:\$199; Duration:0.75 hrs



Experience a bird's eye view of the Pitons, rainforest and beautiful sandy beaches during this helicopter flight-seeing excursion. There is no better way to enjoy St. Lucia's breathtaking scenery than from the air. This exhilarating 20-minute airborne experience ranks among the island's top sightseeing options.

A short transfer brings you to St. Lucia's Helipad at Vigie airport to board the helicopter and start your flightseeing adventure. Your aircraft flies over Castries Harbour and along the western shoreline of St. Lucia. The flight continues over Marigot Bay and heads south to Soufrière, where the majestic Pitons rise directly from the sea to the sky. The return flight takes you inland for a view of St. Lucia's volcanic hot springs and tropical rain forest. At the conclusion of your flight, return to the ship with the great feeling of having experienced St. Lucia in its entire natural splendour.

**Please note:** This tour requires a minimum amount of walking; however guests must be able to climb in and out of a helicopter. Operation of this tour depends on weather conditions. Participation in this tour is limited to 12 guests. Seating is at the discretion of the pilot and there may be a weight restriction of 220 pounds (100 kilograms). Flight is in 6-passenger helicopters with a minimum of six guests per helicopter. Flight time is approximately 20 minutes. The configuration of seating leaves one seat not next to a window. Seating assignments are done by weight and balance of the aircraft and a window seat cannot be guaranteed. Don't forget to bring your camera.

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## SLU-D / PITONS EXPERIENCE WITH LUNCH AT LADERA RESORT

DIFFICULTY



Price:\$229; Duration:6.00 hrs

Bask in the elegance of a tropical paradise during this unforgettable, full-day excursion to the exclusive Ladera Resort in the Piton mountains including a catamaran cruise from Marigot Bay.

### Castries, Morne Fortune Viewpoint and Soufriere

Depart the pier for the short drive through Castries to the Morne Fortune Viewpoint, which offers spectacular panoramic views over Castries Barbour. After your photo stop here, re-board your coach for about 1.5 hours drive traversing the rolling countryside, mountains and small villages to the town of Soufriere, home of the luxurious Ladera Resort.

### Ladera Resort and Lunch

St. Lucia's most renowned tropical getaway, Ladera was the first Caribbean resort to be rated #1 by the 'Conde Nast Traveler®'. Ladera's awe-inspiring setting is nestled in the foreground of the island's most notable landmark, the Pitons, an UNESCO World Heritage Site. Upon arrival, proceed for a gourmet lunch at the award-winning *Dasheene restaurant*, and some free time to explore this beautiful property. You will visit their herbal garden and possibly their wood work shop as they craft all their furniture on property.

### West Coast Cruise and Marigot Bay

Next, re-board your coach and drive to the Soufriere docks. Upon arrival, embark for a cruise back up the west coast and a swim at one of the bays along the West coastline. Your tour continues with a cruise into Marigot Bay, relax with refreshments, soak up the sun, and marvel at the verdant green hillsides and swaying palms that surround you. Your tour concludes with an approximately one-hour ride back to the pier.

**Please note:** This tour involves a moderate amount of walking for approximately 200 yards (about 183 meters) with a few steps to negotiate to get on/off the coach and embark/disembark the boat, six-ten steps leading to the Dasheen restaurant, and four-six steps within the restaurant. This tour is recommended for guests in good physical condition, and is not suitable for guests with heart and respiratory problems, guests with neck, back, leg and/or hip conditions, guests prone to seasickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach shoes or sandals, and bring sun protection, insect repellent and a towel from the ship. The use of Ladera Resort pool and other amenities is not included and it is reserved to Hotel guests. Free WIFI is

available throughout the resort. Guests must be 21 years of age to participate on this tour. The maximum height for each guest is approximately 74 inches (about 188 centimetres) to participate on this tour. The maximum weight is approximately 250 pounds (about 113.4 kilograms) to participate on this tour. Operation of this tour is subject to weather conditions. Space on this tour is very limited; we suggest you book in advance to avoid disappointment. A motor boat may occasionally be used instead of a catamaran for the return trip.

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**SLU-F / CATAMARAN CRUISE & SNORKEL**

DIFFICULTY



Price: \$89; Duration: 3.00 hrs

Embrace the exquisite natural beauty of St. Lucia from above and below sea-level during this swimming and snorkelling excursion via catamaran.

**Marigot Bay and Anse Cochon Marine Reserve**

Depart the pier on-board a motorized catamaran cruiser for your scenic cruise along the west coast of St. Lucia. Bypass Marigot Bay, one of the most beautiful bays in the Caribbean, en route to the idyllic Anse Cochon Marine Reserve.

**Swimming and Snorkelling**

Upon arrival, ample time is made available for guided swimming and snorkelling amidst the island's vibrant marine life, or just relaxing in the Caribbean sun. Following the snorkelling portion of the tour, relax with a selection of refreshments served on-board the catamaran. At the conclusion of your visit, commence the approximately 45-minute ride back to the pier.

**Please note:** This tour involves a moderate amount of activity and approximately 160 yards (about 146 metres) of walking, with a few steps to negotiate to get on/off the coach and embark/disembark the catamaran, and 6-10 steps to enter the water via the water ladder. This tour is recommended for guests in good physical condition, and is not suitable for guests with heart and respiratory problems, guests with neck, back, leg and/or hip conditions, guests prone to seasickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach shoes or sandals, and bring sun protection, insect repellent and a towel from the ship. Life jackets, snorkel vests, fins, masks, and snorkels are provided. Guests must be at least 13 years old to participate on this tour. Guests must be at least 21 years old to consume alcoholic beverages. The maximum weight is approximately 250 pounds (about 113.4 kilograms) to participate on this tour. Operation of this tour is subject to weather conditions. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

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**SLU-G / TRANOPY – AERIAL TRAM & ZIP-LINE ADVENTURE**

DIFFICULTY



Price: \$119; Duration: 5.00 hrs

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**SLU-H / AERIAL TRAM ADVENTURE**

DIFFICULTY



Price: \$109; Duration: 3.50 hrs



Discover the St. Lucian wilderness as it comes alive in the rainforest canopy during this half-day excursion.

The canopy is home to an enormous amount of flora and fauna that inhabits the rainforest. In their eagerness to search for light and space, many plants have colonised the treetops turning them into small ecosystems.

Fauna is very abundant throughout the tropical rainforests, however; animals are difficult to spot during the day. From the Aerial Tram you can also appreciate all the different shades of green as well as the various sizes and shapes that the leaves have created as a strategy to capture sunlight. The course is very secure and very quiet; this allows you to listen to the many different sounds of the rainforest.

Beginning from the pier on a fully air-conditioned bus, travel through the Capital city of Castries through the mountains to a village nestled over 2,000 ft. (600 metres) in the mountains. On your way, be treated to magnificent views of St. Lucia's beautiful country-side. The ride takes 30 minutes from the pier in the North of the island to the base station.

At the site, a brief orientation and safety instruction will be given, followed by your Aerial Tram journey into the rainforest. The Rainforest Sky Rides in St. Lucia provides the visitor with a bird's eye view of a truly mature Caribbean oceanic rainforest. Nurtured by warm, gentle rains and rich volcanic soils, St. Lucia's forests have achieved a state of ancient majesty.

Open-air gondolas safely glide you through and over the tree tops, where knotted and twisting woody vines wind to the tops of old growth rainforest trees. Dense thickets of surreal vegetation merge with cascades of flowers. Lavender stars, orange bursts, yellow berries and white lace thrive on the branches of fragrant flowering trees. Giant 'Chatannier', Magnolia, Gommier trees tower over the landscape and provide food and shelter for St. Lucia's endemic and endangered parrot. Here, the flowers bloom with shameless abundance. Experience St. Lucia's forest from a whole new perspective and witness this ancient celebration of colour and life with the option to walk the Fern Nature trail as well.

The *Hummingbird Café* and the Duty-free Amazonas Gift Shop are also available at the premises for your convenience.

This tour concludes at the pier.

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Please note: This tour requires a minimal amount of walking. All Rain Forest Sky Rides properties are non-smoking. For the optional walk, closed shoes or sandals are mandatory (no flip flops or high heels). It is also recommended to bring an umbrella or rain poncho in case of unexpected, island rain showers. This tour has neither age restrictions nor physical restrictions and is wheelchair accessible. However, due to the bus ride on windy roads, this tour is not recommended for guests who suffer from motion sickness. The transfer is approximately 30 minutes without guide or commentary. A signed waiver is required to participate in this excursion.

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**SLU-I / ST. LUCIA GOLF - SANDALS GOLF & COUNTRY CLUB**

DIFFICULTY



Price:\$259; Duration:2.50 hrs



Take a short drive through the city of Castries to the Northern end of the Island - Cap Estate - the most luxurious residential area on Island to the golf course. The Sandals Golf & Country Club is an 9 hole Par 71 course with total yardage of 6815. The course is very scenic with dramatic changes in elevation and rolling fairways.

Due to maintenance, the 18 hole course is closed until July 2019. Guests will be able to play the the front nine. It consists of 3307 yards and is for straight hitters, it has narrow landing areas and plenty of water and sand traps. Look out for Green No. 4 as the approach shot is a wedge into an island green which is 100 yards away and below you.

If guests are willing to, the 9 holes can be played twice for the same tour price. Transportation back to the ship is provided.

Please note: this tour involves moderate to extensive activity and includes green fees and roundtrip transportation. Club rental is \$30.00 per set, bucket of practice range balls is S\$6.00 per bucket of 40 balls, sleeve of new balls (Pinnacle) is US\$11.00 and rider fee is \$44.50. All prices quoted in USD and are subject to change without notice. Optional rentals and purchases are not a part of the programme and are to be paid directly to the pro shop. Golf attire is mandatory; no jeans, tee-shirts or tank tops permitted. Golfers may wear soft-spiked golf shoes.

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**SLU-L / JEEP SAFARI AND BEACH BREAK**

DIFFICULTY



Price:\$79; Duration:4.25 hrs



Explore the breath-taking natural beauty, sights, sounds and history of St. Lucia during this memorable Jeep excursion, rainforest trek, beach bar-b-q and a refreshing swim on a private beach.

**Castries Market, City Square, Morne Fortune Viewpoint, and Castries Harbour**

Depart the pier aboard an open-air Jeep for the scenic, approximately 45-minute drive to the Castries Waterworks Reserve. En route, pass by the bustling, colourful Castries Market, historic Roman Catholic Church and City Square named in honour of the island's second Nobel Laureate, Sir Derek Walcott. From here, take a short drive up Morne Fortune to the Morne Viewpoint for a spectacular panoramic view of the Castries Harbour.

**Chassin, La Sourcier Mountain, Castries Waterworks Reserve and Rainforest Walk**

Next, re-board your Jeep and proceed to Chassin, located in Babonnau at the foot of La Sourcier Mountain. Upon arrival, depart your Jeep for a guided nature walk in the Castries Waterworks Reserve, the oldest protected rainforest in St. Lucia. Along the way, your guide points out towering gommiers, impressive chatanniers and strangler ficus trees, alighted upon by hummingbirds and bananaquits. In addition, see and hear the plumage and calls of the birdlife that inhabit the Caribbean Oceanic forests, and stroll through the Hummingbird Gardens for a close-up view of these playful birds. Following a comfort and refreshment stop, browse the Amazona Gift Shop before re-boarding your Jeep for a drive through the picturesque St. Lucian countryside.

**Countryside Drive, Marquis Estate, Gros Islet, Pigeon Island Causeway, and Swimming**

The tour passes through small villages for an insight into the rural local lifestyle. After a photo stop at Marquis Estate, one of the first and largest banana plantations in St. Lucia, re-board your Jeep for a drive toward the northern coast of the island. Pass through the small town of Gros Islet with its historic Catholic Church, and then continue on to the Pigeon Island National Landmark, a picturesque 44 acre nature park with a secluded white-sand beach. Pigeon Island captures over a thousand years of diverse history. There are marked trails with a number of historical sites, like the remains of an 18th-century British fort, as well as Fort Rodney, where the British admiral spied on the French ships from its strategic viewpoint. The Park is also the major venue of St. Lucia's annual Jazz Festival.

Upon arrival, you will be served complementary beverages of bottled water, sodas, or rum punch. A BBQ lunch will also be served with choices of chicken/fish, along with seasoned rice, and salad. Options are then available to explore the historical sites, and/or relax on the secluded beach and take a refreshing swim in the azure waters of the Caribbean Sea. Complimentary beach chairs will be provided. At the conclusion of your visit, re-board your Jeep and commence the approximately 30-minute drive back to the pier.

Please note: This tour involves a moderate amount of off-road driving over bumpy and uneven natural surfaces and inclines, and a moderate amount of walking, at times over uneven, cobblestone and natural surfaces, with a few steep steps to negotiate to get on/off the Jeep and 200 steps during the rainforest walk. This tour is not suitable for pregnant guests, guests with neck/back problems, guests with heart/respiratory conditions, guests with limited mobility, and guests who utilise a wheelchair; guests must be able to get in/out of the Jeep without assistance. Guests must follow the safety instructions of their guides at all times, and, for safety reasons, must remain seated with

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their seatbelts fastened once the vehicle is in motion; the seatbelts are lap belts. Guests are advised to wear lightweight, comfortable clothing with flat, closed-toe walking shoes, and bring sun protection, insect repellent, a bathing suit and towel from the ship. Guests must be at least eight years old to participate on this tour. The minimum age to participate on this tour is 8 and maximum age 70 years old. Guests must weigh less than 270 pounds (about 122 kilograms) to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. The tour sequence may vary. A signed waiver is required to participate in this excursion.

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**SLU-M / MT. PIMARD NORTHERN SCENIC HIKE**

DIFFICULTY



Price:\$69; Duration:4.00 hrs

Embrace the scenic splendour of St. Lucia from a unique perspective during this exhilarating, half-day hiking excursion up Mt. Pimard.

**Castries, Rodney Bay and Mt. Pimard Hike**

Depart the pier for the scenic, approximately 30-minute drive to Rodney Bay, site of the base of iconic Mt. Pimard, a private nature reserve. Upon arrival, begin your guided extensive hike to its breathtakingly beautiful summit. Aside from hiking the Pitons, this is the only other mountain hike on St. Lucia that is surrounded by 180 degrees of water.

**Pigeon Point, Pitons, Mt. Gimmie, Reduit Beach, Gros Islet, and the Caribbean Sea**

During your ascent of Mt. Pimard, learn about the captivating history of St. Lucia. Upon reaching the summit, take in spectacular panoramic views from the northern part of the island. Sights to be seen include Rodney Bay, Pigeon Point, the Pitons (on a clear day), Mt. Gimmie, Reduit Beach, Gros Islet, and the Caribbean Sea. After descending Mt. Pimard, re-board your coach and commence the approximately 30-minute drive back to the pier.

**Please note:** This tour involves an extensive amount of walking and standing for approximately 3.5 miles (about 5.6 kilometres), at times over uneven and inclined natural surfaces, hills and inclines, with a few steps to negotiate to get on/off the coach and 20 steps at Mt. Pimard. This tour is recommended for guests in good physical condition only. This tour is not suitable for pregnant guests, guests with neck/back problems, guests with heart/respiratory conditions, guests with limited mobility, and guests who utilise a wheelchair. Lightweight, comfortable clothing with sturdy, closed-toe hiking shoes and sun protection are recommended. Guests must be at least 12 years old to participate on this tour. A signed waiver is required to participate on this tour. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

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**SLU-N / LET'S MAKE CHOCOLATE!**

DIFFICULTY



Price:\$99; Duration:2.25 hrs



Discover the secrets to preparing mouth-watering dark chocolate bars during an interactive chocolate-making class at the renowned Howelton Estate.

**Castries, Howelton Estate, Interactive Chocolate-Making Class**

Depart the pier for the short drive to the renowned, late-19th-century Howelton Estate. Upon arrival, proceed for a guided, tree-to-bar, chocolate-making class. This memorable class begins with the manual grinding of cocoa nibs, which have been broken down from dried trinitario beans grown on the island. Saint Lucia's trinitario cocoa beans are treasured by renowned chocolatiers for their aromatic indulgences on one's senses. Under the guidance of the house chocolatier, use a mortar and pestle to grind the nibs until they transform into liquefied chocolate. The breakdown process can take up to 45 minutes. Along the way, you can add in personal touches of desired flavours to create a unique, signature bar.

**Castries Harbour Views, Cellar Bar, Gift Shop, Chocolate Souvenir**

Throughout the class, learn about the many fascinating health benefits of trinitario dark chocolate. A 20-minute cooling-down period allows the liquefied chocolate to solidify after it has been put into its mould. During the break, you can take in spectacular panoramic views of the city, enjoy a beverage from the Cellar Bar or browse the duty-free gift shop. Following the break, class resumes and the end result is a beautiful, approximately 1.75-ounce (about 50-gram) dark chocolate bar that is foil-wrapped and presented to you to take home as perhaps your most distinctive souvenir of Saint Lucia. At the conclusion of your visit, re-board your coach and commence the short drive back to the pier.

**Please note:** This tour involves a minimal amount of walking for approximately 60 yards-70 yards (about 55 metres-64 metres), at times over concrete and tiled surfaces, with a few steps to negotiate to get on/off the coach and 25 steps at the Howelton Estate. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests with limited mobility, and guests who utilise a wheelchair. Lightweight, comfortable clothing with flat, closed-toe walking shoes and sun protection are recommended. Guests must be at least 16 years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

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**SLU-O / SPICES COOKING STUDIO**

DIFFICULTY



Price:\$149; Duration:3.50 hrs



Discover the unique flavours and cuisine of St. Lucia during this memorable, half-day cooking excursion with lunch.

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### Rodney Bay Village & Marina and Cap Estate

Depart the pier for the scenic, approximately 30-minute drive to the island's northern coast, and a visit to the Spices Cooking Studio. En route, pass by Rodney Bay Village, the Rodney Bay Marina and through the residential area of Cap Estate. The Spices Cooking Studio is a modern, beautifully decorated St. Lucian home that offers breath-taking views of the Atlantic side of the island and neighbouring homes.

### Spices Cooking Studio and Lunch

Upon arrival, visit the charming herb garden before proceeding to the Cooking Studio. After being welcomed with a local fruit juice or water and assigned to your shared cooking station, begin your memorable cooking experience. Learn the secrets behind traditional St. Lucian cooking, then dine al fresco (weather permitting) on the dishes you've helped to prepare. At the conclusion of your meal, re-board the coach and commence the approximately 30-minute drive back to the pier.

**Please note:** This tour involves a minimal amount of walking and a moderate amount of standing, with a few steps to negotiate to get on/off the coach and four-six steps at the cooking studio. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Lightweight, comfortable clothing, flat, rubber-soled walking shoes and sun protection are recommended. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

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## SLU-P / A DAY AT ROYALTON ST. LUCIA RESORT

DIFFICULTY



Price:\$199; Duration:7.00 hrs



Relax and unwind during this picturesque, full-day excursion to the idyllic Royalton St. Lucia Resort.

### Castries, North Coast, Cap Estate, Royalton Saint Lucia Resort

Depart the pier for the scenic, approximately 30-minute drive to the north of the island to Cap Estate. Upon arrival, proceed for a visit to the all-inclusive Royalton Saint Lucia Resort. Nestled amidst a lush, tropical landscape on one of the most picturesque Islands in the Caribbean, the Royalton Saint Lucia welcomes your arrival with upscale style and comfort enhanced by the exquisite beauty of St. Lucia.

### Sunbathing, Swimming Pools, Lunch

The Royalton Saint Lucia's elegant, modern facility, attentive staff and world class cuisine combine to create the ideal setting for your unforgettable, all-inclusive escape. During your visit, you can soak up the tropical sun, relax and swim in either of two sparkling swimming pools, where alcoholic and non-alcoholic beverages are available. Lunch is served at either the *Grazie Italian Trattoria* or *Gourmet Marche International Buffet* restaurants.

### White-Sand Beach, Caribbean Sea, Non-Motorised Water Sports, Gift Shop

After lunch, explore the white-sand beach, take a dip in the inviting, crystal-clear waters of the Caribbean Sea, and enjoy non-motorised water sports such as paddle-boarding, kayaking or Hobie Cat sailing. Before you leave, stop by the gift shop to browse for souvenirs. At the conclusion of your visit, re-board your coach and commence the approximately 30-minute drive back to the pier.

**Please note:** This tour involves a minimal amount of walking for approximately 50 yards-60 yards (about 46 metres-55 metres), at times over sandy and tiled surfaces, with a few steps to negotiate to get on/off the coach. Walking at the resort is at the discretion of each guest. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with beach or water shoes, and bring sun protection, insect repellent, a towel and change of clothing from the ship. The tour sequence may vary. Operation of this tour is subject to weather conditions. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

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## SLU-Q / SEE THE PITONS BY SPEED BOAT

DIFFICULTY



Price:\$99; Duration:2.50 hrs



Enjoy a scenic exhilarating cruise along the island's west coast, bypass fishing villages before arriving in the Soufriere Bay to view the magnificent Pitons.

### West Coast Cruise

Depart the pier on board a Bowen or Cigarette speedboat for the scenic, approximately 45-minute cruise down the rugged west coast of St. Lucia. En route, pass by the fishing villages of Anse La Raye and Canaries, Sugar Beach, and the Jade Mountain and Anse Chastanet resorts.

### Soufriere Bay, Pitons

Upon arrival at Soufriere Bay, cruise around the bay and marvel at the breath-taking views and photo opportunities of the Pitons, an UNESCO World Heritage Site. Named one of the 'Top Ten Wonders of the World', the Pitons are two mountainous volcanic spires located in Saint Lucia. The Gros Piton is approximately 2,530 feet (about 771 metres) high, and the Petit Piton is 2,438 feet (about 743 metres) high; they are linked by the Piton Mitan ridge.

### Swimming and Snorkelling

Next, cruise back up the west coast. Along the way, a stop is made for a guided swimming and snorkelling session to explore the exquisite coral beds, tropical fish and marine life. Afterward, head to Marigot Bay. One of the most beautiful bays in the Caribbean, Marigot Bay served as a film

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location for *Dr. Doolittle*, starring Rex Harrison, and *Firepower*, starring James Coburn and Sophia Loren. Upon arrival at Marigot Bay, take in spectacular panoramic views of the Capella Resort, shopping plaza and yachts from all over the world. At the conclusion of your tour, commence the approximately 20-minute cruise back to the pier.

Please note: This tour involves an minimal amount of walking for approximately 50 yards-60 yards (about 46 metres-55 metres), with a few steps to negotiate to embark/disembark the speedboat. Guests willing to snorkel must be able to climb off and on a ladder at the back of the boat in order to enter the water. This tour is recommended for guests in good physical condition. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone to seasickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with rubber-soled shoes, sandals or flip-flops, and bring sun protection, insect repellent and a towel from the ship. Guests must be at least eight years old to participate on this tour. Snorkelling equipment and safety vests provided. The maximum weight of each participating guests must not exceed 250 pounds (about 113 kilograms). There are no changing facilities on board the boat. Waterproof cameras are highly recommended. Although frequently encountered on this type of tour, marine life sightings are not guaranteed. Guests may not snorkel if they have consumed alcohol. A signed waiver is required to participate on this tour. The tour sequence may vary. Operation of this tour is subject to weather conditions. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

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### SLU-S / BIKING AND WATERFALL HIKE

DIFFICULTY



Price:\$79; Duration:4.00 hrs



Explore Castries and its surrounds in a scenic and invigorating new way during this memorable, half-day biking and hiking excursion.

#### **Castries, Banana Plantations, Fruit Trees, Anse La Raye Village, Bicycle Ride, Church**

Depart the pier aboard a bus or open-back Jeep for the scenic, approximately 45-minute drive to the fishing village of Anse La Raye. En route, drive past portions of banana plantations and various tropical fruit trees. Upon arrival at Anse La Raye, receive your safety and biking instructions, helmet and bicycle, then begin your short, guided ride through the village with its old historic Roman Catholic Church.

#### **Forest, Flora and Fauna, Waterfall, River-Pool**

Next, ride along a country road for fun and adventure. The trail takes you through the outskirts of a lush secondary forest, accompanied by bird songs, fresh air and a gurgling river. Be one with nature, and experience some of the island's fascinating flora and fauna from up-close. During your journey, a stop is made for an exhilarating hike to a picturesque waterfall. After a photo stop here, hop back on your bikes for the short ride to a natural, freshwater river-pool. Upon arrival, take a refreshing dip in the cool mountain water.

#### **Anse La Raye Village, Jag Restaurant**

Leaving the river pool, return to Anse La Raye Village for a refreshment and comfort stop at the *Jag* restaurant. Afterward, some free time is made available for a quick stroll through the village. At the conclusion of the village, re-board your coach for the approximately 45-minute drive back to the pier.

Please note: This tour involves a moderate amount of biking and hiking, at times over uneven, cobblestone, natural, and slippery surfaces, hills and inclines, with a few steps to negotiate to get on/off the coach. Walking at Anse La Raye Village is at the discretion of each guest. This tour is recommended for guests in good physical condition. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with shoes or sneakers suitable for bike-riding and hiking, and bring sun protection, insect repellent and a towel from the ship; bare backs are not permitted on this tour. Guests must be at least 13 years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Nudity is not permitted on Saint Lucian beaches. Safety helmets are provided, and must be worn at all times during the biking portion of the tour. A signed waiver is required to participate on this tour. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

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### SLU-T / WHALES AND DOLPHINS WATCHING

DIFFICULTY



Price:\$149; Duration:3.50 hrs



Observe the abundant whales, dolphins and marine life off the western coast of St. Lucia during this panoramic, half-day, whale- and dolphin-watching excursion.

#### **Castries, Rodney Bay Marina, Sea Hunter Boat**

Depart the pier for the short drive to the Rodney Bay Marina. Upon arrival, receive your safety and tour instructions, then embark your awaiting, 38-foot-long (about 11.6-metre-long) Bertram fishing boat, the *Sea Hunter*. Its spacious upper-sun deck and comfortable lower-shaded deck area provide the perfect viewing platform for the wondrous sights in store for you.

#### **Caribbean Sea, West Coast, Whale, Dolphin and Turtle Species**

The blue waters of the Caribbean Sea surrounding the lush tropical island of St. Lucia are home to abundant marine species, including sperm, humpback and pilot whales and orcas, as well as spinner, spotted, Fraser and common dolphins. This excursion enjoys an 85% sighting average, and breath-taking panoramic views of the west coast of St Lucia at the same time.

#### **Whale-, Dolphin- and Turtle-Spotting, Rodney Bay Marina, Gift Shop**

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Whilst searching for whales and dolphins, about the different types of mammals and their habits, receive tips on safe and responsible dolphin- and whale-spotting, and participate in spotting the mammals. It is also quite possible to spot marine turtles as they surface for air. Hawksbill, greenback and leatherback are common in these waters. Complimentary rum punch, sodas and water are served on board. At the conclusion of the tour, commence the return ride back to the Rodney Bay Marina. Following a brief stop to browse the marina's gift shop, re-board your coach and commence the short drive back to the pier.

**Please note:** This tour involves a minimal amount of walking, with a few steps to negotiate to get on/off the coach, embark/disembark the boat and access the viewing platform. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone to seasickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear lightweight, comfortable clothing with rubber-soled shoes, sandals or flip-flops, and bring sun protection, insect repellent and a towel from the ship. Guests must be at least 12 years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. Guests weighing more than 250 pounds (about 113 kilograms) are required to pay a surcharge to participate on this tour. Waterproof cameras and binoculars are highly recommended. Although frequently encountered on this type of tour, marine life sightings are not guaranteed. A signed waiver is required to participate on this tour. The tour sequence may vary. Operation of this tour is subject to weather conditions. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

**SLU-U / SOUFRIERE GEMS**

DIFFICULTY



Price:\$149; Duration:6.00 hrs



Embrace the splendid tropical beauty of Soufriere and its surrounds by land and sea during this scenic, half-day sightseeing excursion with lunch. **Castries, Rodney Bay Marina, Catamaran-Ride, West Coast, Fishing Villages, Pitons**

Depart the pier for the short drive to the Rodney Bay Marina. Upon arrival, receive your safety and tour instructions, then embark your awaiting, speed boat for the exhilarating ride to Soufriere. En route, glide along the picturesque west coast of St. Lucia, see quaint fishing villages and the majestic Pitons, an UNESCO World Heritage Site.

**Soufriere, Sulphur Springs or Mud Baths, Botanical Gardens, Diamond Falls, Warm Pools, Lunch**

Upon arrival in Soufriere, board a coach and drive to the Sulphur Springs or Mud Baths. During your visit, you can soak in the naturally flowing, hot sulphur waters or mud baths that are renowned for their therapeutic properties. During your soothing and relaxing soak, enjoy the beauty and serenity of your surrounds. Next, re-board your coach and proceed for the beautiful Botanical Gardens. Upon arrival, take a guided walking tour of the gardens and Diamond Falls, an exquisite waterfall. Weather-permitting, you can take a dip in the warm pools. Following your visit, proceed for a buffet lunch at Villa des Piton on the Bay.

**Soufriere, Pirate's Cove, Marigot Bay, Rodney Bay Marina**

After lunch, re-board your coach and transfer back to the Soufriere docks, then embark your boat and visit Pirate's Cove en route to a quick turnaround at Marigot Bay. This fascinating bay served as a former hiding-place of the British Navy during the Napoleonic wars, and, more recently, a motion picture setting. Leaving Marigot Bay, sail back to the Rodney Bay Marina, then re-board your coach and commence the short drive back to the pier.

**Please note:** This tour involves a moderate amount of walking for approximately 440 yards (about 402 metres), at times over uneven and cobblestone surfaces and inclines, with a few steps to negotiate to get on/off the coach and embark/disembark the boat, and at Sulphur Springs, the Mud Baths and Botanical Gardens. This tour is recommended for guests in good physical condition. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone to seasickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up with flat, closed-toe walking shoes, and bring sun protection and a towel from the ship. Guests must be at least 12 years old to participate on this tour. Guests must be at least 21 years old to be served alcoholic beverages. A signed waiver is required to participate on this tour. The tour sequence may vary. Operation of this tour is subject to weather conditions.

## Silver Shore "Privato"

Explore the surrounding at your leisure during your private tour. Customize your own itinerary or choose to see and overview of the area's highlights. Please note: This tour is non-refundable if cancelled within 48 hours prior to arrival in the port. Actual vehicle type varies depending on availability. Guide is English-speaking. The price, exclusive of meals, entrance fees and gratuities, is per vehicle. Therefore, when making your reservation, please indicate the number of vehicles, not the number of guests. Only one person in the party needs to reserve this program. Please see the Shore Concierge Office on board the ship to arrange your individual itinerary

**SLU-R1 / SOUFRIERE PRIVATE DISCOVERY BY MINIVAN**

DIFFICULTY



Price:\$399 ; Duration:7.50 hrs ; Capacity:25



Experience the must-see sights of Saint Lucia with your spouse, partner, family members, travel group and/or loved ones during this exclusive and private, full-day sightseeing excursion to Soufriere.

**Castries, Soufriere, Pitons**

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Depart the pier for the scenic, approximately 1.5-hour drive aboard your private minivan through dense forests and lush vegetation en route to the legendary town of Soufriere, where you are welcomed by a magnificent view of the majestic Pitons. These twin volcanic peaks rise triumphantly out of the Caribbean Sea, and have been designated an UNESCO World Heritage Site.

#### Nature Tour Options

Upon arrival in Soufriere, your customised itinerary kicks in. You can choose any two of the following four options:

- 1) Experience the world's only drive-in volcano to bask in the therapeutic waters of the bubbling Sulphur Springs, known as the 'Fountain of Youth'.
- 2) Stroll about the lush Botanical Gardens, where you can explore St. Lucia's natural bounty and visit its Sulphur Waterfall.
- 3) Hike along the captivating Tete Paul Nature Trail, which boasts the finest views of the Pitons available from land.
- 4) Relax, unwind and take a refreshing dip in the beautiful Toraille Falls, one of St. Lucia's tallest swimmable waterfalls.

#### Creole Lunch, Marigot Bay Viewpoints, Morne Fortune Viewpoint

Upon completion of your two tour options, proceed for a Creole lunch at a local restaurant. After lunch, re-board your minivan and begin the return drive to Castries, with photo stops at the Marigot Bay and Morne Fortune viewpoints en route. Leaving Morne Fortune, commence the short drive back to the pier.

**Please note:** This tour involves a moderate amount of walking, at times over uneven, cobblestone, natural, and slippery surfaces, hills and inclines, with a few steps to negotiate to get on/off the coach and 15 steps to access the Sulphur Springs Viewpoint. This tour is recommended for guests in good physical condition. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone to motion sickness, guests with limited mobility, and guests who utilise a wheelchair. Lightweight, comfortable, cotton clothing with flat, closed-toe walking shoes and sun protection are recommended; suggestive clothing is prohibited. Guests wishing to soak in the Sulphur Springs are advised to wear a swimsuit under a cover-up with flat, closed-toe walking shoes, and bring a towel and change of clothing from the ship. All children must be accompanied by a parent or guardian. Guests must be at least 21 years old to be served alcoholic beverages. The driving distance between the pier and Soufriere is approximately 1.5 hours in each direction. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment. A limited number of private minivans are available on request, with a maximum of four passengers. The price of this tour is for two guests; additional passengers (up to four) will be charged an additional cost TBC. Only one guest in the party needs to reserve this excursion.

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SLU-R2 / SOUFRIERE PRIVATE DISCOVERY BT MINIBUS

DIFFICULTY



Price:\$769 ; Duration:7.50 hrs ; Capacity:25




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Experience the must-see sights of Saint Lucia with your spouse, partner, family members, travel group and/or loved ones during this exclusive and private, full-day sightseeing excursion to Soufriere.

#### Castries, Soufriere, Pitons

Depart the pier for the scenic, approximately 1.5-hour drive aboard your private minibus through dense forests and lush vegetation en route to the legendary town of Soufriere, where you are welcomed by a magnificent view of the majestic Pitons. These twin volcanic peaks rise triumphantly out of the Caribbean Sea, and have been designated an UNESCO World Heritage Site.

#### Nature Tour Options

Upon arrival in Soufriere, your customised itinerary kicks in. You can choose any two of the following four options:

- 1) Experience the world's only drive-in volcano to bask in the therapeutic waters of the bubbling Sulphur Springs, known as the 'Fountain of Youth'.
- 2) Stroll about the lush Botanical Gardens, where you can explore St. Lucia's natural bounty and visit its Sulphur Waterfall.
- 3) Hike along the captivating Tete Paul Nature Trail, which boasts the finest views of the Pitons available from land.
- 4) Relax, unwind and take a refreshing dip in the beautiful Toraille Falls, one of St. Lucia's tallest swimmable waterfalls.

#### Creole Lunch, Marigot Bay Viewpoints, Morne Fortune Viewpoint

Upon completion of your two tour options, proceed for a Creole lunch at a local restaurant. After lunch, re-board your minibus and begin the return drive to Castries, with photo stops at the Marigot Bay and Morne Fortune viewpoints en route. Leaving Morne Fortune, commence the short drive back to the pier.

**Please note:** This tour involves a moderate amount of walking, at times over uneven, cobblestone, natural, and slippery surfaces, hills and inclines, with a few steps to negotiate to get on/off the coach and 15 steps to access the Sulphur Springs Viewpoint. This tour is recommended for guests in good physical condition. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone to motion sickness, guests with limited mobility, and guests who utilise a wheelchair. Lightweight, comfortable, cotton clothing with flat, closed-toe walking shoes and sun protection are recommended; suggestive clothing is prohibited. Guests wishing to soak in the Sulphur Springs are advised to wear a swimsuit under a cover-up with flat, closed-toe walking shoes, and bring a towel and change of clothing from the ship. All children must be accompanied by a parent or guardian. Guests must be at least 21 years old to be served alcoholic beverages. The driving distance between the pier and Soufriere is approximately 1.5

hours in each direction. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment. A limited number of private minibuses are available on request, with a maximum of 12 passengers per minibus. The price of this tour is for four guests; additional passengers (up to 12) will be charged an additional cost of 199USD per person. Only one guest in the party needs to reserve this excursion.

## November 09 2018, Friday

# St George's - Grenada

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### GND-A / AROUND THE ISLE OF SPICE

DIFFICULTY



Price:\$119; Duration:7.00 hrs



Indulge your senses with the picturesque beauty and enticing aromas of the 'Isle of Spice' during this full-day sightseeing excursion through Grenada.

#### Dougaldston Estate and Gouyave Nutmeg Factory

Depart the pier for the scenic, approximate 45-minute drive along the picturesque west coast of Grenada en route to the Dougaldston Estate. Upon arrival, receive an introduction to the spices of the island. From here, re-board your coach for the drive to the Gouyave Nutmeg Factory. During your visit, learn about the many uses for nutmeg, and observe how nutmeg and mace are seasoned, processed and sorted.

#### 'Carib Leap' and River Antoine Rum Distillery

Next, drive northward for a magnificent view of the Grenadine Islands and a visit to the 'Carib Leap'. Here, the last fighting Caribs committed suicide in 1651, overwhelmed by the prospect of French rule. Your tour continues with a visit to the River Antoine Rum Distillery. Established in 1785, it is the oldest working distillery in the Caribbean. Despite its age, the River Antoine Rum Distillery is especially well-planned with environmentally-friendly features.

#### Belmont Estate and Grand Etang Lake

Following your visit to the distillery, re-board your coach and drive to the *Belmont Estate*. Upon arrival at this plantation house, proceed for a typical Creole lunch accompanied by splendid vistas of the surrounding estate. After lunch, take the rainforest road to Grand Etang for a visit to Grand Etang Lake, which fills the crater of one of the island's extinct volcanoes. The lush rainforest surrounding the lake is home to the Mona monkey, and diverse flora and fauna.

This tour concluded's at the pier.

**Please note:** This tour involves a minimal amount of walking for approximately 0.2 miles (about 0.3 kilometres), with 20 steps to negotiate at the Gouyave Nutmeg Factory and ten steps to negotiate at the River Antoine Rum Distillery. The Belmont Estate is closed on Saturdays. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Guests are advised to wear lightweight, comfortable clothing and bring sunscreen, a hat and sunglasses from the ship. Photography is not permitted inside the Gouyave Nutmeg Factory. A minimum number of guests per guide is required for operation of this tour.

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### GND-B / SNORKELLING CHAMPAGNE LOBSTER CRUISE

DIFFICULTY



Price:\$159; Duration:6.00 hrs



Experience the splendid beauty and marine life of Grenada during this snorkelling, champagne and lobster cruise to idyllic Hog Island.

#### Grenada Underwater Sculpture Park Snorkelling

Depart the pier for the brief transfer to the Shadowfax Jetty, then embark your boat and proceed to snorkel at the Grenada Underwater Sculpture Park, the world's first underwater sculpture gallery. After the bay got damaged by storm surge, the sculptures were designed to assist in the regeneration of the area by providing habitat for marine life and by providing new surfaces for corals to grow upon. Upon arrival at the Underwater Sculpture Park, receive your snorkel gear and safety instructions before commencing your guided, approximate one-hour snorkel tour.

#### Hog Island and Lobster Lunch

Next, set sail along the scenic southwest Caribbean coast of Grenada towards Point Salines, the southernmost point of Grenada. From here, sail upwind on the Atlantic side of Grenada en route to secluded Hog Island. Take a swim, explore this 'Robinson Crusoe Island' or simply relax and soak up the tropical sun before dining on a lobster lunch served with champagne and wine.

Following your memorable visit to Hog Island, embark your boat for the approximate 1.5-hour sail back to St. George's Harbour. Upon arrival at the Shadowfax Jetty, transfer back to the pier.

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Please note: This tour involves a minimal amount of activity. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Guests wishing to enter the water, must be able to swim and in good physical condition, are advised to wear a swimsuit under a cover-up with water shoes, sun protection and bring a towel from the ship. A complimentary open bar with snacks, beach games, and snorkelling gear and instructions are included during this excursion. Alcoholic beverages will only be served to guests over the age of 21 and only after completion of the snorkelling portion of this tour. If guests prefer a dish other than lobster, they may request chicken or fish directly to their guide upon departure from the ship.

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**GND-C / RUM AND BEACH**

DIFFICULTY




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 Price:\$59; Duration:3.50 hrs
 

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Embrace the scenic beauty and flavours of Grenada during this half-day excursion to the Clark's Court Rum Distillery, and a relaxing visit to Morne Rouge Beach.

**Clark's Court Rum Distillery**

Depart the pier for the brief drive to St. George's, located in the southern part of the island. Upon arrival, proceed for a visit to the Clark's Court Rum Distillery, founded in 1937 and adjacent to sugarcane fields.

During your guided tour of the factory, learn about the distilling process from sugar cane, syrup and molasses to rum, and also the ageing and blending processes involved in the production of rum. In addition, see old steam engines dating as far back as 1886 that are still in use today. Following your guided tour, sample the distillery's award-winning rums and receive recipes describing different ways to mix and serve rum.

**Morne Rouge Beach**

Next, your drive continues on to Morne Rouge Beach, a secluded, white-sand beach graced by crystal-clear waters and almond trees offering natural shade. Your two-hour visit includes beach chairs, restroom facilities with changing rooms, showers and two complimentary beverages. You can swim, explore the beach or simply relax with a refreshing drink and soak up the tropical sun. Afterward, re-board your coach for the brief drive back to the pier.

Please note: This tour involves a minimal amount of walking, with 24 steps to negotiate inside the Clark's Court Rum Distillery. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Guests must be at least 21 years old to participate in the tasting's of alcoholic beverages. Guests are advised to wear a swimsuit under a cover-up, sun protection and bring a towel from the ship.

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**GND-D / TROPICAL BEACH TOUR**

DIFFICULTY




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 Price:\$46; Duration:3.75 hrs
 

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Discover the history and seaside beauty of Grenada during this picturesque, half-day excursion to Fort George, and a relaxing visit to a secluded beach.

**Fort George**

Depart the pier for the brief transfer through a labyrinth of roads en route to Fort George. Built in the early-18th century on a volcanic spine 175 feet (53 metres) above St. George's Harbour, Fort George offers spectacular panoramic views of the small capital and the Caribbean Sea. During your guided tour, learn about the history of the fort and Grenada.

**Beach Visit**

Next, your drive continues on to a secluded, white-sand beach located on the southern point of Grenada. Your two-hour visit includes beach chairs, restroom facilities with changing rooms, showers and a complimentary beverage. You can swim, explore the beach, sunbathe or simply relax with a refreshing drink in the shade of a sea grape tree. Afterward, re-board your coach for the brief drive back to the pier.

Please note: This tour involves a moderate amount of walking, with 30 steps to negotiate at Fort George. This tour is recommended for guests in good physical condition, and is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear a swimsuit under a cover-up, sun protection and bring a towel from the ship.

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**GND-E / NUTMEG AND WATERFALL**

DIFFICULTY




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 Price:\$59; Duration:4.00 hrs
 

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Explore the pristine natural beauty and history of Grenada during this half-day sightseeing excursion, and a memorable visit to Concord Falls.

**Dougaldston Estate and Gouyave Nutmeg Factory**

Depart the pier for the scenic, approximate 45-minute drive along the picturesque west coast of Grenada en route to the Dougaldston Estate. Upon arrival, receive an introduction to the spices of the island. From here, re-board your coach for the drive to the Gouyave Nutmeg Factory. During your visit, learn about the many uses for nutmeg, and observe how nutmeg and mace are seasoned, processed and sorted.

**Concord Falls**


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Next, proceed for a visit to Concord Falls, where nutmeg and cocoa trees grow along the flanks of the hills in the tropical forest. Upon arrival, relax with a complementary drink and take a refreshing swim in the lovely natural waterfall-pool. Following your visit, commence the approximate 45-minute drive back to the pier.

Please note: This tour involves a moderate amount of walking for approximately 150 yards (about 137 metres), with 20 steps to negotiate at the Gouyave Nutmeg Factory and ten steps to negotiate at Concord Falls. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Extra caution must be exercised if the pathways are wet, as they can become quite slippery. Guests are advised to wear a swimsuit under a cover-up, sun protection and bring a towel from the ship. The tour sequence may vary. Photography is not permitted inside the Gouyave Nutmeg Factory.

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## GND-F / ECO TREK AT BAMBOO FALLS

DIFFICULTY



Price:\$59; Duration:3.50 hrs

Experience the natural splendour of Grenada on-foot during this hiking excursion at the Bamboo Waterfall.

### Grand Etang

Depart the pier for the scenic, approximately 45-minute drive to Grand Etang. Located high up in the mountains of the island's interior, Grand Etang's varied elevations and terrains boast several different ecological subsystems, culminating in the elfin woodlands high up the slopes of the reserve's central mountains. At an altitude of 1,476 feet (450 meters), this small mountainous territory is rooted in sheer rock, with towering mahogany and giant gommier trees of up to 131 feet (40 meters) in height. Grand Etang's flora also includes a multitude of ferns, tropical flowers and other indigenous plants. The lush vegetation provides shelter for a wide variety of animal, reptile and bird species.

### Private Plantation and Bamboo Waterfall

Next, begin your guided trek through the heart of the tropical rainforest. Your trek will involve a challenging hike over muddy terrain and river crossing before reaching the idyllic Bamboo Waterfall. En route, pass through a private plantation with cocoa, nutmeg and banana trees. Upon arrival at the Bamboo Waterfall, you may opt to take a relaxing soak. Afterward, your eco-trek concludes with a refreshment stop at Grand Etang before commencing the approximately 40-minute drive back to the pier.

Please note: This tour involves an extensive amount of walking for approximately 1.5 miles (about 2.4 kilometres), with uneven and muddy surfaces, inclines, and 2 river crossings. This tour is recommended for guests in good physical condition, and is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests must be at least eight years old to participate on this tour. Guests are advised to wear a swimsuit under a cover-up with closed-toe trekking shoes or sneakers, and bring sunscreen, a hat, sunglasses, towel and a bottle of water from the ship. A signed waiver is required to participate on this tour. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.

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## GND-G / ACCESSIBLE GRENADA

DIFFICULTY



Price:\$129; Duration:4.00 hrs



This accessible Grenada shore excursion combines the best highlights of the island. Explore the local Spice Market on Market Street in St. George, visit a local nutmeg factory, experience the Dougaldston Spice Processing plant, and enjoy a scenic drive through the beautiful Grand Etang National Park.

Start your day by meeting your friendly guide/driver by the cruise dock and begin short drive to the first stop of the day, in the old parts of the center of St. George's. Here, you will explore the hub of the town, Market Square, where you'll enjoy browsing the colorful local Spice Market. Experience the authentic island atmosphere and smell of nutmeg, cocoa and vanilla, as you stroll through a wide array of island spices, gifts and souvenirs for sale.

The next stop of your day is a local Nutmeg factory. Here, you will see the processing steps of nutmeg and learn about the importance of nutmeg for the island's history and economy. Nearby, you will visit the Douglaston spice depot, where you will enjoy a short presentation of all the spices produced here including cinnamon, pimento, clove, bay leaves, turmeric, ginger, and mace.

The final part of your day will be spent on a scenic drive through the beautiful rain forest. Enjoy views of lush volcanic mountains and tropical flora, and see the many spice, cocoa and banana plantations peppered throughout the landscape. If you are lucky, you may even see some local Mona monkeys! You will arrive to the mesmerizing Grand Etang National Park where you will have a chance to visit the onsite visitor center. Here, you will learn about how the Caribbean Islands were formed, the local weather and plants and how the volcanic Crater Lake was formed. There will also be time to enjoy the spectacular views, purchase snacks and beverages, do some souvenir shopping.

Please Note: This tour is designed to be accessible for all guests. It is suitable for guests on a wheelchair who can transfer to a seat. Full time wheelchair users, are kindly requested to contact [shoreconciierge@silversea.com](mailto:shoreconciierge@silversea.com) in order to provide further details and determine if the tour is suitable for them. The tour route avoids steps and stairs. Accessible bathrooms with wide doors for wheelchairs are present along the tour route. An accessible vehicle with a wheelchair lift or ramp will be used for transportation. Guides are not allowed to push wheelchairs. The number of accessible vehicles is extremely limited and guests are encouraged to make their accessible shore excursion reservations in



advance. A minimum participation of 5 guests is required to operate the excursion at the advertised rate. Cancellation deadline is 7 days prior the date of the excursion.

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**GND-I / POWERBOAT AND SCULPTURE PARK SNORKELLING**

DIFFICULTY




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 Price:\$79; Duration:2.00 hrs
 

Climb aboard the Coast Guard-approved RIB (Rigid Inflatable Boat) and onto your jockey seat to enjoy a fun ride on board the fastest tour boat in Grenada.

Departing from the jetty next to the ship's pier, set off on a fast and fun ride over the crystal waters of the Caribbean. After a short safety briefing, head north along Grenada's sheltered western coast. During your tour learn about the Spice Isle; the ecology, wildlife, geography and local history of Grenada.

**Grenada Underwater Sculpture Park Snorkelling**

The boat stops for approximately 40 minutes so snorkellers may explore one of Grenada's foremost snorkel site: Grenada Underwater Sculpture Park, the world's first underwater sculpture gallery. After the bay got damaged by storm surge, the sculptures were designed to assist in the regeneration of the area by providing habitat for marine life and by providing new surfaces for corals to grow upon.

Receive your snorkel gear and safety instructions before commencing your guided snorkel tour. Non snorkellers are free to stay on board and enjoy a soft drink with your Captain.

After your snorkel, recharge with a soft drink before racing off for another hour of fun exploring and capturing some great photo opportunities.

Your tour visits the historic town of St George's where you cruise the protected inner harbor of one of the prettiest towns in the Caribbean, before one last blast back to the dock to disembark.

**Please note:** This tour requires an extensive amount of activity. Guests are required to sign a waiver to participate in this tour. Guests must be in good physical condition, able to swim and negotiate a swim ladder to re-board the boat after the snorkelling stop. All necessary snorkelling equipment is provided, along with instructions on its use. It is suggested guests wear a swimsuit under a cover-up, sun protection and bring a towel from the ship. Itinerary and snorkel site are subject to change due to sea and weather conditions. The minimum age to participate is 8 years old. This tour is not recommended for pregnant women. The maximum weight for participants is 275 pounds (125 kilograms or 20 Stone). The boat offers only minimal shade.

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**GND-J / GOLDEN NUTMEG & DIAMOND CHOCOLATE**

DIFFICULTY




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 Price:\$59; Duration:4.00 hrs

Embrace the splendid beauty and aromatic flavours of Grenada during this memorable, half-day sightseeing excursion.

**Gouyave Nutmeg Factory and Processing Station**

Depart the pier for the scenic, approximately 50-minute drive to the island's west coast, and a visit to the Gouyave Nutmeg Processing Station. Upon arrival, enter through the high walls of this historic facility and take a guided walking tour. Along the way, learn about and observe how nutmeg is harvested, processed, and exported utilising traditional methods. Following your tour, re-board your coach and proceed to Diamond Chocolate.

**Diamond Chocolate Tour and Tasting**

Diamond Chocolate produces 'Jouvay' organic chocolate, which now ranks among the top 10 best chocolates in the world according to *National Geographic*. Upon arrival, take a guided stroll through its delightful Cocoa Tree Garden, home to cocoa, clove, pimiento, nutmeg, flowers, and fruit. Afterward, tour the Diamond Chocolate plant. Learn about the history of the company and the production of chocolate from tree-to-bar, and see the machines involved in the processing and shipping processes. Following your walking tour, proceed for tasting of this unique and delicious chocolate, along with freshly-made organic fruit juice. At the conclusion of your visit, re-board your coach and commence the approximately one-hour drive back to the pier.

**Please note:** This tour involves a moderate amount of walking for approximately 150 yards (about 137 metres), at times over uneven surfaces, with a few steps to negotiate to get on/off the coach, and 20 steps at the sites visited. This tour is not suitable for guests with limited mobility, guests who utilise a wheelchair and guests with motion sickness. Streets are narrow and curved and the ride is bumpy. Lightweight, comfortable clothing with flat, closed-toe walking shoes and sun protection are recommended. Photography is not permitted inside the Gouyave Nutmeg Processing Station. The tour sequence may vary.

November 10 2018, Saturday

## Bridgetown - Barbados

**BGI-E / FAREWELL BARBADOS (TOUR & AIRPORT TRANSFER)**

DIFFICULTY



Price:\$69; Duration:4.00 hrs

Guests with flights departing Barbados after 3:00 p.m. can explore the island's coastal beauty during this picturesque, half-day sightseeing excursion.

**Scenic West Coast Drive**

Depart the pier for the scenic, approximately 55-minute drive to Bathsheba. En route, ride along the scenic west coast, known as the 'Platinum Coast' for its famous celebrity and wealthy residents, then drive north across sleepy and quaint country villages dotted with chattel houses.

**Bathsheba Beach and St. John's Church**

Upon arrival at idyllic Bathsheba Beach, take a stroll on this world-renowned surfing beach. Marvel at dramatic views of the rugged coastline, pounding Atlantic surf and intricately-carved wooden pulpit made with over 30 types of wood. Leaving the beach, re-board your coach and head to St. John's Church for stunning views of the Atlantic coastline.

**Gun Hill Signal Station**

Next, proceed to Gun Hill Signal Station. Located in the centre of the island, Gun Hill was a former military post and lookout during World War II, and offers wonderful panoramic views of the island.

Your tour will conclude with a transfer to the airport.

**Please note:** This tour and airport transfer, concluding at the Bridgetown Grantley Adams International Airport, is offered only to guests with flights departing after 3:00 pm. This tour involves a moderate amount of walking for approximately 0.5 miles (0.8 kilometres), at times over uneven surfaces, with few steps to negotiate to get on/off the coach, four steps to access the beach at Bathsheba and 10 steps into the Tower at Gun Hill. Lightweight, comfortable clothing, flat, closed-toe walking shoes and sun protection are recommended; camouflage clothing is not permitted.

**BGI-N / BARBADOS HIGHLIGHTS WITH LUNCH (TOUR & AIRPORT TRANSFER)**

DIFFICULTY



Price:\$89; Duration:5.00 hrs



Guests with flights departing Barbados after 4:30 p.m. can explore the island's historical and natural beauty during this picturesque, half-day sightseeing excursion.

**Orchid World**

Board your coach for a 30 minute ride and reach the gardens at Orchid World. Walk along meandering pathways and enjoy thousands of Orchids as well as the stunning views in the Orchid houses. The views of the coast line from this enchanting tropical flower garden are spectacular.

**St. John's Parish Church**

Next, proceed to St. John's Parish Church, located approximately 800 feet (about 244 metres) above sea level. Here, take in stunning vistas and photo opportunities overlooking the Atlantic Coast and southernmost tip of Barbados. Your guided tour also includes a visit to the burial place of Ferdinando Paleogus, a descendent of Emperor Constantine the Great, whose family was driven from the throne of Constantinople by the Turks.

**Lunch at Sunbury Plantation**

A light buffet lunch will be served at the Sunbury Plantation House. After lunch, re-board your coach and commence the short drive to the airport in time for your return flight home.

**Please note:** This tour and airport transfer, concluding at the Bridgetown Grantley Adams International Airport, is offered only to guests with flights departing after 4:30 pm. This tour involves a moderate amount of walking for approximately 400 yards (0.4 kilometres), at times over uneven surfaces and 19 steps at Sunbury Plantation House. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Lightweight, comfortable clothing, flat, closed-toe walking shoes and sun protection are recommended; camouflage clothing is not permitted. Sequence of the sites visited may vary. Guests must be at least 21 years old to be served alcoholic beverages